

SM-Lang
Split resultater

sø 28-04-2013 14:03

Oprettet af [OE2003 © Stephan Krämer 2008](#)

Pl	Stnr	Navn	Tid														
Begynder (2)				3.5 km	14 K												
				1 (131)	2 (132)	3 (133)	4 (134)	5 (135)	6 (136)	7 (137)	8 (138)	9 (139)	10 (140)	11 (141)	12 (142)	13 (143)	14 (100)
				M													
1	158538	Lærke Ravnholt Jensen OK Roskilde	39:12	3:19	5:03	6:33	7:52	9:59	14:14	15:17	16:20	20:30	25:32	30:03	33:44	36:02	38:27
				3:19	1:44	1:30	1:19	2:07	4:15	1:03	1:03	4:10	5:02	4:31	3:41	2:18	2:25
				39:12													
				0:45													
2	161391	Mads Christian Maarup Allerød OK	1:11:33	4:25	9:14	13:10	16:17	21:30	30:29	32:48	35:21	42:33	52:22	59:11	1:05:02	1:08:08	1:10:35
				4:25	4:49	3:56	3:07	5:13	8:59	2:19	2:33	7:12	9:49	6:49	5:51	3:06	2:27
				1:11:33													
				0:58													
D-10 (7)				3.5 km	14 K												
				1 (131)	2 (132)	3 (133)	4 (134)	5 (135)	6 (136)	7 (137)	8 (138)	9 (139)	10 (140)	11 (141)	12 (142)	13 (143)	14 (100)
				M													
1	99003	Siri Simonsen FIF Hillerød Orienterer	21:19	1:38	2:40	3:27	4:10	5:24	7:28	8:05	8:37	10:44	13:35	16:25	18:29	19:46	20:52
				1:38	1:02	0:47	0:43	1:14	2:04	0:37	0:32	2:07	2:51	2:50	2:04	1:17	1:06
				21:19													
				0:27													
2	126650	Mathilde Poulsen FIF Hillerød Orienterer	22:29	1:36	2:37	3:28	4:11	5:39	7:47	8:26	9:02	11:11	14:07	17:06	19:32	20:47	22:00
				1:36	1:01	0:51	0:43	1:28	2:08	0:39	0:36	2:09	2:56	2:59	2:26	1:15	1:13
				22:29													
				0:29													
3	120909	Sigrid Høyer Staugaard FIF Hillerød Orienterer	25:45	1:36	2:39	3:27	4:23	8:19	10:38	11:17	11:49	13:58	16:53	19:32	22:29	24:04	25:19
				1:36	1:03	0:48	0:56	3:56	2:19	0:39	0:32	2:09	2:55	2:39	2:57	1:35	1:15
				25:45													
				0:26													
4	167399	Vigga Graff Frederikse FIF Hillerød Orienterer	26:08	1:49	2:59	3:57	4:50	6:15	8:43	9:38	10:31	13:40	17:17	20:08	22:44	24:18	25:41
				1:49	1:10	0:58	0:53	1:25	2:28	0:55	0:53	3:09	3:37	2:51	2:36	1:34	1:23
				26:08													
				0:27													
5	146484	Maria Wassard FIF Hillerød Orienterer	27:22	2:01	3:25	4:22	5:57	7:41	9:51	10:30	11:04	13:25	16:47	20:44	23:30	25:38	26:52
				2:01	1:24	0:57	1:35	1:44	2:10	0:39	0:34	2:21	3:22	3:57	2:46	2:08	1:14
				27:22													
				0:30													
6	102824	Mary Lindbjerg Skovbæk Søllerød OK	38:49	1:42	2:56	4:01	5:00	16:29	19:29	20:24	21:08	23:29	26:55	30:07	33:56	36:32	38:19
				1:42	1:14	1:05	0:59	11:29	3:00	0:55	0:44	2:21	3:26	3:12	3:49	2:36	1:47
				38:49													
				0:30													
7	94194	Signe Hansen OK Sorø	1:34:22	4:48	8:09	10:17	12:14	26:47	33:11	35:00	36:40	46:42	56:39	1:04:26	1:26:30	1:30:06	1:33:31
				4:48	3:21	2:08	1:57	14:33	6:24	1:49	1:40	10:02	9:57	7:47	22:04	3:36	3:25
				1:34:22													
				0:51													

D-12 (4)			3.9 km 14 K		1 (131)	2 (151)	3 (135)	4 (144)	5 (145)	6 (146)	7 (140)	8 (147)	9 (141)	10 (148)	11 (142)	12 (149)	13 (150)	14 (100)
			1 (131)	M														
1	140741	Alberte Kaae-Nielsen Søllerød OK	32:32	1:52 1:52 32:32 0:28	5:05 3:13	6:39 1:34	12:02 5:23	14:54 2:52	19:01 4:07	22:12 3:11	23:36 1:24	25:13 1:37	26:19 1:06	27:22 1:03	29:38 2:16	30:20 0:42	32:04 1:44	
2	89426	Karoline Fonager Johan OK Roskilde	33:15	2:20 2:20 33:15 0:26	6:34	8:09 1:35	10:46 2:37	13:58 3:12	18:19 4:21	21:22 3:03	22:41 1:19	24:31 1:50	25:57 1:26	27:09 1:12	29:26 2:17	30:47 1:21	32:49 2:02	
3	76580	Mathilde Smedega Madse OK Sorø	43:05	1:46 1:46 43:05 0:31	6:09 4:23	7:42 1:33	9:58 2:16	13:38 3:40	19:55 6:17	26:31 6:36	28:26 1:55	31:33 3:07	33:17 1:44	34:54 1:37	38:22 3:28	40:02 1:40	42:34 2:32	
	115158	Emma Frandsen OK Sorø	Fejlkl.	3:03 3:03 1:23:21 0:27	31:37 28:34	33:33 1:56	-----	54:48 21:15	1:01:42 6:54	1:07:22 5:40	1:08:59 1:37	1:11:34 2:35	1:13:54 2:20	1:15:39 1:45	1:18:47 3:08	1:20:35 1:48	1:22:54 2:19	
D-14 (9)			5.6 km 15 K		1 (152)	2 (153)	3 (154)	4 (155)	5 (156)	6 (157)	7 (160)	8 (159)	9 (161)	10 (162)	11 (163)	12 (158)	13 (164)	14 (165)
			1 (152)	M														
1	175	Annika Simonsen FIF Hillerød Orienterer	40:41	1:28 1:28 40:16 0:19	4:54 3:26 40:41 0:25	7:48 2:54	10:06 2:18	13:20 3:14	15:24 2:04	18:28 3:04	20:33 2:05	23:39 3:06	30:27 6:48	34:05 3:38	35:32 1:27	37:42 2:10	38:57 1:15	
2	97081	Sara Lykke Brinch FIF Hillerød Orienterer	47:51	1:53 1:53 47:27 1:19	6:03 4:10 47:51 0:24	9:08 3:05	11:34 2:26	15:48 4:14	18:17 2:29	21:35 3:18	23:41 2:06	26:49 3:08	34:18 7:29	38:51 4:33	40:46 1:55	44:43 3:57	46:08 1:25	
3	96695	Tenna V. K. Christense OK Øst Birkerød	49:54	1:45 1:45 49:33 1:21	6:13 4:28 49:54 0:21	9:35 3:22	13:03 3:28	16:52 3:49	19:24 2:32	23:23 3:59	25:37 2:14	28:42 3:05	36:33 7:51	41:06 4:33	42:55 1:49	46:51 3:56	48:12 1:21	
4	3690	Marie Erskov Krogh OK Øst Birkerød	50:32	1:30 1:30 50:05 1:10	8:54 7:24 50:32 0:27	12:18 3:24	15:06 2:48	18:50 3:44	21:36 2:46	26:12 4:36	28:03 1:51	33:11 5:08	39:41 6:30	43:33 3:52	45:23 1:50	47:42 2:19	48:55 1:13	
5	96223	Ida Øbro Tisvilde Hegn OK	52:23	1:16 1:16 51:57 1:09	4:49 3:33 52:23 0:26	10:10 5:21	19:49 9:39	22:34 2:45	24:28 1:54	28:10 3:42	29:58 1:48	35:17 5:19	41:38 6:21	45:29 3:51	47:19 1:50	49:38 2:19	50:48 1:10	
6	95027	Astrid Skytte Kirkegaa Søllerød OK	53:54	1:31 1:31 53:32 1:18	5:35 4:04 53:54 0:22	10:34 4:59	14:28 3:54	18:20 3:52	20:57 2:37	24:36 3:39	27:38 3:02	31:29 3:51	40:56 9:27	46:27 5:31	48:16 1:49	50:54 2:38	52:14 1:20	
7	15273	Frederikke Danielsen Allerød OK	54:38	2:12 2:12 54:12 1:35	8:04 5:52 54:38 0:26	11:31 3:27	14:57 3:26	19:00 4:03	21:21 2:21	25:21 4:00	27:34 2:13	30:52 3:18	40:23 9:31	45:21 4:58	47:29 2:08	50:36 3:07	52:37 2:01	

8	70011 Marta Kliem Farum OK	1:24:09	2:44 2:44 1:23:43 2:13	10:16 7:32 1:24:09 0:26	15:29 5:13	20:36 5:07	25:47 5:11	30:08 4:21	35:30 5:22	40:57 5:27	46:44 5:47	1:00:35 13:51	1:10:21 9:46	1:13:12 2:51	1:19:14 6:02	1:21:30 2:16
	92106 Sidse Tillingsøe Tisvilde Hegn OK	Fejlkl.	2:24 2:24 -----	7:37 5:13 55:54 1:35	12:37 5:00	16:27 3:50	20:22 3:55	23:00 2:38	26:41 3:41	29:41 3:00	33:30 3:49	43:00 9:30	48:32 5:32	50:21 1:49	53:00 2:39	54:19 1:19
D-14B (1)		3.9 km 14 K	1(131) M	2(151)	3(135)	4(144)	5(145)	6(146)	7(140)	8(147)	9(141)	10(148)	11(142)	12(149)	13(150)	14(100)
1	4193 Amalie Ellegaard Sever OK Øst Birkerød	44:28	1:53 1:53 44:28 0:31	5:43 3:50	7:09 1:26	11:05 3:56	17:18 6:13	23:49 6:31	28:04 4:15	29:44 1:40	31:48 2:04	34:57 3:09	37:03 2:06	40:27 3:24	41:53 1:26	43:57 2:04
D-16 (4)		6.5 km 14 K	1(170) M	2(153)	3(215)	4(173)	5(160)	6(219)	7(179)	8(180)	9(181)	10(217)	11(218)	12(174)	13(165)	14(100)
1	114382 Isabella Kempff-Anders FIF Hillerød Orienterer	1:01:57	2:54 2:54 1:01:57 0:26	5:24 2:30	8:24 3:00	11:15 2:51	13:26 2:11	20:23 6:57	24:26 4:03	31:45 7:19	34:59 3:14	42:48 7:49	46:11 3:23	59:12 13:01	1:00:09 0:57	1:01:31 1:22
2	170332 Frida Kopp Stannum Tisvilde Hegn OK	1:08:30	3:24 3:24 1:08:30 0:30	6:39 3:15	14:39 8:00	17:54 3:15	20:24 2:30	23:46 3:22	25:10 1:24	32:23 7:13	36:33 4:10	48:57 12:24	51:30 2:33	1:05:26 13:56	1:06:31 1:05	1:08:00 1:29
3	126296 Julie Blaagaard FIF Hillerød Orienterer	1:18:15	3:16 3:16 1:18:15 0:26	8:27 5:11	13:17 4:50	22:05 8:48	24:29 2:24	32:36 8:07	33:58 1:22	41:16 7:18	44:44 3:28	55:14 10:30	59:30 4:16	1:15:01 15:31	1:16:21 1:20	1:17:49 1:28
4	17005 Freja Kliem Farum OK	1:53:39	3:59 3:59 1:53:39 0:31	7:27 3:28	12:37 5:10	19:10 6:33	22:34 3:24	29:49 7:15	32:15 2:26	42:29 10:14	50:21 7:52	1:07:22 17:01	1:14:53 7:31	1:49:45 34:52	1:51:34 1:49	1:53:08 1:34
D-16B (1)		4.1 km 12 K	1(170)	2(155)	3(161)	4(223)	5(222)	6(225)	7(162)	8(163)	9(158)	10(164)	11(150)	12(100)	M	
1	101743 Karoline Hartmeyer FIF Hillerød Orienterer	48:20	3:29 3:29	16:52 13:23	19:06 2:14	19:54 0:48	22:51 2:57	26:21 3:30	31:49 5:28	37:19 5:30	39:30 2:11	42:28 2:58	45:41 3:13	47:51 2:10	48:20 0:29	
D-18 (5)		6.5 km 14 K	1(170) M	2(153)	3(215)	4(173)	5(160)	6(219)	7(179)	8(180)	9(181)	10(217)	11(218)	12(174)	13(165)	14(100)

1	97099	Maja Lykke Brinch FIF Hillerød Orienterer	57:18	5:12 5:12 57:18 0:21	7:23 2:11	11:06 3:43	13:49 2:43	16:16 2:27	19:15 2:59	20:36 1:21	27:24 6:48	30:03 2:39	39:43 9:40	42:51 3:08	54:57 12:06	55:50 0:53	56:57 1:07
2	170305	Melissa Ulsøe OK Roskilde	1:04:41	3:07 3:07 1:04:41 0:29	5:31 2:24	8:49 3:18	11:51 3:02	14:22 2:31	16:52 2:30	18:14 1:22	25:45 7:31	28:43 2:58	37:39 8:56	40:55 3:16	1:02:04 21:09	1:02:50 0:46	1:04:12 1:22
3	26460	Mette Stub PI-København	1:12:03	3:23 3:23 1:12:03 0:29	6:03 2:40	15:24 9:21	19:11 3:47	21:46 2:35	26:22 4:36	30:21 3:59	39:26 9:05	42:31 3:05	51:21 8:50	54:20 2:59	1:09:24 15:04	1:10:22 0:58	1:11:34 1:12
4	20909	Tonje Pihl OK Roskilde	1:26:39	4:02 4:02 1:26:39 0:26	7:23 3:21	17:19 9:56	22:23 5:04	25:53 3:30	29:33 3:40	31:52 2:19	41:52 10:00	45:42 3:50	57:23 11:41	1:05:01 7:38	1:23:00 17:59	1:24:37 1:37	1:26:13 1:36
	65385	Iben Valery Tisvilde Hegn OK	Fejlkl.	6:17 6:17 1:06:42 1:11	11:26 5:09	22:20 10:54	28:35 6:15	33:37 5:02	37:34 3:57	40:36 3:02	----- -----	----- -----	----- -----	1:01:12 20:36	1:02:49 1:37	1:05:31 2:42	
D21- (3)			9.6 km	20 K													
				1(214) 15(205)	2(169) 16(206)	3(215) 17(207)	4(193) 18(210)	5(195) 19(165)	6(196) 20(100)	7(197) M	8(198)	9(199)	10(48)	11(201)	12(202)	13(203)	14(204)
1	15017	Camilla Bergmann Allerød OK	1:21:31	1:41 1:41 50:38 1:45	4:47 3:06 55:43 5:05	9:54 5:07 59:43 4:00	18:20 8:26 1:18:53 19:10	25:17 6:57 1:19:53 1:00	30:16 4:59 1:21:05 1:12	33:08 2:52 1:21:31 0:26	34:29 1:21	37:25 2:56	38:29 1:04	41:45 3:16	43:49 2:04	45:21 1:32	48:53 3:32
2	22038	Nina Vindegaard Grønbe OK Øst Birkerød	1:29:12	1:32 1:32 57:34 1:58	3:32 2:00 1:03:27 5:53	8:36 5:04 1:07:57 4:30	17:22 8:46 1:26:11 18:14	25:10 7:48 1:27:13 1:02	28:30 3:20 1:28:41 1:28	33:31 5:01 1:29:12 0:31	34:56 1:25	39:36 4:40	41:02 1:26	44:45 3:43	46:32 1:47	48:23 1:51	55:36 7:13
3	21337	Amalie Tripax OK Roskilde	1:36:08	1:35 1:35 1:03:17 1:58	3:19 1:44 1:09:58 6:41	9:09 5:50 1:13:53 3:55	18:20 9:11 1:33:13 19:20	26:15 7:55 1:34:21 1:08	31:23 5:08 1:35:41 1:20	34:10 2:47 1:36:08 0:27	35:22 1:12	48:39 13:17	50:36 1:57	54:25 3:49	56:12 1:47	57:52 1:40	1:01:19 3:27
D21-AK (2)			5.2 km	12 K													
				1(216)	2(175)	3(223)	4(179)	5(178)	6(173)	7(154)	8(224)	9(225)	10(210)	11(165)	12(100)	M	
1	129539	Helle Piil Søllerød OK	56:20	2:54 2:54 5:06 6:12	9:06 6:12	12:37 3:31	29:12 16:35	31:18 2:06	34:59 3:41	39:24 4:25	43:07 3:43	44:07 1:00	53:06 8:59	54:20 1:14	55:47 1:27	56:20 0:33	
2	94186	Berit Ahlmann Hansen OK Sorø	1:17:20	4:16 4:16 15:03 10:47	21:34 6:31	33:55 12:21	37:06 3:11	43:47 6:41	50:26 6:39	57:46 7:20	59:01 1:15	1:12:45 13:44	1:14:38 1:53	1:16:40 2:02	1:17:20 0:40		
D21-B (2)			4.1 km	12 K													
				1(170)	2(155)	3(161)	4(223)	5(222)	6(225)	7(162)	8(163)	9(158)	10(164)	11(150)	12(100)	M	
1	107402	Maiken Espersen OK S.G.	46:48	5:49 5:49 14:38 8:49	17:11 2:33	18:01 0:50	21:03 3:02	24:34 3:31	30:41 6:07	35:55 5:14	38:29 2:34	41:46 3:17	44:19 2:33	46:18 1:59	46:48 0:30		

UFK	170304	Nataliya Kondratyuk Esløvs FK	44:24	4:02 4:02	12:18 8:16	15:01 2:43	15:57 0:56	18:56 2:59	22:26 3:30	27:22 4:56	33:12 5:50	35:18 2:06	38:25 3:07	41:35 3:10	43:54 2:19	44:24 0:30	
D21-C	(1)		3.9 km	14 K													
			1 (131)	2 (151)	3 (135)	4 (144)	5 (145)	6 (146)	7 (140)	8 (147)	9 (141)	10 (148)	11 (142)	12 (149)	13 (150)	14 (100)	
			M														
1	21288	Maud Sørderholm OK Roskilde	1:20:29	2:56 2:56 1:20:29 1:09	10:35 7:39	15:38 5:03	23:56 8:18	32:33 8:37	45:36 13:03	52:20 6:44	58:00 5:40	1:01:29 3:29	1:04:23 2:54	1:06:16 1:53	1:13:01 6:45	1:15:37 2:36	1:19:20 3:43
D35-	(6)		7.0 km	14 K													
			1 (211)	2 (167)	3 (175)	4 (176)	5 (157)	6 (219)	7 (179)	8 (180)	9 (181)	10 (217)	11 (218)	12 (210)	13 (165)	14 (100)	
			M														
1	4250	Dorthe Skovlyst Faaborg OK	54:53	1:15 1:15 54:53 0:34	2:56 1:41	7:33 4:37	10:15 2:42	12:59 2:44	18:13 5:14	19:22 1:09	26:31 7:09	29:41 3:10	37:02 7:21	39:20 2:18	51:53 12:33	52:54 1:01	54:19 1:25
2	15091	Birgitte Birck Allerød OK	1:09:54	1:49 1:49 1:09:54 0:33	3:53 2:04	9:27 5:34	14:33 5:06	17:16 2:43	24:37 7:21	26:25 1:48	33:07 6:42	36:16 3:09	47:56 11:40	51:59 4:03	1:05:15 13:16	1:07:48 2:33	1:09:21 1:33
3	3187	Katja Brunstedt OK Øst Birkerød	1:13:09	1:37 1:37 1:13:09 0:34	4:16 2:39	12:21 8:05	15:58 3:37	19:29 3:31	25:47 6:18	27:21 1:34	36:43 9:22	41:02 4:19	50:50 9:48	53:45 2:55	1:09:34 15:49	1:10:58 1:24	1:12:35 1:37
4	25181	Henriette Hansen Herlufsholm OK	1:15:00	1:40 1:40 1:15:00 0:28	4:30 2:50	11:04 6:34	18:12 7:08	21:35 3:23	27:51 6:16	29:34 1:43	37:32 7:58	41:11 3:39	52:12 11:01	55:06 2:54	1:11:25 16:19	1:12:48 1:23	1:14:32 1:44
5	10439	Mette Ploug Ballerup OK	1:22:31	1:58 1:58 1:22:31 0:43	4:48 2:50	14:27 9:39	20:02 5:35	23:21 3:19	30:26 7:05	32:28 2:02	42:47 10:19	46:44 3:57	57:27 10:43	1:01:13 3:46	1:18:44 17:31	1:20:01 1:17	1:21:48 1:47
UFK	94277	Siri Klausen Ballerup OK	1:12:39	1:48 1:48 1:12:39 0:37	4:21 2:33	10:56 6:35	17:27 6:31	20:31 3:04	26:55 6:24	28:23 1:28	36:10 7:47	39:58 3:48	48:30 8:32	51:29 2:59	1:08:51 17:22	1:10:26 1:35	1:12:02 1:36
D35-B	(4)		4.1 km	12 K													
			1 (170)	2 (155)	3 (161)	4 (223)	5 (222)	6 (225)	7 (162)	8 (163)	9 (158)	10 (164)	11 (150)	12 (100)		M	
1	160533	Henriette Broman Allerød OK	45:03	6:33 6:33	15:20 8:47	17:59 2:39	19:03 1:04	22:18 3:15	25:58 3:40	29:55 3:57	34:53 4:58	37:12 2:19	40:08 2:56	42:32 2:24	44:29 1:57	45:03 0:34	
2	151798	Ann-Birgitte Juul Søllerød OK	47:03	5:18 5:18	14:05 8:47	17:02 2:57	18:05 1:03	21:38 3:33	25:55 4:17	31:09 5:14	36:55 5:46	39:02 2:07	41:55 2:53	44:53 2:58	46:33 1:40	47:03 0:30	
3	160260	Jytte Olander Rasmussen Allerød OK	1:01:19	5:36 5:36	22:50 17:14	25:15 2:25	26:12 0:57	29:05 2:53	33:48 4:43	39:43 5:55	46:03 6:20	50:27 4:24	54:39 4:12	58:56 4:17	1:00:49 1:53	1:01:19 0:30	

4	161581	Susanne Jensen OK Roskilde	1:02:59	4:28 4:28	14:39 10:11	18:19 3:40	19:32 1:13	23:44 4:12	30:06 6:22	35:00 4:54	43:29 8:29	48:31 5:02	54:32 6:01	58:58 4:26	1:02:19 3:21	1:02:59 0:40	
D40- (4)			6.5 km	14 K													
			1(170) M	2(153)	3(215)	4(173)	5(160)	6(219)	7(179)	8(180)	9(181)	10(217)	11(218)	12(174)	13(165)	14(100)	
1	65004	Tenna Nørgaard Landspe Tisvilde Hegn OK	43:57	2:41 2:41 43:57 0:23	4:41 2:00	7:36 2:55	9:56 2:20	11:55 1:59	13:47 1:52	15:01 1:14	20:57 5:56	23:39 2:42	30:13 6:34	32:08 1:55	41:53 9:45	42:35 0:42	43:34 0:59
2	54429	Maria M. Høyer Staugaa FIF Hillerød Orienterer	46:29	2:23 2:23 46:29 0:24	4:42 2:19	7:50 3:08	10:31 2:41	12:32 2:01	15:45 3:13	16:48 1:03	22:25 5:37	26:01 3:36	32:24 6:23	34:23 1:59	44:17 9:54	45:04 0:47	46:05 1:01
3	24654	Tine Alkjær FIF Hillerød Orienterer	58:49	4:42 4:42 58:49 0:30	6:58 2:16	11:05 4:07	13:55 2:50	16:35 2:40	19:21 2:46	20:59 1:38	29:36 8:37	32:26 2:50	40:21 7:55	43:36 3:15	56:15 12:39	57:09 0:54	58:19 1:10
4	26569	Elin Nørgård Kracht PI-København	1:03:24	6:37 6:37 1:03:24 0:30	8:51 2:14	14:20 5:29	17:18 2:58	19:45 2:27	22:10 2:25	26:42 4:32	32:48 6:06	35:57 3:09	43:59 8:02	46:15 2:16	1:00:47 14:32	1:01:38 0:51	1:02:54 1:16
D45- (12)			6.5 km	14 K													
			1(170) M	2(153)	3(215)	4(173)	5(160)	6(219)	7(179)	8(180)	9(181)	10(217)	11(218)	12(174)	13(165)	14(100)	
1	86993	Hanne Fogh OK Sorø	47:32	2:22 2:22 47:32 0:29	4:49 2:27	7:37 2:48	10:16 2:39	12:25 2:09	14:33 2:08	15:37 1:04	21:28 5:51	24:01 2:33	31:37 7:36	33:31 1:54	44:59 11:28	45:53 0:54	47:03 1:10
2	141	Anne Maarup FIF Hillerød Orienterer	56:44	3:21 3:21 56:44 0:36	6:03 2:42	9:39 3:36	13:02 3:23	15:39 2:37	18:01 2:22	19:32 1:31	26:34 7:02	29:39 3:05	37:56 8:17	40:36 2:40	53:46 13:10	54:42 0:56	56:08 1:26
3	17013	Bodil Karlsmose Kliem Farum OK	58:32	3:03 3:03 58:32 0:26	6:01 2:58	9:28 3:27	12:50 3:22	15:49 2:59	18:05 2:16	20:13 2:08	27:26 7:13	30:27 3:01	38:52 8:25	42:24 3:32	55:59 13:35	56:54 0:55	58:06 1:12
4	1636	Maria Douglas Stilling FIF Hillerød Orienterer	59:32	3:08 3:08 59:32 0:28	5:50 2:42	9:22 3:32	14:08 4:46	16:35 2:27	19:04 2:29	20:29 1:25	27:43 7:14	30:52 3:09	39:12 8:20	43:47 4:35	56:45 12:58	57:44 0:59	59:04 1:20
5	16487	Charlotte Højsga Thune Farum OK	1:00:05	4:52 4:52 1:00:05 0:33	7:36 2:44	11:24 3:48	14:28 3:04	17:42 3:14	20:27 2:45	22:10 1:43	29:19 7:09	32:47 3:28	41:35 8:48	43:56 2:21	57:19 13:23	58:12 0:53	59:32 1:20
6	15827	Lise Jonasen OK Skærmø Værløse	1:00:51	3:09 3:09 1:00:51 0:30	7:22 4:13	11:11 3:49	14:26 3:15	17:36 3:10	20:06 2:30	22:00 1:54	29:32 7:32	32:31 2:59	40:59 8:28	44:28 3:29	57:56 13:28	58:57 1:01	1:00:21 1:24
7	21767	Runa Ulsø OK Roskilde	1:02:08	5:00 5:00	8:04 3:04	11:55 3:51	15:24 3:29	18:14 2:50	20:59 2:45	22:19 1:20	30:49 8:30	34:07 3:18	42:17 8:10	44:59 2:42	59:16 14:17	1:00:09 0:53	1:01:39 1:30

			1:02:08														
			0:29														
8	66359	Dorthe Munktvad Allerød OK	1:04:39	3:20	5:53	12:57	16:41	19:09	21:44	23:10	31:37	35:49	45:08	47:51	1:01:41	1:02:59	1:04:07
				3:20	2:33	7:04	3:44	2:28	2:35	1:26	8:27	4:12	9:19	2:43	13:50	1:18	1:08
			1:04:39														
			0:32														
9	15033	Charlotte Bergmann Allerød OK	1:06:57	3:10	6:00	12:40	15:55	18:33	22:15	23:41	31:10	34:29	43:41	46:42	1:04:01	1:05:01	1:06:21
				3:10	2:50	6:40	3:15	2:38	3:42	1:26	7:29	3:19	9:12	3:01	17:19	1:00	1:20
			1:06:57														
			0:36														
10	115166	Anne Frandsen OK Sorø	1:08:37	3:37	7:19	11:32	16:18	18:51	21:19	22:47	32:03	35:40	47:58	51:55	1:06:03	1:06:53	1:08:06
				3:37	3:42	4:13	4:46	2:33	2:28	1:28	9:16	3:37	12:18	3:57	14:08	0:50	1:13
			1:08:37														
			0:31														
11	102650	Tine Meyhoff Petersen Herlufsholm OK	1:14:53	3:19	6:47	12:18	15:45	19:15	22:54	24:35	34:07	38:34	50:07	53:54	1:11:26	1:12:52	1:14:27
				3:19	3:28	5:31	3:27	3:30	3:39	1:41	9:32	4:27	11:33	3:47	17:32	1:26	1:35
			1:14:53														
			0:26														
12	120016	Bente Kjær Hemmingsen FIF Hillerød Orienteri	1:34:03	16:40	19:29	22:52	26:47	29:58	33:46	48:40	57:14	1:03:05	1:11:49	1:17:41	1:31:08	1:32:09	1:33:36
				16:40	2:49	3:23	3:55	3:11	3:48	14:54	8:34	5:51	8:44	5:52	13:27	1:01	1:27
			1:34:03			32:42											
			0:27			*178											
D50- (11)																	
			4.7 km	12 K													
			1 (169)	2 (175)	3 (173)	4 (160)	5 (219)	6 (179)	7 (222)	8 (224)	9 (225)	10 (174)	11 (165)	12 (100)	M		
1	87199	Annette Bonde Ballerup OK	46:09	3:25	10:06	15:45	18:51	21:38	23:43	32:03	34:14	35:18	43:08	44:10	45:41	46:09	
				3:25	6:41	5:39	3:06	2:47	2:05	8:20	2:11	1:04	7:50	1:02	1:31	0:28	
2	14514	Naja Dan Møller Allerød OK	49:01	3:20	9:51	21:41	24:20	27:08	28:30	34:36	36:48	38:59	46:05	47:06	48:30	49:01	
				3:20	6:31	11:50	2:39	2:48	1:22	6:06	2:12	2:11	7:06	1:01	1:24	0:31	
3	116106	Jytte Hougaard OK Roskilde	53:41	4:15	17:42	21:37	24:41	27:37	29:08	37:00	39:28	40:30	50:27	51:55	53:13	53:41	
				4:15	13:27	3:55	3:04	2:56	1:31	7:52	2:28	1:02	9:57	1:28	1:18	0:28	
4	14506	Ulla Place Petersen Allerød OK	53:58	4:10	12:59	17:39	21:10	25:08	27:00	35:36	38:14	39:36	50:50	51:49	53:19	53:58	
				4:10	8:49	4:40	3:31	3:58	1:52	8:36	2:38	1:22	11:14	0:59	1:30	0:39	
5	102791	Anne Skovbæk Søllerød OK	57:16	5:06	12:09	16:49	23:20	27:09	29:13	37:04	44:11	45:41	53:33	54:58	56:42	57:16	
				5:06	7:03	4:40	6:31	3:49	2:04	7:51	7:07	1:30	7:52	1:25	1:44	0:34	
6	3393	Birgitte Erskov Hallan OK Øst Birkerød	1:00:23	3:34	9:33	13:14	15:48	19:19	26:20	33:21	36:00	37:08	57:37	58:29	59:52	1:00:23	
				3:34	5:59	3:41	2:34	3:31	7:01	7:01	2:39	1:08	20:29	0:52	1:23	0:31	
7	119689	Lisbeth Reindel Allerød OK	1:04:18	6:42	17:07	23:01	26:48	33:20	35:54	46:07	49:09	50:28	1:00:17	1:01:44	1:03:37	1:04:18	
				6:42	10:25	5:54	3:47	6:32	2:34	10:13	3:02	1:19	9:49	1:27	1:53	0:41	
8	18839	Charlotte Grauert Ballerup OK	1:04:35	4:48	14:29	17:51	21:38	26:03	27:40	47:31	49:52	50:57	1:00:38	1:02:09	1:03:55	1:04:35	
				4:48	9:41	3:22	3:47	4:25	1:37	19:51	2:21	1:05	9:41	1:31	1:46	0:40	
9	94996	Hanne Møller Jensen OK Roskilde	1:06:00	8:19	19:08	33:44	37:35	41:06	43:09	51:00	53:10	54:10	1:03:03	1:04:05	1:05:32	1:06:00	
				8:19	10:49	14:36	3:51	3:31	2:03	7:51	2:10	1:00	8:53	1:02	1:27	0:28	
	19514	Gitte Grauert Ballerup OK	Fejlkl.	5:43	18:23	25:49	29:52	38:11	-----	52:27	55:18	56:42	1:06:07	1:07:31	1:09:35	1:10:17	
				5:43	12:40	7:26	4:03	8:19	-----	14:16	2:51	1:24	9:25	1:24	2:04	0:42	
	1561	Lotte Friberg FIF Hillerød Orienteri	Fejlkl.	4:59	12:51	-----	-----	-----	-----	17:35	22:17	24:44	39:01	41:03	42:55	43:32	
				4:59	7:52	-----	-----	-----	-----	4:44	4:42	2:27	14:17	2:02	1:52	0:37	
D55- (6)																	
			4.7 km	12 K													
			1 (169)	2 (175)	3 (173)	4 (160)	5 (219)	6 (179)	7 (222)	8 (224)	9 (225)	10 (174)	11 (165)	12 (100)	M		
1	12328	Lene Jensen	39:48	3:55	10:02	12:36	15:05	18:27	19:58	26:11	28:14	29:12	36:55	37:54	39:20	39:48	

		Helsingør SOK		3:55	6:07	2:34	2:29	3:22	1:31	6:13	2:03	0:58	7:43	0:59	1:26	0:28
2	638	Eva Konring Olesen	48:04	5:07	12:22	16:06	19:03	22:05	25:40	32:49	35:06	36:16	44:54	46:00	47:30	48:04
		FIF Hillerød Orienteri		5:07	7:15	3:44	2:57	3:02	3:35	7:09	2:17	1:10	8:38	1:06	1:30	0:34
3	21642	Jette Kreiberg	56:51	5:55	15:03	19:11	23:24	27:32	29:35	38:32	41:15	42:29	52:46	54:14	56:12	56:51
		OK Roskilde		5:55	9:08	4:08	4:13	4:08	2:03	8:57	2:43	1:14	10:17	1:28	1:58	0:39
4	24646	Lene Hansen	58:25	5:54	14:06	18:38	22:07	25:22	26:53	35:46	43:37	44:57	54:45	56:06	57:45	58:25
		Herlufsholm OK		5:54	8:12	4:32	3:29	3:15	1:31	8:53	7:51	1:20	9:48	1:21	1:39	0:40
5	8575	Ellen Kühn Jensen	1:00:45	7:00	19:38	24:08	28:04	32:00	35:06	42:54	45:16	46:28	57:15	58:30	1:00:11	1:00:45
		FSK Orientering		7:00	12:38	4:30	3:56	3:56	3:06	7:48	2:22	1:12	10:47	1:15	1:41	0:34
6	9119	Johanne Lind	1:06:37	6:08	17:04	21:39	25:21	32:29	35:10	44:40	49:39	50:53	1:02:42	1:04:06	1:06:04	1:06:37
		Ballerup OK		6:08	10:56	4:35	3:42	7:08	2:41	9:30	4:59	1:14	11:49	1:24	1:58	0:33

D60- (13)			3.9 km	13 K													
			1 (214)	2 (216)	3 (168)	4 (177)	5 (215)	6 (155)	7 (173)	8 (176)	9 (53)	10 (169)	11 (174)	12 (165)	13 (100)	M	
1	3129	Janet Bentzen	36:22	1:36	3:21	6:53	8:02	11:49	13:13	15:53	21:34	26:18	29:28	32:57	34:20	35:51	36:22
		OK Øst Birkerød		1:36	1:45	3:32	1:09	3:47	1:24	2:40	5:41	4:44	3:10	3:29	1:23	1:31	0:31
2	16099	Ulla Hooge	37:33	1:48	4:06	8:58	10:08	13:40	15:23	17:52	23:57	28:12	31:32	34:47	35:46	36:59	37:33
		OK Skårmen Værløse		1:48	2:18	4:52	1:10	3:32	1:43	2:29	6:05	4:15	3:20	3:15	0:59	1:13	0:34
3	139398	Gerda Marie Christians	39:39	2:03	4:41	8:38	12:03	15:48	17:15	19:51	25:17	30:14	33:34	36:55	37:52	39:06	39:39
		O-63		2:03	2:38	3:57	3:25	3:45	1:27	2:36	5:26	4:57	3:20	3:21	0:57	1:14	0:33
					15:22												
					*175												
4	18623	Elsa Bratholm	43:15	1:51	4:44	8:42	9:52	14:20	16:34	19:36	23:07	32:30	35:36	39:50	40:59	42:39	43:15
		OK73		1:51	2:53	3:58	1:10	4:28	2:14	3:02	3:31	9:23	3:06	4:14	1:09	1:40	0:36
5	50344	Lisbeth Damsgaard	45:23	1:34	3:27	9:24	10:30	20:37	22:56	25:47	29:11	34:16	37:30	41:38	42:56	44:44	45:23
		Søllerød OK		1:34	1:53	5:57	1:06	10:07	2:19	2:51	3:24	5:05	3:14	4:08	1:18	1:48	0:39
6	67175	Randi Hansen	46:45	1:46	4:22	8:29	12:05	19:20	21:14	24:08	27:50	34:54	40:02	43:27	44:39	46:09	46:45
		OK S.G.		1:46	2:36	4:07	3:36	7:15	1:54	2:54	3:42	7:04	5:08	3:25	1:12	1:30	0:36
7	24852	Merete Ravnshøj Anders	48:20	2:21	4:43	10:06	11:34	15:50	19:11	22:20	30:58	37:08	41:00	44:52	45:58	47:50	48:20
		Herlufsholm OK		2:21	2:22	5:23	1:28	4:16	3:21	3:09	8:38	6:10	3:52	3:52	1:06	1:52	0:30
8	12352	Anne Sørensen	49:32	1:58	5:54	10:29	12:38	18:31	21:12	24:33	28:35	35:45	41:39	45:14	46:31	48:56	49:32
		Helsingør SOK		1:58	3:56	4:35	2:09	5:53	2:41	3:21	4:02	7:10	5:54	3:35	1:17	2:25	0:36
9	71530	Kirsten Nymann Peterse	50:38	1:39	3:37	7:46	9:28	14:15	16:05	18:59	22:33	40:19	44:00	47:23	48:34	50:04	50:38
		OK Øst Birkerød		1:39	1:58	4:09	1:42	4:47	1:50	2:54	3:34	17:46	3:41	3:23	1:11	1:30	0:34
10	20991	Ane Veierskov	1:00:50	2:25	5:56	10:38	12:28	18:03	30:16	33:42	37:56	46:02	52:22	56:40	58:04	1:00:08	1:00:50
		OK Roskilde		2:25	3:31	4:42	1:50	5:35	12:13	3:26	4:14	8:06	6:20	4:18	1:24	2:04	0:42
11	160096	Inger Martin	1:01:10	3:13	6:02	11:26	12:55	20:04	24:32	29:57	35:53	44:23	51:23	56:27	58:12	1:00:31	1:01:10
		Lynby OK		3:13	2:49	5:24	1:29	7:09	4:28	5:25	5:56	8:30	7:00	5:04	1:45	2:19	0:39
	258	Betty Folino	Fejlkl.	2:24	7:16	12:57	14:32	-----	-----	-----	-----	44:15	50:03	54:37	56:19	58:11	58:51
		FIF Hillerød Orienteri		2:24	4:52	5:41	1:35					29:43	5:48	4:34	1:42	1:52	0:40
	164329	Annie Bøving Michaelse	Fejlkl.	2:34	4:49	9:07	-----	-----	-----	-----	-----	-----	-----	-----	-----	40:17	41:04
		Vinderød OK af 1992		2:34	2:15	4:18										31:10	0:47

D65- (17)			3.9 km	13 K													
			1 (214)	2 (216)	3 (168)	4 (177)	5 (215)	6 (155)	7 (173)	8 (176)	9 (53)	10 (169)	11 (174)	12 (165)	13 (100)	M	
1	2519	Vibeke Bøgevig	38:09	1:47	4:15	8:17	9:36	13:41	15:15	18:13	21:31	27:14	31:20	34:42	35:57	37:34	38:09
		Søllerød OK		1:47	2:28	4:02	1:19	4:05	1:34	2:58	3:18	5:43	4:06	3:22	1:15	1:37	0:35
2	18558	Alice Bech	40:41	2:02	4:49	10:06	11:35	15:59	17:25	20:31	23:46	29:23	33:24	36:59	38:15	40:00	40:41
		OK73		2:02	2:47	5:17	1:29	4:24	1:26	3:06	3:15	5:37	4:01	3:35	1:16	1:45	0:41
3	18285	Marianne Lykking	42:59	2:18	4:35	9:12	10:59	17:03	19:07	22:23	25:55	31:42	35:33	39:21	40:39	42:23	42:59
		OK73		2:18	2:17	4:37	1:47	6:04	2:04	3:16	3:32	5:47	3:51	3:48	1:18	1:44	0:36

4	7155	Else Juul Hansen Søllerød OK	43:25	1:43 1:43	3:53 2:10	8:01 4:08	9:23 1:22	14:09 4:46	16:03 1:54	19:29 3:26	24:50 5:21	31:15 6:25	35:22 4:07	39:25 4:03	40:46 1:21	42:36 1:50	43:25 0:49
5	10843	Jette Stepputat Søllerød OK	43:46	2:05 2:05	4:51 2:46	9:26 4:35	11:18 1:52	15:36 4:18	18:20 2:44	21:16 2:56	26:19 5:03	32:07 5:48	36:04 3:57	39:56 3:52	41:16 1:20	43:08 1:52	43:46 0:38
6	8765	Lise Kolte FSK Orientering	46:05	2:00 2:00	5:09 3:09	9:42 4:33	11:09 1:27	16:02 4:53	18:02 2:00	21:32 3:30	26:16 4:44	33:07 6:51	38:11 5:04	42:19 4:08	43:44 1:25	45:28 1:44	46:05 0:37
7	18821	Else Gudme OK73	46:38	1:54 1:54	7:13 5:19	11:27 4:14	12:57 1:30	17:38 4:41	19:36 1:58	24:18 4:42	28:12 3:54	34:14 6:02	39:01 4:47	42:54 3:53	44:12 1:18	46:04 1:52	46:38 0:34
8	11726	Anne Bülow-Olsen Lyngby OK	47:53	2:09 2:09	5:08 2:59	11:12 6:04	13:40 2:28	18:16 4:36	21:11 2:55	24:36 3:25	29:03 4:27	35:44 6:41	40:18 4:34	43:56 3:38	45:18 1:22	47:15 1:57	47:53 0:38
9	21783	Inge Jørgensen OK Roskilde	50:59	1:47 1:47	4:04 2:17	8:56 4:52	10:02 1:06	13:50 3:48	15:29 1:39	18:11 2:42	21:27 3:16	39:44 18:17	44:56 5:12	47:53 2:57	48:53 1:00	50:25 1:32	50:59 0:34
					4:30 *169												
10	10108	Lisbeth Jensen Ballerup OK	57:59	2:34 2:34	6:01 3:27	11:00 4:59	12:20 1:20	18:37 6:17	20:47 2:10	24:31 3:44	34:58 10:27	43:33 8:35	48:47 5:14	53:18 4:31	54:46 1:28	57:19 2:33	57:59 0:40
11	4268	Ellis Byrgiel Sommer OK Øst Birkerød	58:35	2:20 2:20	4:35 2:15	9:12 4:37	13:23 4:11	19:02 5:39	24:53 5:51	27:48 2:55	34:16 6:28	46:52 12:36	51:26 4:34	54:50 3:24	56:02 1:12	57:56 1:54	58:35 0:39
12	1496	Lisbeth G. Larsen FIF Hillerød Orienteri	1:00:20	2:27 2:27	5:25 2:58	12:32 7:07	14:13 1:41	23:20 9:07	26:28 3:08	30:35 4:07	36:38 6:03	46:59 10:21	51:59 5:00	56:22 4:23	57:56 1:34	59:47 1:51	1:00:20 0:33
13	1107	Jette Bachhausen FIF Hillerød Orienteri	1:01:43	2:30 2:30	5:24 2:54	11:50 6:26	13:45 1:55	22:01 8:16	27:21 5:20	31:48 4:27	37:28 5:40	44:52 7:24	51:19 6:27	56:16 4:57	58:20 2:04	1:00:49 2:29	1:01:43 0:54
14	6157	Ellen Thisted Søllerød OK	1:05:31	2:13 2:13	4:47 2:34	9:59 5:12	11:20 1:21	17:50 6:30	19:59 2:09	23:25 3:26	27:12 3:47	51:49 24:37	56:18 4:29	1:00:55 4:37	1:02:31 1:36	1:04:51 2:20	1:05:31 0:40
15	66961	Ruth Hansen OK Skærmø Værløse	1:13:27	2:17 2:17	5:01 2:44	10:45 5:44	13:32 2:47	19:20 5:48	23:04 3:44	26:48 3:44	31:47 4:59	58:02 26:15	1:04:16 6:14	1:09:08 4:52	1:10:58 1:50	1:12:49 1:51	1:13:27 0:38
16	18053	Ulla Valnert OK73	1:14:31	2:56 2:56	6:10 3:14	11:58 5:48	13:48 1:50	23:50 10:02	28:26 4:36	32:25 3:59	38:17 5:52	58:10 19:53	1:03:59 5:49	1:09:24 5:25	1:11:06 1:42	1:13:37 2:31	1:14:31 0:54
17	12675	Kirsten Ellekilde Helsingør SOK	1:19:14	6:17 6:17	8:59 2:42	15:34 6:35	16:53 1:19	33:13 16:20	35:08 1:55	38:58 3:50	46:22 7:24	1:00:11 13:49	1:07:04 6:53	1:12:53 5:49	1:16:27 3:34	1:18:36 2:09	1:19:14 0:38

D70- (4)

3.3 km 11 K

1(166) 2(216) 3(170) 4(168) 5(156) 6(155) 7(154) 8(53) 9(169) 10(165) 11(100) M

1	7296	Kirsten Olsen Søllerød OK	44:56	1:58 1:58	5:19 3:21	7:37 2:18	11:21 3:44	17:41 6:20	22:57 5:16	27:42 4:45	31:33 3:51	36:28 4:55	42:03 5:35	44:16 2:13	44:56 0:40
2	10249	Kirsten Truelsen Ballerup OK	48:36	1:49 1:49	5:32 3:43	7:12 1:40	13:41 6:29	19:16 5:35	24:34 5:18	29:05 4:31	34:55 5:50	40:17 5:22	45:47 5:30	47:53 2:06	48:36 0:43
3	167	Annelise Hansen FIF Hillerød Orienteri	59:46	1:55 1:55	5:37 3:42	10:19 4:42	14:07 3:48	27:43 13:36	33:28 5:45	37:29 4:01	45:24 7:55	50:29 5:05	56:35 6:06	58:55 2:20	59:46 0:51
4	27046	Birte Ager vold Vinderød OK af 1992	1:04:29	2:09 2:09	6:57 4:48	8:45 1:48	19:01 10:16	27:14 8:13	33:51 6:37	38:21 4:30	44:50 6:29	51:55 7:05	1:00:07 8:12	1:03:21 3:14	1:04:29 1:08

H-10 (7)

3.5 km 14 K

1(131) 2(132) 3(133) 4(134) 5(135) 6(136) 7(137) 8(138) 9(139) 10(140) 11(141) 12(142) 13(143) 14(100) M

1	117352	Oscar David Brom Jense Allerød OK	20:07	1:42 1:42	2:38 0:56	3:22 0:44	4:13 0:51	5:29 1:16	7:28 1:59	8:02 0:34	8:34 0:32	10:32 1:58	13:05 2:33	15:22 2:17	17:22 2:00	18:43 1:21	19:44 1:01
2	159073	Noah Munk Hansen OK Sorø	27:02	1:43 1:43	2:48 1:05	3:35 0:47	4:15 0:40	11:13 6:58	13:38 2:25	14:13 0:35	14:46 0:33	16:56 2:10	19:44 2:48	22:17 2:33	24:16 1:59	25:24 1:08	26:38 1:14
				20:07 0:23 27:02													

			0:24														
3	161606	Gustav L. Holmberg FIF Hillerød Orienterer	29:25	2:12	3:16	4:13	5:05	6:19	13:23	14:04	14:42	17:01	20:06	23:58	26:06	27:30	28:55
				2:12	1:04	0:57	0:52	1:14	7:04	0:41	0:38	2:19	3:05	3:52	2:08	1:24	1:25
			29:25														
			0:30														
4	147416	Gustav Kjær Hemmingsen FIF Hillerød Orienterer	29:54	1:55	3:03	3:53	4:51	9:35	12:13	12:57	13:35	16:14	19:22	22:39	25:52	27:18	29:21
				1:55	1:08	0:50	0:58	4:44	2:38	0:44	0:38	2:39	3:08	3:17	3:13	1:26	2:03
			29:54														
			0:33														
5	105000	Lasse Alkjær Eriksen FIF Hillerød Orienterer	35:05	1:44	2:53	3:50	4:36	7:46	10:03	10:42	11:17	13:38	16:39	19:31	31:25	32:57	34:39
				1:44	1:09	0:57	0:46	3:10	2:17	0:39	0:35	2:21	3:01	2:52	11:54	1:32	1:42
			35:05														
			0:26														
6	108070	Malte Kliem Farum OK	47:15	4:08	5:59	8:41	9:48	21:04	24:18	25:35	26:55	30:35	35:22	39:27	42:31	44:53	46:39
				4:08	1:51	2:42	1:07	11:16	3:14	1:17	1:20	3:40	4:47	4:05	3:04	2:22	1:46
			47:15														
			0:36														
	165070	Marcus Juul Reng Søllerød OK	Fejlkl.	1:46	2:59	3:51	4:56	6:14	8:30	9:14	9:59	12:08	14:54	17:56	37:20	----	43:41
				1:46	1:13	0:52	1:05	1:18	2:16	0:44	0:45	2:09	2:46	3:02	19:24		6:21
			44:14														
			0:33														
H-12	(10)		3.9 km	14 K													
			1 (131)	2 (151)	3 (135)	4 (144)	5 (145)	6 (146)	7 (140)	8 (147)	9 (141)	10 (148)	11 (142)	12 (149)	13 (150)	14 (100)	
			M														
1	118029	Lukas Kjær Hemmingsen FIF Hillerød Orienterer	28:26	1:24	3:42	4:55	11:10	13:32	16:56	19:31	20:41	22:02	23:01	23:51	25:43	26:24	27:59
				1:24	2:18	1:13	6:15	2:22	3:24	2:35	1:10	1:21	0:59	0:50	1:52	0:41	1:35
			28:26														
			0:27														
2	94269	Theis Munktved Allerød OK	28:50	1:23	4:20	5:26	10:47	13:41	17:13	19:54	21:06	22:30	23:37	24:28	26:15	26:59	28:24
				1:23	2:57	1:06	5:21	2:54	3:32	2:41	1:12	1:24	1:07	0:51	1:47	0:44	1:25
			28:50														
			0:26														
3	167266	Marcus Elkjær OK Øst Birkerød	30:44	1:30	6:21	7:24	12:46	15:39	19:03	21:38	22:44	24:02	25:35	26:24	28:10	28:56	30:21
				1:30	4:51	1:03	5:22	2:53	3:24	2:35	1:06	1:18	1:33	0:49	1:46	0:46	1:25
			30:44														
			0:23														
4	89434	Jonas Fonager Ul Johan OK Roskilde	31:51	1:35	5:52	7:05	10:25	15:36	19:12	22:08	23:22	24:45	25:50	26:41	28:44	29:28	31:23
				1:35	4:17	1:13	3:20	5:11	3:36	2:56	1:14	1:23	1:05	0:51	2:03	0:44	1:55
			31:51														
			0:28														
5	142250	Anders Krogh Madsen OK Roskilde	32:36	1:51	4:22	7:32	9:27	13:16	17:57	20:56	23:38	25:10	26:17	27:19	29:27	30:18	32:08
				1:51	2:31	3:10	1:55	3:49	4:41	2:59	2:42	1:32	1:07	1:02	2:08	0:51	1:50
			32:36														
			0:28														
6	3202	Mikkel Brunstedt Nørga OK Øst Birkerød	33:16	1:26	5:58	8:00	10:39	14:03	18:26	21:47	23:09	24:59	26:23	27:15	29:55	30:38	32:46
				1:26	4:32	2:02	2:39	3:24	4:23	3:21	1:22	1:50	1:24	0:52	2:40	0:43	2:08
			33:16														
			0:30														
7	131401	Jonatan Høhne OK Sorø	33:28	1:31	5:38	7:01	15:13	17:30	20:57	23:56	25:10	26:39	27:38	28:35	30:36	31:13	32:59
				1:31	4:07	1:23	8:12	2:17	3:27	2:59	1:14	1:29	0:59	0:57	2:01	0:37	1:46
			33:28														
			0:29														
8	166622	Chris Brinch Larsen	49:02	1:49	5:18	6:42	17:17	25:52	30:43	34:58	36:32	38:32	40:47	42:16	45:03	46:18	48:37

		FIF Hillerød Orienteri	1:49 49:02 0:25	3:29	1:24	10:35	8:35	4:51	4:15	1:34	2:00	2:15	1:29	2:47	1:15	2:19
9	166101	Max Rosenberg OK Sorø	1:02:40 1:49 1:49 1:02:40 0:26	7:09	13:47	22:03	29:03	36:05	42:04	45:32	48:41	51:26	52:46	58:04	59:24	1:02:14
	87008	Jonas Emil Fogh OK Sorø	Fejlkl. ----- ----- 28:56 28:56	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----
H-14	(16)		5.6 km	15 K												
			1(152) 15(100)	2(153) M	3(154)	4(155)	5(156)	6(157)	7(160)	8(159)	9(161)	10(162)	11(163)	12(158)	13(164)	14(165)
1	128200	Lasse Fugmann Thamdrup Allerød OK	36:26 1:13 1:13 36:04 1:00 0:22	4:46 3:33 3:37	8:23 10:43 13:14 15:27 17:55	19:41 21:58 27:35 30:28 31:48	34:08 35:04									
2	6248	Anders Huus Pedersen Søllerød OK	37:14 1:26 1:26 36:50 0:56	4:51 3:25 37:14 0:24	7:20 9:19 11:53 13:36 16:17	18:06 20:22 26:14 29:33	32:24 34:45 35:54									
3	155948	Emil Olander Lorenz Allerød OK	38:42 1:26 1:26 38:19 1:04	5:06 3:40 38:42 0:23	8:17 10:09 13:15 15:07 18:04	20:15 22:41 29:21 33:00 34:18	36:13 37:15									
4	105787	Lasse Falck Weber Tisvilde Hegn OK	39:00 1:22 1:22 38:37 1:18	4:56 3:34 39:00 0:23	7:33 9:42 12:44 14:46 17:48	19:50 22:54 29:04 32:33 34:05	36:13 37:19									
5	125272	Malthe Poulsen FIF Hillerød Orienteri	40:37 1:23 1:23 40:10 1:03	5:15 3:52 40:37 0:27	8:19 10:21 13:22 15:20 18:35	20:44 23:22 30:01 34:12 35:43	38:02 39:07									
6	120024	Malte Kjær Hemmingsen FIF Hillerød Orienteri	42:13 1:29 1:29 41:47 1:02	5:03 3:34 42:13 0:26	9:09 12:20 15:43 17:51 21:02	23:41 26:33 32:23 35:47 37:19	39:29 40:45									
7	129993	Eskil Nordahl Fundal Allerød OK	42:57 1:56 1:56 42:34 1:06	6:04 4:08 42:57 0:23	9:16 11:38 14:31 16:36 19:45	21:42 24:39 32:09 36:13 38:05	40:19 41:28									
8	75235	Mikkel Lau Petersen Allerød OK	44:57 1:24 1:24 44:31 1:14	5:43 4:19 44:57 0:26	9:41 11:36 14:57 17:12 21:45	24:00 26:58 33:49 37:48 39:35	41:59 43:17									
9	155617	Mikkel Lyskjær Jensen Farum OK	45:18 1:46 1:46 44:55 1:12	5:46 4:00 45:18 0:23	9:24 12:10 15:34 18:11 21:56	24:24 27:20 34:42 38:32 40:05	42:15 43:43									
10	142242	Rasmus Krogh Madsen OK Roskilde	46:08 1:17 1:17 45:41	5:12 3:55 46:08	8:14 10:15 14:08 16:36 19:43	21:56 24:49 32:24 39:28 41:25	43:30 44:36									

			1:05	0:27													
11	148977	Jakob Schøier Kovsted Tisvilde Hegn OK	47:31	1:53	5:54	9:07	11:30	15:22	18:40	22:07	24:06	27:10	34:38	40:13	42:08	44:42	46:01
				1:53	4:01	3:13	2:23	3:52	3:18	3:27	1:59	3:04	7:28	5:35	1:55	2:34	1:19
				47:08	47:31												
				1:07	0:23												
12	129448	Asbjørn Kruise Allerød OK	1:01:47	3:32	8:47	13:13	16:44	22:14	26:15	30:42	34:05	37:58	47:17	52:54	55:33	58:23	59:52
				3:32	5:15	4:26	3:31	5:30	4:01	4:27	3:23	3:53	9:19	5:37	2:39	2:50	1:29
				1:01:15	1:01:47												
				1:23	0:32												
13	161127	Lasse August Helweg Ballerup OK	1:03:36	4:18	8:59	17:28	21:12	25:13	27:53	32:43	38:15	42:12	50:35	56:16	57:52	1:00:36	1:02:00
				4:18	4:41	8:29	3:44	4:01	2:40	4:50	5:32	3:57	8:23	5:41	1:36	2:44	1:24
				1:03:14	1:03:36												
				1:14	0:22												
14	145882	Jacob Seerup Kirkeby Rønne IK Orientering	1:04:43	2:34	8:25	13:06	16:20	22:02	25:32	31:07	35:49	40:17	49:29	56:05	58:16	1:00:58	1:02:45
				2:34	5:51	4:41	3:14	5:42	3:30	5:35	4:42	4:28	9:12	6:36	2:11	2:42	1:47
				1:04:15	1:04:43												
				1:30	0:28												
15	166086	Gustav Moll Levring OK Sorø	1:10:50	2:04	7:17	12:38	16:24	20:06	24:03	28:51	31:53	35:27	44:37	1:01:08	1:03:35	1:06:45	1:09:01
				2:04	5:13	5:21	3:46	3:42	3:57	4:48	3:02	3:34	9:10	16:31	2:27	3:10	2:16
				1:10:23	1:10:50												
				1:22	0:27												
16	166937	Mikkel Scherfig Allerød OK	1:35:07	3:30	8:04	22:12	25:45	35:40	40:50	45:49	49:15	53:43	1:08:12	1:23:56	1:26:45	1:31:13	1:32:56
				3:30	4:34	14:08	3:33	9:55	5:10	4:59	3:26	4:28	14:29	15:44	2:49	4:28	1:43
				1:34:30	1:35:07												
				1:34	0:37												

H-14B (1)			3.9 km	14 K														
			1(131)	2(151)	3(135)	4(144)	5(145)	6(146)	7(140)	8(147)	9(141)	10(148)	11(142)	12(149)	13(150)	14(100)		
			M															
1	137227	Victor Albert Tj Falk Allerød OK	42:42	1:45	4:51	13:55	16:29	21:12	25:59	29:19	30:49	32:24	34:00	35:30	38:29	40:10	42:06	
				1:45	3:06	9:04	2:34	4:43	4:47	3:20	1:30	1:35	1:36	1:30	2:59	1:41	1:56	
				42:42														
				0:36														

H-16 (10)			7.9 km	20 K														
			1(166)	2(167)	3(175)	4(193)	5(185)	6(186)	7(187)	8(188)	9(189)	10(190)	11(191)	12(192)	13(178)	14(179)		
			15(222)	16(224)	17(225)	18(210)	19(165)	20(100)										
1	94201	Peter Hansen OK Sorø	1:02:45	0:55	3:09	8:07	16:42	20:43	22:22	25:35	28:11	30:29	35:10	36:27	38:16	44:36	45:52	
				0:55	2:14	4:58	8:35	4:01	1:39	3:13	2:36	2:18	4:41	1:17	1:49	6:20	1:16	
				51:02	52:44	53:25	1:00:37	1:01:19	1:02:22	1:02:45								
				5:10	1:42	0:41	7:12	0:42	1:03	0:23								
2	95019	Rasmus Møller Jess OK Roskilde	1:03:13	1:13	3:19	8:41	16:40	20:06	21:33	23:50	26:26	28:06	30:05	31:16	32:28	41:50	43:33	
				1:13	2:06	5:22	7:59	3:26	1:27	2:17	2:36	1:40	1:59	1:11	1:12	9:22	1:43	
				49:22	51:23	52:39	1:00:27	1:01:37	1:02:48	1:03:13								
				5:49	2:01	1:16	7:48	1:10	1:11	0:25								
3	137714	Julius Molsen Søllerød OK	1:03:57	1:07	3:19	8:28	18:20	22:02	23:29	26:34	28:29	30:00	32:00	33:19	34:30	43:48	45:47	
				1:07	2:12	5:09	9:52	3:42	1:27	3:05	1:55	1:31	2:00	1:19	1:11	9:18	1:59	
				51:20	53:21	54:37	1:01:40	1:02:33	1:03:35	1:03:57								
				5:33	2:01	1:16	7:03	0:53	1:02	0:22								
4	156863	Rasmus Damgaard Nielse OK Øst Birkerød	1:07:16	1:15	3:29	8:50	21:26	24:57	26:24	28:09	32:55	35:17	36:53	40:13	41:21	47:49	49:51	
				1:15	2:14	5:21	12:36	3:31	1:27	1:45	4:46	2:22	1:36	3:20	1:08	6:28	2:02	
				55:35	57:15	58:07	1:04:59	1:05:49	1:06:55	1:07:16								

5	90994	Sune Øhlenschläger OK Øst Birkerød	1:10:26	5:44 1:57 1:57 56:50	1:40 4:17 2:20 58:51	0:52 8:33 4:16 59:41	6:52 18:00 9:27 1:07:31	0:50 21:43 3:43 1:08:53	1:06 23:47 2:04 1:10:00	0:21 31:39 7:52 1:10:26	33:44 2:05	35:00 1:16	37:11 2:11	38:39 1:28	40:32 1:53	48:19 7:47	50:03 1:44
6	149602	Andreas Duc Jørgensen Allerød OK	1:12:31	6:47 2:41 2:41 56:20	2:01 5:09 2:28 58:13	0:50 10:03 4:54 59:33	7:50 21:19 11:16 1:07:39	1:22 24:39 3:20 1:10:42	1:07 26:25 1:46 1:12:10	0:26 28:26 2:01 1:12:31	30:48 2:22	35:29 4:41	39:45 4:16	41:04 1:19	42:14 1:10	49:40 7:26	51:01 1:21
7	138283	Vitus Woge Nielsen Farum OK	1:13:58	5:19 1:10 1:10 1:01:28	1:53 3:47 2:37 1:03:33	1:20 9:03 5:16 1:04:37	8:06 19:13 10:10 1:11:22	3:03 23:07 3:54 1:12:36	1:28 24:41 1:34 1:13:38	0:21 28:49 4:08 1:13:58	31:11 2:22	33:18 2:07	35:17 1:59	36:29 1:12	40:47 4:18	48:06 7:19	54:56 6:50
8	89418	Alexander Ulsøe Jessen OK Roskilde	1:16:46	6:32 1:23 1:23 1:01:54	2:05 3:46 2:23 1:04:02	1:04 10:39 6:53 1:05:01	6:45 21:42 11:03 1:14:10	1:14 25:47 4:05 1:15:08	1:02 28:20 2:33 1:16:27	0:20 33:52 5:32 1:16:46	39:00 5:08	40:55 1:55	43:00 2:05	46:17 3:17	47:25 1:08	53:56 6:31	55:57 2:01
9	87016	Isak Mikkel Fogh OK Sorø	1:25:33	5:57 1:20 1:20 1:06:16	2:08 4:09 2:49 1:08:31	0:59 10:14 6:05 1:09:38	9:09 21:00 10:46 1:21:40	0:58 26:14 5:14 1:23:20	1:19 27:47 1:33 1:24:55	0:19 29:58 2:11 1:25:33	32:48 2:50	37:19 4:31	40:56 3:37	44:51 3:55	46:22 1:31	55:45 9:23	57:09 1:24
10	117518	Mads Lassen Søllerød OK	1:27:41	9:07 1:13 1:13 1:11:26	2:15 3:49 2:36 1:14:04	1:07 10:02 6:13 1:15:03	12:02 21:07 11:05 1:24:50	1:40 25:12 4:05 1:25:50	1:35 28:10 2:58 1:27:09	0:38 31:59 3:49 1:27:41	36:52 4:53	39:15 2:23	41:23 2:08	49:04 7:41	52:46 3:42	1:02:17 9:31	1:03:58 1:41

H-16B (1)			5.0 km	15 K														
			1(153)	2(154)	3(155)	4(173)	5(160)	6(159)	7(161)	8(223)	9(222)	10(162)	11(163)	12(158)	13(174)	14(165)		
			15(100)	M														
1	158223	Rasmus Hinge Troldeborg FIF Hillerød Orienterer	52:15	6:34 6:34 51:51 1:44	11:10 4:36 52:15 0:24	14:54 3:44	17:54 3:00	21:09 3:15	23:49 2:40	27:56 4:07	28:57 1:01	31:45 2:48	37:59 6:14	43:00 5:01	45:15 2:15	48:48 3:33	50:07 1:19	

H-18 (8)			9.6 km	20 K														
			1(214)	2(169)	3(215)	4(193)	5(195)	6(196)	7(197)	8(198)	9(199)	10(48)	11(201)	12(202)	13(203)	14(204)		
			15(205)	16(206)	17(207)	18(210)	19(165)	20(100)	M									
1	114366	Magnus Maag Søllerød OK	57:04	0:56 0:56 36:57 1:05	2:06 1:10 40:09 3:12	8:56 6:50 42:42 2:33	15:20 6:24 55:07 12:25	20:52 5:32 55:51 0:44	22:51 1:59 56:43 0:52	24:24 1:33 57:04 0:21	25:36 1:12	27:56 2:20	29:02 1:06	31:13 2:11	32:30 1:17	33:30 1:00	35:52 2:22	
2	117930	Bertram Kopp Stannum Tisvilde Hegn OK	58:00	1:10 1:10 37:39 1:14	2:47 1:37 40:37 2:58	6:43 3:56 43:45 3:08	13:11 6:28 55:58 12:13	19:06 5:55 56:40 0:42	22:02 2:56 57:37 0:57	25:03 3:01 58:00 0:23	25:56 0:53	28:21 2:25	29:07 0:46	31:20 2:13	32:50 1:30	33:50 1:00	36:25 2:35	
3	88783	Emil Øbro Tisvilde Hegn OK	1:02:28	41:48 1:15 1:27	2:08 1:12 45:03	8:47 6:39 48:00	16:14 7:27 1:00:18	22:59 6:45 1:01:11	26:09 3:10 1:02:06	27:53 1:44 1:02:28	28:46 0:53	31:49 3:03	32:51 1:02	35:04 2:13	37:00 1:56	38:02 1:02	40:33 2:31	
4	117576	Aske Jepsen Søllerød OK	1:09:14	1:15 1:27 1:27 44:53	3:15 3:08 1:41 48:33	12:18 7:01 3:53 51:57	0:53 14:10 7:09 1:07:02	0:55 20:05 5:55 1:07:49	0:55 23:05 3:00 1:08:50	0:22 31:06 8:01 1:09:14	32:01 0:55	34:24 2:23	35:20 0:56	37:50 2:30	39:39 1:49	41:07 1:28	43:42 2:35	

5	170331 Malthe Gaardsdal Farum OK	1:10:15	1:11	3:40	3:24	15:05	0:47	1:01	0:24								
			0:58	2:19	6:35	13:41	20:19	24:17	26:26	27:31	31:51	32:55	35:36	37:26	38:49	41:41	
			0:58	1:21	4:16	7:06	6:38	3:58	2:09	1:05	4:20	1:04	2:41	1:50	1:23	2:52	
			43:20	48:22	51:44	1:07:23	1:08:38	1:09:48	1:10:15								
6	27343 Asker Øhlenschläger OK Øst Birkerød	1:22:36	1:39	5:02	3:22	15:39	1:15	1:10	0:27								
			1:07	2:29	12:03	19:12	26:15	29:41	39:30	40:20	43:12	44:50	47:48	49:39	54:15	57:14	
			1:07	1:22	9:34	7:09	7:03	3:26	9:49	0:50	2:52	1:38	2:58	1:51	4:36	2:59	
			58:41	1:02:23	1:05:34	1:20:09	1:21:08	1:22:13	1:22:36								
7	27335 Esben Øhlenschläger OK Øst Birkerød	1:32:35	1:27	3:42	3:11	14:35	0:59	1:05	0:23								
			1:34	3:30	9:34	17:15	29:37	33:24	38:02	39:21	42:58	44:57	48:32	52:28	54:02	57:54	
			1:34	1:56	6:04	7:41	12:22	3:47	4:38	1:19	3:37	1:59	3:35	3:56	1:34	3:52	
			59:43	1:06:30	1:11:01	1:29:43	1:30:58	1:32:15	1:32:35								
140759	Mikkel Kaae-Nielsen Søllerød OK	Fejlkl.	1:49	6:47	4:31	18:42	1:15	1:17	0:20								
			2:01	3:40	8:14	18:35	24:59	30:34	34:02	35:03	38:30	40:50	43:59	-----	46:36	-----	
			2:01	1:39	4:34	10:21	6:24	5:35	3:28	1:01	3:27	2:20	3:09		2:37		
			-----	-----	-----	1:06:44	1:07:43	1:08:51	1:09:14								

H-20 (2)		11.8 km 28 K																
		1(167)	2(175)	3(194)	4(183)	5(184)	6(185)	7(188)	8(189)	9(190)	10(191)	11(192)	12(193)	13(195)	14(196)			
		15(197)	16(198)	17(199)	18(48)	19(201)	20(202)	21(203)	22(212)	23(205)	24(206)	25(207)	26(210)	27(165)	28(100)			
		M																
1	14473 Stefan Frands Petersen Allerød OK	1:18:26	2:35	6:30	11:49	15:30	18:21	19:57	23:01	23:59	25:36	26:43	28:51	31:28	36:51	39:43		
			2:35	3:55	5:19	3:41	2:51	1:36	3:04	0:58	1:37	1:07	2:08	2:37	5:23	2:52		
			42:14	43:18	45:21	46:09	48:45	50:41	51:48	52:52	55:55	59:37	1:02:38	1:16:29	1:17:16	1:18:08		
			2:31	1:04	2:03	0:48	2:36	1:56	1:07	1:04	3:03	3:42	3:01	13:51	0:47	0:52		
2	21197 Jacob Laage Kragh OK Roskilde	1:53:29	1:18:26	0:18														
			3:33	8:52	17:42	22:34	25:52	28:47	31:26	37:35	40:16	42:04	44:33	48:36	56:52	1:00:43		
			3:33	5:19	8:50	4:52	3:18	2:55	2:39	6:09	2:41	1:48	2:29	4:03	8:16	3:51		
			1:07:48	1:09:04	1:12:38	1:14:35	1:18:17	1:20:09	1:21:44	1:22:56	1:26:37	1:30:52	1:34:36	1:50:35	1:51:39	1:52:57		
		7:05	1:16	3:34	1:57	3:42	1:52	1:35	1:12	3:41	4:15	3:44	15:59	1:04	1:18			
		1:53:29	0:32															

H21- (14)		15.3 km 36 K																	
		1(169)	2(175)	3(176)	4(157)	5(178)	6(179)	7(180)	8(181)	9(182)	10(208)	11(209)	12(183)	13(184)	14(185)				
		15(186)	16(187)	17(188)	18(189)	19(190)	20(191)	21(192)	22(193)	23(195)	24(196)	25(197)	26(198)	27(199)	28(48)				
		29(201)	30(202)	31(212)	32(213)	33(207)	34(210)	35(165)	36(100)	M									
1	4391 Michael Sørensen OK Øst Birkerød	1:26:24	2:03	5:40	7:42	9:16	12:58	13:50	18:07	20:03	22:59	23:36	26:05	31:31	33:44	35:08			
			2:03	3:37	2:02	1:34	3:42	0:52	4:17	1:56	2:56	0:37	2:29	5:26	2:13	1:24			
			36:16	37:20	39:01	39:57	41:15	41:56	42:48	45:10	50:11	52:59	55:22	56:12	58:09	59:01			
			1:08	1:04	1:41	0:56	1:18	0:41	0:52	2:22	5:01	2:48	2:23	0:50	1:57	0:52			
2	14093 Thomas Jensen Tisvilde Hegn OK	1:28:39	1:01:07	1:02:41	1:03:44	1:06:24	1:11:43	1:24:28	1:25:11	1:26:03	1:26:24								
			2:06	1:34	1:03	2:40	5:19	12:45	0:43	0:52	0:21								
			2:16	5:49	7:55	10:19	14:15	15:00	19:43	21:45	24:46	25:20	27:57	33:30	35:36	37:08			
			2:16	3:33	2:06	2:24	3:56	0:45	4:43	2:02	3:01	0:34	2:37	5:33	2:06	1:32			
		38:22	39:22	41:06	41:58	43:27	44:04	45:55	48:27	53:24	55:53	58:44	59:42	1:01:49	1:02:38				
		1:14	1:00	1:44	0:52	1:29	0:37	1:51	2:32	4:57	2:29	2:51	0:58	2:07	0:49				
		1:04:39	1:05:54	1:06:49	1:09:14	1:14:27	1:26:40	1:27:23	1:28:19	1:28:39									
		2:01	1:15	0:55	2:25	5:13	12:13	0:43	0:56	0:20									

3	6024 Troels Christiansen Søllerød OK	1:32:20	2:08	5:43	7:43	9:28	13:05	13:58	18:21	21:39	24:44	25:19	29:21	34:48	37:18	40:17						
			2:08	3:35	2:00	1:45	3:37	0:53	4:23	3:18	3:05	0:35	4:02	5:27	2:30	2:59						
			41:32	42:53	44:30	45:21	46:49	47:44	48:31	51:02	55:58	58:44	1:00:29	1:01:29	1:03:23	1:04:23						
			1:15	1:21	1:37	0:51	1:28	0:55	0:47	2:31	4:56	2:46	1:45	1:00	1:54	1:00						
4	43828 Jens Knud Maarup Farum OK	1:33:32	1:06:56	1:08:39	1:09:35	1:12:32	1:18:08	1:30:18	1:31:02	1:31:59	1:32:20	24:30	27:13	32:47	34:56	36:30						
			2:33	1:43	0:56	2:57	5:36	12:10	0:44	0:57	0:21	0:38	2:43	5:34	2:09	1:34						
			2:14	3:46	1:58	1:43	3:41	1:03	4:21	1:58	3:08	0:38	2:43	5:34	2:09	1:34						
			37:43	38:46	40:34	44:10	45:35	46:37	47:28	50:04	55:11	57:48	1:00:19	1:01:18	1:04:04	1:05:23						
5	170330 Martin Laang Kragh OK Roskilde	1:38:15	1:07:31	1:09:31	1:10:26	1:13:14	1:18:41	1:31:45	1:32:23	1:33:10	1:33:32	2:37	2:31	0:59	2:46	1:19						
			2:08	2:00	0:55	2:48	5:27	13:04	0:38	0:47	0:22	27:49	30:29	36:05	39:29	41:27						
			3:27	7:09	9:23	11:45	16:08	17:12	21:56	23:50	27:16	27:49	30:29	36:05	39:29	41:27						
			3:27	3:42	2:14	2:22	4:23	1:04	4:44	1:54	3:26	0:33	2:40	5:36	3:24	1:58						
6	3773 Søren Skaarup Larsen OK Øst Birkerød	1:41:49	42:41	43:38	45:33	46:59	48:30	50:12	52:47	55:12	1:00:28	1:03:31	1:07:05	1:07:59	1:10:20	1:11:11						
			1:14	0:57	1:55	1:26	1:31	1:42	2:35	2:25	5:16	3:03	3:34	0:54	2:21	0:51						
			1:13:37	1:14:55	1:15:47	1:18:30	1:23:35	1:35:33	1:37:07	1:37:56	1:38:15	2:26	1:18	0:52	2:43	5:05	11:58					
			2:26	1:18	0:52	2:43	5:05	11:58	1:34	0:49	0:19	2:52	6:34	9:00	10:50	14:38	15:42	22:05	24:03	27:01	27:35	30:15
7	115067 Andreas Mikkelse Jensen Søllerød OK	1:50:42	41:50	42:54	45:09	49:02	50:32	51:53	53:44	56:26	1:01:55	1:04:52	1:07:30	1:08:22	1:10:25	1:11:29						
			1:43	1:04	2:15	3:53	1:30	1:21	1:51	2:42	5:29	2:57	2:38	0:52	2:03	1:04						
			1:14:16	1:15:53	1:16:57	1:19:42	1:25:57	1:39:34	1:40:25	1:41:25	1:41:49	2:47	1:37	1:04	2:45	6:15	13:37	0:51	1:00	0:24		
			4:09	8:34	10:37	12:22	16:49	17:43	22:30	25:48	29:15	29:56	32:39	40:13	43:11	44:39						
8	10273 Kasper Ingerslev Ballerup OK	1:52:22	4:09	4:25	2:03	1:45	4:27	0:54	4:47	3:18	3:27	0:41	2:43	7:34	2:58	1:28						
			46:00	48:41	53:12	54:46	56:34	57:47	1:00:09	1:03:10	1:09:19	1:12:36	1:15:22	1:16:25	1:18:47	1:19:53						
			1:21	2:41	4:31	1:34	1:48	1:13	2:22	3:01	6:09	3:17	2:46	1:03	2:22	1:06						
			1:22:21	1:25:52	1:26:52	1:29:43	1:35:28	1:48:36	1:49:22	1:50:19	1:50:42	2:28	3:31	1:00	2:51	5:45	13:08	0:46	0:57	0:23		
9	6131 Erling Thisted Søllerød OK	2:00:14	2:19	6:56	9:15	11:13	15:02	15:54	20:53	23:05	26:35	27:20	30:35	37:03	39:27	41:19						
			2:19	4:37	2:19	1:58	3:49	0:52	4:59	2:12	3:30	0:45	3:15	6:28	2:24	1:52						
			43:01	45:56	48:06	49:13	50:57	52:06	54:12	57:04	1:04:03	1:08:14	1:11:40	1:12:41	1:15:56	1:17:34						
			1:42	2:55	2:10	1:07	1:44	1:09	2:06	2:52	6:59	4:11	3:26	1:01	3:15	1:38						
10	4375 Casper Sørensen OK Øst Birkerød	2:20:39	1:20:06	1:22:46	1:24:05	1:27:16	1:34:17	1:49:57	1:50:52	1:51:57	1:52:22	34:46	39:04	46:00	49:39	51:33						
			2:32	2:40	1:19	3:11	7:01	15:40	0:55	1:05	0:25	30:12	33:58	34:46	39:04	46:00	49:39	51:33				
			3:01	7:59	10:36	15:16	21:02	22:16	27:52	30:12	33:58	34:46	39:04	46:00	49:39	51:33						
			3:01	4:58	2:37	4:40	5:46	1:14	5:36	2:20	3:46	0:48	4:18	6:56	3:39	1:54						
11	161292 Emil Brønd Lyngby OK	2:30:47	53:18	55:14	57:05	57:58	59:37	1:00:37	1:01:47	1:05:08	1:11:38	1:16:00	1:20:25	1:21:48	1:24:33	1:25:44						
			1:45	1:56	1:51	0:53	1:39	1:00	1:10	3:21	6:30	4:22	4:25	1:23	2:45	1:11						
			1:28:47	1:30:36	1:31:53	1:35:03	1:42:04	1:57:53	1:58:45	1:59:56	2:00:14	3:03	1:49	1:17	3:10	7:01	15:49	0:52	1:11	0:18		
			3:18	8:57	13:29	15:26	20:27	21:51	28:21	31:59	35:51	36:52	40:17	47:28	51:19	53:17						
12	115661 Thomas Lind PI-København	2:32:59	54:59	56:20	58:27	59:52	1:01:46	1:03:42	1:05:18	1:08:21	1:16:25	1:21:28	1:28:32	1:29:38	1:34:05	1:36:10						
			1:42	1:21	2:07	1:25	1:54	1:56	1:36	3:03	8:04	5:03	7:04	1:06	4:27	2:05						
			1:39:41	1:42:18	1:43:21	1:51:23	1:59:51	2:17:18	2:18:50	2:20:10	2:20:39	3:31	2:37	1:03	8:02	8:28	17:27	1:32	1:20	0:29		
			2:59	8:15	12:21	15:08	20:01	21:08	27:55	34:01	38:00	38:49	42:16	49:49	52:53	56:21						
			2:59	5:16	4:06	2:47	4:53	1:07	6:47	6:06	3:59	0:49	3:27	7:33	3:04	3:28						
			57:58	59:21	1:02:02	1:03:26	1:06:05	1:13:21	1:14:43	1:18:37	1:26:40	1:31:22	1:38:11	1:39:23	1:44:09	1:46:07						
			1:37	1:23	2:41	1:24	2:39	7:16	1:22	3:54	8:03	4:42	6:49	1:12	4:46	1:58						
			1:49:34	1:51:41	1:52:57	1:56:47	2:07:22	2:28:00	2:28:58	2:30:21	2:30:47	3:27	2:07	1:16	3:50	10:35	20:38	0:58	1:23	0:26		
			3:04	7:58	12:08	14:25	18:55	21:44	28:19	31:08	35:05	35:47	39:56	47:27	53:06	55:04						
			3:04	4:54	4:10	2:17	4:30	2:49	6:35	2:49	3:57	0:42	4:09	7:31	5:39	1:58						
			57:27	1:00:34	1:04:08	1:05:44	1:08:58	1:11:15	1:12:33	1:17:11	1:25:02	1:37:36	1:41:29	1:43:54	1:51:31	1:52:40						
			2:23	3:07	3:34	1:36	3:14	2:17	1:18	4:38	7:51	12:34	3:53	2:25	7:37	1:09						

			1:55:54	1:59:33	2:01:11	2:04:56	2:11:43	2:30:44	2:31:30	2:32:34	2:32:59						
			3:14	3:39	1:38	3:45	6:47	19:01	0:46	1:04	0:25						
13	26973	Bjørn Lind PI-København	2:55:25	7:37	16:55	22:20	25:03	34:42	37:49	44:27	47:12	51:09	51:53	55:59	1:03:36	1:09:12	1:11:17
				7:37	9:18	5:25	2:43	9:39	3:07	6:38	2:45	3:57	0:44	4:06	7:37	5:36	2:05
				1:13:33	1:16:40	1:20:27	1:21:37	1:25:05	1:27:22	1:28:42	1:33:15	1:41:10	1:53:41	1:57:37	2:00:02	2:07:25	2:08:46
				2:16	3:07	3:47	1:10	3:28	2:17	1:20	4:33	7:55	12:31	3:56	2:25	7:23	1:21
				2:12:06	2:15:47	2:17:19	2:21:03	2:28:57	2:51:50	2:53:19	2:54:56	2:55:25					
				3:20	3:41	1:32	3:44	7:54	22:53	1:29	1:37	0:29					
	167240	Peter Friis Østergaard Lyngby OK	Fejlkl.	5:49	11:22	18:14	21:19	28:24	30:32	40:15	48:19	52:55	54:52	59:12	1:10:20	1:15:37	1:19:04
				5:49	5:33	6:52	3:05	7:05	2:08	9:43	8:04	4:36	1:57	4:20	11:08	5:17	3:27
				1:21:31	1:23:13	1:27:06	1:28:32	1:31:03	1:32:27	1:34:03	1:43:08	1:53:28	-----	-----	-----	-----	-----
				2:27	1:42	3:53	1:26	2:31	1:24	1:36	9:05	10:20					
				-----	-----	-----	-----	-----	-----	-----	-----	-----					
H21-AK	(2)		7.0 km	14 K													
				1(211)	2(167)	3(175)	4(176)	5(157)	6(219)	7(179)	8(180)	9(181)	10(217)	11(218)	12(210)	13(165)	14(100)
				M													
1	21832	Kim Baunehøj Pedersen OK Roskilde	56:17	1:32	3:23	8:38	12:50	15:17	20:31	21:55	27:41	30:17	38:15	40:30	53:10	54:21	55:44
				1:32	1:51	5:15	4:12	2:27	5:14	1:24	5:46	2:36	7:58	2:15	12:40	1:11	1:23
				56:17													
				0:33													
UFK	170303	Arne Thell Esløvs FK	1:02:52	1:29	3:03	8:05	11:21	13:25	19:30	20:45	27:23	30:50	46:01	48:01	1:00:02	1:01:05	1:02:26
				1:29	1:34	5:02	3:16	2:04	6:05	1:15	6:38	3:27	15:11	2:00	12:01	1:03	1:21
				1:02:52													
				0:26													
H21-AM	(4)		9.6 km	20 K													
				1(214)	2(169)	3(215)	4(193)	5(195)	6(196)	7(197)	8(198)	9(199)	10(48)	11(201)	12(202)	13(203)	14(204)
				15(205)	16(206)	17(207)	18(210)	19(165)	20(100)	M							
1	28341	Kristian Juda Husgard OK Roskilde	1:25:33	1:21	2:45	9:49	28:36	35:18	38:29	40:26	41:28	44:51	45:50	48:10	54:11	55:25	59:23
				1:21	1:24	7:04	18:47	6:42	3:11	1:57	1:02	3:23	0:59	2:20	6:01	1:14	3:58
				1:00:47	1:04:08	1:07:20	1:23:29	1:24:23	1:25:15	1:25:33							
				1:24	3:21	3:12	16:09	0:54	0:52	0:18							
2	118748	Lasse Nilsson Helsingør SOK	1:36:48	1:40	4:46	12:46	22:03	33:21	36:40	38:49	39:51	43:43	45:44	49:51	52:21	54:47	58:22
				1:40	3:06	8:00	9:17	11:18	3:19	2:09	1:02	3:52	2:01	4:07	2:30	2:26	3:35
				1:03:59	1:11:22	1:15:44	1:34:13	1:35:15	1:36:22	1:36:48							
				5:37	7:23	4:22	18:29	1:02	1:07	0:26							
UFK	170302	Stefan Adolfsson Esløvs FK	Fejlkl.	1:33	3:01	8:27	21:36	33:58	38:20	44:55	46:20	-----	51:10	-----	-----	-----	-----
				1:33	1:28	5:26	13:09	12:22	4:22	6:35	1:25		4:50				
				-----	-----	-----	-----	-----	-----	-----	-----						
UFK	170301	Thomas Nilsson Esløvs FK	1:08:27	1:14	2:35	6:57	13:48	19:33	25:44	27:46	28:36	31:58	33:16	35:38	37:50	39:12	41:54
				1:14	1:21	4:22	6:51	5:45	6:11	2:02	0:50	3:22	1:18	2:22	2:12	1:22	2:42
				43:34	47:18	50:34	1:05:43	1:07:00	1:08:02	1:08:27							
				1:40	3:44	3:16	15:09	1:17	1:02	0:25							

H21-B (2)		5.0 km 15 K		1 (153)	2 (154)	3 (155)	4 (173)	5 (160)	6 (159)	7 (161)	8 (223)	9 (222)	10 (162)	11 (163)	12 (158)	13 (174)	14 (165)
				15 (100)	M												
1	107361 Peter Espersen OK S.G.	49:29	7:58	14:03	17:07	19:40	23:11	25:28	29:05	30:05	32:32	38:13	42:03	44:07	47:02	48:07	
			7:58	6:05	3:04	2:33	3:31	2:17	3:37	1:00	2:27	5:41	3:50	2:04	2:55	1:05	
			49:03	49:29													
			0:56	0:26													
2	147078 Asger Espersen OK S.G.	59:20	6:23	12:51	16:46	20:04	23:21	27:31	31:24	32:22	35:33	44:48	49:22	51:52	56:23	57:24	
			6:23	6:28	3:55	3:18	3:17	4:10	3:53	0:58	3:11	9:15	4:34	2:30	4:31	1:01	
			58:47	59:20													
			1:23	0:33													
H21-C (1)		3.9 km 14 K		1 (131)	2 (151)	3 (135)	4 (144)	5 (145)	6 (146)	7 (140)	8 (147)	9 (141)	10 (148)	11 (142)	12 (149)	13 (150)	14 (100)
				M													
1	165450 Frank Holmberg FIF Hillerød Orienteri	38:24	1:16	5:07	10:01	11:52	15:27	19:21	22:14	26:31	28:00	29:46	31:01	35:09	36:10	37:59	
			1:16	3:51	4:54	1:51	3:35	3:54	2:53	4:17	1:29	1:46	1:15	4:08	1:01	1:49	
			38:24														
			0:25														
H35- (7)		11.8 km 28 K		1 (167)	2 (175)	3 (194)	4 (183)	5 (184)	6 (185)	7 (188)	8 (189)	9 (190)	10 (191)	11 (192)	12 (193)	13 (195)	14 (196)
				15 (197)	16 (198)	17 (199)	18 (48)	19 (201)	20 (202)	21 (203)	22 (212)	23 (205)	24 (206)	25 (207)	26 (210)	27 (165)	28 (100)
				M													
1	16875 Jesper Damgaard Farum OK	1:14:51	2:25	6:11	12:38	15:58	18:40	20:16	24:10	25:07	26:34	27:12	28:57	31:58	36:50	39:45	
			2:25	3:46	6:27	3:20	2:42	1:36	3:54	0:57	1:27	0:38	1:45	3:01	4:52	2:55	
			42:14	43:08	45:17	46:07	48:13	49:38	50:36	51:30	54:24	57:18	1:00:03	1:12:38	1:13:24	1:14:23	
			2:29	0:54	2:09	0:50	2:06	1:25	0:58	0:54	2:54	2:54	2:45	12:35	0:46	0:59	
			1:14:51														
			0:28														
2	3963 Asger Habekost Nielsen OK Øst Birkerød	1:27:31	2:58	7:24	13:01	16:55	19:51	21:39	23:46	24:57	26:44	27:33	28:36	31:24	38:07	41:13	
			2:58	4:26	5:37	3:54	2:56	1:48	2:07	1:11	1:47	0:49	1:03	2:48	6:43	3:06	
			43:24	44:47	47:21	49:03	51:47	53:33	54:48	55:53	1:00:27	1:04:22	1:07:46	1:24:39	1:25:45	1:27:01	
			2:11	1:23	2:34	1:42	2:44	1:46	1:15	1:05	4:34	3:55	3:24	16:53	1:06	1:16	
			1:27:31														
			0:30														
3	11346 Lars Lyngsø Lyngby OK	1:41:27	3:07	7:39	16:20	20:49	24:27	26:38	31:32	32:21	34:42	35:37	36:43	39:41	47:01	52:43	
			3:07	4:32	8:41	4:29	3:38	2:11	4:54	0:49	2:21	0:55	1:06	2:58	7:20	5:42	
			55:03	56:14	59:30	1:00:36	1:03:33	1:06:21	1:07:55	1:09:03	1:12:59	1:16:39	1:20:41	1:38:45	1:39:52	1:41:00	
			2:20	1:11	3:16	1:06	2:57	2:48	1:34	1:08	3:56	3:40	4:02	18:04	1:07	1:08	
			1:41:27		30:10												
			0:27		*189												
4	97073 Preben Brinch FIF Hillerød Orienteri	1:44:28	3:15	9:00	17:15	21:33	25:32	27:58	30:37	31:44	33:51	34:45	37:30	41:09	48:16	52:10	
			3:15	5:45	8:15	4:18	3:59	2:26	2:39	1:07	2:07	0:54	2:45	3:39	7:07	3:54	
			54:35	55:45	1:02:34	1:03:43	1:06:59	1:09:02	1:10:29	1:11:56	1:15:53	1:21:20	1:25:06	1:41:51	1:42:51	1:44:03	
			2:25	1:10	6:49	1:09	3:16	2:03	1:27	1:27	3:57	5:27	3:46	16:45	1:00	1:12	
			1:44:28														
			0:25														
5	134504 Kim Hansen FIF Hillerød Orienteri	1:47:19	3:39	8:37	15:26	19:16	22:26	27:02	29:56	31:11	32:38	33:33	34:45	42:18	52:04	55:28	
			3:39	4:58	6:49	3:50	3:10	4:36	2:54	1:15	1:27	0:55	1:12	7:33	9:46	3:24	
			58:33	59:29	1:02:21	1:03:25	1:06:07	1:08:43	1:10:09	1:11:16	1:16:33	1:20:06	1:27:01	1:45:00	1:45:51	1:46:56	

			3:05	0:56	2:52	1:04	2:42	2:36	1:26	1:07	5:17	3:33	6:55	17:59	0:51	1:05
			1:47:19													
			0:23													
6	140171 Henrik Tølløse Hvalsø OK	1:55:25	3:41	9:22	18:46	23:49	27:08	29:29	33:12	34:23	36:53	37:58	41:09	44:49	52:41	58:09
			3:41	5:41	9:24	5:03	3:19	2:21	3:43	1:11	2:30	1:05	3:11	3:40	7:52	5:28
			1:02:59	1:04:34	1:10:14	1:11:28	1:14:48	1:16:46	1:18:23	1:19:36	1:24:09	1:28:20	1:32:33	1:52:20	1:53:33	1:54:53
			4:50	1:35	5:40	1:14	3:20	1:58	1:37	1:13	4:33	4:11	4:13	19:47	1:13	1:20
			1:55:25													
			0:32													
	160757 Svend Christiansen OK Roskilde	Fejlkl.	3:46	9:16	16:38	21:06	24:32	27:24	29:57	31:11	33:11	35:41	37:08	44:35	52:47	59:35
			3:46	5:30	7:22	4:28	3:26	2:52	2:33	1:14	2:00	2:30	1:27	7:27	8:12	6:48
			1:03:38	1:05:00	1:09:01	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	1:27:35
			4:03	1:22	4:01											18:34
			1:28:04													
			0:29													
H35-B (4)			5.0 km	15 K												
			1(153)	2(154)	3(155)	4(173)	5(160)	6(159)	7(161)	8(223)	9(222)	10(162)	11(163)	12(158)	13(174)	14(165)
			15(100)	M												
1	161440 Kåre Fundal Allerød OK	47:52	5:27	11:27	14:27	16:55	19:44	23:35	26:37	27:22	29:49	35:01	39:23	41:41	44:39	45:44
			5:27	6:00	3:00	2:28	2:49	3:51	3:02	0:45	2:27	5:12	4:22	2:18	2:58	1:05
			47:20	47:52												
			1:36	0:32												
2	148571 Søren Wassard FIF Hillerød Orienteri	56:58	12:00	16:35	19:40	22:37	25:57	29:21	32:32	33:28	36:26	42:07	47:40	50:07	53:45	55:01
			12:00	4:35	3:05	2:57	3:20	3:24	3:11	0:56	2:58	5:41	5:33	2:27	3:38	1:16
			56:33	56:58												
			1:32	0:25												
3	165351 Ole Bøggild OK Roskilde	1:03:08	6:02	11:50	15:15	18:59	24:04	28:14	32:54	34:17	38:03	46:06	51:20	54:03	58:38	1:00:15
			6:02	5:48	3:25	3:44	5:05	4:10	4:40	1:23	3:46	8:03	5:14	2:43	4:35	1:37
			1:02:34	1:03:08												
			2:19	0:34												
4	170300 Nicolai Hedelund Vinderød OK af 1992	1:12:40	7:49	12:45	15:57	29:36	32:54	36:52	42:00	43:18	49:35	55:53	1:01:38	1:04:07	1:08:59	1:10:31
			7:49	4:56	3:12	13:39	3:18	3:58	5:08	1:18	6:17	6:18	5:45	2:29	4:52	1:32
			1:12:10	1:12:40												
			1:39	0:30												
H40- (7)			9.6 km	20 K												
			1(214)	2(169)	3(215)	4(193)	5(195)	6(196)	7(197)	8(198)	9(199)	10(48)	11(201)	12(202)	13(203)	14(204)
			15(205)	16(206)	17(207)	18(210)	19(165)	20(100)	M							
1	9143 Jesper Jensen Farum OK	55:17	0:54	2:07	6:02	13:02	18:30	21:24	23:04	23:55	26:07	26:54	28:58	30:37	31:34	34:03
			0:54	1:13	3:55	7:00	5:28	2:54	1:40	0:51	2:12	0:47	2:04	1:39	0:57	2:29
			35:16	38:31	41:04	53:22	54:02	54:51	55:17							
			1:13	3:15	2:33	12:18	0:40	0:49	0:26							
2	2402 Thomas Meyer FIF Hillerød Orienteri	1:03:21	0:54	2:10	6:36	13:28	19:38	22:34	25:13	26:18	29:01	29:50	32:49	34:10	35:30	38:20
			0:54	1:16	4:26	6:52	6:10	2:56	2:39	1:05	2:43	0:49	2:59	1:21	1:20	2:50
			39:48	43:31	46:37	1:01:19	1:02:06	1:03:00	1:03:21							
			1:28	3:43	3:06	14:42	0:47	0:54	0:21							
3	64999 Jakob Landsperg Tisvilde Hegn OK	1:05:02	0:53	2:21	7:30	14:20	20:59	24:03	26:01	27:05	31:00	32:30	35:04	36:45	37:52	40:38
			0:53	1:28	5:09	6:50	6:39	3:04	1:58	1:04	3:55	1:30	2:34	1:41	1:07	2:46
			42:11	46:07	49:07	1:02:34	1:03:35	1:04:34	1:05:02							
			1:33	3:56	3:00	13:27	1:01	0:59	0:28							

4	24802	Thomas Eriksen FIF Hillerød Orienterer	1:07:12	1:06	2:27	6:46	13:46	22:02	24:59	28:05	29:06	31:19	33:24	35:50	38:32	39:41	42:27
				1:06	1:21	4:19	7:00	8:16	2:57	3:06	1:01	2:13	2:05	2:26	2:42	1:09	2:46
				44:16	47:29	50:30	1:05:02	1:05:49	1:06:48	1:07:12							
5	4052	Morten Bang Nørgaard OK Øst Birkerød	1:15:31	1:49	3:13	3:01	14:32	0:47	0:59	0:24							
				1:07	2:39	10:45	18:15	25:08	28:24	31:01	32:20	35:08	36:04	39:29	41:34	42:53	46:02
				1:07	1:32	8:06	7:30	6:53	3:16	2:37	1:19	2:48	0:56	3:25	2:05	1:19	3:09
6	167232	Kasper Levring OK Sorø	1:22:59	1:55	4:24	3:33	17:08	0:57	1:05	0:27							
				1:59	2:06	5:19	7:43	5:20	9:08	2:58	1:10	3:29	4:14	2:28	1:55	1:24	2:53
				53:45	57:24	1:00:43	1:20:12	1:21:17	1:22:33	1:22:59							
7	159768	Jakob Søndergaard Jense OK Roskilde	1:35:45	1:39	3:39	3:19	19:29	1:05	1:16	0:26							
				9:09	11:11	17:19	27:18	37:42	41:29	47:59	49:25	52:35	53:48	56:41	59:20	1:00:57	1:04:23
				9:09	2:02	6:08	9:59	10:24	3:47	6:30	1:26	3:10	1:13	2:53	2:39	1:37	3:26
				1:06:25	1:10:35	1:15:22	1:32:11	1:33:53	1:35:11	1:35:45							
				2:02	4:10	4:47	16:49	1:42	1:18	0:34							

H45- (9)

9.6 km 20 K

			1(214)	2(169)	3(215)	4(193)	5(195)	6(196)	7(197)	8(198)	9(199)	10(48)	11(201)	12(202)	13(203)	14(204)		
			15(205)	16(206)	17(207)	18(210)	19(165)	20(100)	M									
1	12716	Ole Hansen Tisvilde Hegn OK	1:11:41	1:33	4:55	9:19	16:33	23:03	28:37	31:44	32:48	36:23	37:29	40:50	42:30	44:08	47:01	
				1:33	3:22	4:24	7:14	6:30	5:34	3:07	1:04	3:35	1:06	3:21	1:40	1:38	2:53	
				48:24	51:56	55:03	1:09:20	1:10:10	1:11:16	1:11:41								
2	10223	Kristian Kærsgaard OK Sorø	1:12:17	1:23	3:32	3:07	14:17	0:50	1:06	0:25								
				1:06	3:08	10:15	17:41	23:36	26:44	30:20	31:18	35:18	36:36	39:12	41:01	42:16	45:28	
				1:06	2:02	7:07	7:26	5:55	3:08	3:36	0:58	4:00	1:18	2:36	1:49	1:15	3:12	
3	88626	Kåre Sørensen OK Sorø	1:12:33	46:56	50:32	53:53	1:09:50	1:10:40	1:11:49	1:12:17								
				1:28	3:36	3:21	15:57	0:50	1:09	0:28								
				1:45	3:07	7:57	15:07	21:49	24:48	28:56	29:57	32:24	34:30	37:03	38:59	40:23	43:14	
4	9531	Claus Cederberg Ballerup OK	1:16:31	1:45	1:22	4:50	7:10	6:42	2:59	4:08	1:01	2:27	2:06	2:33	1:56	1:24	2:51	
				44:51	48:44	52:15	1:08:27	1:11:09	1:12:08	1:12:33								
				1:37	3:53	3:31	16:12	2:42	0:59	0:25								
5	3450	Peter Bäcker Hansen OK Øst Birkerød	1:27:39	1:16	2:55	8:09	15:40	26:45	34:20	36:35	37:47	41:12	42:14	45:07	47:12	48:43	51:36	
				1:16	1:39	5:14	7:31	11:05	7:35	2:15	1:12	3:25	1:02	2:53	2:05	1:31	2:53	
				53:14	56:47	59:50	1:14:14	1:15:02	1:15:59	1:16:31								
6	16990	Nicolai Kliem Farum OK	1:28:44	1:39	3:05	8:42	18:13	25:18	28:52	31:17	32:39	35:57	38:42	41:52	44:49	46:30	50:17	
				1:39	1:26	5:37	9:31	7:05	3:34	2:25	1:22	3:18	2:45	3:10	2:57	1:41	3:47	
				52:14	1:00:33	1:04:09	1:24:11	1:25:29	1:26:59	1:27:39								
7	89939	Peter Karberg Herlufsholm OK	1:37:10	1:57	8:19	3:36	20:02	1:18	1:30	0:40								
				1:11	2:55	8:01	17:33	28:42	32:12	36:13	37:39	40:36	43:10	46:44	49:17	51:12	54:51	
				1:11	1:44	5:06	9:32	11:09	3:30	4:01	1:26	2:57	2:34	3:34	2:33	1:55	3:39	
8	139413	Jens Thamdrup Allerød OK	1:55:13	56:50	1:01:12	1:05:37	1:25:48	1:26:51	1:28:13	1:28:44								
				1:59	4:22	4:25	20:11	1:03	1:22	0:31								
				1:56	4:12	9:52	20:00	30:48	34:39	37:31	38:44	44:08	46:00	53:05	58:02	1:00:02	1:05:18	
9	140767	Claus Kaae-Nielsen Søllerød OK	1:58:46	1:56	2:16	5:40	10:08	10:48	3:51	2:52	1:13	5:24	1:52	7:05	4:57	2:00	5:16	
				1:07:14	1:11:31	1:15:17	1:34:08	1:35:14	1:36:41	1:37:10								
				1:56	4:17	3:46	18:51	1:06	1:27	0:29								
8	139413	Jens Thamdrup Allerød OK	1:55:13	2:06	6:34	12:35	22:47	32:33	36:45	48:20	49:51	54:39	56:20	59:35	1:08:50	1:12:43	1:16:04	
				2:06	4:28	6:01	10:12	9:46	4:12	11:35	1:31	4:48	1:41	3:15	9:15	3:53	3:21	
				1:18:39	1:24:33	1:28:22	1:52:33	1:53:35	1:54:48	1:55:13								
9	140767	Claus Kaae-Nielsen Søllerød OK	1:58:46	2:35	5:54	3:49	24:11	1:02	1:13	0:25								
				1:16	8:47	15:48	31:38	39:35	45:19	50:32	51:56	1:00:31	1:02:58	1:07:34	1:10:55	1:12:36	1:23:16	
				2:16	6:31	7:01	15:50	7:57	5:44	5:13	1:24	8:35	2:27	4:36	3:21	1:41	10:40	
				1:25:35	1:36:04	1:39:40	1:55:52	1:56:53	1:58:14	1:58:46								

		2:19	10:29	3:36	16:12	1:01	1:21	0:32									
H45-AK (3)		4.7 km 12 K															
		1(169)	2(175)	3(173)	4(160)	5(219)	6(179)	7(222)	8(224)	9(225)	10(174)	11(165)	12(100)	M			
1	26478 Bruno Stub PI-København	37:51	3:06	9:35	12:53	15:11	17:13	18:31	24:41	26:31	27:27	35:17	36:10	37:24	37:51		
			3:06	6:29	3:18	2:18	2:02	1:18	6:10	1:50	0:56	7:50	0:53	1:14	0:27		
2	121056 Søren Klinkby Holbæk OK	45:03	3:40	10:50	15:37	18:32	21:18	22:37	29:19	31:25	32:31	42:21	43:12	44:32	45:03		
			3:40	7:10	4:47	2:55	2:46	1:19	6:42	2:06	1:06	9:50	0:51	1:20	0:31		
3	21329 Morten Jensen OK Roskilde	46:29	11:14	18:02	20:58	23:21	25:31	27:02	33:23	35:22	36:22	43:34	44:35	45:56	46:29		
			11:14	6:48	2:56	2:23	2:10	1:31	6:21	1:59	1:00	7:12	1:01	1:21	0:33		
H50- (24)		7.9 km 20 K															
		1(166)	2(167)	3(175)	4(193)	5(185)	6(186)	7(187)	8(188)	9(189)	10(190)	11(191)	12(192)	13(178)	14(179)		
		15(222)	16(224)	17(225)	18(210)	19(165)	20(100)	M									
1	3301 Morten Ebbensgaard OK Øst Birkerød	54:56	0:53	3:09	7:35	15:52	18:58	20:28	22:38	24:49	26:14	28:08	29:10	30:15	36:48	37:49	
			0:53	2:16	4:26	8:17	3:06	1:30	2:10	2:11	1:25	1:54	1:02	1:05	6:33	1:01	
			43:07	44:46	45:34	52:30	53:22	54:27	54:56								
			5:18	1:39	0:48	6:56	0:52	1:05	0:29		*169						
2	20892 Kent Pihl OK Roskilde	56:09	1:03	3:04	7:42	16:11	19:33	21:04	22:33	24:43	26:08	27:59	29:05	30:18	36:59	38:15	
			1:03	2:01	4:38	8:29	3:22	1:31	1:29	2:10	1:25	1:51	1:06	1:13	6:41	1:16	
			44:02	45:44	46:32	53:38	54:36	55:40	56:09								
			5:47	1:42	0:48	7:06	0:58	1:04	0:29								
3	25107 Arne Kristensen Herlufsholm OK	59:16	1:03	3:03	8:02	16:41	19:52	21:26	22:34	25:31	26:31	28:56	30:24	32:05	39:48	41:15	
			1:03	2:00	4:59	8:39	3:11	1:34	1:08	2:57	1:00	2:25	1:28	1:41	7:43	1:27	
			46:41	48:19	49:20	56:26	57:40	58:49	59:16								
			5:26	1:38	1:01	7:06	1:14	1:09	0:27								
4	16453 Sverre Thune Farum OK	59:58	2:13	4:17	8:56	17:27	20:41	22:20	24:35	26:51	28:29	30:14	31:06	32:12	38:57	40:03	
			2:13	2:04	4:39	8:31	3:14	1:39	2:15	2:16	1:38	1:45	0:52	1:06	6:45	1:06	
			46:12	48:13	49:49	57:36	58:27	59:29	59:58								
			6:09	2:01	1:36	7:47	0:51	1:02	0:29								
5	151368 Jørgen Kirkeby Rønne IK Orientering	1:00:42	0:58	3:04	7:28	16:16	19:44	21:16	22:51	26:10	28:52	30:43	31:33	33:54	40:29	42:04	
			0:58	2:06	4:24	8:48	3:28	1:32	1:35	3:19	2:42	1:51	0:50	2:21	6:35	1:35	
			47:37	49:23	50:51	58:13	59:09	1:00:14	1:00:42								
			5:33	1:46	1:28	7:22	0:56	1:05	0:28								
6	22179 Jesper Børsting Herlufsholm OK	1:04:03	1:06	3:44	8:16	16:32	19:49	21:24	22:42	24:55	25:58	34:49	35:36	37:44	44:27	45:46	
			1:06	2:38	4:32	8:16	3:17	1:35	1:18	2:13	1:03	8:51	0:47	2:08	6:43	1:19	
			51:07	52:53	53:51	1:01:28	1:02:29	1:03:34	1:04:03								
			5:21	1:46	0:58	7:37	1:01	1:05	0:29		*191						
7	141369 Lars Bech Jensen FSK Orientering	1:06:28	1:10	3:53	8:45	17:58	22:00	23:45	25:14	29:08	30:32	32:50	33:54	35:03	44:42	46:32	
			1:10	2:43	4:52	9:13	4:02	1:45	1:29	3:54	1:24	2:18	1:04	1:09	9:39	1:50	
			52:26	54:36	55:33	1:03:37	1:04:42	1:06:01	1:06:28								
			5:54	2:10	0:57	8:04	1:05	1:19	0:27								
8	21212 Anders Laage Kragh OK Roskilde	1:07:51	0:53	3:00	7:06	18:17	22:09	23:41	26:29	31:21	32:15	34:02	35:05	40:12	47:06	48:12	
			0:53	2:07	4:06	11:11	3:52	1:32	2:48	4:52	0:54	1:47	1:03	5:07	6:54	1:06	
			54:27	56:06	56:51	1:04:26	1:06:02	1:07:22	1:07:51								
			6:15	1:39	0:45	7:35	1:36	1:20	0:29								
9	170306 Claus A. Pedersen OK Roskilde	1:10:25	1:38	4:11	10:39	21:01	24:35	29:06	31:17	34:24	35:56	38:05	39:52	41:11	49:32	50:54	
			1:38	2:33	6:28	10:22	3:34	4:31	2:11	3:07	1:32	2:09	1:47	1:19	8:21	1:22	
			56:54	58:46	59:50	1:07:44	1:08:45	1:10:00	1:10:25								
			6:00	1:52	1:04	7:54	1:01	1:15	0:25								
10	2246 Søren Sloth FIF Hillerød Orientereri	1:12:13	1:01	3:02	11:24	19:46	24:03	25:29	27:42	36:41	37:50	39:52	40:56	43:08	52:02	53:19	
			1:01	2:01	8:22	8:22	4:17	1:26	2:13	8:59	1:09	2:02	1:04	2:12	8:54	1:17	

				58:58	1:00:44	1:01:59	1:09:32	1:10:28	1:11:45	1:12:13										
11	17964	Jens Behrend Farum OK	1:13:55	5:39	1:46	1:15	7:33	0:56	1:17	0:28										
				2:19	4:43	10:53	20:52	24:38	26:35	28:08	31:36	34:05	39:40	41:14	42:42	50:22	52:17			
				2:19	2:24	6:10	9:59	3:46	1:57	1:33	3:28	2:29	5:35	1:34	1:28	7:40	1:55			
				59:33	1:01:20	1:02:17	1:10:17	1:11:58	1:13:22	1:13:55										
12	4242	Erik Ellegaard Simonse OK Øst Birkerød	1:14:10	7:16	1:47	0:57	8:00	1:41	1:24	0:33										
				1:33	4:12	10:20	21:09	25:07	28:05	29:39	32:52	34:29	36:48	37:50	39:18	48:54	50:48			
				1:33	2:39	6:08	10:49	3:58	2:58	1:34	3:13	1:37	2:19	1:02	1:28	9:36	1:54			
				57:44	59:49	1:01:20	1:10:48	1:12:01	1:13:35	1:14:10										
				6:56	2:05	1:31	9:28	1:13	1:34	0:35										
13	122210	Svend-Erik Jepsen Søllerød OK	1:15:38	3:28	6:17	11:53	20:59	24:58	26:54	30:19	33:13	35:01	37:28	40:25	41:49	53:18	54:50			
				3:28	2:49	5:36	9:06	3:59	1:56	3:25	2:54	1:48	2:27	2:57	1:24	11:29	1:32			
				1:01:22	1:03:07	1:04:00	1:13:01	1:13:57	1:15:06	1:15:38										
				6:32	1:45	0:53	9:01	0:56	1:09	0:32										
14	94988	Michael Leth Jess OK Roskilde	1:16:57	1:10	3:43	9:25	18:47	22:52	24:40	26:53	30:12	31:35	37:35	38:49	40:51	51:16	52:45			
				1:10	2:33	5:42	9:22	4:05	1:48	2:13	3:19	1:23	6:00	1:14	2:02	10:25	1:29			
				59:29	1:01:51	1:02:51	1:12:25	1:15:05	1:16:32	1:16:57										
				6:44	2:22	1:00	9:34	2:40	1:27	0:25										
15	91041	Niels Agervold Tisvilde Hegn OK	1:18:23	1:06	3:44	10:19	21:24	25:51	27:49	30:58	33:41	34:50	37:29	38:46	40:18	48:58	52:39			
				1:06	2:38	6:35	11:05	4:27	1:58	3:09	2:43	1:09	2:39	1:17	1:32	8:40	3:41			
				1:00:03	1:02:32	1:03:43	1:14:15	1:16:04	1:17:47	1:18:23										
				7:24	2:29	1:11	10:32	1:49	1:43	0:36										
16	3707	Peter Krogh OK Øst Birkerød	1:18:28	2:23	5:36	11:43	22:35	26:54	29:02	31:48	34:48	35:58	38:35	40:07	41:26	50:19	52:26			
				2:23	3:13	6:07	10:52	4:19	2:08	2:46	3:00	1:10	2:37	1:32	1:19	8:53	2:07			
				59:31	1:02:03	1:03:14	1:13:33	1:15:05	1:18:01	1:18:28										
				7:05	2:32	1:11	10:19	1:32	2:56	0:27										
17	82818	Jan Frank Nielsen FSK Orientering	1:21:32	1:27	4:15	10:25	22:14	26:39	28:46	30:31	35:47	37:11	39:43	41:01	42:29	50:55	57:54			
				1:27	2:48	6:10	11:49	4:25	2:07	1:45	5:16	1:24	2:32	1:18	1:28	8:26	6:59			
				1:05:39	1:07:49	1:08:55	1:18:22	1:19:47	1:21:07	1:21:32										
				7:45	2:10	1:06	9:27	1:25	1:20	0:25										
18	91538	Torben Schorlemmer Ballerup OK	1:24:47	1:25	7:53	15:24	32:53	37:46	39:47	42:52	48:10	49:34	51:56	52:58	54:23	1:02:18	1:03:41			
				1:25	6:28	7:31	17:29	4:53	2:01	3:05	5:18	1:24	2:22	1:02	1:25	7:55	1:23			
				1:10:20	1:12:32	1:13:33	1:22:24	1:23:19	1:24:25	1:24:47										
				6:39	2:12	1:01	8:51	0:55	1:06	0:22										
19	126353	Karl Kristian Hartmeyer FIF Hillerød Orienterer	1:26:01	4:01	7:04	13:34	25:22	30:04	33:08	35:51	38:37	40:23	43:46	45:34	49:59	58:37	1:01:59			
				4:01	3:03	6:30	11:48	4:42	3:04	2:43	2:46	1:46	3:23	1:48	4:25	8:38	3:22			
				1:08:57	1:11:16	1:12:14	1:22:17	1:23:49	1:25:33	1:26:01										
				6:58	2:19	0:58	10:03	1:32	1:44	0:28										
20	162745	Jesper Kirkeskov Søllerød OK	1:30:21	1:42	4:48	11:32	24:40	33:03	35:21	37:17	41:55	43:18	45:35	46:49	48:11	59:33	1:03:02			
				1:42	3:06	6:44	13:08	8:23	2:18	1:56	4:38	1:23	2:17	1:14	1:22	11:22	3:29			
				1:12:03	1:14:19	1:15:23	1:26:40	1:28:06	1:29:47	1:30:21										
				9:01	2:16	1:04	11:17	1:26	1:41	0:34										
21	26626	Jan Kofoed Nielsen PI-København	1:38:44	1:16	6:38	14:05	25:55	30:40	33:27	44:16	47:33	49:47	54:28	56:16	58:06	1:10:27	1:12:11			
				1:16	5:22	7:27	11:50	4:45	2:47	10:49	3:17	2:14	4:41	1:48	1:50	12:21	1:44			
				1:19:59	1:23:24	1:24:39	1:35:34	1:36:45	1:38:10	1:38:44										
				7:48	3:25	1:15	10:55	1:11	1:25	0:34										
				2535	Carsten Stenberg FIF Hillerød Orienterer	Fejlkl.	1:01	3:04	7:40	18:11	22:23	23:51	26:58	32:58	36:28	38:13	-----	41:03	52:51	54:26
				1:01	2:03	4:36	10:31	4:12	1:28	3:07	6:00	3:30	1:45		2:50	11:48	1:35			
				59:43	1:01:27	1:02:15	1:10:57	1:12:14	1:13:24	1:13:58										
				5:17	1:44	0:48	8:42	1:17	1:10	0:34										
				3369	Hans Granholm OK Øst Birkerød	Fejlkl.	1:35	5:34	11:46	23:50	29:25	32:03	35:43	38:47	43:27	46:48	49:10	56:21	1:06:20	1:09:00
				1:35	3:59	6:12	12:04	5:35	2:38	3:40	3:04	4:40	3:21	2:22	7:11	9:59	2:40			
				1:18:03	1:20:16	-----	1:31:32	1:33:06	1:34:45	1:35:19										
				9:03	2:13	-----	11:16	1:34	1:39	0:34										
				4482	Bjarne Topp OK Øst Birkerød	Fejlkl.	0:52	2:38	7:08	14:31	17:31	18:53	19:59	21:58	23:05	24:47	25:49	-----	32:55	34:07
				0:52	1:46	4:30	7:23	3:00	1:22	1:06	1:59	1:07	1:42	1:02		7:06	1:12			
				39:11	41:08	41:56	48:35	49:33	50:44	51:14										

		5:04	1:57	0:48	6:39	0:58	1:11	0:30								
H55-	(18)	7.9 km 20 K														
		1(166)	2(167)	3(175)	4(193)	5(185)	6(186)	7(187)	8(188)	9(189)	10(190)	11(191)	12(192)	13(178)	14(179)	
		15(222)	16(224)	17(225)	18(210)	19(165)	20(100)	M								
1	12097 Rolf Lund Helsingør SOK	54:05	1:42	4:36	8:22	15:17	18:00	19:19	20:54	23:42	24:41	26:10	27:00	28:55	34:30	36:00
		1:42	2:54	3:46	6:55	2:43	1:19	1:35	2:48	0:59	1:29	0:50	1:55	5:35	1:30	
		40:44	42:10	42:53	51:30	52:35	53:40	54:05								
		4:44	1:26	0:43	8:37	1:05	1:05	0:25								
2	26816 Jørn Lind PI-København	1:02:37	1:07	3:11	8:10	16:42	20:07	21:45	23:15	27:08	29:42	31:39	32:32	35:04	42:07	43:24
		1:07	2:04	4:59	8:32	3:25	1:38	1:30	3:53	2:34	1:57	0:53	2:32	7:03	1:17	
		49:12	51:07	52:16	59:47	1:00:51	1:02:11	1:02:37								
		5:48	1:55	1:09	7:31	1:04	1:20	0:26								
3	7981 Kurt Thuesen FSK Orientering	1:02:57	1:11	3:26	9:33	18:38	22:28	24:04	27:44	30:21	31:38	33:29	34:28	35:43	42:30	43:34
		1:11	2:15	6:07	9:05	3:50	1:36	3:40	2:37	1:17	1:51	0:59	1:15	6:47	1:04	
		49:43	51:32	52:29	1:00:10	1:01:20	1:02:30	1:02:57								
		6:09	1:49	0:57	7:41	1:10	1:10	0:27								
4	2270 Søren Peter Larsen FITF Hillerød Orienterer	1:04:23	2:06	4:48	9:37	19:13	23:47	25:29	27:22	29:53	30:53	32:37	33:48	35:06	44:01	45:15
		2:06	2:42	4:49	9:36	4:34	1:42	1:53	2:31	1:00	1:44	1:11	1:18	8:55	1:14	
		51:08	52:55	54:02	1:01:40	1:02:40	1:03:52	1:04:23								
		5:53	1:47	1:07	7:38	1:00	1:12	0:31								
5	9200 Jørgen Skaarup Ballerup OK	1:04:24	1:09	3:15	8:13	17:42	21:36	23:07	24:16	29:16	30:39	32:17	33:17	36:02	44:41	46:15
		1:09	2:06	4:58	9:29	3:54	1:31	1:09	5:00	1:23	1:38	1:00	2:45	8:39	1:34	
		52:05	53:44	54:38	1:01:48	1:02:45	1:03:53	1:04:24								
		5:50	1:39	0:54	7:10	0:57	1:08	0:31								
6	116081 Henrik Boesen OK Roskilde	1:05:35	1:08	3:39	9:57	19:02	22:41	24:28	26:35	30:31	31:52	33:43	34:45	36:07	45:19	46:50
		1:08	2:31	6:18	9:05	3:39	1:47	2:07	3:56	1:21	1:51	1:02	1:22	9:12	1:31	
		52:04	53:56	54:47	1:02:57	1:04:05	1:05:10	1:05:35								
		5:14	1:52	0:51	8:10	1:08	1:05	0:25								
7	10166 Lars Hanghøj Petersen Ballerup OK	1:07:46	1:18	4:16	10:19	19:57	24:59	26:54	28:18	32:33	33:55	35:58	36:58	38:23	47:30	48:54
		1:18	2:58	6:03	9:38	5:02	1:55	1:24	4:15	1:22	2:03	1:00	1:25	9:07	1:24	
		54:14	55:52	56:42	1:04:55	1:06:08	1:07:17	1:07:46								
		5:20	1:38	0:50	8:13	1:13	1:09	0:29								
8	15299 Michael Johansen Allerød OK	1:10:26	5:14	7:30	12:47	21:18	26:04	27:48	29:09	34:48	35:58	37:49	38:50	41:12	49:56	51:05
		5:14	2:16	5:17	8:31	4:46	1:44	1:21	5:39	1:10	1:51	1:01	2:22	8:44	1:09	
		56:55	58:41	59:51	1:07:55	1:08:49	1:09:58	1:10:26								
		5:50	1:46	1:10	8:04	0:54	1:09	0:28								
9	87107 Jørgen Pedersen AS Feltspor	1:13:07	2:04	4:08	8:44	17:05	21:30	22:58	25:15	34:29	37:38	39:32	40:44	44:13	53:25	54:45
		2:04	2:04	2:04	4:36	8:21	4:25	1:28	2:17	9:14	3:09	1:54	1:12	3:29	9:12	1:20
		1:00:11	1:01:46	1:02:38	1:10:12	1:11:25	1:12:37	1:13:07								
		5:26	1:35	0:52	7:34	1:13	1:12	0:30								
10	90580 Niels la Cour Bentzon Søllerød OK	1:13:11	1:34	4:06	9:38	18:57	24:55	26:37	30:44	34:11	35:36	38:05	40:02	41:30	49:16	50:59
		1:34	2:32	5:32	9:19	5:58	1:42	4:07	3:27	1:25	2:29	1:57	1:28	7:46	1:43	
		58:28	1:00:37	1:01:40	1:10:18	1:11:25	1:12:45	1:13:11								
		7:29	2:09	1:03	8:38	1:07	1:20	0:26								
11	24539 Frede Scheye Herlufsholm OK	1:19:52	1:31	4:05	9:51	22:04	27:45	30:15	32:03	38:10	40:03	42:15	43:39	45:20	54:08	58:08
		1:31	2:34	5:46	12:13	5:41	2:30	1:48	6:07	1:53	2:12	1:24	1:41	8:48	4:00	
		1:04:15	1:07:54	1:08:44	1:17:22	1:18:25	1:19:28	1:19:52								
		6:07	3:39	0:50	8:38	1:03	1:03	0:24								
12	11271 John Høegh Petersen Allerød OK	1:20:31	1:42	5:57	13:39	23:38	28:31	33:48	35:51	39:25	40:51	43:05	44:36	46:16	54:32	56:14
		1:42	4:15	7:42	9:59	4:53	5:17	2:03	3:34	1:26	2:14	1:31	1:40	8:16	1:42	
		1:03:05	1:05:19	1:06:17	1:15:04	1:18:44	1:20:05	1:20:31								
		6:51	2:14	0:58	8:47	3:40	1:21	0:26								
13	3517 Jan Jakobsen OK Øst Birkerød	1:20:34	1:16	4:11	11:32	23:19	27:48	29:48	32:48	37:34	38:54	41:00	42:33	44:08	53:22	55:31
		1:16	2:55	7:21	11:47	4:29	2:00	3:00	4:46	1:20	2:06	1:33	1:35	9:14	2:09	

			1:03:32	1:05:47	1:06:52	1:17:06	1:18:25	1:20:06	1:20:34								
14	4648 Thomas Østergaard OK Øst Birkerød	1:24:31	8:01	2:15	1:05	10:14	1:19	1:41	0:28								
			1:25	4:32	12:52	23:50	31:02	33:24	35:06	39:00	40:26	42:59	44:22	45:59	58:13	59:59	
			1:25	3:07	8:20	10:58	7:12	2:22	1:42	3:54	1:26	2:33	1:23	1:37	12:14	1:46	
			1:07:31	1:10:04	1:11:08	1:21:06	1:22:26	1:23:58	1:24:31								
15	24597 Torben Kristensen Herlufsholm OK	1:32:42	7:32	2:33	1:04	9:58	1:20	1:32	0:33								
			1:44	5:11	11:48	28:15	33:36	35:48	38:24	42:06	44:37	47:13	48:39	50:19	59:39	1:05:58	
			1:44	3:27	6:37	16:27	5:21	2:12	2:36	3:42	2:31	2:36	1:26	1:40	9:20	6:19	
			1:14:17	1:17:01	1:18:14	1:28:31	1:30:11	1:32:05	1:32:42								
			8:19	2:44	1:13	10:17	1:40	1:54	0:37								
16	22129 Jan Frederiksen OK Roskilde	1:34:08	1:33	4:38	12:10	24:00	29:20	33:08	39:58	47:56	51:02	55:54	58:13	59:33	1:07:53	1:09:36	
			1:33	3:05	7:32	11:50	5:20	3:48	6:50	7:58	3:06	4:52	2:19	1:20	8:20	1:43	
			1:16:24	1:18:36	1:19:30	1:30:49	1:32:12	1:33:41	1:34:08								
			6:48	2:12	0:54	11:19	1:23	1:29	0:27								
17	25610 Svend-Erik Munck Herlufsholm OK	1:34:32	2:38	5:26	11:22	26:38	33:16	35:39	37:31	42:39	44:29	47:55	50:55	52:22	1:05:04	1:06:48	
			2:38	2:48	5:56	15:16	6:38	2:23	1:52	5:08	1:50	3:26	3:00	1:27	12:42	1:44	
			1:15:52	1:18:22	1:20:45	1:30:59	1:32:18	1:33:55	1:34:32								
			9:04	2:30	2:23	10:14	1:19	1:37	0:37								
18	97627 Arne Clod Præstholt Allerød OK	1:40:25	2:24	6:24	13:47	25:54	31:43	34:14	37:24	40:35	42:13	48:04	50:02	1:03:04	1:12:33	1:14:32	
			2:24	4:00	7:23	12:07	5:49	2:31	3:10	3:11	1:38	5:51	1:58	13:02	9:29	1:59	
			1:21:14	1:26:09	1:27:00	1:35:58	1:38:15	1:39:52	1:40:25								
			6:42	4:55	0:51	8:58	2:17	1:37	0:33								
H55-AK (2)			3.9 km		13 K												
			1(214)	2(216)	3(168)	4(177)	5(215)	6(155)	7(173)	8(176)	9(53)	10(169)	11(174)	12(165)	13(100)		M
1	14481 Johnny Frands Eriksen Allerød OK	50:28	2:41	4:50	10:02	13:05	18:28	21:27	28:06	33:19	39:20	43:27	47:31	48:43	50:03	50:28	
			2:41	2:09	5:12	3:03	5:23	2:59	6:39	5:13	6:01	4:07	4:04	1:12	1:20	0:25	
2	24860 Stig Andersen Herlufsholm OK	1:20:52	3:38	6:58	15:06	16:58	27:35	31:10	35:45	53:35	1:05:06	1:11:27	1:16:16	1:17:55	1:20:09	1:20:52	
			3:38	3:20	8:08	1:52	10:37	3:35	4:35	17:50	11:31	6:21	4:49	1:39	2:14	0:43	
H60- (11)			6.5 km		14 K												
			1(170)	2(153)	3(215)	4(173)	5(160)	6(219)	7(179)	8(180)	9(181)	10(217)	11(218)	12(174)	13(165)	14(100)	
			M														
1	7254 Anders Jonsson Søllerød OK	56:45	3:35	5:46	8:27	11:18	14:51	17:19	18:34	24:58	30:42	38:11	42:16	54:13	55:03	56:18	
			3:35	2:11	2:41	2:51	3:33	2:28	1:15	6:24	5:44	7:29	4:05	11:57	0:50	1:15	
			56:45														
			0:27														
2	589 Emil Olesen FIF Hillerød Orienterer	58:35	3:12	5:56	9:02	12:12	15:20	19:41	21:04	28:55	32:28	40:13	42:57	55:44	56:44	58:02	
			3:12	2:44	3:06	3:10	3:08	4:21	1:23	7:51	3:33	7:45	2:44	12:47	1:00	1:18	
			58:35														
			0:33														
3	16594 Kai Beck-Andersen Farum OK	1:06:07	3:42	6:45	10:47	14:15	17:22	20:44	22:12	31:28	35:00	44:39	47:58	1:02:52	1:03:56	1:05:33	
			3:42	3:03	4:02	3:28	3:07	3:22	1:28	9:16	3:32	9:39	3:19	14:54	1:04	1:37	
			1:06:07														
			0:34														
4	21436 Lars Olsen OK Roskilde	1:08:17	3:39	6:48	11:26	14:58	18:02	21:27	23:22	33:05	37:29	46:55	50:39	1:05:09	1:06:10	1:07:45	
			3:39	3:09	4:38	3:32	3:04	3:25	1:55	9:43	4:24	9:26	3:44	14:30	1:01	1:35	
			1:08:17														
			0:32														
5	64600 Jimmy Hoen Ballerup OK	1:09:08	12:12	14:49	22:43	26:48	29:21	32:05	33:36	41:11	44:24	52:55	55:16	1:06:35	1:07:35	1:08:44	
			12:12	2:37	7:54	4:05	2:33	2:44	1:31	7:35	3:13	8:31	2:21	11:19	1:00	1:09	
			1:09:08														

			<i>0:24</i>														
6	15819	Leif Jensen OK Skærmn Værløse	1:09:48	7:01 7:01 1:09:48 0:38	10:10 3:09	14:05 3:55	19:18 5:13	22:01 2:43	25:41 3:40	27:07 1:26	35:48 8:41	39:28 3:40	49:01 9:33	52:17 3:16	1:06:44 14:27	1:07:43 0:59	1:09:10 1:27
7	97445	Henrik Ole Petersen Allerød OK	1:11:30	3:22 3:22 1:11:30 0:34	6:32 3:10	13:22 6:50	16:28 3:06	19:18 2:50	24:22 5:04	27:22 3:00	36:44 9:22	40:02 3:18	49:11 9:09	51:55 2:44	1:08:21 16:26	1:09:39 1:18	1:10:56 1:17
8	16156	Søren Christensen OK Skærmn Værløse	1:17:56	3:36 3:36 1:17:56 0:37	7:01 3:25	12:15 5:14	17:58 5:43	21:33 3:35	25:04 3:31	27:22 2:18	37:33 10:11	41:14 3:41	53:52 12:38	58:22 4:30	1:14:28 16:06	1:15:48 1:20	1:17:19 1:31
9	74691	Kim Folander OK Sorø	1:19:33	4:24 4:24 1:19:33 0:55	7:32 3:08	11:46 4:14	18:38 6:52	22:06 3:28	24:46 2:40	26:22 1:36	35:37 9:15	39:24 3:47	54:27 15:03	57:48 3:21	1:15:11 17:23	1:16:30 1:19	1:18:38 2:08
10	71259	Lars Jørn Espersen OK S.G.	1:42:26	5:34 5:34 1:42:26 0:38	10:29 4:55	15:34 5:05	20:41 5:07	25:42 5:01	36:03 10:21	38:50 2:47	51:04 12:14	57:11 6:07	1:09:30 12:19	1:15:05 5:35	1:37:45 22:40	1:39:17 1:32	1:41:48 2:31
	95217	Niels Raagaard Søllerød OK	Fejlkl.	3:53 3:53 1:21:13 0:36	6:55 3:02	11:57 5:02	15:30 3:33	-----	28:14 12:44	32:43 4:29	41:30 8:47	49:32 8:02	59:08 9:36	1:02:30 3:22	1:17:53 15:23	1:18:57 1:04	1:20:37 1:40

H65- (31)

5.2 km 12 K

			1 (216)	2 (175)	3 (223)	4 (179)	5 (178)	6 (173)	7 (154)	8 (224)	9 (225)	10 (210)	11 (165)	12 (100)	M	
1	21668	Janne Brunstedt OK Roskilde	38:50	2:32 2:32	8:28 5:56	11:38 3:10	15:31 3:53	18:02 2:31	21:10 3:08	24:59 3:49	28:00 3:01	29:03 1:03	36:18 7:15	37:17 0:59	38:25 1:08	38:50 0:25
2	59073	Ronnie McGrail Søllerød OK	46:05	4:18 4:18	9:48 5:30	13:15 3:27	17:50 4:35	22:22 4:32	26:01 3:39	30:06 4:05	34:01 3:55	35:09 1:08	43:14 8:05	44:22 1:08	45:36 1:14	46:05 0:29
3	11966	Leif Kofoed Helsingør SOK	50:08	3:08 3:08	9:29 6:21	14:30 5:01	19:27 4:57	22:43 3:16	28:29 5:46	33:23 4:54	36:54 3:31	37:57 1:03	47:05 9:08	48:13 1:08	49:38 1:25	50:08 0:30
4	10207	Kuno Rasmussen Ballerup OK	51:28	5:13 5:13	11:54 6:41	16:15 4:21	22:37 6:22	24:17 1:40	28:48 4:31	33:10 4:22	37:11 4:01	38:20 1:09	47:37 9:17	49:08 1:31	50:55 1:47	51:28 0:33
5	9812	Per Aaes Christofferse Ballerup OK	53:24	3:08 3:08	11:25 8:17	16:07 4:42	22:14 6:07	26:49 4:35	31:10 4:21	35:45 4:35	39:30 3:45	40:35 1:05	49:58 9:23	51:15 1:17	52:49 1:34	53:24 0:35
6	170329	Karsten Funder FIF Hillerød Orienteri	53:34	4:05 4:05	11:27 7:22	15:49 4:22	22:24 6:35	25:24 3:00	29:12 3:48	34:04 4:52	39:01 4:57	40:03 1:02	50:28 10:25	51:41 1:13	53:01 1:20	53:34 0:33
7	24208	John Tripax OK Roskilde	53:45	2:42 2:42	14:04 11:22	17:14 3:10	21:40 4:26	26:51 5:11	30:38 3:47	35:05 4:27	38:36 3:31	39:33 0:57	51:04 11:31	52:03 0:59	53:13 1:10	53:45 0:32
8	1165	Jørgen Chr. Nielsen FIF Hillerød Orienteri	54:14	3:39 3:39	11:03 7:24	15:29 4:26	20:58 5:29	24:05 3:07	28:21 4:16	34:04 5:43	38:23 4:19	39:35 1:12	50:44 11:09	52:07 1:23	53:35 1:28	54:14 0:39
9	16396	Ulrik Danneskiold-Sams Farum OK	56:18	6:39 6:39	15:04 8:25	18:46 3:42	26:02 7:16	28:11 2:09	32:14 4:03	37:50 5:36	41:33 3:43	42:29 0:56	53:15 10:46	54:28 1:13	55:49 1:21	56:18 0:29
10	11817	John Pihl Helsingør SOK	56:44	4:10 4:10 25:29 *219	11:35 7:25	16:29 4:54	23:44 7:15	27:06 3:22	31:08 4:02	36:37 5:29	40:59 4:22	42:17 1:18	52:48 10:31	54:31 1:43	56:02 1:31	56:44 0:42
11	1214	Karsten Schultz FIF Hillerød Orienteri	58:29	3:19 3:19 29:50 *219	9:14 5:55	13:14 4:00	28:26 15:12	31:28 3:02	35:58 4:30	40:39 4:41	44:33 3:54	46:06 1:33	55:34 9:28	56:40 1:06	57:54 1:14	58:29 0:35

12	5943	Allan Christiansen Fredensborg OK	59:22	3:30	11:51	16:19	29:35	31:52	36:16	41:25	45:55	47:06	56:20	57:27	58:46	59:22
13	15942	Steen Sørensen OK Skærmø Værløse	1:01:00	3:57	15:13	20:30	26:24	32:47	37:05	42:52	46:58	48:03	57:53	59:11	1:00:27	1:01:00
14	18417	Knud Lykking OK73	1:01:16	4:15	13:13	18:33	24:53	27:08	32:04	38:44	43:42	45:03	57:16	58:54	1:00:36	1:01:16
15	18574	Jørn Andreasen OK73	1:01:36	4:27	13:14	18:28	25:28	31:09	35:24	40:56	45:39	46:47	58:01	59:21	1:00:55	1:01:36
16	10968	Finn Blom Christensen Lyngby OK	1:03:37	5:35	14:31	20:05	27:26	30:08	34:51	40:48	47:05	48:17	59:58	1:01:16	1:02:53	1:03:37
17	66177	Niels Tulinus OK S.G.	1:03:38	4:31	12:25	17:47	25:31	29:41	34:20	40:36	45:19	46:57	59:01	1:00:52	1:02:51	1:03:38
18	25975	Niels-Henrik Holscher O-63	1:03:50	4:05	11:16	17:03	27:33	35:05	39:17	44:22	48:51	50:03	1:00:47	1:01:58	1:03:19	1:03:50
19	11461	Jim Chalmers Lyngby OK	1:05:10	3:41	15:11	21:26	31:21	33:01	37:11	43:45	48:32	49:48	1:00:52	1:02:34	1:04:34	1:05:10
20	28664	Niels Lund Søllerød OK	1:05:27	4:41	13:48	19:31	27:27	30:33	36:27	42:53	47:50	49:26	1:01:18	1:03:03	1:04:51	1:05:27
21	753	Gunnar Lorenzen Farum OK	1:05:30	5:25	14:56	19:26	27:01	30:41	35:15	40:14	47:18	48:25	1:01:57	1:03:09	1:04:54	1:05:30
22	129464	Knud Torm OK Roskilde	1:07:18	4:00	14:10	22:21	28:56	32:09	37:56	44:09	49:34	50:54	1:03:33	1:04:59	1:06:33	1:07:18
23	8567	Tom P. Neesgaard FSK Orientering	1:09:12	4:41	14:05	21:15	27:51	31:08	36:17	43:17	50:51	52:18	1:04:50	1:06:30	1:08:17	1:09:12
24	28408	Erik Løvgren Jensen Køge OK	1:09:13	4:46	18:30	22:46	33:57	40:26	46:04	51:24	55:30	56:34	1:06:15	1:07:23	1:08:46	1:09:13
25	17980	Jørgen Christensen OK73	1:12:11	8:21	15:26	21:16	32:06	39:06	43:28	50:54	55:28	56:55	1:08:27	1:10:07	1:11:33	1:12:11
26	160088	Robert Simonsen Lyngby OK	1:14:26	4:18	15:12	21:08	30:01	35:20	41:01	47:56	53:48	55:23	1:09:39	1:11:25	1:13:41	1:14:26
27	7527	Jens Aaris Thisted Søllerød OK	1:17:50	5:11	15:36	20:50	39:30	43:43	50:49	56:24	1:01:23	1:02:39	1:13:36	1:15:18	1:17:06	1:17:50
28	16049	Svend Erik Jensen OK Skærmø Værløse	1:20:46	8:40	18:30	23:47	41:05	42:57	49:14	56:58	1:03:18	1:04:51	1:16:23	1:18:12	1:20:02	1:20:46
29	78982	Bjørn Christensen Allerød OK	1:21:53	12:45	22:21	28:26	45:15	47:26	53:01	59:12	1:03:36	1:05:05	1:18:09	1:19:52	1:21:17	1:21:53
30	6371	Mogens Jørgensen Søllerød OK	1:30:46	6:22	16:08	22:43	37:03	40:34	47:42	58:04	1:05:43	1:07:50	1:24:21	1:26:42	1:29:24	1:30:46
31	18813	Søren Gudme OK73	1:43:09	5:38	17:06	30:04	46:12	55:23	1:02:16	1:10:20	1:17:59	1:19:59	1:36:21	1:39:09	1:42:10	1:43:09

H70- (13)

4.3 km 15 K

1 (211)	2 (216)	3 (170)	4 (168)	5 (156)	6 (157)	7 (160)	8 (172)	9 (173)	10 (154)	11 (53)	12 (169)	13 (174)	14 (165)
15 (100)	M												

1	10364	Mogens Hansen OK Skærmø Værløse	38:27	2:01	3:47	5:41	8:31	12:31	14:37	18:28	19:50	21:29	27:18	29:39	32:50	35:42	36:40
				2:01	1:46	1:54	2:50	4:00	2:06	3:51	1:22	1:39	5:49	2:21	3:11	2:52	0:58
				37:55	38:27												
				1:15	0:32												
2	29092	Ole Svendsen OK Roskilde	39:03	1:39	3:20	4:17	6:58	10:42	13:00	17:00	18:16	20:02	26:23	29:27	32:41	36:02	37:02
				1:39	1:41	0:57	2:41	3:44	2:18	4:00	1:16	1:46	6:21	3:04	3:14	3:21	1:00
				38:31	39:03												
				1:29	0:32												
3	7220	Arne Grøndahl Søllerød OK	41:53	2:06	4:00	6:08	9:17	13:30	16:17	20:54	22:21	24:13	28:48	31:51	35:19	38:41	39:52
				2:06	1:54	2:08	3:09	4:13	2:47	4:37	1:27	1:52	4:35	3:03	3:28	3:22	1:11
				41:18	41:53												

4	8236	Flemming Larsen Helsingør SOK	44:09	1:26 4:01 4:01 43:33 1:33	0:35 5:59 1:58 44:09 0:36	8:24 11:14 2:25 2:50 4:22	15:36 18:25 2:49 4:37 1:24	23:02 24:26 1:51 4:38 3:04	26:17 30:55 4:38 3:04 3:29	33:59 37:28 3:04 3:29 3:17	37:28 40:45 3:17 3:17 1:15	42:00 42:00 1:15 1:15 1:11					
5	7197	Gert Bøgevig Søllerød OK	45:01	1:56 1:56 44:26 1:34	3:42 1:46 45:01 0:35	7:58 4:16 3:22 4:26 2:37	11:20 15:46 4:26 2:37 4:29	18:23 22:52 4:29 1:23 2:01	24:15 26:16 1:51 5:28 3:17	31:44 35:01 3:17 3:18 3:22	38:19 41:41 3:18 3:22 1:11	42:52 42:52 1:11 1:11 1:11					
6	24993	Niels Lyhne Tisvilde Hegn OK	45:06	2:08 2:08 44:36 1:40	5:27 3:19 45:06 0:30	6:35 9:34 1:08 2:59 4:35	14:09 16:41 2:32 4:15 1:34	20:56 22:30 1:34 1:59 5:43	24:29 30:12 5:43 3:42 4:15	33:54 38:09 4:15 3:27 1:20	41:36 42:56 1:20 1:20 1:20	42:56 42:56 1:20 1:20 1:20					
7	7147	Erik Brühl Søllerød OK	46:05	1:50 1:50 45:32 1:32	3:37 1:47 46:05 0:33	4:57 8:07 1:20 3:10 5:27	13:34 16:32 2:58 4:15 1:33	20:47 22:20 1:33 1:58 6:05	24:18 30:23 6:05 4:48 3:44	35:11 38:55 3:44 3:55 1:10	42:50 44:00 1:10 1:10 1:10	44:00 44:00 1:10 1:10 1:10					
8	6678	Arne Bech OK73	48:05	1:40 1:40 47:21 1:44	3:26 1:46 48:05 0:44	5:23 8:42 1:57 3:19 4:36	13:18 16:36 3:18 4:38 1:09	21:14 22:23 1:09 1:55 5:25	24:18 29:43 5:25 4:42 5:13	34:25 39:38 5:13 4:46 1:13	44:24 45:37 1:13 1:13 1:13	45:37 45:37 1:13 1:13 1:13					
9	72819	Birger Hoff AS Feltsport	49:56	1:57 1:57 49:16 2:05	3:38 1:41 49:56 0:40	10:13 13:33 6:35 3:20 4:31	18:04 20:31 2:27 4:16 1:30	24:47 26:17 1:30 1:58 5:25	28:15 33:40 5:25 4:04 4:17	37:44 42:01 4:17 3:57 1:13	45:58 47:11 1:13 1:13 1:13	47:11 47:11 1:13 1:13 1:13					
10	19712	Knud Dam Kildeholm OK	51:47	5:45 5:45 51:11 1:32	7:39 1:54 51:47 0:36	9:05 12:18 1:26 3:13 5:31	17:49 20:34 2:45 5:58 1:38	26:32 28:10 1:38 2:21 6:38	30:31 37:09 6:38 3:47 3:35	40:56 44:31 3:35 3:48 1:20	49:39 49:39 1:20 1:20 1:20	49:39 49:39 1:20 1:20 1:20					
11	21882	Finn Olsen OK Roskilde	54:43	2:06 2:06 54:07 1:55	4:40 2:34 54:43 0:36	6:18 9:49 1:38 3:31 6:02	15:51 18:45 2:54 5:53 1:50	24:38 26:28 1:50 2:22 8:04	28:50 36:54 8:04 5:19 4:13	42:13 46:26 4:13 4:16 1:30	52:12 52:12 1:30 1:30 1:30	52:12 52:12 1:30 1:30 1:30					
12	852	Henning Løwenstein FIF Hillerød Orienteri	1:06:52	2:22 2:22 1:06:10 2:37	4:37 2:15 1:06:52 0:42	8:29 11:50 3:52 3:21 5:25	17:15 25:30 8:15 9:06 2:04	34:36 36:40 2:04 2:55 7:00	39:35 46:35 7:00 5:02 6:07	51:37 57:44 6:07 4:18 1:31	1:02:02 1:03:33 1:31 1:31 1:31	1:03:33 1:03:33 1:31 1:31 1:31					
13	29026	Ole Rasmussen Køge OK	1:07:09	2:26 2:26 1:06:29 1:54	8:48 6:22 1:07:09 0:40	14:40 19:07 5:52 4:27 5:39	24:46 30:10 5:24 5:04 1:46	35:14 37:00 1:46 2:21 7:58	39:21 47:19 7:58 3:49 7:26	51:08 58:34 7:26 4:49 1:12	1:03:23 1:04:35 1:12 1:12 1:12	1:04:35 1:04:35 1:12 1:12 1:12					
H75-	(10)			4.0 km	13 K												
				1(152)	2(221)	3(177)	4(156)	5(157)	6(160)	7(172)	8(173)	9(154)	10(53)	11(169)	12(150)	13(100)	M
1	12451	Jørgen Jensen Helsingør SOK	35:19	2:05 2:05	3:18 1:13	6:29 3:11	9:28 2:59	11:56 2:28	16:08 4:12	17:22 1:14	19:14 1:52	24:22 5:08	27:04 2:42	30:42 3:38	33:07 2:25	34:50 1:43	35:19 0:29
2	18227	Bent Mortensen OK73	42:31	1:58 1:58	3:56 1:58	8:38 4:42	12:40 4:02	15:32 2:52	19:57 4:25	21:37 1:40	23:51 2:14	29:49 5:58	33:08 3:19	36:53 3:45	39:39 2:46	41:48 2:09	42:31 0:43
3	16776	Jørgen Lund-Hansen Farum OK	43:11	2:21 2:21	3:51 1:30	7:49 3:58	12:19 4:30	15:24 3:05	19:32 4:08	21:32 2:00	24:03 2:31	29:40 5:37	33:12 3:32	37:56 4:44	40:25 2:29	42:41 2:16	43:11 0:30
4	16263	Bendt Frandsen Farum OK	43:40	1:43 1:43	3:06 1:23	9:20 6:14	12:51 3:31	15:38 2:47	19:44 4:06	21:10 1:26	25:32 4:22	30:20 4:48	33:41 3:21	37:49 4:08	40:20 2:31	43:08 2:48	43:40 0:32
5	12518	Søren Østergaard Helsingør SOK	43:58	2:53 2:53	5:10 2:17	9:10 4:00	14:12 5:02	17:28 3:16	21:54 4:26	23:27 1:33	25:47 2:20	31:48 6:01	35:03 3:15	38:49 3:46	41:31 2:42	43:21 1:50	43:58 0:37
6	16643	Holger Karlsmose	51:06	2:41	4:45	9:29	14:17	18:15	24:04	26:10	28:56	35:51	39:46	44:24	47:37	50:21	51:06

		Farum OK		2:41	2:04	4:44	4:48	3:58	5:49	2:06	2:46	6:55	3:55	4:38	3:13	2:44	0:45
7	19572	Carl Djourhuus Kildeholm OK	51:51	4:31	6:23	11:40	15:38	20:43	25:47	27:32	29:39	38:26	41:52	45:53	48:40	51:14	51:51
8	28250	Erling Hansen Køge OK	55:49	3:31	5:34	10:04	14:09	17:55	24:01	26:11	29:40	37:26	42:24	48:17	52:10	54:59	55:49
9	8260	Gunnar Tamberg Ballerup OK	1:03:00	2:48	5:13	11:24	16:45	20:47	27:42	29:57	34:15	42:50	49:32	55:03	59:08	1:02:04	1:03:00
				2:48	2:25	6:11	5:21	4:02	6:55	2:15	4:18	8:35	6:42	5:31	4:05	2:56	0:56
					46:44												
					*137												
10	10372	Mogens Køhler Ballerup OK	1:06:46	2:45	5:16	11:05	16:26	20:50	28:30	31:15	35:09	45:11	50:46	57:12	1:01:56	1:05:34	1:06:46
				2:45	2:31	5:49	5:21	4:24	7:40	2:45	3:54	10:02	5:35	6:26	4:44	3:38	1:12
H80- (6)				3.3 km	11 K												
				1(166)	2(216)	3(170)	4(168)	5(156)	6(155)	7(154)	8(53)	9(169)	10(165)	11(100)			M
1	28127	Kurt Dose Køge OK	47:57	2:12	7:09	9:36	14:42	21:37	27:12	31:18	35:24	40:08	44:46	47:25	47:57		
				2:12	4:57	2:27	5:06	6:55	5:35	4:06	4:06	4:44	4:38	2:39	0:32		
2	19118	Jørgen Poulsen OK73	50:01	1:57	5:10	7:41	11:50	17:16	25:37	29:20	37:50	42:04	46:54	49:22	50:01		
				1:57	3:13	2:31	4:09	5:26	8:21	3:43	8:30	4:14	4:50	2:28	0:39		
3	12154	Peter Larsen Helsingør SOK	54:12	3:07	6:00	8:38	12:17	18:24	24:53	37:31	41:33	46:00	51:03	53:24	54:12		
				3:07	2:53	2:38	3:39	6:07	6:29	12:38	4:02	4:27	5:03	2:21	0:48		
4	18772	Ole Hansen OK73	1:18:25	2:55	8:29	11:42	18:52	30:16	40:16	47:08	54:33	1:04:13	1:13:00	1:17:07	1:18:25		
				2:55	5:34	3:13	7:10	11:24	10:00	6:52	7:25	9:40	8:47	4:07	1:18		
5	91398	Hans Christian Pederse Søllerød OK	1:22:59	2:47	19:44	22:09	28:15	37:15	45:31	50:28	1:03:59	1:12:32	1:19:34	1:22:13	1:22:59		
				2:47	16:57	2:25	6:06	9:00	8:16	4:57	13:31	8:33	7:02	2:39	0:46		
UFK	130627	Fleming Agervold Vinderød OK af 1992	1:11:21	4:23	9:44	12:43	19:24	29:19	38:21	44:17	50:55	58:56	1:06:35	1:09:54	1:11:21		
				4:23	5:21	2:59	6:41	9:55	9:02	5:56	6:38	8:01	7:39	3:19	1:27		
Åben 2 (19)				6.8 km	14 K												
				1(166)	2(169)	3(53)	4(176)	5(157)	6(178)	7(179)	8(180)	9(181)	10(217)	11(218)	12(210)	13(165)	14(100)
				M													
1	170323	Jens Jørgen Hansen Jernbanefritid	43:43	1:52	3:37	5:52	9:09	11:00	14:52	15:46	20:54	22:47	30:02	31:54	41:33	42:21	43:18
				1:52	1:45	2:15	3:17	1:51	3:52	0:54	5:08	1:53	7:15	1:52	9:39	0:48	0:57
				43:43													
				0:25													
2	170399	Jakob Ødum OK Øst Birkerød	46:37	0:59	3:10	5:19	8:26	11:08	15:21	16:52	22:08	24:50	31:10	33:07	44:12	45:12	46:08
				0:59	2:11	2:09	3:07	2:42	4:13	1:31	5:16	2:42	6:20	1:57	11:05	1:00	0:56
				46:37													
				0:29													
3	170372	Lars Konradsen FIF Hillerød Orienterer	49:36	1:02	3:04	5:34	9:20	11:42	16:28	17:35	23:23	25:59	32:55	34:56	46:46	47:44	49:03
				1:02	2:02	2:30	3:46	2:22	4:46	1:07	5:48	2:36	6:56	2:01	11:50	0:58	1:19
				49:36													
				0:33													
4	170314	Steen Skytte Kirkegaard Jernbanefritid	51:12	1:09	3:10	5:47	10:13	12:38	17:08	18:11	24:41	27:29	35:22	37:28	48:50	49:48	50:46
				1:09	2:01	2:37	4:26	2:25	4:30	1:03	6:30	2:48	7:53	2:06	11:22	0:58	0:58
				51:12													
				0:26													
5	170374	Øystein Rarp Raumar OK, Norge	51:30	1:04	3:21	5:41	9:39	11:59	18:22	19:34	25:04	27:36	34:53	37:59	48:53	49:54	51:05
				1:04	2:17	2:20	3:58	2:20	6:23	1:12	5:30	2:32	7:17	3:06	10:54	1:01	1:11
				51:30													
				0:25													
6	170404	Claus Odgaard	53:33	0:55	2:41	5:05	9:35	12:03	20:29	21:41	28:06	30:31	37:19	39:27	50:44	51:48	53:04

	OK73		0:55	1:46	2:24	4:30	2:28	8:26	1:12	6:25	2:25	6:48	2:08	11:17	1:04	1:16
			53:33													
			0:29													
7	170318 Martin Schwartz Jernbanefritid	54:05	1:28	3:43	6:38	11:00	13:18	18:19	19:49	26:07	28:54	36:16	39:13	51:34	52:37	53:38
			1:28	2:15	2:55	4:22	2:18	5:01	1:30	6:18	2:47	7:22	2:57	12:21	1:03	1:01
			54:05													
			0:27													
8	170307 Helle Holm Clausen Jernbanefritid	56:58	1:02	3:13	7:12	10:48	13:18	18:18	19:27	25:33	28:00	34:56	41:09	54:06	55:14	56:30
			1:02	2:11	3:59	3:36	2:30	5:00	1:09	6:06	2:27	6:56	6:13	12:57	1:08	1:16
			56:58													
			0:28													
9	170400 Anne Konring Larsen FIF Hillerød Orienteri	1:01:48	1:55	4:26	7:24	13:06	15:53	21:27	22:41	29:53	33:37	43:32	46:18	58:57	1:00:00	1:01:13
			1:55	2:31	2:58	5:42	2:47	5:34	1:14	7:12	3:44	9:55	2:46	12:39	1:03	1:13
			1:01:48													
			0:35													
10	140056 Ole Meldgaard Ballerup OK	1:03:01	1:16	3:25	6:12	11:19	14:03	19:41	22:03	31:03	34:27	42:37	45:00	1:00:00	1:01:11	1:02:30
			1:16	2:09	2:47	5:07	2:44	5:38	2:22	9:00	3:24	8:10	2:23	15:00	1:11	1:19
			1:03:01													
			0:31													
11	170347 Lars Vindegaard OK Roskilde	1:12:56	0:53	11:33	14:15	19:07	21:10	26:54	28:11	36:09	38:46	57:07	59:06	1:10:19	1:11:22	1:12:32
			0:53	10:40	2:42	4:52	2:03	5:44	1:17	7:58	2:37	18:21	1:59	11:13	1:03	1:10
			1:12:56													
			0:24													
12	170377 Ronni Nielsen OK73	1:13:20	1:20	4:38	7:43	14:01	16:42	24:16	26:56	36:42	43:03	52:21	55:03	1:10:03	1:11:08	1:12:47
			1:20	3:18	3:05	6:18	2:41	7:34	2:40	9:46	6:21	9:18	2:42	15:00	1:05	1:39
			1:13:20													
			0:33													
13	170365 Christian Bovet OK73	1:14:37	1:58	4:36	10:21	17:14	19:50	26:12	29:29	36:21	39:20	46:33	50:01	1:12:04	1:12:58	1:14:15
			1:58	2:38	5:45	6:53	2:36	6:22	3:17	6:52	2:59	7:13	3:28	22:03	0:54	1:17
			1:14:37													
			0:22													
14	170349 Steen Fladberg Køge OK	1:17:17	1:38	4:35	8:05	15:31	22:54	32:24	34:30	41:50	45:19	56:43	59:53	1:14:10	1:15:18	1:16:40
			1:38	2:57	3:30	7:26	7:23	9:30	2:06	7:20	3:29	11:24	3:10	14:17	1:08	1:22
			1:17:17													
			0:37													
15	170328 Lars Forsting Jernbanefritid	1:25:22	1:33	7:18	10:34	21:45	24:34	32:43	34:32	48:50	52:58	1:02:04	1:04:49	1:21:31	1:23:08	1:24:47
			1:33	5:45	3:16	11:11	2:49	8:09	1:49	14:18	4:08	9:06	2:45	16:42	1:37	1:39
			1:25:22													
			0:35													
16	170366 Jesper Jørgensen Amager OK	1:30:04	2:18	5:16	9:10	22:54	25:35	33:48	35:21	47:27	51:12	1:00:20	1:11:42	1:27:14	1:28:21	1:29:31
			2:18	2:58	3:54	13:44	2:41	8:13	1:33	12:06	3:45	9:08	11:22	15:32	1:07	1:10
			1:30:04													
			0:33													
17	90457 Mikael Horn Rolighed Lyngby OK	1:39:38	2:28	6:04	9:59	24:54	34:55	43:23	48:24	57:50	1:03:20	1:12:37	1:19:55	1:35:18	1:37:03	1:39:00
			2:28	3:36	3:55	14:55	10:01	8:28	5:01	9:26	5:30	9:17	7:18	15:23	1:45	1:57
			1:39:38													
			0:38													
18	170388 Johan Hardon Køge OK	1:44:21	2:55	11:14	16:44	24:11	27:15	35:54	42:05	1:07:57	1:12:26	1:21:05	1:25:06	1:40:51	1:42:19	1:43:47
			2:55	8:19	5:30	7:27	3:04	8:39	6:11	25:52	4:29	8:39	4:01	15:45	1:28	1:28
			1:44:21													
			0:34													
	170389 Sixten Schrøder Køge OK	Fejlkl.	4:10	10:14	18:00	41:23	46:37	1:09:10	1:13:08	1:25:49	1:35:10	2:17:52	-----	2:40:57	2:43:33	2:45:08
			4:10	6:04	7:46	23:23	5:14	22:33	3:58	12:41	9:21	42:42		23:05	2:36	1:35
			2:45:49		2:12:22											
			0:41		*218											

Åben 3	(20)	5.6 km	14 K																
				1(152)	2(221)	3(170)	4(154)	5(155)	6(176)	7(157)	8(219)	9(179)	10(222)	11(224)	12(225)	13(174)	14(100)		
			M																
1	170336	Masha Semak Farum OK	39:47	1:28 1:28 39:47	2:31 1:03	4:40 2:09	8:25 3:45	10:12 1:47	13:57 3:45	16:07 2:10	21:07 5:00	22:06 0:59	27:55 5:49	30:01 2:06	30:56 0:55	37:24 6:28	39:15 1:51		
2	170382	Preben Sloth FIF Hillerød Orienteri	43:13	1:32 1:32 43:13	2:36 1:04	5:03 2:27	9:45 4:42	11:55 2:10	15:50 3:55	18:16 2:26	23:45 5:29	24:54 1:09	30:42 5:48	32:30 1:48	33:27 0:57	40:39 7:12	42:39 2:00		
3	66367	Lars Munktved Allerød OK	44:47	1:46 1:46 44:47	2:48 1:02	5:23 2:35	9:22 3:59	11:45 2:23	19:04 7:19	21:19 2:15	26:36 5:17	27:57 1:21	33:37 5:40	35:17 1:40	36:16 0:59	42:27 6:11	44:22 1:55		
4	170394	Venessa Roin Søllerød OK	47:32	1:30 1:30 47:32	2:36 1:06	4:58 2:22	9:07 4:09	14:11 5:04	18:48 4:37	23:04 4:16	27:57 4:53	29:06 1:09	34:57 5:51	37:12 2:15	38:09 0:57	45:08 6:59	47:06 1:58		
5	170413	Bjarke Sucksdorff OK73	49:07	1:47 1:47 49:07	3:01 1:14	5:32 2:31	9:31 3:59	12:18 2:47	15:59 3:41	18:45 2:46	28:32 9:47	30:14 1:42	36:28 6:14	38:30 2:02	39:28 0:58	46:21 6:53	48:33 2:12		
6	170317	Malene Løkke Jernbanefritid	50:07	1:17 1:17 50:07	2:24 1:07	4:49 2:25	10:12 5:23	13:00 2:48	19:26 6:26	22:12 2:46	27:56 5:44	29:21 1:25	36:23 7:02	38:51 2:28	39:49 0:58	47:24 7:35	49:35 2:11		
7	170320	Niels Aabye Jernbanefritid	50:24	1:42 1:42 50:24	3:12 1:30	5:58 2:46	11:32 5:34	14:04 2:32	17:58 3:54	20:39 2:41	27:07 6:28	28:29 1:22	36:25 7:56	38:36 2:11	39:29 0:53	47:31 8:02	49:51 2:20		
8	170308	Marianne Kirkegaard Jernbanefritid	51:03	2:16 2:16 51:03	3:35 1:19	6:02 2:27	10:26 4:24	13:39 3:13	20:49 7:10	23:26 2:37	29:07 5:41	30:34 1:27	37:14 6:40	39:11 1:57	40:13 1:02	48:17 8:04	50:35 2:18		
9	170335	Henrik Poulsen FIF Hillerød Orienteri	51:50	1:32 1:32 51:50	2:51 1:19	5:25 2:34	10:37 5:12	13:00 2:23	17:52 4:52	20:49 2:57	27:43 6:54	29:19 1:36	36:13 6:54	38:22 2:09	39:46 1:24	48:35 8:49	51:20 2:45		
10	170395	Rune B. Roin Søllerød OK	51:55	2:29 2:29 51:55	4:04 1:35	6:42 2:38	11:30 4:48	13:50 2:20	18:39 4:49	21:45 3:06	27:40 5:55	29:18 1:38	37:18 8:00	39:29 2:11	40:40 1:11	48:31 7:51	51:24 2:53		
11	170325	Susanne Gjedsig Thomse Jernbanefritid	51:59	1:26 1:26 51:59	2:54 1:28	5:24 2:30	9:57 4:33	12:18 2:21	16:24 4:06	19:01 2:37	27:05 8:04	30:34 3:29	37:45 7:11	40:12 2:27	41:15 1:03	49:03 7:48	51:29 2:26		
12	170359	Nikoline Andersen Søllerød OK	53:17	1:35 1:35 53:17	2:53 1:18	5:47 2:54	10:31 4:44	14:46 4:15	19:28 4:42	23:25 3:57	29:35 6:10	30:50 1:15	38:38 7:48	40:49 2:11	42:07 1:18	50:31 8:24	52:50 2:19		
13	170324	Axel O. Petersen Jernbanefritid	59:01	2:29 2:29 59:01	4:13 1:44	6:54 2:41	11:33 4:39	14:29 2:56	19:44 5:15	22:05 2:21	28:19 6:14	29:52 1:33	41:16 11:24	46:05 4:49	46:59 0:54	55:56 8:57	58:33 2:37		
14	170350	Johan Frydendahl	1:03:10	2:12	3:35	6:44	14:41	18:10	23:11	26:43	37:30	39:16	46:53	49:26	50:31	59:48	1:02:34		

	DSR		2:12	1:23	3:09	7:57	3:29	5:01	3:32	10:47	1:46	7:37	2:33	1:05	9:17	2:46
			1:03:10													
			0:36													
15	170390 Nils Sættem Kildeholm OK	1:03:22	2:09	3:38	8:04	14:12	17:43	30:06	32:53	39:16	40:48	48:09	50:23	51:30	1:00:25	1:02:54
			2:09	1:29	4:26	6:08	3:31	12:23	2:47	6:23	1:32	7:21	2:14	1:07	8:55	2:29
			1:03:22													
			0:28													
16	133720 Rune Odin Lyngby OK	1:11:23	1:34	3:41	7:09	12:27	23:44	27:52	32:39	44:32	50:07	57:41	1:00:46	1:01:51	1:08:59	1:10:49
			1:34	2:07	3:28	5:18	11:17	4:08	4:47	11:53	5:35	7:34	3:05	1:05	7:08	1:50
			1:11:23		41:11											
			0:34		*178											
17	170373 Jørgen Wiscbech Søllerød OK	1:13:38	1:53	3:17	6:39	12:16	14:45	20:50	24:10	33:32	35:23	59:15	1:01:20	1:02:21	1:10:35	1:13:08
			1:53	1:24	3:22	5:37	2:29	6:05	3:20	9:22	1:51	23:52	2:05	1:01	8:14	2:33
			1:13:38													
			0:30													
18	170344 Jesper Fonager Christe OK Roskilde	1:13:53	2:09	3:42	7:16	15:27	18:21	24:01	27:51	37:23	43:00	53:58	57:14	58:23	1:09:37	1:13:14
			2:09	1:33	3:34	8:11	2:54	5:40	3:50	9:32	5:37	10:58	3:16	1:09	11:14	3:37
			1:13:53													
			0:39													
19	170313 Asger Purhus Jernbanefritid	1:15:04	4:31	6:25	8:46	13:34	15:38	20:02	23:18	34:41	38:41	47:14	50:11	51:23	1:12:02	1:14:27
			4:31	1:54	2:21	4:48	2:04	4:24	3:16	11:23	4:00	8:33	2:57	1:12	20:39	2:25
			1:15:04													
			0:37													
	170396 Gregers Jørgensen Ballerup OK	Fejlkl.	1:30	2:41	5:10	9:45	12:08	15:50	-----	-----	-----	-----	-----	-----	-----	-----
			1:30	1:11	2:29	4:35	2:23	3:42								
			35:46													
			19:56													
Åben 4 (33)			4.8 km	12 K												
			1(211)	2(168)	3(177)	4(215)	5(173)	6(219)	7(179)	8(222)	9(224)	10(225)	11(174)	12(100)	M	
1	170357 Kim Find Andersen Søllerød OK	36:16	1:41	4:26	5:18	8:49	11:22	16:33	17:58	23:47	25:32	26:35	33:44	35:53	36:16	
			1:41	2:45	0:52	3:31	2:33	5:11	1:25	5:49	1:45	1:03	7:09	2:09	0:23	
2	170409 Jon Miene Helsingør SOK	43:16	1:53	6:02	7:41	11:57	15:50	21:13	22:36	29:07	31:00	32:16	40:03	42:32	43:16	
			1:53	4:09	1:39	4:16	3:53	5:23	1:23	6:31	1:53	1:16	7:47	2:29	0:44	
2	170412 Jacob Sucksdorff OK73	43:16	2:07	6:11	7:31	11:01	14:11	19:12	20:34	27:02	30:08	31:10	40:22	42:52	43:16	
			2:07	4:04	1:20	3:30	3:10	5:01	1:22	6:28	3:06	1:02	9:12	2:30	0:24	
4	115174 Jens Frandsen OK Sorø	44:37	1:47	5:14	6:25	10:29	14:40	19:49	21:33	29:07	31:57	33:23	41:30	44:08	44:37	
			1:47	3:27	1:11	4:04	4:11	5:09	1:44	7:34	2:50	1:26	8:07	2:38	0:29	
5	152697 Niels-Peter Vest Niels Allerød OK	48:17	2:04	5:26	6:38	10:04	15:48	24:49	26:25	35:01	37:05	38:14	45:37	47:51	48:17	
			2:04	3:22	1:12	3:26	5:44	9:01	1:36	8:36	2:04	1:09	7:23	2:14	0:26	
6	170343 Hakon Mosbech OK Skærmø Værløse	49:08	1:41	4:59	8:55	12:23	15:13	20:33	25:02	32:05	34:18	35:31	46:05	48:33	49:08	
			1:41	3:18	3:56	3:28	2:50	5:20	4:29	7:03	2:13	1:13	10:34	2:28	0:35	
7	170392 Line Elgård Nielsen OK Øst Birkerød	49:53	2:10	6:10	7:52	11:55	16:19	22:12	23:40	32:30	35:14	36:31	46:19	49:10	49:53	
			2:10	4:00	1:42	4:03	4:24	5:53	1:28	8:50	2:44	1:17	9:48	2:51	0:43	
8	170315 Kurt Jespersen Jernbanefritid	50:06	1:56	5:39	7:38	12:59	18:40	24:53	26:36	34:13	37:07	38:25	46:33	49:28	50:06	
			1:56	3:43	1:59	5:21	5:41	6:13	1:43	7:37	2:54	1:18	8:08	2:55	0:38	
9	170414 Charlotte Nielsen Tisvilde Hegn OK	50:33	2:33	6:21	7:29	12:25	15:58	22:42	24:12	32:31	35:27	37:07	46:34	49:56	50:33	
			2:33	3:48	1:08	4:56	3:33	6:44	1:30	8:19	2:56	1:40	9:27	3:22	0:37	
10	170408 Jørn Steffensen Helsingør SOK	53:36	2:16	6:14	8:03	12:15	16:20	22:45	24:28	33:07	36:04	37:28	49:50	52:54	53:36	
			2:16	3:58	1:49	4:12	4:05	6:25	1:43	8:39	2:57	1:24	12:22	3:04	0:42	
11	170363 Ole Husen Farum OK	54:01	1:57	5:59	7:16	12:22	16:54	24:56	26:49	36:25	39:13	40:42	50:46	53:26	54:01	
			1:57	4:02	1:17	5:06	4:32	8:02	1:53	9:36	2:48	1:29	10:04	2:40	0:35	
12	170402 Jeppe Lyskjær Farum OK	54:07	2:56	7:19	9:09	13:53	18:43	24:42	26:47	35:28	38:40	40:08	50:13	53:24	54:07	
			2:56	4:23	1:50	4:44	4:50	5:59	2:05	8:41	3:12	1:28	10:05	3:11	0:43	

13	170407	Anne Marie Topp OK Øst Birkerød	54:24	2:50	7:12	8:36	13:25	18:15	24:47	26:27	35:54	38:49	40:48	50:02	53:35	54:24
14	170381	Leni Møllsøe OK Roskilde	55:37	2:12	6:15	8:02	13:36	18:18	26:22	28:24	37:19	40:41	42:03	51:27	55:01	55:37
15	170355	Paul Hansen Farum OK	1:00:52	2:19	7:11	8:50	14:39	19:55	27:30	30:05	40:51	44:05	45:46	56:17	1:00:08	1:00:52
16	170316	Leo Mathiesen Jernbanefritid	1:00:56	2:39	7:15	8:51	14:32	19:23	27:18	29:08	39:20	43:26	44:56	57:10	1:00:20	1:00:56
17	170375	Synne Rapp Raumar OK, Norge	1:01:14	2:20	7:47	8:55	16:07	20:27	27:18	29:40	39:53	42:17	46:16	56:48	1:00:35	1:01:14
18	170364	Thomas Kragh Christens OK Øst Birkerød	1:01:59	2:02	6:21	7:55	27:19	33:09	38:40	40:21	46:29	48:19	50:25	58:06	1:01:00	1:01:59
19	141517	Per Kolstrup Randers OK	1:03:05	2:11	6:06	7:18	11:34	20:55	29:57	31:26	40:50	47:29	51:06	59:23	1:02:30	1:03:05
20	170369	Inger Jensen FSK Orientering	1:03:19	2:48	7:04	8:28	18:35	23:17	30:29	32:19	40:59	43:41	44:56	59:21	1:02:40	1:03:19
21	170337	Dorthe Petersen NASP Nuuk OK	1:03:35	3:01	7:36	9:02	14:27	20:00	28:17	36:07	45:28	47:53	50:14	1:00:05	1:03:06	1:03:35
22	170406	Jan Kristoffersen FSK Orientering	1:03:38	3:31	4:49	1:15	6:01	10:27	6:51	2:48	9:03	2:48	1:22	10:37	3:32	0:34
23	148224	Bjarne Sørensen Amager OK	1:04:17	6:45	11:15	12:33	19:02	23:35	31:29	33:21	42:31	46:05	47:24	57:41	1:03:40	1:04:17
24	170327	AnneLi Aabye Jernbanefritid	1:04:19	2:38	8:39	10:59	16:18	22:03	28:16	30:02	41:01	45:45	49:17	59:37	1:03:40	1:04:19
24	170386	Lykke Berg Herlufsholm OK	1:04:19	3:28	8:11	9:44	16:21	22:39	29:32	31:36	41:12	45:45	47:25	1:00:20	1:03:40	1:04:19
26	20925	Bente Pihl OK Roskilde	1:05:27	2:29	6:57	11:54	18:13	23:30	31:46	34:13	44:26	48:39	50:12	1:01:14	1:04:50	1:05:27
27	170321	Carl Erik Hunnerrup Jernbanefritid	1:05:35	6:21	12:36	14:08	21:37	25:59	36:50	39:18	49:09	51:26	52:49	1:01:52	1:04:56	1:05:35
28	170379	Claus Mikkelsen OK Sorø	1:07:19	2:02	7:02	8:41	23:01	27:35	35:29	37:04	48:11	51:10	52:41	1:03:25	1:06:39	1:07:19
29	138861	Alice Brødsgaard Ballerup OK	1:10:10	2:35	8:07	9:48	16:13	21:02	34:16	36:49	49:32	52:57	54:44	1:06:32	1:09:31	1:10:10
30	132764	Mikkel Fabritius Søren Amager OK	1:10:52	2:36	6:15	7:42	13:09	17:06	42:42	44:41	54:30	57:16	58:13	1:07:33	1:10:21	1:10:52
				12:11	41:32											
				*175	*178											
31	170358	Thor Find Andersen Søllerød OK	1:21:02	3:11	6:37	10:18	28:18	32:19	45:08	46:36	1:07:38	1:09:59	1:10:56	1:18:18	1:20:39	1:21:02
32	170309	Marianne Krowicki Jernbanefritid	1:21:23	3:10	8:15	17:54	25:44	36:44	45:31	48:15	1:00:56	1:04:10	1:05:59	1:17:21	1:20:36	1:21:23
	170401	Maria Konring FIF Hillerød Orienteri	Fejlkl.	1:47	5:07	6:08	9:58	-----	-----	-----	-----	-----	-----	-----	34:58	35:34
				1:47	3:20	1:01	3:50								25:00	0:36

Åben 5 (14)

4.0 km 12 K

1(211) 2(168) 3(156) 4(157) 5(160) 6(172) 7(173) 8(154) 9(53) 10(167) 11(150) 12(100) M

1	22674	Eva Smedegaard OK Sorø	36:01	1:34	4:57	9:15	11:40	17:17	18:43	20:21	24:57	27:48	30:50	33:38	35:30	36:01
2	170410	Chris Bagger FIF Hillerød Orienteri	43:55	1:51	5:32	11:55	15:07	19:27	21:01	23:29	32:21	35:16	38:19	41:27	43:24	43:55
3	138853	Peter Nørsgaard Ballerup OK	47:53	1:51	3:41	6:23	3:12	4:20	1:34	2:28	8:52	2:55	3:03	3:08	1:57	0:31
4	170362	Annlou Husen	50:34	2:32	7:27	13:33	17:14	21:52	23:27	26:22	31:09	34:27	38:03	45:17	47:23	47:53
				2:32	4:55	6:06	3:41	4:38	1:35	2:55	4:47	3:18	3:36	7:14	2:06	0:30
				2:18	6:06	12:34	18:29	23:04	25:02	27:28	35:38	39:24	44:00	47:41	49:52	50:34

		Farum OK	2:18	3:48	6:28	5:55	4:35	1:58	2:26	8:10	3:46	4:36	3:41	2:11	0:42		
5	170340	Vibeke Rohde	53:29	2:35	7:10	13:32	17:07	23:05	24:52	27:42	36:26	40:56	45:18	50:30	52:47	53:29	
		Ballerup OK	2:35	4:35	6:22	3:35	5:58	1:47	2:50	8:44	4:30	4:22	5:12	2:17	0:42		
6	170398	Erich Petersen	54:23	2:43	6:51	12:09	16:23	21:43	23:33	26:26	38:30	42:32	47:17	51:09	53:42	54:23	
		OK Roskilde	2:43	4:08	5:18	4:14	5:20	1:50	2:53	12:04	4:02	4:45	3:52	2:33	0:41		
7	170376	Kristine Rapp	57:44	2:36	7:46	15:10	19:15	25:09	27:07	29:46	37:25	42:24	48:20	53:53	57:20	57:44	
		Raumar OK, Norge	2:36	5:10	7:24	4:05	5:54	1:58	2:39	7:39	4:59	5:56	5:33	3:27	0:24		
8	26452	Susan Houmark Stub	1:00:11	2:59	8:03	15:40	19:37	25:34	30:16	33:06	40:47	47:36	52:15	56:49	59:33	1:00:11	
		PI-København	2:59	5:04	7:37	3:57	5:57	4:42	2:50	7:41	6:49	4:39	4:34	2:44	0:38		
9	170352	Svend Fladberg	1:06:14	3:45	17:57	23:26	27:32	32:57	35:18	39:37	46:29	51:19	56:21	1:02:52	1:05:27	1:06:14	
		Køge OK	3:45	14:12	5:29	4:06	5:25	2:21	4:19	6:52	4:50	5:02	6:31	2:35	0:47		
10	170353	Tom Petersen	1:12:21	3:17	9:20	18:29	22:56	31:25	34:01	37:20	47:47	52:56	1:02:18	1:07:27	1:11:08	1:12:21	
		OK73	3:17	6:03	9:09	4:27	8:29	2:36	3:19	10:27	5:09	9:22	5:09	3:41	1:13		
11	26600	Bente Dahl	1:29:00	3:22	9:31	23:42	29:14	37:58	41:11	45:39	55:02	1:03:12	1:18:18	1:24:37	1:28:12	1:29:00	
		PI-København	3:22	6:09	14:11	5:32	8:44	3:13	4:28	9:23	8:10	15:06	6:19	3:35	0:48		
			17:48	1:09:56													
			*176	*170													
12	170348	Hanne Frost	1:38:47	4:35	12:08	23:42	31:14	41:22	45:14	51:03	1:01:39	1:10:14	1:25:31	1:33:06	1:37:34	1:38:47	
		Farum OK	4:35	7:33	11:34	7:32	10:08	3:52	5:49	10:36	8:35	15:17	7:35	4:28	1:13		
13	170346	Lars Adolffson	1:43:11	3:46	13:16	27:12	33:36	45:52	49:54	54:56	1:05:55	1:15:35	1:30:47	1:37:41	1:41:56	1:43:11	
		Esløvs FK	3:46	9:30	13:56	6:24	12:16	4:02	5:02	10:59	9:40	15:12	6:54	4:15	1:15		
14	170345	Røde	1:48:06	5:19	19:25	31:14	38:50	50:23	54:34	1:00:22	1:14:54	1:23:37	1:33:47	1:41:32	1:46:35	1:48:06	
		Tisvilde Hegn OK	5:19	14:06	11:49	7:36	11:33	4:11	5:48	14:32	8:43	10:10	7:45	5:03	1:31		
Åben 6 (13)			5.5 km	14 K													
			1(170)	2(154)	3(155)	4(156)	5(157)	6(160)	7(159)	8(222)	9(225)	10(162)	11(163)	12(158)	13(164)	14(100)	
			M														
1	170368	Søren Scherfig	1:00:30	3:36	8:50	16:50	20:09	23:13	28:15	31:43	39:44	43:17	47:23	52:16	54:26	57:04	59:57
		Allerød OK	3:36	5:14	8:00	3:19	3:04	5:02	3:28	8:01	3:33	4:06	4:53	2:10	2:38	2:53	
			1:00:30														
			0:33														
2	170351	Svend W. Frydendahl	1:04:00	3:37	9:11	15:32	20:09	23:01	27:34	32:52	41:22	44:41	48:48	54:24	56:49	1:00:28	1:03:33
		DSR	3:37	5:34	6:21	4:37	2:52	4:33	5:18	8:30	3:19	4:07	5:36	2:25	3:39	3:05	
			1:04:00														
			0:27														
3	152233	Angélique Grønbo Rasmu	1:04:44	4:00	9:18	12:44	17:06	19:58	25:06	34:28	41:47	45:13	49:04	54:27	56:58	1:00:14	1:04:17
		Allerød OK	4:00	5:18	3:26	4:22	2:52	5:08	9:22	7:19	3:26	3:51	5:23	2:31	3:16	4:03	
			1:04:44														
			0:27														
			*179														
4	170339	Søren Hinge-Petersen	1:10:01	9:07	14:17	18:14	22:23	26:38	32:27	40:37	46:48	50:30	55:49	1:00:24	1:02:31	1:05:56	1:09:29
		FIF Hillerød Orienteri	9:07	5:10	3:57	4:09	4:15	5:49	8:10	6:11	3:42	5:19	4:35	2:07	3:25	3:33	
			1:10:01														
			0:32														
5	170387	Henrik Mathiesen	1:17:09	4:35	10:29	15:04	19:40	23:35	33:49	38:25	45:47	52:17	1:00:14	1:05:07	1:08:25	1:12:39	1:16:34
		Herlufsholm OK	4:35	5:54	4:35	4:36	3:55	10:14	4:36	7:22	6:30	7:57	4:53	3:18	4:14	3:55	
			1:17:09														
			0:35														
6	170417	Thamrup Lisette	1:18:31	5:16	11:30	15:09	19:28	22:01	26:54	30:16	37:31	52:29	58:47	1:04:57	1:10:16	1:13:51	1:17:59
		Allerød OK	5:16	6:14	3:39	4:19	2:33	4:53	3:22	7:15	14:58	6:18	6:10	5:19	3:35	4:08	
			1:18:31														
			0:32														
7	170380	Mads Kirkegaard	1:21:53	7:08	12:51	16:12	21:46	26:09	31:10	37:43	46:02	49:46	57:16	1:03:24	1:05:50	1:17:35	1:21:20
			7:08	5:43	3:21	5:34	4:23	5:01	6:33	8:19	3:44	7:30	6:08	2:26	11:45	3:45	
			1:21:53														
			0:33														

8	170326	Jørn Rasmussen Jernbanefritid	1:25:10	5:28 5:28 1:25:10 0:36	17:23 11:55	22:41 5:18	28:05 5:24	33:14 5:09	39:52 6:38	44:35 4:43	53:00 8:25	58:11 5:11	1:02:53 4:42	1:12:50 9:57	1:16:27 3:37	1:20:59 4:32	1:24:34 3:35
9	170334	Hanne Poulsen FIF Hillerød Orienteri	1:32:22	8:24 8:24 1:32:22 0:37	17:49 9:25	22:26 4:37	31:18 8:52	35:34 4:16	41:33 5:59	46:43 5:10	56:07 9:24	1:02:02 5:55	1:06:48 4:46	1:19:39 12:51	1:23:11 3:32	1:27:18 4:07	1:31:45 4:27
10	170360	Bettina Katy Andersen Søllerød OK	1:41:11	4:42 4:42 1:41:11 0:51	16:24 11:42	22:22 5:58	27:45 5:23	31:48 4:03	44:32 12:44	54:10 9:38	1:09:20 15:10	1:13:32 4:12	1:19:30 5:58	1:25:51 6:21	1:31:09 5:18	1:35:04 3:55	1:40:20 5:16
	170319	Tina Ravnholt Jernbanefritid	Fejlkl.	13:14 13:14 1:41:20 0:37	21:09 7:55	25:16 4:07	32:28 7:12	38:10 5:42	44:25 6:15	49:27 5:02	57:31 8:04	1:01:44 4:13	----- 24:53	1:26:37 5:50	1:32:27 5:50	1:36:29 4:02	1:40:43 4:14
	170370	Ib Konradsen Søllerød OK	Fejlkl.	11:37 11:37 1:56:10 1:08	----- 21:51	33:28 9:23	42:51 9:23	47:31 4:40	55:29 7:58	1:04:12 8:43	----- -----	----- -----	----- 35:48	1:40:00 3:40	1:43:40 3:40	1:49:09 5:29	1:55:02 5:53
	170405	Inge Kristoffersen FSK Orientering	Fejlkl.	4:40 4:40 1:39:24 0:44	12:03 7:23	17:37 5:34	23:20 5:43	27:54 4:34	34:34 6:40	----- -----	59:50 25:16	1:07:35 7:45	1:16:03 8:28	1:25:24 9:21	1:29:08 3:44	1:33:32 4:24	1:38:40 5:08

Åben 7 (6)

3.6 km 12 K

1(131) 2(133) 3(151) 4(135) 5(144) 6(145) 7(146) 8(140) 9(147) 10(149) 11(150) 12(100) M

1	170385	Renata Amorin Tisvilde Hegn OK	42:00	1:48 1:48 28:56 0:30	4:46 2:58	6:16 1:30	8:02 1:46	15:33 7:31	19:52 4:19	26:11 6:19	30:26 4:15	32:02 1:36	37:40 5:38	39:17 1:37	41:25 2:08	42:00 0:35
2	170383	Laura Sloth FIF Hillerød Orienteri	59:18	1:45 1:45 2:20	4:05 2:20	5:39 1:34	8:23 2:44	15:26 7:03	19:25 3:59	23:53 4:28	27:35 3:42	46:39 19:04	52:43 6:04	55:05 2:22	58:48 3:43	59:18 0:30
3	170391	Benthe Jensen OK Skærmen Værløse	1:05:30	6:24 6:24 2:43	9:07 2:43	14:07 5:00	20:44 6:37	32:19 11:35	38:32 6:13	45:42 7:10	51:04 5:22	53:08 2:04	59:42 6:34	1:01:47 2:05	1:04:42 2:55	1:05:30 0:48
4	170403	Marie Lyskjær Farum OK	1:11:57	4:10 4:10 2:42	6:52 2:42	9:15 2:23	11:52 2:37	19:01 7:09	26:12 7:11	34:34 8:22	40:52 6:18	59:05 18:13	1:05:21 6:16	1:08:23 3:02	1:11:26 3:03	1:11:57 0:31
5	18756	Thorkil Hansen OK73	1:24:13	4:32 4:32 4:47	9:19 4:47	12:26 3:07	16:16 3:50	21:47 5:31	32:47 11:00	45:30 12:43	56:21 10:51	1:00:44 4:23	1:12:53 12:09	1:16:39 3:46	1:22:15 5:36	1:24:13 1:58
	170397	Susanne Lindberg	Fejlkl.	----- 4:51 4:51	4:51 1:44	6:35 1:44	9:30 2:55	12:13 2:43	17:25 5:12	23:08 5:43	27:25 4:17	29:16 1:51	33:31 4:15	35:32 2:01	38:13 2:41	38:51 0:38

Åben 8 (6)

3.3 km 14 K

1(131) 2(132) 3(133) 4(134) 5(171) 6(137) 7(138) 8(139) 9(140) 10(55) 11(141) 12(142) 13(143) 14(100) M

1	170361	Gustav Bagger OK Sorø	28:56	1:53 1:53 28:56 0:30	3:08 1:15	4:02 0:54	4:51 0:49	7:59 3:08	13:22 5:23	13:57 0:35	16:02 2:05	19:58 3:56	21:34 1:36	22:52 1:18	25:21 2:29	27:19 1:58	28:26 1:07
2	170416	Johanne Shøier Tisvilde Hegn OK	31:21	1:46 1:46 31:21	2:58 1:12	4:02 1:04	5:26 1:24	8:47 3:21	10:21 1:34	11:35 1:14	14:49 3:14	18:43 3:54	21:40 2:57	24:00 2:20	27:50 3:50	29:27 1:37	30:52 1:25

		0:29														
3	142474 Hans Grønberg Nielsen Allerød OK	32:55	2:46	4:13	5:41	6:36	9:46	11:06	12:15	15:06	20:42	23:17	25:02	28:20	30:35	32:16
			2:46	1:27	1:28	0:55	3:10	1:20	1:09	2:51	5:36	2:35	1:45	3:18	2:15	1:41
			32:55													
			0:39													
4	170342 Ida Warberg Ploug Ballerup OK	38:27	2:24	3:53	4:55	6:14	13:50	17:34	18:45	22:12	26:23	28:26	29:42	34:10	35:52	37:57
			2:24	1:29	1:02	1:19	7:36	3:44	1:11	3:27	4:11	2:03	1:16	4:28	1:42	2:05
			38:27													
			0:30													
5	170393 Simon Klinkby Holbæk OK	40:42	2:26	3:49	5:08	6:12	10:31	12:39	13:53	18:19	23:25	26:15	28:37	32:39	37:21	39:43
			2:26	1:23	1:19	1:04	4:19	2:08	1:14	4:26	5:06	2:50	2:22	4:02	4:42	2:22
			40:42													
			0:59													
6	170341 David Warberg Ploug Ballerup OK	52:02	4:12	7:21	9:40	11:42	17:02	19:01	20:46	26:49	33:07	36:37	39:22	44:24	47:37	51:17
			4:12	3:09	2:19	2:02	5:20	1:59	1:45	6:03	6:18	3:30	2:45	5:02	3:13	3:40
			52:02													
			0:45													

D75- (5)		3.3 km 11 K														
		1 (166)	2 (216)	3 (170)	4 (168)	5 (156)	6 (155)	7 (154)	8 (53)	9 (169)	10 (165)	11 (100)	M			
1	28268 Hanne Hansen Køge OK	59:22	2:40	6:03	7:47	12:40	18:48	26:28	31:17	39:39	48:26	56:24	58:41	59:22		
			2:40	3:23	1:44	4:53	6:08	7:40	4:49	8:22	8:47	7:58	2:17	0:41		
2	8252 Susan Tamberg Ballerup OK	1:03:58	5:14	9:14	12:33	17:50	24:58	31:33	38:09	43:35	49:30	59:27	1:02:53	1:03:58		
			5:14	4:00	3:19	5:17	7:08	6:35	6:36	5:26	5:55	9:57	3:26	1:05		
3	7353 Grethe Tetens Søllerød OK	1:25:58	3:51	9:51	13:04	19:42	30:15	39:35	46:42	57:21	1:12:13	1:21:19	1:24:45	1:25:58		
			3:51	6:00	3:13	6:38	10:33	9:20	7:07	10:39	14:52	9:06	3:26	1:13		
	11198 Birthe Sondrup OK73	Fejlkl.	3:10	8:08	10:35	16:29	-----	-----	-----	-----	28:20	36:05	39:47	41:50		
			3:10	4:58	2:27	5:54					11:51	7:45	3:42	2:03		
	19085 Inge Madsen OK73	Fejlkl.	1:55	5:22	9:57	14:03	22:06	27:45	-----	35:27	40:10	44:28	46:17	46:51		
			1:55	3:27	4:35	4:06	8:03	5:39		7:42	4:43	4:18	1:49	0:34		

H85- (1)		3.3 km 11 K														
		1 (166)	2 (216)	3 (170)	4 (168)	5 (156)	6 (155)	7 (154)	8 (53)	9 (169)	10 (165)	11 (100)	M			
1	14548 Erik Elleman Høegh Allerød OK	1:38:44	3:08	8:33	11:42	18:43	33:17	47:01	53:48	1:03:02	1:23:32	1:33:39	1:37:22	1:38:44		
			3:08	5:25	3:09	7:01	14:34	13:44	6:47	9:14	20:30	10:07	3:43	1:22		

Åben 1 (10)		10.0 km 23 K														
		1 (214)	2 (167)	3 (175)	4 (193)	5 (185)	6 (186)	7 (187)	8 (192)	9 (189)	10 (195)	11 (196)	12 (197)	13 (198)	14 (199)	
		15 (48)	16 (201)	17 (179)	18 (222)	19 (224)	20 (225)	21 (210)	22 (165)	23 (100)	M					
1	170354 Mikkel Skaarup Ballerup OK	1:14:02	1:28	4:53	11:01	19:11	22:12	23:29	24:53	27:17	28:02	35:25	38:59	41:11	42:11	45:08
			1:28	3:25	6:08	8:10	3:01	1:17	1:24	2:24	0:45	7:23	3:34	2:12	1:00	2:57
			46:42	49:23	57:28	1:02:43	1:04:36	1:05:25	1:11:45	1:12:38	1:13:36	1:14:02				
			1:34	2:41	8:05	5:15	1:53	0:49	6:20	0:53	0:58	0:26				
2	170338 Christian Wennecke NASP Nuuk OK	1:30:21	1:26	3:32	8:18	20:18	24:59	26:35	28:44	31:57	32:55	40:43	45:04	49:05	52:13	55:44
			1:26	2:06	4:46	12:00	4:41	1:36	2:09	3:13	0:58	7:48	4:21	4:01	3:08	3:31
			57:07	59:59	1:09:32	1:15:45	1:17:41	1:18:38	1:27:35	1:28:35	1:29:53	1:30:21				
			1:23	2:52	9:33	6:13	1:56	0:57	8:57	1:00	1:18	0:28				
3	170322 Allan Gundsøe	1:31:05	2:19	4:52	9:28	19:43	24:21	26:02	29:13	32:41	34:02	43:50	47:14	50:58	52:23	57:41

		Jernbanefritid	2:19	2:33	4:36	10:15	4:38	1:41	3:11	3:28	1:21	9:48	3:24	3:44	1:25	5:18	
			59:00	1:02:25	1:11:32	1:17:22	1:19:17	1:20:17	1:28:11	1:29:23	1:30:39	1:31:05					
			1:19	3:25	9:07	5:50	1:55	1:00	7:54	1:12	1:16	0:26					
4	170356	John Knudsen	1:32:11	2:01	4:23	9:15	18:12	21:23	23:20	24:55	29:03	32:24	38:58	44:01	49:53	51:08	55:29
		Nykøbing F. Roklub		2:01	2:22	4:52	8:57	3:11	1:57	1:35	4:08	3:21	6:34	5:03	5:52	1:15	4:21
				56:54	1:00:35	1:10:17	1:17:36	1:20:38	1:21:35	1:28:56	1:30:02	1:31:38	1:32:11				
				1:25	3:41	9:42	7:19	3:02	0:57	7:21	1:06	1:36	0:33				
5	170384	Rune Gundersen	1:35:59	1:40	3:57	8:21	16:45	20:13	26:20	27:32	33:50	36:04	41:57	45:55	49:54	51:24	1:00:11
		Tisvilde Hegn OK		1:40	2:17	4:24	8:24	3:28	6:07	1:12	6:18	2:14	5:53	3:58	3:59	1:30	8:47
				1:02:38	1:05:49	1:15:04	1:21:29	1:23:31	1:24:55	1:33:04	1:34:19	1:35:36	1:35:59				
				2:27	3:11	9:15	6:25	2:02	1:24	8:09	1:15	1:17	0:23				
6	170415	Jakob Stausholm	1:37:20	1:27	5:08	10:24	23:09	26:34	28:27	29:31	33:48	34:46	42:32	46:26	50:35	51:46	54:44
		Tisvilde Hegn OK		1:27	3:41	5:16	12:45	3:25	1:53	1:04	4:17	0:58	7:46	3:54	4:09	1:11	2:58
				55:55	1:01:21	1:14:21	1:22:10	1:24:30	1:25:25	1:34:04	1:35:47	1:36:55	1:37:20				
				1:11	5:26	13:00	7:49	2:20	0:55	8:39	1:43	1:08	0:25				
7	170333	Frederik Brønd	1:41:40	2:23	5:21	10:21	19:58	24:19	27:38	35:21	38:19	39:55	53:44	57:34	1:01:34	1:02:51	1:05:42
		Lyngby OK		2:23	2:58	5:00	9:37	4:21	3:19	7:43	2:58	1:36	13:49	3:50	4:00	1:17	2:51
				1:08:05	1:10:53	1:20:05	1:26:30	1:28:19	1:29:23	1:37:48	1:39:55	1:41:11	1:41:40				
				2:23	2:48	9:12	6:25	1:49	1:04	8:25	2:07	1:16	0:29				
8	170411	Steen Klysner	1:44:30	5:30	7:36	12:22	21:32	25:38	27:21	28:26	33:14	34:00	41:52	47:02	1:01:17	1:02:40	1:07:13
		FIF Hillerød Orienteri		5:30	2:06	4:46	9:10	4:06	1:43	1:05	4:48	0:46	7:52	5:10	14:15	1:23	4:33
				1:08:23	1:11:20	1:21:24	1:30:12	1:32:14	1:33:27	1:41:43	1:42:45	1:44:00	1:44:30				
				1:10	2:57	10:04	8:48	2:02	1:13	8:16	1:02	1:15	0:30				
9	170371	Henrik Visborg Thune	1:51:10	1:31	4:32	9:55	23:40	28:13	30:15	32:02	35:56	37:15	54:26	59:47	1:02:19	1:03:26	1:06:35
		Kildeholm OK		1:31	3:01	5:23	13:45	4:33	2:02	1:47	3:54	1:19	17:11	5:21	2:32	1:07	3:09
				1:08:10	1:13:41	1:26:23	1:34:49	1:36:35	1:37:28	1:48:21	1:49:29	1:50:39	1:51:10				
				1:35	5:31	12:42	8:26	1:46	0:53	10:53	1:08	1:10	0:31				
10	170378	Mikkel Skovbo Petterss	2:08:07	2:08	5:19	12:35	25:52	32:34	34:07	35:19	38:14	40:13	49:33	1:04:26	1:13:20	1:16:17	1:20:55
		OK Sorø		2:08	3:11	7:16	13:17	6:42	1:33	1:12	2:55	1:59	9:20	14:53	8:54	2:57	4:38
				1:22:43	1:30:34	1:43:43	1:52:04	1:53:55	1:54:50	2:05:02	2:06:19	2:07:35	2:08:07				
				1:48	7:51	13:09	8:21	1:51	0:55	10:12	1:17	1:16	0:32				
Åben 10 (3)			3.3 km	11 K													
			1(166)	2(216)	3(170)	4(168)	5(156)	6(155)	7(154)	8(53)	9(169)	10(165)	11(100)				M
1	170311	Ottar Kristensen	1:15:07	3:23	18:04	22:15	26:58	35:19	44:47	51:06	57:04	1:03:29	1:11:55	1:14:14	1:15:07		
		Jernbanefritid		3:23	14:41	4:11	4:43	8:21	9:28	6:19	5:58	6:25	8:26	2:19	0:53		
2	170310	Elisa Sørensen	1:22:34	17:28	21:18	23:20	28:42	36:18	44:18	57:52	1:03:55	1:10:21	1:18:39	1:21:27	1:22:34		
		Jernbanefritid		17:28	3:50	2:02	5:22	7:36	8:00	13:34	6:03	6:26	8:18	2:48	1:07		
3	170312	Doris Kristensen	1:27:36	4:53	11:41	15:57	23:08	32:00	40:14	1:01:51	1:07:37	1:14:20	1:23:00	1:26:20	1:27:36		
		Jernbanefritid		4:53	6:48	4:16	7:11	8:52	8:14	21:37	5:46	6:43	8:40	3:20	1:16		