

SM-Nat 2014

on 19-03-2014 21:39

Split resultater Liseleje & Asserbo Plant

Oprettet af [MT2003 © Stephan Krämer 2008](#)

Pl	Stnr	Navn	Tid															
D-12	(3)		3.1 km	0 Hm	11 K												M	
					1 (131)	2 (133)	3 (134)	4 (142)	5 (143)	6 (144)	7 (145)	8 (146)	9 (137)	10 (139)	11 (200)			
1	3	Karoline Fonager Johanse OK Roskilde	22:45	0:48	3:06	4:19	5:54	6:49	9:18	12:27	16:22	18:05	21:13	22:05	22:45			
2	120909	Sigrid Høyer Staugaard FIF Hillerød Orientering	24:32	0:50	3:34	5:00	7:25	8:30	11:06	14:24	18:26	20:03	23:03	24:02	24:32			
3	4	Siri Simonsen FIF Hillerød Orientering	28:48	1:00	3:37	4:55	6:49	7:55	10:50	14:06	20:10	21:58	26:56	28:09	28:48			
				1:00	2:37	1:18	1:54	1:06	2:55	3:16	6:04	1:48	4:58	1:13	0:39			
D-14	(3)		3.5 km	0 Hm	11 K												M	
					1 (147)	2 (148)	3 (184)	4 (149)	5 (150)	6 (145)	7 (151)	8 (152)	9 (153)	10 (154)	11 (200)			
1	9	Karoline Saxtorp Schulz Ballerup OK	33:03	1:45	5:32	12:09	14:18	15:47	19:58	22:21	24:49	27:51	31:09	32:36	33:03			
2	8	Celina Bregensø Tisvilde Hegn OK	35:05	1:42	8:24	13:58	15:53	17:19	22:06	24:14	28:05	30:22	33:17	34:45	35:05			
				1:42	6:42	5:34	1:55	1:26	4:47	2:08	3:51	2:17	2:55	1:28	0:20			
	5	Sara Lykke Brinch FIF Hillerød Orientering	Fejlk1.	1:47	4:56	10:06	12:15	15:01	19:20	-----	23:14	25:58	29:07	30:28	30:54			
				1:47	3:09	5:10	2:09	2:46	4:19		3:54	2:44	3:09	1:21	0:26			
D-16	(8)		3.9 km	0 Hm	13 K												M	
					1 (177)	2 (167)	3 (179)	4 (141)	5 (157)	6 (172)	7 (180)	8 (169)	9 (171)	10 (195)	11 (173)	12 (174)	13 (200)	
1	11	Nikoline Splittorff FIF Hillerød Orientering	27:28	0:55	3:27	6:34	8:21	10:35	12:00	14:24	15:56	18:52	21:19	22:33	24:49	27:06	27:28	
2	15	Ida Øbro Tisvilde Hegn OK	29:15	1:00	5:13	8:33	10:22	12:33	13:59	16:23	17:53	20:53	23:15	24:36	26:45	28:51	29:15	
3	175	Annika Simonsen FIF Hillerød Orientering	29:56	0:50	4:11	6:52	8:35	11:05	12:02	14:16	15:58	18:52	21:44	23:18	27:26	29:33	29:56	
4	14	Camilla Larsen FIF Hillerød Orientering	30:11	0:55	3:45	7:54	9:40	12:31	13:35	16:02	17:46	20:39	23:12	24:36	26:48	29:48	30:11	
5	95027	Astrid Skytte Kirkegaard Søllerød OK	32:01	0:53	4:01	8:10	10:01	12:08	14:12	16:20	18:04	21:03	23:45	25:10	29:19	31:37	32:01	
6	16	Marie Erskov Krogh OK Øst Birkerød	32:12	1:23	4:14	9:49	11:38	14:34	15:37	18:05	19:42	22:37	25:14	26:38	28:52	31:50	32:12	
7	114382	Isabella Kempff-Andersen FIF Hillerød Orientering	33:54	0:49	7:50	10:45	12:30	14:52	15:56	18:23	20:09	23:01	25:56	27:23	31:23	33:31	33:54	
8	13	Agnes Nørgård Kracht Tisvilde Hegn OK	35:00	0:58	4:17	8:01	9:47	11:46	13:03	15:18	24:23	26:46	29:05	30:25	32:37	34:39	35:00	
				0:58	3:19	3:44	1:46	1:59	1:17	2:15	9:05	2:23	2:19	1:20	2:12	2:02	0:21	
D-20	(6)		5.4 km	0 Hm	14 K													
					1 (178)	2 (179)	3 (188)	4 (157)	5 (176)	6 (193)	7 (194)	8 (168)	9 (180)	10 (169)	11 (151)	12 (173)	13 (174)	14 (200)

M

1	24 Agnes Jonsson Søllerød OK	36:30	2:29 2:29 36:30 0:25	6:10 3:41	9:27 3:17	11:44 2:17	14:22 2:38	15:43 1:21	19:32 3:49	23:59 4:27	25:25 1:26	26:53 1:28	29:32 2:39	31:31 1:59	33:41 2:10	36:05 2:24
2	22 Nikoline Tillingsøe Tisvilde Hegn OK	36:39	2:08 2:08 36:39 0:27	5:56 3:48	8:54 2:58	11:11 2:17	13:44 2:33	15:03 1:19	18:22 3:19	23:31 5:09	25:07 1:36	26:53 1:46	29:47 2:54	31:46 1:59	34:09 2:23	36:12 2:03
3	18 Mathilde Nørgård Kracht Tisvilde Hegn OK	38:40	1:58 1:58 38:40 0:24	6:41 4:43	9:33 2:52	12:07 2:34	14:39 2:32	16:04 1:25	19:27 3:23	25:48 6:21	27:18 1:30	28:54 1:36	31:38 2:44	33:39 2:01	35:51 2:12	38:16 2:25
4	21 Astrid Maag Søllerød OK	39:29	2:14 2:14 39:29 0:29	6:18 4:04	9:23 3:05	12:05 2:42	14:59 2:54	16:52 1:53	20:16 3:24	25:22 5:06	27:02 1:40	28:47 1:45	31:50 3:03	33:55 2:05	36:20 2:25	39:00 2:40
5	25 Iben Valery Tisvilde Hegn OK	40:50	2:03 2:03 40:50 0:27	5:45 3:42	9:50 4:05	13:15 3:25	15:53 2:38	17:14 1:21	20:41 3:27	26:21 5:40	28:10 1:49	29:45 1:35	32:45 3:00	35:44 2:59	38:10 2:26	40:23 2:13
6	17 Marie Cecilie Hartmeyer FIF Hillerød Orientering	42:29	2:35 2:35 42:29 0:26	8:23 5:48	11:50 3:27	14:23 2:33	16:58 2:35	18:30 1:32	23:24 4:54	27:55 4:31	29:24 1:29	30:59 1:35	33:58 2:59	36:39 2:41	39:28 2:49	42:03 2:35

D21- (6)		6.4 km	0 Hm	17 K														
				1(178) 15(173)	2(179) 16(153)	3(141) 17(200)	4(188) M	5(175)	6(172)	7(160)	8(193)	9(159)	10(191)	11(161)	12(168)	13(180)	14(169)	
1	109581 Masha Semak Farum OK	44:37	2:36 2:36 39:42 6:05	5:45 3:09 41:01 1:19	7:28 1:43 44:14 3:13	8:43 1:15 44:37 0:23	10:39 1:56 2:37	13:16 2:37	14:24 1:08	17:07 2:43	20:07 3:00	22:54 2:47	25:56 3:02	30:39 4:43	32:03 1:24	33:37 1:34		
2	27 Cæcilie Christoffersen Søllerød OK	46:49	2:13 2:13 41:55 4:42	7:45 5:32 43:31 1:36	9:35 1:50 46:24 2:53	11:01 1:26 46:49 0:25	13:19 2:18	16:44 3:25	18:00 1:16	20:56 2:56	24:15 3:19	27:40 3:25	30:41 3:01	33:48 3:07	35:26 1:38	37:13 1:47		
3	29 Helle Holm Clausen OK Øst Birkerød	52:02	2:10 2:10 46:51 4:28	5:40 3:30 48:32 1:41	7:24 1:44 51:35 3:03	8:43 1:19 52:02 0:27	10:50 2:07	17:03 6:13	18:19 1:16	21:13 2:54	24:37 3:24	32:22 7:45	35:27 3:05	38:56 3:29	40:45 1:49	42:23 1:38		
4	32 Lea Reime Farum OK	54:01	2:23 2:23 49:22 9:21	5:50 3:27 50:43 1:21	7:47 1:57 53:38 2:55	9:33 1:46 54:01 0:23	11:36 2:03	14:13 2:37	15:25 1:12	18:11 2:46	21:40 3:29	30:18 8:38	34:07 3:49	37:24 3:17	38:48 1:24	40:01 1:13		
5	30 Lærke Vejsnæs OK Sorø	1:09:45	3:34 3:34 1:03:21 6:22	11:05 7:31 1:05:46 2:25	13:40 2:35 1:09:14 3:28	15:32 1:52 1:09:45 0:31	19:55 4:23	23:38 3:43	26:19 2:41	29:51 3:32	37:40 7:49	43:13 5:33	47:40 4:27	53:05 5:25	55:06 2:01	56:59 1:53		
	31 Nina Vindegaard Grønberg ke startet OK Øst Birkerød	-----	----- -----	----- -----	----- -----	----- -----	----- 6:28:00 6:28:00	-----	-----	-----	-----	-----	-----	-----	-----	-----		

D35- (5)		4.4 km	0 Hm	13 K	1 (196)	2 (178)	3 (141)	4 (175)	5 (176)	6 (172)	7 (168)	8 (169)	9 (151)	10 (185)	11 (173)	12 (174)	13 (200)	M
1	36 Elin Nørgård Kracht PI-København	36:57		1:23	2:49	10:00	12:46	13:46	16:52	19:54	23:07	27:09	28:58	31:41	34:06	36:29	36:57	
				1:23	1:26	7:11	2:46	1:00	3:06	3:02	3:13	4:02	1:49	2:43	2:25	2:23	0:28	
2	34 Maria Krog Schulz Ballerup OK	38:38		2:01	3:37	8:57	12:22	13:37	18:53	22:28	25:32	28:40	30:49	32:57	35:43	38:14	38:38	
				2:01	1:36	5:20	3:25	1:15	5:16	3:35	3:04	3:08	2:09	2:08	2:46	2:31	0:24	
3	35 Merete Nørgaard Allerød OK	39:00		1:33	3:04	7:58	11:29	12:43	16:16	21:19	24:12	28:48	30:31	32:37	35:46	38:36	39:00	
				1:33	1:31	4:54	3:31	1:14	3:33	5:03	2:53	4:36	1:43	2:06	3:09	2:50	0:24	
	37 Kersti Kärner Allerød OK	Fejlkl.		20:55	23:11	29:03	33:11	34:40	-----	50:08	56:23	1:00:33	1:03:04	1:06:21	1:10:27	1:14:35	1:15:10	
				20:55	2:16	5:52	4:08	1:29		15:28	6:15	4:10	2:31	3:17	4:06	4:08	0:35	
					39:12													
					*160													
	176242 Jenni Adams Tisvilde Hegn OK	Fejlkl.		1:28	3:00	7:59	20:01	21:12	25:33	29:17	32:13	35:31	-----	41:40	45:36	49:01	49:27	
				1:28	1:32	4:59	12:02	1:11	4:21	3:44	2:56	3:18		6:09	3:56	3:25	0:26	
					38:39													
					*195													
D45- (13)		3.9 km	0 Hm	13 K	1 (177)	2 (167)	3 (179)	4 (141)	5 (157)	6 (172)	7 (180)	8 (169)	9 (171)	10 (195)	11 (173)	12 (174)	13 (200)	M
1	45 Charlotte Bergmann Allerød OK	34:53		1:29	6:29	10:17	12:37	15:16	16:38	19:51	21:54	24:49	27:42	29:25	31:43	34:23	34:53	
				1:29	5:00	3:48	2:20	2:39	1:22	3:13	2:03	2:55	2:53	1:43	2:18	2:40	0:30	
2	141 Anne Maarup FIF Hillerød Orientering	36:49		1:48	5:26	12:00	14:29	17:10	18:34	21:45	23:38	26:31	29:26	31:17	33:37	36:20	36:49	
				1:48	3:38	6:34	2:29	2:41	1:24	3:11	1:53	2:53	2:55	1:51	2:20	2:43	0:29	
3	46 Maria Douglas Stilling FIF Hillerød Orientering	38:19		1:17	4:54	8:57	11:35	15:32	17:04	20:23	22:29	26:51	29:35	31:27	35:21	37:53	38:19	
				1:17	3:37	4:03	2:38	3:57	1:32	3:19	2:06	4:22	2:44	1:52	3:54	2:32	0:26	
4	50 Birgitte Erskov Halland OK Øst Birkerød	38:25		1:10	6:31	10:24	13:27	15:50	17:27	20:28	22:33	26:06	31:01	32:38	35:24	38:01	38:25	
				1:10	5:21	3:53	3:03	2:23	1:37	3:01	2:05	3:33	4:55	1:37	2:46	2:37	0:24	
5	49 Bodil Karlsmose Kliem Farum OK	38:32		1:53	5:35	10:02	12:37	14:47	16:03	19:22	22:08	27:02	29:47	32:05	35:45	38:06	38:32	
				1:53	3:42	4:27	2:35	2:10	1:16	3:19	2:46	4:54	2:45	2:18	3:40	2:21	0:26	
6	43 Naja Dan Møller Allerød OK	40:09		1:09	5:28	9:20	12:03	14:27	15:50	18:59	20:57	23:58	30:04	32:08	37:32	39:42	40:09	
				1:09	4:19	3:52	2:43	2:24	1:23	3:09	1:58	3:01	6:06	2:04	5:24	2:10	0:27	
7	44 Sandra Simonsen FIF Hillerød Orientering	41:20		1:47	5:25	11:53	14:27	17:53	19:45	23:16	25:21	29:01	32:09	34:59	37:46	40:47	41:20	
				1:47	3:38	6:28	2:34	3:26	1:52	3:31	2:05	3:40	3:08	2:50	2:47	3:01	0:33	
8	42 Annette Bonde Ballerup OK	42:19		1:09	4:48	10:49	13:16	18:32	20:18	24:22	26:28	30:47	34:08	36:32	39:16	41:48	42:19	
				1:09	3:39	6:01	2:27	5:16	1:46	4:04	2:06	4:19	3:21	2:24	2:44	2:32	0:31	
9	40 Bente Kjær Hemmingsen FIF Hillerød Orientering	49:40		1:14	5:58	14:53	18:21	22:01	23:20	31:02	32:57	36:25	40:41	42:16	45:20	49:13	49:40	
				1:14	4:44	8:55	3:28	3:40	1:19	7:42	1:55	3:28	4:16	1:35	3:04	3:53	0:27	
10	66359 Dorthe Munktvad Allerød OK	53:57		1:21	12:41	21:17	23:29	26:22	28:47	33:06	35:49	39:15	42:25	45:10	51:15	53:28	53:57	
				1:21	11:20	8:36	2:12	2:53	2:25	4:19	2:43	3:26	3:10	2:45	6:05	2:13	0:29	
11	39 Ulla Place Petersen Allerød OK	55:39		3:29	7:15	13:05	15:41	23:40	25:21	28:57	31:12	35:13	42:17	44:16	50:25	55:07	55:39	
				3:29	3:46	5:50	2:36	7:59	1:41	3:36	2:15	4:01	7:04	1:59	6:09	4:42	0:32	
	47 Runa Ulsøe OK Roskilde	Fejlkl.		1:16	8:14	11:53	16:42	19:10	21:12	24:38	-----	29:38	32:44	34:24	37:26	39:48	40:12	
				1:16	6:58	3:39	4:49	2:28	2:02	3:26		5:00	3:06	1:40	3:02	2:22	0:24	
	70201 Susanne Gjedvig Thomsen Tisvilde Hegn OK	Fejlkl.		1:10	-----	13:34	16:22	19:17	20:54	24:10	26:16	29:28	32:46	34:40	37:34	40:53	41:21	
				1:10		12:24	2:48	2:55	1:37	3:16	2:06	3:12	3:18	1:54	2:54	3:19	0:28	

D55- (5)		3.9 km	0 Hm	13 K														M
					1 (177)	2 (167)	3 (179)	4 (141)	5 (157)	6 (172)	7 (180)	8 (169)	9 (171)	10 (195)	11 (173)	12 (174)	13 (200)	
1	53 Bente Madsen	40:00	1:34	10:27	14:11	17:14	19:45	21:04	23:58	26:10	29:04	32:20	33:56	37:24	39:34	40:00		
	Tisvilde Hegn OK		1:34	8:53	3:44	3:03	2:31	1:19	2:54	2:12	2:54	3:16	1:36	3:28	2:10	0:26		
2	15091 Birgitte Birck	42:53	1:26	8:30	12:38	15:15	17:52	19:22	22:31	24:46	28:08	33:53	36:26	39:51	42:24	42:53		
	Allerød OK		1:26	7:04	4:08	2:37	2:37	1:30	3:09	2:15	3:22	5:45	2:33	3:25	2:33	0:29		
3	57 Janet Bentzen	49:17	1:57	5:36	14:52	20:11	23:30	25:08	28:43	31:07	34:37	39:20	41:27	45:48	48:45	49:17		
	OK Øst Birkerød		1:57	3:39	9:16	5:19	3:19	1:38	3:35	2:24	3:30	4:43	2:07	4:21	2:57	0:32		
4	55 Gerda Marie Christiansen	56:35	3:23	7:43	17:00	22:33	25:22	27:04	30:36	32:56	36:34	41:30	44:23	51:35	56:05	56:35		
	OK Roskilde		3:23	4:20	9:17	5:33	2:49	1:42	3:32	2:20	3:38	4:56	2:53	7:12	4:30	0:30		
5	56 Jytte Sørensen	1:04:08	1:48	17:11	22:39	26:33	29:48	32:08	36:58	39:34	45:17	49:17	52:39	57:25	1:03:33	1:04:08		
	FSK Orientering		1:48	15:23	5:28	3:54	3:15	2:20	4:50	2:36	5:43	4:00	3:22	4:46	6:08	0:35		
D65- (3)		3.3 km	0 Hm	10 K														M
					1 (147)	2 (178)	3 (141)	4 (149)	5 (169)	6 (171)	7 (195)	8 (153)	9 (174)	10 (200)				
1	58 Inge Jørgensen	36:43	1:57	4:18	9:44	15:07	16:37	22:25	26:44	29:14	32:58	36:13	36:43					
	OK Roskilde		1:57	2:21	5:26	5:23	1:30	5:48	4:19	2:30	3:44	3:15	0:30					
2	64 Ellen Thisted	50:39	2:32	13:35	22:25	28:18	30:21	37:16	41:13	44:17	46:30	50:00	50:39					
	Søllerød OK		2:32	11:03	8:50	5:53	2:03	6:55	3:57	3:04	2:13	3:30	0:39					
3	63 Jette Bachhausen	53:52	8:51	11:46	22:45	30:24	32:46	37:55	42:41	46:33	48:52	53:03	53:52					
	FIF Hillerød Orientering		8:51	2:55	10:59	7:39	2:22	5:09	4:46	3:52	2:19	4:11	0:49					
H-12 (4)		3.1 km	0 Hm	11 K														M
					1 (131)	2 (133)	3 (134)	4 (142)	5 (143)	6 (144)	7 (145)	8 (146)	9 (137)	10 (139)	11 (200)			
1	67 Theis Munktvad	17:06	0:44	3:15	4:15	5:26	6:05	7:56	10:02	12:40	13:55	15:57	16:44	17:06				
	Allerød OK		0:44	2:31	1:00	1:11	0:39	1:51	2:06	2:38	1:15	2:02	0:47	0:22				
2	68 Lukas Kjær Hemmingsen	18:33	0:48	2:47	3:46	5:07	5:55	7:56	10:01	13:08	14:28	17:11	18:05	18:33				
	FIF Hillerød Orientering		0:48	1:59	0:59	1:21	0:48	2:01	2:05	3:07	1:20	2:43	0:54	0:28				
3	117352 Oscar David Brom Jensen	20:36	0:54	3:02	4:14	5:47	6:33	9:04	11:24	14:33	16:05	19:13	20:12	20:36				
	Allerød OK		0:54	2:08	1:12	1:33	0:46	2:31	2:20	3:09	1:32	3:08	0:59	0:24				
4	89434 Jonas Fonager Ul Johanse	24:00	0:47	3:11	4:25	5:54	7:05	9:15	12:31	15:52	19:05	22:06	23:13	24:00				
	OK Roskilde		0:47	2:24	1:14	1:29	1:11	2:10	3:16	3:21	3:13	3:01	1:07	0:47				
H-14 (4)		3.5 km	0 Hm	11 K														M
					1 (147)	2 (148)	3 (184)	4 (149)	5 (150)	6 (145)	7 (151)	8 (152)	9 (153)	10 (154)	11 (200)			
1	69 Jakob Schøier Kovsted	25:41	1:16	3:46	7:18	8:44	9:35	12:50	14:19	18:44	20:54	23:50	25:18	25:41				
	Tisvilde Hegn OK		1:16	2:30	3:32	1:26	0:51	3:15	1:29	4:25	2:10	2:56	1:28	0:23				
2	71 Mikkel Lau Petersen	27:47	1:34	4:44	9:12	10:44	11:47	15:08	16:42	20:58	23:06	25:47	27:20	27:47				
	Allerød OK		1:34	3:10	4:28	1:32	1:03	3:21	1:34	4:16	2:08	2:41	1:33	0:27				
3	72 Malthe Poulsen	30:03	1:21	4:05	8:44	10:24	11:41	15:19	17:19	23:23	25:41	28:20	29:43	30:03				
	FIF Hillerød Orientering		1:21	2:44	4:39	1:40	1:17	3:38	2:00	6:04	2:18	2:39	1:23	0:20				
4	73 Rasmus Krogh Madsen	34:03	1:31	4:33	10:37	12:51	13:46	17:03	19:24	25:18	27:37	32:20	33:38	34:03			18:25	
	OK Roskilde		1:31	3:02	6:04	2:14	0:55	3:17	2:21	5:54	2:19	4:43	1:18	0:25			*171	
H-16 (4)		5.8 km	0 Hm	15 K														
					1 (155)	2 (156)	3 (179)	4 (188)	5 (157)	6 (158)	7 (193)	8 (194)	9 (191)	10 (168)	11 (180)	12 (171)	13 (185)	14 (174)

15 (200) M

1	76 Lasse Falck Weber Tisvilde Hegn OK	41:13	1:48	3:28	7:08	10:19	13:25	14:48	17:28	20:56	24:09	27:10	28:47	32:48	35:12	38:31	
			1:48	1:40	3:40	3:11	3:06	1:23	2:40	3:28	3:13	3:01	1:37	4:01	2:24	3:19	
			40:53	41:13													
			2:22	0:20													
2	77 Rune Østergaard Søllerød OK	42:01	1:19	2:44	6:13	9:28	11:43	13:01	15:38	19:04	22:11	25:00	26:32	31:15	34:15	38:31	
			1:19	1:25	3:29	3:15	2:15	1:18	2:37	3:26	3:07	2:49	1:32	4:43	3:00	4:16	
			41:27	42:01													
			2:56	0:34													
3	79 Rasmus Møller Jess OK Roskilde	46:17	2:40	3:47	8:18	11:11	13:32	14:44	17:02	20:13	25:53	28:58	31:09	35:36	39:48	43:36	
			2:40	1:07	4:31	2:53	2:21	1:12	2:18	3:11	5:40	3:05	2:11	4:27	4:12	3:48	
			45:56	46:17		19:43											
			2:20	0:21		*159											
4	80 Lasse August Helweg Ballerup OK	53:53	1:34	3:04	8:17	11:18	22:06	23:22	26:16	29:50	33:32	37:44	39:53	44:03	47:05	51:22	
			1:34	1:30	5:13	3:01	10:48	1:16	2:54	3:34	3:42	4:12	2:09	4:10	3:02	4:17	
			53:35	53:53													
			2:13	0:18													

H-20 (7)		9.1 km	0 Hm	23 K														
					1 (177)	2 (156)	3 (179)	4 (141)	5 (188)	6 (175)	7 (172)	8 (159)	9 (182)	10 (165)	11 (190)	12 (181)	13 (166)	14 (187)
					15 (164)	16 (191)	17 (168)	18 (180)	19 (171)	20 (185)	21 (173)	22 (174)	23 (200)	M				
1	92 Stefan Frands Petersen Allerød OK	54:35	0:47	2:33	5:28	6:55	8:03	9:43	12:31	15:44	20:30	21:25	23:22	25:34	28:33	30:03		
			0:47	1:46	2:55	1:27	1:08	1:40	2:48	3:13	4:46	0:55	1:57	2:12	2:59	1:30		
			34:45	40:05	42:29	43:46	47:39	49:31	50:51	52:30	54:18	54:35						
			4:42	5:20	2:24	1:17	3:53	1:52	1:20	1:39	1:48	0:17						
2	90 Aske Jepsen Søllerød OK	56:56	0:46	2:40	5:21	6:51	7:57	9:39	11:55	15:46	21:10	23:58	25:53	28:01	30:40	32:16		
			0:46	1:54	2:41	1:30	1:06	1:42	2:16	3:51	5:24	2:48	1:55	2:08	2:39	1:36		
			36:58	41:54	44:32	45:52	49:36	51:26	52:53	54:48	56:35	56:56						
			4:42	4:56	2:38	1:20	3:44	1:50	1:27	1:55	1:47	0:21						
3	87 Asker Øhlenschläger OK Øst Birkerød	59:06	2:39	4:27	7:41	9:20	10:37	12:38	15:10	19:20	24:40	25:35	27:28	29:44	32:55	34:30		
			2:39	1:48	3:14	1:39	1:17	2:01	2:32	4:10	5:20	0:55	1:53	2:16	3:11	1:35		
			39:20	44:10	46:53	48:11	51:47	53:36	55:03	56:58	58:49	59:06						
			4:50	4:50	2:43	1:18	3:36	1:49	1:27	1:55	1:51	0:17						
4	93 Emil Øbro Tisvilde Hegn OK	59:35	1:42	3:17	6:12	8:09	9:29	11:19	14:50	17:57	23:11	24:11	26:58	29:45	32:59	35:07		
			1:42	1:35	2:55	1:57	1:20	1:50	3:31	3:07	5:14	1:00	2:47	2:47	3:14	2:08		
			39:43	44:10	46:56	48:12	51:29	53:24	54:57	56:52	59:13	59:35						
			4:36	4:27	2:46	1:16	3:17	1:55	1:33	1:55	2:21	0:22						
5	130502 Rune Rasmussen Søllerød OK	1:06:50	2:36	4:36	8:41	10:18	12:00	13:45	16:04	19:48	25:45	26:52	28:36	31:24	35:00	36:42		
			2:36	2:00	4:05	1:37	1:42	1:45	2:19	3:44	5:57	1:07	1:44	2:48	3:36	1:42		
			42:31	48:19	51:45	53:45	57:57	1:00:18	1:01:59	1:04:25	1:06:32	1:06:50						
			5:49	5:48	3:26	2:00	4:12	2:21	1:41	2:26	2:07	0:18						
85 Andreas Duc Jørgensen Allerød OK	Fejlkl.		5:33	9:11	15:50	18:15	19:58	22:07	27:51	-----	-----	-----	-----	-----	-----	-----		
			5:33	3:38	6:39	2:25	1:43	2:09	5:44									
			-----	-----	-----	31:02	36:14	39:53	42:13	44:39	47:14	47:42						
			-----	-----	-----	3:11	5:12	3:39	2:20	2:26	2:35	0:28						
90001 Martin Illum Søllerød OK	Udgået		-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----			
			-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----				
			-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----				
			-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----				

			1 (155)	2 (156)	3 (184)	4 (157)	5 (175)	6 (176)	7 (158)	8 (172)	9 (160)	10 (159)	11 (182)	12 (165)	13 (190)	14 (181)
			15 (166)	16 (187)	17 (164)	18 (170)	19 (192)	20 (163)	21 (162)	22 (183)	23 (168)	24 (180)	25 (171)	26 (185)	27 (174)	28 (200)
			M													
1	107 Rasmus Sjøes Farum OK	58:10	1:01	2:09	5:45	6:39	8:32	9:17	11:20	12:03	12:58	14:48	20:34	21:28	23:29	25:27
			1:01	1:08	3:36	0:54	1:53	0:45	2:03	0:43	0:55	1:50	5:46	0:54	2:01	1:58
			28:22	29:50	34:11	36:32	38:12	40:51	42:50	44:41	47:37	48:51	51:40	53:42	56:05	57:50
			2:55	1:28	4:21	2:21	1:40	2:39	1:59	1:51	2:56	1:14	2:49	2:02	2:23	1:45
			58:10													
			0:20													
2	95 Ulrik Nielsen Søllerød OK	58:26	1:14	2:21	6:38	8:03	9:34	10:22	11:58	12:55	13:53	15:53	20:30	21:52	25:18	27:22
			1:14	1:07	4:17	1:25	1:31	0:48	1:36	0:57	0:58	2:00	4:37	1:22	3:26	2:04
			30:03	31:33	35:20	36:56	38:45	41:29	43:00	44:50	47:55	49:05	51:59	53:49	56:32	58:08
			2:41	1:30	3:47	1:36	1:49	2:44	1:31	1:50	3:05	1:10	2:54	1:50	2:43	1:36
			58:26													
			0:18													
3	96 Michael Sørensen OK Øst Birkerød	1:05:52	1:08	2:18	6:35	7:35	9:17	10:07	11:47	12:31	13:34	15:35	20:11	21:09	22:24	24:55
			1:08	1:10	4:17	1:00	1:42	0:50	1:40	0:44	1:03	2:01	4:36	0:58	1:15	2:31
			27:51	31:36	36:44	38:35	40:25	44:20	46:09	50:55	54:01	55:16	58:35	1:00:24	1:03:10	1:05:25
			2:56	3:45	5:08	1:51	1:50	3:55	1:49	4:46	3:06	1:15	3:19	1:49	2:46	2:15
			1:05:52													
			0:27													
4	99 Martin Laage Kragh OK Roskilde	1:12:19	1:41	2:49	7:04	8:01	9:59	10:40	12:11	12:57	13:55	16:50	22:04	23:26	25:14	30:06
			1:41	1:08	4:15	0:57	1:58	0:41	1:31	0:46	0:58	2:55	5:14	1:22	1:48	4:52
			32:53	35:09	40:09	44:40	47:23	51:13	52:29	54:28	58:03	59:19	1:02:23	1:04:12	1:10:08	1:12:01
			2:47	2:16	5:00	4:31	2:43	3:50	1:16	1:59	3:35	1:16	3:04	1:49	5:56	1:53
			1:12:19													
			0:18													
5	101 Thomas Vejsnæs OK Sorø	1:15:58	1:27	2:49	7:26	8:40	10:32	11:26	14:06	14:58	15:58	18:10	24:11	26:06	27:47	30:29
			1:27	1:22	4:37	1:14	1:52	0:54	2:40	0:52	1:00	2:12	6:01	1:55	1:41	2:42
			33:10	34:44	39:23	41:21	43:39	47:38	50:42	52:44	56:46	58:12	1:01:38	1:03:40	1:12:20	1:15:24
			2:41	1:34	4:39	1:58	2:18	3:59	3:04	2:02	4:02	1:26	3:26	2:02	8:40	3:04
			1:15:58													
			0:34													
6	103 Thomas Jensen Tisvilde Hegn OK	1:18:58	2:52	4:09	8:44	9:51	12:00	12:53	18:45	19:43	20:46	23:38	29:34	33:27	35:16	37:47
			2:52	1:17	4:35	1:07	2:09	0:53	5:52	0:58	1:03	2:52	5:56	3:53	1:49	2:31
			40:44	42:21	47:33	50:19	54:16	58:39	1:00:31	1:02:37	1:06:04	1:07:20	1:10:43	1:13:53	1:16:39	1:18:33
			2:57	1:37	5:12	2:46	3:57	4:23	1:52	2:06	3:27	1:16	3:23	3:10	2:46	1:54
			1:18:58													
			0:25													
7	104 Andreas Mikkelse Jensen Søllerød OK	1:19:06	2:00	3:43	8:14	9:25	11:24	12:18	14:11	15:08	16:06	18:17	26:31	27:42	30:08	32:59
			2:00	1:43	4:31	1:11	1:59	0:54	1:53	0:57	0:58	2:11	8:14	1:11	2:26	2:51
			35:42	37:24	41:41	44:59	46:51	54:20	57:29	1:02:28	1:06:20	1:07:39	1:10:54	1:12:55	1:15:54	1:18:45
			2:43	1:42	4:17	3:18	1:52	7:29	3:09	4:59	3:52	1:19	3:15	2:01	2:59	2:51
			1:19:06													
			0:21													
8	98 Mikkel Skaarup Ballerup OK	1:19:24	1:42	2:59	8:32	9:44	11:41	12:32	14:34	15:38	16:45	20:37	26:26	27:24	32:37	35:30
			1:42	1:17	5:33	1:12	1:57	0:51	2:02	1:04	1:07	3:52	5:49	0:58	5:13	2:53
			38:30	40:17	45:31	48:56	51:09	55:14	56:48	59:22	1:03:15	1:04:43	1:08:48	1:11:14	1:16:08	1:19:01
			3:00	1:47	5:14	3:25	2:13	4:05	1:34	2:34	3:53	1:28	4:05	2:26	4:54	2:53
			1:19:24													
			0:23													
9	63850 Ulrik Staugaard FIF Hillerød Orientering	1:21:39	1:34	3:12	8:48	10:35	12:44	13:41	15:46	16:42	17:54	20:24	27:47	31:36	37:22	40:39
			1:34	1:38	5:36	1:47	2:09	0:57	2:05	0:56	1:12	2:30	7:23	3:49	5:46	3:17
			43:26	45:14	50:55	53:11	55:30	59:25	1:01:05	1:03:15	1:07:27	1:09:08	1:13:05	1:15:12	1:19:02	1:21:15
			2:47	1:48	5:41	2:16	2:19	3:55	1:40	2:10	4:12	1:41	3:57	2:07	3:50	2:13
			1:21:39													
			0:24													

	26 Anders Bachhausen	Fejlkl.	1:04	2:31	7:05	11:28	13:37	14:39	16:51	18:00	19:27	22:13	29:14	30:24	32:38	36:52
	FIF Hillerød Orientering		1:04	1:27	4:34	4:23	2:09	1:02	2:12	1:09	1:27	2:46	7:01	1:10	2:14	4:14
			41:19	43:20	48:53	51:34	55:02	1:00:08	1:03:06	-----	-----	-----	-----	-----	-----	-----
			4:27	2:01	5:33	2:41	3:28	5:06	2:58							
			1:24:48													
			21:42													
H35-	(4)	9.1 km 0 Hm 23 K														
			1 (177)	2 (156)	3 (179)	4 (141)	5 (188)	6 (175)	7 (172)	8 (159)	9 (182)	10 (165)	11 (190)	12 (181)	13 (166)	14 (187)
			15 (164)	16 (191)	17 (168)	18 (180)	19 (171)	20 (185)	21 (173)	22 (174)	23 (200)	M				
1	109 Asger Habekost Nielsen	1:01:46	0:50	2:36	6:37	8:21	9:32	11:21	14:42	17:52	24:13	25:19	29:22	31:41	34:40	36:27
	OK Øst Birkerød		0:50	1:46	4:01	1:44	1:11	1:49	3:21	3:10	6:21	1:06	4:03	2:19	2:59	1:47
			41:03	45:18	48:02	49:40	53:14	55:37	57:25	59:25	1:01:22	1:01:46				
			4:36	4:15	2:44	1:38	3:34	2:23	1:48	2:00	1:57	0:24				
2	112 Helge Tillingsøe	1:09:01	1:03	3:16	6:41	8:27	10:26	13:09	16:01	21:51	28:15	29:22	31:31	34:01	37:09	38:58
	DSR's O-sektion		1:03	2:13	3:25	1:46	1:59	2:43	2:52	5:50	6:24	1:07	2:09	2:30	3:08	1:49
			44:17	50:23	53:53	55:50	59:50	1:02:04	1:04:02	1:06:20	1:08:41	1:09:01				
			5:19	6:06	3:30	1:57	4:00	2:14	1:58	2:18	2:21	0:20				
3	110 Jesper Vestergaard	1:22:35	0:53	3:12	7:06	9:25	11:04	14:05	17:28	22:27	30:41	32:06	34:49	38:03	42:23	44:40
	Søllerød OK		0:53	2:19	3:54	2:19	1:39	3:01	3:23	4:59	8:14	1:25	2:43	3:14	4:20	2:17
			52:25	58:54	1:02:44	1:04:35	1:09:41	1:12:41	1:15:13	1:18:41	1:22:01	1:22:35				
			7:45	6:29	3:50	1:51	5:06	3:00	2:32	3:28	3:20	0:34				
4	108 Kim Hansen	1:43:21	2:28	4:29	15:37	17:28	18:41	20:39	26:47	34:51	43:14	44:18	47:22	50:08	53:24	56:18
	FIF Hillerød Orientering		2:28	2:01	11:08	1:51	1:13	1:58	6:08	8:04	8:23	1:04	3:04	2:46	3:16	2:54
			1:03:36	1:13:08	1:16:47	1:18:31	1:28:28	1:33:52	1:36:16	1:40:01	1:42:52	1:43:21				
			7:18	9:32	3:39	1:44	9:57	5:24	2:24	3:45	2:51	0:29				
H40-	(4)	7.2 km 0 Hm 17 K														
			1 (155)	2 (156)	3 (141)	4 (188)	5 (175)	6 (158)	7 (159)	8 (182)	9 (164)	10 (192)	11 (163)	12 (162)	13 (183)	14 (169)
			15 (171)	16 (153)	17 (200)	M										
1	114 Jakob Landsperg	44:26	1:10	2:23	5:24	6:35	8:22	10:10	12:49	18:14	20:24	23:58	28:03	30:34	32:31	36:19
	Tisvilde Hegn OK		1:10	1:13	3:01	1:11	1:47	1:48	2:39	5:25	2:10	3:34	4:05	2:31	1:57	3:48
			38:17	41:39	44:04	44:26										
			1:58	3:22	2:25	0:22										
2	119 Jesper David Jensen	52:53	1:42	3:02	7:07	9:49	12:00	13:53	17:58	23:51	27:42	29:59	34:59	37:11	39:38	43:32
	Tisvilde Hegn OK		1:42	1:20	4:05	2:42	2:11	1:53	4:05	5:53	3:51	2:17	5:00	2:12	2:27	3:54
			45:35	48:53	52:30	52:53										
			2:03	3:18	3:37	0:23										
3	115 Preben Brinch	1:00:17	1:59	3:59	7:44	9:04	11:24	14:07	18:00	24:50	27:52	30:21	39:05	42:48	45:43	50:17
	FIF Hillerød Orientering		1:59	2:00	3:45	1:20	2:20	2:43	3:53	6:50	3:02	2:29	8:44	3:43	2:55	4:34
			52:53	56:57	59:52	1:00:17										
			2:36	4:04	2:55	0:25										
4	117 Lars Lyngsø	1:03:30	1:46	3:32	7:19	11:21	13:31	15:53	19:50	30:01	32:46	35:27	41:14	44:52	47:20	52:03
	Lyngby OK		1:46	1:46	3:47	4:02	2:10	2:22	3:57	10:11	2:45	2:41	5:47	3:38	2:28	4:43
			55:32	59:35	1:02:59	1:03:30										
			3:29	4:03	3:24	0:31										
H45-	(12)	6.4 km 0 Hm 17 K														
			1 (178)	2 (179)	3 (141)	4 (188)	5 (175)	6 (172)	7 (160)	8 (193)	9 (159)	10 (191)	11 (161)	12 (168)	13 (180)	14 (169)

			15 (173)	16 (153)	17 (200)	M											
1	132 Tim Falck Weber Tisvilde Hegn OK	40:57	1:54 1:54 36:54 3:54	4:57 3:03 38:22 1:28	6:34 1:37 40:40 2:18	7:47 1:13 40:57 0:17	9:37 1:50	12:12 2:35	13:20 1:08	15:51 2:31	18:39 2:48	24:58 6:19	27:29 2:31	30:14 2:45	31:39 1:25	33:00 1:21	
2	133 Alex Ottesen Ballerup OK	42:44	2:01 2:01 38:08 4:15	5:32 3:31 39:48 1:40	7:09 1:37 42:21 2:33	8:23 1:14 42:44 0:23	10:30 2:07	13:06 2:36	14:15 1:09	16:49 2:34	19:41 2:52	22:52 3:11	25:29 2:37	31:11 5:42	32:27 1:16	33:53 1:26	
3	129 Mogens Hagedorn Søllerød OK	43:13	2:00 2:00 38:32 6:00	5:39 3:39 40:18 1:46	7:34 1:55 42:50 2:32	8:52 1:18 43:13 0:23	10:49 1:57	13:30 2:41	14:41 1:11	17:18 2:37	20:22 3:04	23:28 3:06	26:28 3:00	29:34 3:06	31:03 1:29	32:32 1:29	
4	124 Ole Lind Ballerup OK	46:32	2:05 2:05 41:38 5:10	5:38 3:33 43:05 1:27	7:26 1:48 46:07 3:02	8:43 1:17 46:32 0:25	10:41 1:58	16:03 5:22	17:08 1:05	20:15 3:07	23:31 3:16	26:36 3:05	29:21 2:45	32:43 3:22	34:47 2:04	36:28 1:41	
5	14077 Henrik Albahn Tisvilde Hegn OK	48:59	2:14 2:14 43:32 5:00	6:15 4:01 45:44 2:12	8:33 2:18 48:37 2:53	11:58 3:25 48:59 0:22	14:09 2:11	17:08 2:59	18:31 1:23	21:13 2:42	24:46 3:33	28:11 3:25	31:23 3:12	34:59 3:36	36:55 1:56	38:32 1:37	
6	121 Claus Cederberg Ballerup OK	50:04	2:31 2:31 44:43 5:31	7:41 5:10 46:34 1:51	9:46 2:05 49:37 3:03	11:08 1:22 50:04 0:27	13:20 2:12	16:27 3:07	18:41 2:14	21:46 3:05	25:20 3:34	28:37 3:17	31:46 3:09	35:20 3:34	37:02 1:42	39:12 2:10	
7	135 Jakob Albahn Tisvilde Hegn OK	52:07	1:59 1:59 47:35 4:05	6:08 4:09 49:11 1:36	8:08 2:00 51:43 2:32	9:25 1:17 52:07 0:24	11:26 2:01	17:05 5:39	22:07 5:02	24:55 2:48	28:12 3:17	33:18 5:06	37:21 4:03	40:28 3:07	41:57 1:29	43:30 1:33	
8	122 Nicolai Kliem Farum OK	52:53	2:16 2:16 47:27 4:45	5:55 3:39 49:17 1:50	7:59 2:04 52:24 3:07	11:15 3:16 52:53 0:29	13:25 2:10	16:30 3:05	17:46 1:16	21:10 3:24	24:47 3:37	32:46 7:59	35:45 2:59	38:57 3:12	40:47 1:50	42:42 1:55	
9	131 Claus Rytter Larsen Farum OK	1:00:26	2:12 2:12 55:22 9:40	6:19 4:07 57:06 1:44	8:17 1:58 59:58 2:52	9:46 1:29 1:00:26 0:28	11:54 2:08	15:56 4:02	17:19 1:23	20:29 3:10	24:16 3:47	32:53 8:37	35:43 2:50	39:02 3:19	43:43 4:41	45:42 1:59	
10	106058 Bo Rasmussen Søllerød OK	1:10:21	2:53 2:53 1:04:17 6:51	7:02 4:09 1:06:17 2:00	9:10 2:08 1:09:54 3:37	17:25 8:15 1:10:21 0:27	19:48 2:23	26:12 6:24	27:23 1:11	30:53 3:30	35:10 4:17	39:24 4:14	47:05 7:41	54:02 6:57	55:42 1:40	57:26 1:44	
11	134 Jesper Allan Jensen OK Roskilde	1:28:04	3:04 3:04 1:19:26 8:21	9:20 6:16 1:23:21 3:55	17:54 8:34 1:27:32 4:11	19:46 1:52 1:28:04 0:32	22:24 2:38	27:03 4:39	29:25 2:22	32:51 3:26	39:13 6:22	49:03 9:50	54:49 5:46	1:05:42 10:53	1:08:50 3:08	1:11:05 2:15	
	307 Bo Simonsen FIF Hillerød Orientering	Fejlkl.	21:15 21:15 -----	24:30 3:15 -----	26:13 1:43 -----	27:35 1:22 46:51 11:21	29:26 1:51	32:20 2:54	-----	-----	-----	-----	-----	-----	34:18 1:58	35:30 1:12	

H50- (17) 5.8 km 0 Hm 15 K
 1 (155) 2 (156) 3 (179) 4 (188) 5 (157) 6 (158) 7 (193) 8 (194) 9 (191) 10 (168) 11 (180) 12 (171) 13 (185) 14 (174)
 15 (200) M

1	16338	Jens Jørgen Hansen Tisvilde Hegn OK	41:43	1:46	3:41	6:44	9:36	12:06	13:28	16:02	19:22	22:25	25:42	27:19	32:14	34:47	38:05
				1:46	1:55	3:03	2:52	2:30	1:22	2:34	3:20	3:03	3:17	1:37	4:55	2:33	3:18
				41:21	41:43	3:16	0:22										
2	20892	Kent Pihl OK Roskilde	44:23	1:30	3:05	6:30	11:15	14:14	15:45	18:24	23:44	26:51	30:10	31:41	35:46	38:11	41:44
				1:30	1:35	3:25	4:45	2:59	1:31	2:39	5:20	3:07	3:19	1:31	4:05	2:25	3:33
				43:55	44:23	2:11	0:28										
3	144	Kim Find Andersen Søllerød OK	46:00	1:31	3:21	7:00	10:05	12:37	13:58	17:05	20:29	27:34	31:13	33:18	37:09	39:46	43:27
				1:31	1:50	3:39	3:05	2:32	1:21	3:07	3:24	7:05	3:39	2:05	3:51	2:37	3:41
				45:43	46:00	2:16	0:17										
4	122210	Svend-Erik Jepsen Søllerød OK	46:01	1:41	3:50	8:28	11:27	14:22	16:30	19:05	22:45	26:00	29:38	31:40	35:42	38:28	43:17
				1:41	2:09	4:38	2:59	2:55	2:08	2:35	3:40	3:15	3:38	2:02	4:02	2:46	4:49
				45:38	46:01	2:21	0:23										
5	140	Steen Stausholm Farum OK	46:53	1:41	3:28	7:47	11:45	15:42	17:50	20:32	26:07	29:12	32:36	34:14	38:11	40:37	43:59
				1:41	1:47	4:19	3:58	3:57	2:08	2:42	5:35	3:05	3:24	1:38	3:57	2:26	3:22
				46:24	46:53	2:25	0:29										
6	149	Morten Ebbensgaard OK Øst Birkerød	47:20	2:03	3:31	6:39	10:29	14:43	16:08	19:03	23:15	28:10	31:31	33:39	38:16	40:35	44:11
				2:03	1:28	3:08	3:50	4:14	1:25	2:55	4:12	4:55	3:21	2:08	4:37	2:19	3:36
				46:55	47:20	2:44	0:25	*159									
7	138	Poul Henning Poulsen Tisvilde Hegn OK	49:48	3:51	5:33	9:51	13:08	16:10	17:32	20:09	23:42	27:33	31:26	33:25	37:58	40:38	44:40
				3:51	1:42	4:18	3:17	3:02	1:22	2:37	3:33	3:51	3:53	1:59	4:33	2:40	4:02
				49:27	49:48	4:47	0:21										
7	27939	Bjarke Sucksdorff OK73	49:48	1:53	3:42	8:55	12:17	15:08	16:54	22:24	27:06	30:41	34:39	36:39	40:45	43:05	46:49
				1:53	1:49	5:13	3:22	2:51	1:46	5:30	4:42	3:35	3:58	2:00	4:06	2:20	3:44
				49:21	49:48	2:32	0:27										
9	145	Michael Leth Jess OK Roskilde	50:23	2:09	4:16	10:02	14:41	17:26	18:53	21:39	25:15	29:03	33:50	35:39	40:33	43:51	47:30
				2:09	2:07	5:46	4:39	2:45	1:27	2:46	3:36	3:48	4:47	1:49	4:54	3:18	3:39
				49:58	50:23	2:28	0:25										
10	148	Henrik Nielsen Tisvilde Hegn OK	54:00	4:19	5:51	10:56	13:59	17:44	19:41	22:26	26:17	30:18	34:15	36:36	41:44	44:34	49:05
				4:19	1:32	5:05	3:03	3:45	1:57	2:45	3:51	4:01	3:57	2:21	5:08	2:50	4:31
				53:33	54:00	4:28	0:27										
11	139	Peter Østergaard Søllerød OK	56:31	1:41	3:15	7:11	10:10	18:22	19:31	25:16	28:41	31:47	35:05	36:30	40:40	46:29	53:57
				1:41	1:34	3:56	2:59	8:12	1:09	5:45	3:25	3:06	3:18	1:25	4:10	5:49	7:28
				56:08	56:31	2:11	0:23										
12	143	Bjarne B. Jensen Helsingør SOK	58:05	2:04	4:10	8:31	13:10	16:32	18:31	21:23	25:17	36:25	40:51	42:41	47:53	50:45	55:21
				2:04	2:06	4:21	4:39	3:22	1:59	2:52	3:54	11:08	4:26	1:50	5:12	2:52	4:36
				57:38	58:05	2:17	0:27										
13	137	Peter Krogh OK Øst Birkerød	1:04:36	2:54	5:11	10:04	15:10	24:04	27:06	30:47	37:08	41:34	45:55	47:56	52:59	56:33	1:00:35
				2:54	2:17	4:53	5:06	8:54	3:02	3:41	6:21	4:26	4:21	2:01	5:03	3:34	4:02
				1:04:11	1:04:36	3:36	0:25										
14	152	Lars Nielsen Søllerød OK	1:07:08	9:24	10:58	18:55	23:16	25:39	27:02	29:49	33:16	36:50	40:26	42:06	46:36	49:48	1:04:01
				9:24	1:34	7:57	4:21	2:23	1:23	2:47	3:27	3:34	3:36	1:40	4:30	3:12	14:13
				1:06:43	1:07:08	2:42	0:25										
15	5597	Max Prang Fredensborg OK	1:11:51	4:56	6:42	12:00	15:55	19:19	21:03	24:27	30:46	39:35	43:53	45:56	52:26	58:35	1:08:04
				4:56	1:46	5:18	3:55	3:24	1:44	3:24	6:19	8:49	4:18	2:03	6:30	6:09	9:29

			1:11:19	1:11:51													
			3:15	0:32													
16	151 Karl Kristian Hartmeyer FIF Hillerød Orientering	1:13:21	6:33	8:11	14:49	19:15	22:54	24:38	32:42	36:54	41:05	50:51	53:57	1:00:24	1:03:31	1:10:20	
			6:33	1:38	6:38	4:26	3:39	1:44	8:04	4:12	4:11	9:46	3:06	6:27	3:07	6:49	
			1:12:52	1:13:21													
			2:32	0:29													
	136 Uffe Just Pedersen Søllerød OK	Fejlkl.	-----	5:23	11:22	14:55	18:36	20:11	23:30	27:34	31:48	35:38	37:46	42:20	45:38	50:05	
				5:23	5:59	3:33	3:41	1:35	3:19	4:04	4:14	3:50	2:08	4:34	3:18	4:27	
			52:17	52:44													
			2:12	0:27													
H55-	(10)	5.4 km	0 Hm	14 K													
			1(178)	2(179)	3(188)	4(157)	5(176)	6(193)	7(194)	8(168)	9(180)	10(169)	11(151)	12(173)	13(174)	14(200)	
			M														
1	153 Søren Sloth FIF Hillerød Orientering	39:45	2:12	5:55	9:01	11:41	14:34	15:56	20:23	24:39	26:10	27:47	30:35	34:38	37:01	39:21	
			2:12	3:43	3:06	2:40	2:53	1:22	4:27	4:16	1:31	1:37	2:48	4:03	2:23	2:20	
			39:45														
			0:24														
2	158 Jørgen Skaarup Ballerup OK	41:00	2:08	7:01	10:14	14:08	16:49	18:10	23:06	27:35	29:16	30:53	33:48	36:02	38:28	40:34	
			2:08	4:53	3:13	3:54	2:41	1:21	4:56	4:29	1:41	1:37	2:55	2:14	2:26	2:06	
			41:00														
			0:26														
3	159 Søren Peter Larsen FIF Hillerød Orientering	44:36	2:21	6:31	9:52	13:16	16:31	18:12	21:59	27:22	29:25	32:03	35:33	38:44	41:26	44:10	
			2:21	4:10	3:21	3:24	3:15	1:41	3:47	5:23	2:03	2:38	3:30	3:11	2:42	2:44	
			44:36														
			0:26														
4	27369 Erik Øhlenschläger OK Øst Birkerød	45:31	2:43	8:01	12:12	15:04	18:07	19:29	23:29	29:46	32:03	34:01	37:36	40:07	42:46	45:02	
			2:43	5:18	4:11	2:52	3:03	1:22	4:00	6:17	2:17	1:58	3:35	2:31	2:39	2:16	
			45:31														
			0:29														
5	373 Carsten Hansen FIF Hillerød Orientering	47:42	2:40	7:10	10:50	14:25	17:16	18:55	22:31	27:22	29:12	30:54	36:17	41:51	44:54	47:14	
			2:40	4:30	3:40	3:35	2:51	1:39	3:36	4:51	1:50	1:42	5:23	5:34	3:03	2:20	
			47:42														
			0:28														
6	154 Torkil Hansen PI-København	49:05	2:07	5:32	12:21	14:55	20:05	21:18	24:30	28:29	30:01	31:40	34:21	44:10	46:38	48:39	
			2:07	3:25	6:49	2:34	5:10	1:13	3:12	3:59	1:32	1:39	2:41	9:49	2:28	2:01	
			49:05														
			0:26														
7	161 Gregers Jørgensen Ballerup OK	50:01	2:23	10:53	14:20	17:35	22:55	24:32	29:17	34:52	36:28	38:22	41:38	44:31	47:16	49:33	
			2:23	8:30	3:27	3:15	5:20	1:37	4:45	5:35	1:36	1:54	3:16	2:53	2:45	2:17	
			50:01														
			0:28														
8	155 Niels la Cour Bentzon Søllerød OK	53:56	2:53	10:42	14:36	19:24	22:57	24:32	28:39	34:43	36:50	40:50	44:23	48:05	50:51	53:33	
			2:53	7:49	3:54	4:48	3:33	1:35	4:07	6:04	2:07	4:00	3:33	3:42	2:46	2:42	
			53:56														
			0:23														
9	160 Troels Bent Hansen Allerød OK	56:14	2:23	7:19	10:51	26:54	29:38	31:07	34:53	40:59	42:46	44:33	47:47	50:10	53:18	55:47	
			2:23	4:56	3:32	16:03	2:44	1:29	3:46	6:06	1:47	1:47	3:14	2:23	3:08	2:29	
			56:14														
			0:27														
	156 Lars Vedel Jørgensen Farum OK	Fejlkl.	2:23	6:36	9:51	12:39	15:35	-----	20:43	26:59	29:24	31:11	34:10	37:36	42:09	45:33	
			2:23	4:13	3:15	2:48	2:56		5:08	6:16	2:25	1:47	2:59	3:26	4:33	3:24	
			46:04														

0:31

H60- (10)		4.4 km	0 Hm	13 K														M
		1 (196) 2 (178) 3 (141) 4 (175) 5 (176) 6 (172) 7 (168) 8 (169) 9 (151) 10 (185) 11 (173) 12 (174) 13 (200)																
1	171 Flemming Wendelboe	38:51	1:30	3:11	8:43	12:11	13:17	16:45	20:02	23:06	26:09	28:00	30:20	35:48	38:18	38:51		
	Helsingør SOK		1:30	1:41	5:32	3:28	1:06	3:28	3:17	3:04	3:03	1:51	2:20	5:28	2:30	0:33		
2	165 Leif E. Larsen	38:53	1:23	3:04	7:28	10:31	11:35	17:48	20:54	23:36	29:51	31:45	33:48	36:07	38:30	38:53		
	Tisvilde Hegn OK		1:23	1:41	4:24	3:03	1:04	6:13	3:06	2:42	6:15	1:54	2:03	2:19	2:23	0:23		
3	167 Gunnar Grue-Sørensen	38:58	1:27	4:31	8:48	11:50	13:03	16:24	19:59	23:20	26:38	28:42	31:12	36:02	38:29	38:58		
	OK Roskilde		1:27	3:04	4:17	3:02	1:13	3:21	3:35	3:21	3:18	2:04	2:30	4:50	2:27	0:29		
4	27971 Aksel Andersen	45:07	2:33	5:11	9:00	12:28	13:33	19:50	23:17	26:59	33:54	36:09	39:02	42:08	44:37	45:07		
	OK Roskilde		2:33	2:38	3:49	3:28	1:05	6:17	3:27	3:42	6:55	2:15	2:53	3:06	2:29	0:30		
5	166 Erik Sørensen	47:55	2:41	4:40	10:35	21:25	22:26	26:35	30:27	33:36	36:46	38:44	41:58	45:04	47:27	47:55		
	Allerød OK		2:41	1:59	5:55	10:50	1:01	4:09	3:52	3:09	3:10	1:58	3:14	3:06	2:23	0:28		
					14:43:48	14:48:47	4:51:39	4:52:43	4:54:32	15:01:16	15:02:36	5:04:39	15:07:47	5:09:55	15:21:23	5:22:48	5:25:50	
					*151	*188	*152	*179	*156	*157	*173	*161	*159	*174	*186	*171	*181	
					15:28:54	15:32:28	15:34:15	5:39:06	5:43:09									
					*185	*163	*166	*169	*191									
6	168 Jimmy Hoen	48:56	1:36	3:25	9:43	14:01	15:09	20:15	25:44	29:55	33:46	36:34	39:55	46:05	48:28	48:56		
	Ballerup OK		1:36	1:49	6:18	4:18	1:08	5:06	5:29	4:11	3:51	2:48	3:21	6:10	2:23	0:28		
7	163 Lars Olsen	59:08	2:34	4:51	10:46	17:13	19:40	26:38	33:02	37:21	41:35	44:46	48:11	53:26	58:38	59:08		
	OK Roskilde		2:34	2:17	5:55	6:27	2:27	6:58	6:24	4:19	4:14	3:11	3:25	5:15	5:12	0:30		
8	174 Kai Beck-Andersen	1:03:18	2:10	4:00	23:40	27:49	29:04	33:54	38:00	41:49	47:46	50:49	53:33	58:46	1:02:46	1:03:18		
	Farum OK		2:10	1:50	19:40	4:09	1:15	4:50	4:06	3:49	5:57	3:03	2:44	5:13	4:00	0:32		
9	164 Hakon Mosbech	1:07:19	4:03	8:46	14:29	17:39	18:52	33:08	37:55	41:12	45:02	48:43	58:58	1:03:50	1:06:53	1:07:19		
	OK Skærmens Værløse		4:03	4:43	5:43	3:10	1:13	14:16	4:47	3:17	3:50	3:41	10:15	4:52	3:03	0:26		
10	100498 Jørgen Bojsen-Møller	1:23:23	1:27	3:11	21:45	24:47	26:02	29:36	51:43	55:01	58:46	1:03:11	1:09:23	1:20:44	1:23:01	1:23:23		
	Søllerød OK		1:27	1:44	18:34	3:02	1:15	3:34	22:07	3:18	3:45	4:25	6:12	11:21	2:17	0:22		

H65- (14)		4.4 km	0 Hm	13 K														M
		1 (196) 2 (178) 3 (141) 4 (175) 5 (176) 6 (172) 7 (168) 8 (169) 9 (151) 10 (185) 11 (173) 12 (174) 13 (200)																
1	185 Klaus Olsen	38:58	1:44	3:17	7:49	11:13	12:16	16:34	20:20	23:35	27:12	30:56	33:09	36:04	38:35	38:58		
	Tisvilde Hegn OK		1:44	1:33	4:32	3:24	1:03	4:18	3:46	3:15	3:37	3:44	2:13	2:55	2:31	0:23		
2	7288 Christian Strandgaard	39:13	1:40	3:20	9:54	13:06	14:18	18:17	21:50	24:54	28:27	30:17	33:20	36:16	38:43	39:13		
	Søllerød OK		1:40	1:40	6:34	3:12	1:12	3:59	3:33	3:04	3:33	1:50	3:03	2:56	2:27	0:30		
3	4680 Aage Damsgaard	39:24	1:39	3:08	8:44	12:09	13:42	17:50	21:17	24:25	27:42	29:50	33:19	36:02	38:57	39:24		
	FIF Hillerød Orientering		1:39	1:29	5:36	3:25	1:33	4:08	3:27	3:08	3:17	2:08	3:29	2:43	2:55	0:27		
4	187 Janne Brunstedt	39:35	1:34	2:59	8:06	11:06	12:08	16:52	21:15	24:30	27:26	32:25	34:35	36:59	39:09	39:35		
	OK Roskilde		1:34	1:25	5:07	3:00	1:02	4:44	4:23	3:15	2:56	4:59	2:10	2:24	2:10	0:26		
5	7402 Jørgen Münster-Swendsen	41:15	1:35	3:29	8:38	12:48	13:58	17:58	22:20	25:38	30:00	32:01	34:30	37:20	40:46	41:15		
	Søllerød OK		1:35	1:54	5:09	4:10	1:10	4:00	4:22	3:18	4:22	2:01	2:29	2:50	3:26	0:29		
6	189 John Tripax	42:59	3:01	4:35	9:23	12:36	13:36	18:24	22:15	25:49	28:51	30:44	32:57	40:20	42:32	42:59		
	OK Roskilde		3:01	1:34	4:48	3:13	1:00	4:48	3:51	3:34	3:02	1:53	2:13	7:23	2:12	0:27		
7	186 Karsten Schultz	43:49	2:19	4:22	9:46	13:18	14:29	18:17	24:10	27:23	31:12	34:46	37:13	40:34	43:25	43:49		
	FIF Hillerød Orientering		2:19	2:03	5:24	3:32	1:11	3:48	5:53	3:13	3:49	3:34	2:27	3:21	2:51	0:24		
8	181 Kuno Rasmussen	47:16	1:45	3:35	9:38	13:17	14:28	19:48	24:37	28:44	32:33	35:00	38:17	44:12	46:44	47:16		
	Ballerup OK		1:45	1:50	6:03	3:39	1:11	5:20	4:49	4:07	3:49	2:27	3:17	5:55	2:32	0:32		
9	1199 Karsten Funder	47:50	1:28	3:27	9:20	13:36	15:04	21:44	25:54	29:27	32:46	35:41	40:48	44:47	47:19	47:50		
	FIF Hillerød Orientering		1:28	1:59	5:53	4:16	1:28	6:40	4:10	3:33	3:19	2:55	5:07	3:59	2:32	0:31		
					15:01:29	15:05:08	5:06:41	5:12:08	5:21:49	15:26:36	15:28:33	5:32:13	15:40:36	5:44:08	15:51:22	5:53:09	5:57:04	
					*172	*189	*188	*156	*161	*162	*187	*163	*169	*170	*185	*160	*171	

16:02:10

*175

10	17279	Ole Christiansen Farum OK	59:05	2:24	4:23	11:47	17:01	18:24	28:00	32:28	36:46	45:01	48:39	51:50	55:21	58:32	59:05
11	184	Arne Grøndahl Søllerød OK	59:14	1:41	3:30	10:36	14:31	15:43	20:21	35:30	39:53	44:28	47:30	50:31	53:39	58:29	59:14
12	176	Mogens Jørgensen Søllerød OK	1:03:19	1:52	6:16	14:31	19:48	21:28	27:41	38:34	43:45	49:27	52:23	55:22	58:42	1:02:40	1:03:19
13	147044	Leif Thomsen Allerød OK	1:22:54	3:29	6:20	18:38	25:37	27:52	40:09	47:03	53:02	59:02	1:03:19	1:11:06	1:16:01	1:22:00	1:22:54
UFK	182	Hans Christian Strib OK GORM	37:35	1:18	2:53	8:31	11:28	12:38	16:28	19:45	22:46	26:00	27:57	30:21	34:37	37:03	37:35
				1:18	1:35	5:38	2:57	1:10	3:50	3:17	3:01	3:14	1:57	2:24	4:16	2:26	0:32

H70- (10)		3.3 km	0 Hm	10 K														
		1 (147) 2 (178) 3 (141) 4 (149) 5 (169) 6 (171) 7 (195) 8 (153) 9 (174) 10 (200) M																
1	12261	Jakob Vang Helsingør SOK	29:38	1:56	4:30	9:41	14:05	15:40	18:49	21:51	24:18	26:10	29:08	29:38				
2	196	Mogens Hansen OK Skærmen Værløse	31:56	1:48	3:51	12:06	17:36	19:00	22:16	25:26	27:46	29:03	31:26	31:56				
3	190	Gert Bøgevig Søllerød OK	33:34	2:07	4:40	10:40	15:53	17:40	21:31	24:54	28:06	30:11	33:03	33:34				
4	192	Gunner Jørgensen OK73	34:34	1:54	4:03	10:50	15:40	17:21	21:38	25:22	29:10	30:50	33:57	34:34				
5	195	Ole Svendsen OK Roskilde	36:09	1:52	3:59	10:32	16:39	18:12	21:56	25:19	27:52	32:46	35:37	36:09				
6	7527	Jens Aaris Thisted Søllerød OK	38:55	2:08	4:15	11:30	16:18	17:54	21:45	29:11	32:24	35:17	38:19	38:55				
7	24993	Niels Lyhne Herlufsholm OK	39:47	2:18	5:34	12:16	17:57	19:45	27:25	31:03	33:50	36:13	39:13	39:47				
8	18574	Jørn Andreassen OK73	42:46	2:35	5:05	12:16	18:05	20:08	24:39	28:38	37:00	38:48	42:12	42:46				
	193	Flemming Larsen Helsingør SOK	Fejlkl.	2:31	4:40	13:51	18:22	19:56	24:01	-----	-----	-----	45:50	46:37				
	194	Knud Dam Kildeholm OK	Fejlkl.	2:31	2:09	9:11	4:31	1:34	4:05	-----	-----	-----	21:49	0:47				
				6:01	8:24	15:17	20:59	23:12	27:41	32:02	-----	-----	-----	44:53				
				6:01	2:23	6:53	5:42	2:13	4:29	4:21				12:51				

H75- (9)		3.3 km	0 Hm	10 K														
		1 (147) 2 (178) 3 (141) 4 (149) 5 (169) 6 (171) 7 (195) 8 (153) 9 (174) 10 (200) M																
1	200	Egon Neregaard Tisvilde Hegn OK	31:53	1:53	4:05	8:59	13:49	15:23	20:16	23:36	25:57	28:03	31:13	31:53				
2	207	Jørgen Jensen Helsingør SOK	36:01	2:32	4:34	11:35	16:50	18:28	22:02	26:43	29:26	32:43	35:36	36:01				
3	202	Frank Sandgreen FSK Orientering	37:56	2:09	4:21	10:30	16:09	17:42	22:38	26:05	29:24	32:29	37:19	37:56				
4	176250	Bent Mortensen OK73	42:23	2:18	4:58	15:44	21:19	23:19	27:56	32:00	35:02	37:46	41:46	42:23				
5	205	Govert Heede Ballerup OK	45:42	2:30	5:33	13:49	19:25	21:37	28:30	33:30	38:01	40:40	44:58	45:42				
6	176254	Gunnar Tamberg Ballerup OK	47:03	2:58	5:45	14:01	21:28	24:03	29:00	34:32	38:13	41:40	46:11	47:03				
				2:58	2:47	8:16	7:27	2:35	4:57	5:32	3:41	3:27	4:31	0:52				

7	206	Holger Karlsmose Farum OK	47:45	2:39	5:40	15:18	21:52	23:56	30:28	35:27	40:21	42:58	47:04	47:45			
				2:39	3:01	9:38	6:34	2:04	6:32	4:59	4:54	2:37	4:06	0:41			
8	204	Peter Larsen Helsingør SOK	49:29	2:41	5:26	17:08	23:34	25:42	32:34	37:37	41:55	44:45	48:50	49:29			
				2:41	2:45	11:42	6:26	2:08	6:52	5:03	4:18	2:50	4:05	0:39			
9	203	Bendt Frandsen Farum OK	53:12	12:06	14:05	22:33	28:21	29:59	33:54	42:06	47:47	50:00	52:39	53:12			
				12:06	1:59	8:28	5:48	1:38	3:55	8:12	5:41	2:13	2:39	0:33			
Åben 2 (2)			4.4 km	0 Hm	13 K												M
					1 (196)	2 (178)	3 (141)	4 (175)	5 (176)	6 (172)	7 (168)	8 (169)	9 (151)	10 (185)	11 (173)	12 (174)	13 (200)
1	176265	Asger Jensen OK Roskilde	40:26	2:02	3:56	9:40	12:42	14:00	17:53	22:02	25:41	29:08	31:37	34:11	37:00	39:54	40:26
				2:02	1:54	5:44	3:02	1:18	3:53	4:09	3:39	3:27	2:29	2:34	2:49	2:54	0:32
2	176267	Karsten Richardt Køge OK	53:30	2:44	4:54	12:11	16:54	18:35	27:28	32:21	36:30	40:39	43:15	45:53	49:19	52:46	53:30
				2:44	2:10	7:17	4:43	1:41	8:53	4:53	4:09	4:09	2:36	2:38	3:26	3:27	0:44
Åben 3 (3)			3.3 km	0 Hm	10 K												M
					1 (147)	2 (178)	3 (141)	4 (149)	5 (169)	6 (171)	7 (195)	8 (153)	9 (174)	10 (200)			
1	176266	Louise B Jensen Helsingør SOK	43:58	1:42	3:26	20:02	24:14	26:15	30:54	36:06	38:47	40:37	43:30	43:58			
				1:42	1:44	16:36	4:12	2:01	4:39	5:12	2:41	1:50	2:53	0:28			
2	176263	Svend Bjerre Tisvilde Hegn OK	48:38	1:52	3:46	9:28	14:29	16:16	19:51	23:12	26:57	44:48	48:02	48:38			
				1:52	1:54	5:42	5:01	1:47	3:35	3:21	3:45	17:51	3:14	0:36			
3	176264	Ole Vexø Tisvilde Hegn OK	48:40	2:31	5:34	17:18	24:22	26:56	31:46	36:35	40:14	42:23	47:51	48:40			
				2:31	3:03	11:44	7:04	2:34	4:50	4:49	3:39	2:09	5:28	0:49			
Åben 4 (2)			3.5 km	0 Hm	11 K												M
					1 (147)	2 (148)	3 (184)	4 (149)	5 (150)	6 (145)	7 (151)	8 (152)	9 (153)	10 (154)	11 (200)		
1	176261	Rasmus Jørgensen Tisvilde Hegn OK	1:01:17	1:26	4:33	9:48	12:13	13:22	17:36	19:27	43:19	50:55	58:32	1:00:41	1:01:17		
				1:26	3:07	5:15	2:25	1:09	4:14	1:51	23:52	7:36	7:37	2:09	0:36		
2	91520	Helle M. Frederiksen Ballerup OK	1:11:19	1:59	7:33	14:46	19:47	29:47	36:30	40:02	43:34	1:02:04	1:08:32	1:10:43	1:11:19		
				1:59	5:34	7:13	5:01	10:00	6:43	3:32	3:32	18:30	6:28	2:11	0:36		
Åben 5 (1)			3.1 km	0 Hm	11 K												M
					1 (131)	2 (133)	3 (134)	4 (142)	5 (143)	6 (144)	7 (145)	8 (146)	9 (137)	10 (139)	11 (200)		
1	176262	Pernille Hansen Helsingør SOK	28:26	1:16	4:06	5:44	7:50	9:07	12:29	16:22	20:40	22:56	25:59	27:24	28:26		
				1:16	2:50	1:38	2:06	1:17	3:22	3:53	4:18	2:16	3:03	1:25	1:02		
Åben 6 (1)			2.3 km	0 Hm	11 K												M
					1 (131)	2 (132)	3 (133)	4 (134)	5 (135)	6 (136)	7 (137)	8 (140)	9 (138)	10 (139)	11 (200)		
1	176251	Annelise Hansen FIF Hillerød Orientering	27:04	1:53	4:26	5:56	8:33	12:39	14:34	18:12	19:42	21:43	24:09	26:07	27:04		
				1:53	2:33	1:30	2:37	4:06	1:55	3:38	1:30	2:01	2:26	1:58	0:57		