

Sensommercup 2013
Samlet resultat

ti 10-09-2013 21:12

Oprettet af [MT2003 © Stephan Krämer 2008](#)

| Pl | Stnr | Navn | År | Klub | Land | E1 | E2 | E3 | Tid | | | |
|-------------------------|--------|-----------------------|----|------------------|------|--------------|----|---------|-----|--------------|---|---------|
| D Let (5) | | | | | | | | | | | | |
| 1 | 137037 | Celina Bregensøe | 12 | Tisvilde Hegn OK | | 36:54 | 1 | 34:07 | 1 | 24:08 | 1 | 1:35:09 |
| | | Louise Schwärter | | Tisvilde Hegn OK | | Fejlkl. | | Fejlkl. | | | | |
| | | Rikke Christensen | | Helsingør SOK | | | | 50:05 | 2 | | | |
| | | Birgitte Andersen | | Helsingør SOK | | | | 54:22 | 3 | | | |
| | 124216 | Alma Marholt | 10 | Tisvilde Hegn OK | | | | | | 1:00:20 | 2 | |
| D mellemsvær (8) | | | | | | | | | | | | |
| 1 | 165707 | Anne Juhl Sørensen | 28 | Allerød OK | | 1:06:48 | 2 | 57:26 | 2 | 53:48 | 1 | 2:58:02 |
| | 80086 | AnneLi Aabye | 56 | Ballerup OK | | Fejlkl. | | | | Ikke startet | | |
| | 122393 | Mette Rich | 39 | Ballerup OK | | Ikke startet | | 58:27 | 3 | Ikke startet | | |
| | | Amalie Severinsen | | OK Øst | | 58:54 | 1 | | | | | |
| | | Anna Olsen | | Tisvilde Hegn OK | | | | 54:55 | 1 | | | |
| | 148993 | Christina Schøier | 45 | Tisvilde Hegn OK | | | | | | 59:57 | 2 | |
| | | Inger Landsperg | | Tisvilde Hegn OK | | | | | | 1:11:57 | 3 | |
| | | Inger Kirkegaard | | Tisvilde Hegn OK | | | | | | Fejlkl. | | |
| H Let (3) | | | | | | | | | | | | |
| 1 | 170061 | Alfred Gantriis Johan | 11 | Helsingør SOK | | 51:03 | 1 | 1:19:22 | 1 | 51:07 | 2 | 3:01:32 |
| | | Mikkel Stamp | | Helsingør SOK | | 58:17 | 2 | | | 38:19 | 1 | |
| | | Ib Konradsen | | Søllerød OK | | | | Fejlkl. | | | | |
| H mellemsvær (6) | | | | | | | | | | | | |
| 1 | 174493 | Benjamin Stockmann | 28 | Tisvilde Hegn OK | | 1:05:25 | 1 | 1:17:30 | 4 | 1:09:40 | 1 | 3:32:35 |
| | | Niels Frederiksen | | Helsingør SOK | | Fejlkl. | | 1:35:30 | 5 | Fejlkl. | | |

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|--------|---------------------|---------------------|--|---------|---------|---|--|--|
| | Rasmus V. Jørgensen | Tisvilde Hegn OK | | Fejlkl. | 1:11:57 | 3 | | |
| 175665 | Thomas Bjørn Hansen | 22 Tisvilde Hegn OK | | | 1:03:54 | 2 | | |
| 175699 | Jacob Bjørn Hansen | 18 Tisvilde Hegn OK | | | Fejlkl. | | | |
| | Jesper Kracht | PI-København | | | 1:03:23 | 1 | | |

D begynder (9)

| | | | | | | | | | | |
|---|------------------------------|---------------------|--|--------------|---|-------|---|--------------|---|---------|
| 1 | 137045 Xenia Bregensøe | 10 Tisvilde Hegn OK | | 21:54 | 1 | 24:42 | 2 | 16:11 | 1 | 1:02:47 |
| 2 | 170053 Maggie Müller | 10 Helsingør SOK | | 26:06 | 3 | 23:11 | 1 | 27:16 | 4 | 1:16:33 |
| 3 | 140296 Frederikke Gundersen | 10 Tisvilde Hegn OK | | 30:56 | 5 | 33:01 | 6 | 18:11 | 2 | 1:22:08 |
| 4 | 173685 Sarah Nommesen | 10 Helsingør SOK | | 24:09 | 2 | 30:15 | 5 | 30:41 | 7 | 1:25:05 |
| 5 | 174328 Kaia Jørgensen | 09 Tisvilde Hegn OK | | 36:19 | 6 | 26:57 | 4 | 28:41 | 6 | 1:31:57 |
| | 170384 Dicte Højbjerg Anders | 10 Helsingør SOK | | Ikke startet | | 26:16 | 3 | 22:09 | 3 | |
| | Johanne Schøier Kovst | Tisvilde Hegn OK | | Ikke startet | | 35:09 | 7 | 27:27 | 5 | |
| | 113417 Line Petersen | 18 Helsingør SOK | | 29:00 | 4 | | | | | |
| | Dagmar Kopp Stannum | Tisvilde Hegn OK | | | | 45:35 | 8 | Ikke startet | | |

D svar kort (22)

| | | | | | | | | | | |
|---|-------------------------|---------------------------|--|--------------|----|--------------|----|--------------|----|---------|
| 1 | 65385 Iben Valery | 17 Tisvilde Hegn OK | | 1:00:41 | 7 | 56:12 | 3 | 40:06 | 1 | 2:36:59 |
| 2 | 164816 Louise B Jensen | 25 Helsingør SOK | | 57:11 | 2 | 50:18 | 1 | 57:44 | 5 | 2:45:13 |
| 3 | 12675 Kirsten Ellekilde | 65 Helsingør SOK | | 59:55 | 6 | 59:48 | 5 | 1:00:37 | 6 | 3:00:20 |
| 4 | 110851 Gitte Agervold | 56 Vinderød OK af 1992 | | 1:21:27 | 11 | 1:05:26 | 8 | 1:09:42 | 8 | 3:36:35 |
| | 8252 Susan Tamberg | 75 Ballerup OK | | Fejlkl. | | 1:28:34 | 11 | Fejlkl. | | |
| | 11924 Birgitte Krüger | 56 Helsingør SOK | | 59:53 | 5 | 56:26 | 4 | Fejlkl. | | |
| | 23606 Jannie Nielsen | 48 Tisvilde Hegn OK | | Fejlkl. | | Fejlkl. | | 1:14:08 | 10 | |
| | 167 Annelise Hansen | 71 FIF Hillerød Orienteri | | 1:13:42 | 10 | 53:07 | 2 | Fejlkl. | | |
| | 66185 Birgit Hausner | 63 OK S.G. | | 50:20 | 1 | Ikke startet | | Fejlkl. | | |
| | 27020 Lis Hedelund | 71 Vinderød OK af 1992 | | Ikke startet | | 1:03:45 | 7 | 1:05:08 | 7 | |
| | 10372 Mogens Køhler | 75 Ballerup OK | | 1:11:10 | 9 | 1:15:29 | 10 | | | |
| | 10249 Kirsten Truelsen | 74 Ballerup OK | | 58:00 | 4 | | | Fejlkl. | | |
| | 119689 Lisbeth Reindel | 50 Allerød OK | | 1:11:04 | 8 | 1:01:38 | 6 | | | |
| | 121486 Lene Øbro | 46 Tisvilde Hegn OK | | Fejlkl. | | | | 1:13:50 | 9 | |
| | 130479 Marie Kopp | 46 Tisvilde Hegn OK | | | | Fejlkl. | | 1:14:10 | 11 | |
| | 8103 Inger Jensen | 71 FSK Orientering | | Ikke startet | | Fejlkl. | | Ikke startet | | |
| | 17633 Annlou Husen | 59 Farum OK | | Ikke startet | | Ikke startet | | 48:23 | 2 | |
| | 12328 Lene Jensen | 57 Helsingør SOK | | Fejlkl. | | | | | | |
| | 638 Eva Konring Olesen | 58 FIF Hillerød Orienteri | | 57:25 | 3 | Ikke startet | | | | |
| | AnneLie Aabye | Ballerup OK | | | | 1:10:32 | 9 | | | |
| | 19085 Inge Madsen | 76 OK73 | | | | | | 48:25 | 3 | |
| | Mette Seir Hansen | Helsingør SOK | | | | | | 53:52 | 4 | |

D svar lang (3)

| | | | | | | | | | |
|--------|-----------------------|----|------------------|---------|---|---------|---|---------|---|
| 26840 | Mathilde Nørgård Krac | 17 | Tisvilde Hegn OK | Fejlkl. | | 1:10:23 | 1 | 1:10:29 | 1 |
| 26569 | Elin Nørgård Kracht | 44 | PI-København | 1:20:12 | 1 | | | 1:10:53 | 2 |
| 146450 | Lea Reime | 25 | Farum OK | | | | | 1:14:07 | 3 |

D svar mellem (20)

| | | | | | | | | | | | |
|---|--------|-----------------------|----|--------------------|--------------|----|--------------|----|--------------|----|---------|
| 1 | 26832 | Agnes Nørgård Kracht | 14 | Tisvilde Hegn OK | 54:50 | 2 | 57:13 | 4 | 41:59 | 2 | 2:34:02 |
| 2 | 174310 | Jenni Adams | 43 | Tisvilde Hegn OK | 54:49 | 1 | 59:31 | 6 | 41:34 | 1 | 2:35:54 |
| 3 | 15091 | Birgitte Birck | 54 | Allerød OK | 1:05:54 | 6 | 54:20 | 2 | 44:37 | 5 | 2:44:51 |
| | 87199 | Annette Bonde | 51 | Ballerup OK | Fejlkl. | | 1:00:19 | 7 | 47:22 | 6 | |
| | 129117 | Charlotte Nielsen | 27 | Tisvilde Hegn OK | Fejlkl. | | Fejlkl. | | 1:06:12 | 8 | |
| | 14514 | Naja Dan Møller | 50 | Allerød OK | Fejlkl. | | 53:55 | 1 | 42:35 | 4 | |
| | 6157 | Ellen Thisted | 67 | Søllerød OK | Fejlkl. | | 2:11:01 | 13 | Ikke startet | | |
| | 8575 | Ellen Kühn Jensen | 55 | FSK Orientering | Ikke startet | | Fejlkl. | | 1:10:09 | 10 | |
| | 10067 | Siri Klausen | 53 | Ballerup OK | Ikke startet | | Fejlkl. | | 53:01 | 7 | |
| | 18839 | Charlotte Grauert | 54 | Ballerup OK | Fejlkl. | | 1:10:43 | 10 | Ikke startet | | |
| | 94277 | Anne Marie Thommesen | 38 | Ballerup OK | 57:49 | 4 | 54:44 | 3 | Ikke startet | | |
| | 9119 | Johanne Lind | 59 | Ballerup OK | 1:43:11 | 9 | 1:22:57 | 12 | | | |
| | 91520 | Helle M. Frederiksen | 52 | Ballerup OK | 1:39:14 | 8 | 1:19:10 | 11 | | | |
| | 96223 | Ida Øbro | 14 | Tisvilde Hegn OK | 57:48 | 3 | | | 42:12 | 3 | |
| | 65012 | Lena Wraa | 51 | Tisvilde Hegn OK | Fejlkl. | | 58:00 | 5 | | | |
| | 15827 | Lise Jonassen | 47 | OK Skærmen Værløse | 1:12:05 | 7 | 1:03:03 | 8 | | | |
| | 14324 | Inger Kirkegaard | 64 | Tisvilde Hegn OK | | | 1:07:26 | 9 | Fejlkl. | | |
| | 164113 | Britt Schøndorff Clau | 29 | Farum OK | 2:01:30 | 10 | Ikke startet | | Ikke startet | | |
| | 70201 | Susanne Gjedsig Thoms | 49 | Tisvilde Hegn OK | 1:00:08 | 5 | | | Ikke startet | | |
| | 19514 | Gitte Grauert | 50 | Ballerup OK | | | | | 1:09:05 | 9 | |

H begynder (2)

| | | | | | | | | | | | |
|---|--------|-------------------|----|------------------|-------|---|-------|---|-------|---|---------|
| 1 | 154338 | Tobias Olloz | 09 | Tisvilde Hegn OK | 20:19 | 2 | 21:19 | 1 | 18:00 | 2 | 59:38 |
| 2 | | Carl Gustav Olsen | | Tisvilde Hegn OK | 19:47 | 1 | 29:00 | 2 | 16:02 | 1 | 1:04:49 |

H svar kort (23)

| | | | | | | | | | | | |
|---|-------|---------------|----|---------------|-------|---|-------|----|-------|----|---------|
| 1 | 12451 | Jørgen Jensen | 75 | Helsingør SOK | 51:08 | 6 | 41:12 | 2 | 42:08 | 4 | 2:14:28 |
| 2 | 17740 | Ole Husen | 65 | Farum OK | 47:22 | 2 | 45:36 | 3 | 47:35 | 8 | 2:20:33 |
| 3 | 8939 | Govert Heede | 75 | Ballerup OK | 54:12 | 7 | 56:21 | 12 | 48:18 | 10 | 2:38:51 |

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|---|-------|-----------------------|------------------------|--------------|----|---------|----|---------|----|---------|
| 4 | 18227 | Bent Mortensen | 77 OK73 | 58:40 | 11 | 52:19 | 8 | 48:50 | 12 | 2:39:49 |
| 5 | 19118 | Jørgen Poulsen | 83 OK73 | 56:27 | 10 | 54:36 | 10 | 1:04:54 | 13 | 2:55:57 |
| 6 | 12154 | Peter Larsen | 82 Helsingør SOK | 55:53 | 9 | 1:04:59 | 15 | 1:05:06 | 14 | 3:05:58 |
| | 10207 | Kuno Rasmussen | 66 Ballerup OK | 38:20 | 1 | Fejlkl. | | 47:16 | 7 | |
| | 8260 | Gunnar Tamberg | 77 Ballerup OK | 1:20:38 | 14 | Fejlkl. | | Fejlkl. | | |
| | 66177 | Niels Tulinus | 68 OK S.G. | Fejlkl. | | 54:50 | 11 | 48:33 | 11 | |
| | 8236 | Flemming Larsen | 73 Helsingør SOK | 48:11 | 5 | Fejlkl. | | 42:34 | 5 | |
| | 16263 | Bendt Frandsen | 76 Farum OK | Fejlkl. | | Fejlkl. | | 47:59 | 9 | |
| | 7402 | Jørgen Münster-Swends | 64 Søllerød OK | Ikke startet | | 38:47 | 1 | 33:39 | 2 | |
| | 90275 | Nikolaj William Agerv | 20 Tisvilde Hegn OK | Ikke startet | | 48:45 | 6 | 35:48 | 3 | |
| | 13475 | Svend Mortensen | 65 Tisvilde Hegn OK | 47:49 | 3 | 48:35 | 5 | | | |
| | 24993 | Niels Lyhne | 72 Herlufsholm OK | 48:06 | 4 | | | 45:26 | 6 | |
| | | Jakob Schøier Kovsted | Tisvilde Hegn OK | | | 46:19 | 4 | 33:38 | 1 | |
| | | Paul Hansen | Farum OK | 54:49 | 8 | 1:01:22 | 14 | | | |
| | 10968 | Finn Blom Christensen | 66 Lyngby OK | 1:01:13 | 12 | | | | | |
| | 17279 | Ole Christiansen | 67 Farum OK | Fejlkl. | | | | | | |
| | | Stefan Pedersen | Tisvilde Hegn OK | 1:11:48 | 13 | | | | | |
| | 17823 | Arne Andersen | 74 Farum OK | | | 49:52 | 7 | | | |
| | | Henning Løvenstein | FIF Hillerød Orienteri | | | 57:13 | 13 | | | |
| | | Jørgen Lund-Hansen | Farum OK | | | 52:30 | 9 | | | |

H svar lang (21)

| | | | | | | | | | | |
|---|--------|-----------------------|---------------------|---------|----|--------------|----|---------|----|---------|
| 1 | 14043 | Tim Falck Weber | 48 Tisvilde Hegn OK | 57:19 | 2 | 48:35 | 2 | 52:13 | 5 | 2:38:07 |
| 2 | 88783 | Emil Øbro | 17 Tisvilde Hegn OK | 57:04 | 1 | 1:04:33 | 9 | 51:16 | 4 | 2:52:53 |
| 3 | | Carl Emil Schøie Kovs | Tisvilde Hegn OK | 1:01:58 | 5 | 1:01:14 | 7 | 1:03:45 | 8 | 3:06:57 |
| 4 | 11346 | Lars Lyngsø | 42 Lyngby OK | 1:11:52 | 8 | 1:01:06 | 6 | 1:04:29 | 10 | 3:17:27 |
| 5 | 12493 | Flemming Wendelboe | 62 Helsingør SOK | 1:34:44 | 10 | 1:10:12 | 11 | 1:21:07 | 14 | 4:06:03 |
| | 141369 | Lars Bech Jensen | 52 FSK Orientering | 1:24:22 | 9 | Fejlkl. | | Fejlkl. | | |
| | 122715 | Carsten Thye Agger | 54 Helsingør SOK | Fejlkl. | | 1:20:18 | 12 | 1:22:37 | 15 | |
| | 14374 | Carsten Jørgensen | 43 Tisvilde Hegn OK | Fejlkl. | | 44:20 | 1 | 49:49 | 2 | |
| | 16338 | Jens Jørgen Hansen | 50 Tisvilde Hegn OK | 1:01:04 | 3 | | | 1:04:08 | 9 | |
| | 14275 | Rolf Valery | 48 Tisvilde Hegn OK | 1:05:47 | 6 | | | 52:32 | 6 | |
| | 12716 | Ole Hansen | 47 Tisvilde Hegn OK | 1:01:34 | 4 | 55:05 | 5 | | | |
| | 5597 | Max Prang | 58 Fredensborg OK | | | 1:26:56 | 13 | 1:24:48 | 16 | |
| | 115067 | Andreas Mikkelse Jens | 22 Søllerød OK | | | Fejlkl. | | 1:01:15 | 7 | |
| | 117930 | Bertram Kopp Stannum | 18 Tisvilde Hegn OK | | | 51:25 | 3 | Fejlkl. | | |
| | 160070 | Jakob Albahn | 47 Tisvilde Hegn OK | | | 1:02:42 | 8 | 1:14:06 | 12 | |
| | 161036 | Claus Rytter Larsen | 48 Farum OK | | | 1:07:19 | 10 | 1:12:40 | 11 | |
| | | Alex Ottesen | Ballerup OK | | | Fejlkl. | | 1:14:34 | 13 | |
| | 14829 | Gert Nielsen | 56 Allerød OK | 1:07:10 | 7 | Ikke startet | | | | |
| | 14390 | Leif E. Larsen | 61 Tisvilde Hegn OK | | | 55:01 | 4 | | | |
| | 64999 | Jakob Landsperg | 40 Tisvilde Hegn OK | | | | | 50:12 | 3 | |
| | 14093 | Thomas Jensen | 42 Tisvilde Hegn OK | | | | | 45:06 | 1 | |

H svar mellem (49)

| | | | | | | | | | | | |
|----|--------|-----------------------|----|------------------------|--------------|----|--------------|----|--------------|----|---------|
| 1 | 155948 | Emil Olander Lorenz | 14 | Allerød OK | 42:40 | 1 | 47:01 | 6 | 39:00 | 1 | 2:08:41 |
| 2 | 9200 | Jørgen Skaarup | 57 | Ballerup OK | 47:06 | 2 | 48:06 | 7 | 40:07 | 6 | 2:15:19 |
| 3 | 105787 | Lasse Falck Weber | 13 | Tisvilde Hegn OK | 50:44 | 5 | 44:35 | 1 | 41:23 | 7 | 2:16:42 |
| 4 | 2246 | Søren Sloth | 54 | FIF Hillerød Orienteri | 49:31 | 4 | 45:56 | 4 | 42:25 | 12 | 2:17:52 |
| 5 | 8898 | Hans Christian Strib | 65 | OK GORM | 48:48 | 3 | 52:05 | 13 | 42:40 | 15 | 2:23:33 |
| 6 | | Henrik Møller | | Tisvilde Hegn OK | 54:08 | 8 | 50:22 | 10 | 39:12 | 3 | 2:23:42 |
| 7 | 135750 | Rune Gundersen | 45 | Tisvilde Hegn OK | 1:00:12 | 11 | 45:08 | 2 | 41:32 | 8 | 2:26:52 |
| 8 | 29034 | Karsten Richardt | 66 | Køge OK | 53:01 | 6 | 54:04 | 17 | 42:36 | 14 | 2:29:41 |
| 9 | 129993 | Eskil Nordahl Fundal | 14 | Allerød OK | 58:09 | 9 | 55:11 | 19 | 41:39 | 10 | 2:34:59 |
| 10 | | Finn Bregensøe | | Tisvilde Hegn OK | 1:08:25 | 18 | 48:12 | 8 | 39:02 | 2 | 2:35:39 |
| 11 | 164361 | Poul Henning Poulsen | 52 | Tisvilde Hegn OK | 1:15:42 | 20 | 51:20 | 11 | 40:02 | 5 | 2:47:04 |
| 12 | 64973 | Niels Landsperg | 66 | Tisvilde Hegn OK | 1:11:35 | 19 | 58:39 | 22 | 44:10 | 18 | 2:54:24 |
| 13 | 91538 | Torben Schorlemmer | 52 | Ballerup OK | 1:23:39 | 23 | 52:41 | 15 | 41:35 | 9 | 2:57:55 |
| 14 | 95217 | Niels Raagaard | 61 | Søllerød OK | 1:07:04 | 17 | 1:04:24 | 28 | 51:54 | 23 | 3:03:22 |
| 15 | | Jens Kovsted | | Tisvilde Hegn OK | 1:25:39 | 24 | 1:11:55 | 33 | 43:36 | 17 | 3:21:10 |
| 16 | 91041 | Niels Agervold | 51 | Tisvilde Hegn OK | 1:29:45 | 25 | 1:19:12 | 34 | 52:58 | 25 | 3:41:55 |
| 17 | 14332 | Kurt Valery | 75 | Tisvilde Hegn OK | 1:32:15 | 26 | 1:20:41 | 35 | 55:33 | 29 | 3:48:29 |
| | 5646 | Jørn Mouritzen | 62 | Fredensborg OK | 1:01:45 | 13 | Fejlkl. | | 42:30 | 13 | |
| | 10166 | Lars Hanghøj Petersen | 58 | Ballerup OK | 53:25 | 7 | 52:09 | 14 | Fejlkl. | | |
| | 79807 | Niels Aabye | 56 | Ballerup OK | Fejlkl. | | 58:21 | 21 | 44:35 | 19 | |
| | 11966 | Leif Kofoed | 68 | Helsingør SOK | Fejlkl. | | 1:03:18 | 26 | 52:00 | 24 | |
| | 23557 | Henrik Nielsen | 53 | Tisvilde Hegn OK | Fejlkl. | | 46:34 | 5 | 39:18 | 4 | |
| | | Arne Grøndahl | | Søllerød OK | Fejlkl. | | Fejlkl. | | 55:12 | 28 | |
| | 103187 | Jørgen Luxhøj | 43 | Søllerød OK | 1:16:18 | 21 | 1:06:02 | 29 | Ikke startet | | |
| | 14150 | Ole D. Jensen | 58 | Tisvilde Hegn OK | 1:02:35 | 15 | 1:22:42 | 38 | Ikke startet | | |
| | 1420 | Leif Sig | 68 | FIF Hillerød Orienteri | Fejlkl. | | 1:01:02 | 24 | Ikke startet | | |
| | 10364 | Mogens Hansen | 71 | OK Skærm Værløse | Ikke startet | | 1:02:32 | 25 | 45:44 | 20 | |
| | 2535 | Carsten Stenberg | 52 | FIF Hillerød Orienteri | Fejlkl. | | 45:44 | 3 | | | |
| | 589 | Emil Olesen | 63 | FIF Hillerød Orienteri | Fejlkl. | | Fejlkl. | | | | |
| | 8278 | Erik Sørensen | 63 | Allerød OK | 1:02:31 | 14 | 59:11 | 23 | | | |
| | 16156 | Søren Christensen | 64 | OK Skærm Værløse | 1:20:17 | 22 | | | 1:04:45 | 30 | |
| | 373 | Carsten Hansen | 57 | FIF Hillerød Orienteri | Fejlkl. | | 1:06:44 | 30 | | | |
| | | Erik Simonsen | | OK Øst | 1:03:40 | 16 | 54:03 | 16 | | | |
| | 64600 | Jimmy Hoen | 63 | Ballerup OK | | | 1:03:28 | 27 | 53:57 | 27 | |
| | 16594 | Kai Beck-Andersen | 61 | Farum OK | | | 1:06:49 | 31 | 53:35 | 26 | |
| | 8971 | Finn Johannsen | 56 | Ballerup OK | Ikke startet | | Ikke startet | | 48:31 | 22 | |
| | 14233 | Flemming D. Andersen | 64 | OK H.T.F. | 59:31 | 10 | | | | | |
| | 91950 | Dennis Øbro | 47 | Tisvilde Hegn OK | 1:00:41 | 12 | | | | | |
| | 153471 | Leif Sudergaard | 50 | Kildeholm OK | | | 55:02 | 18 | | | |
| | | William Lund Christen | | Helsingør SOK | | | 51:52 | 12 | | | |
| | | Bruno Stub | | PI-København | | | 49:35 | 9 | | | |
| | | Nils Sættem | | Kildeholm OK | | | Disk. | | | | |

| | | | | | |
|----------------------------|--------------------|---------|----|-------|----|
| Ole Galle | Tisvilde Hegn OK | 1:10:43 | 32 | | |
| Asger Purhus | FSK Orientering | 1:22:29 | 37 | | |
| Peter Wraa | Tisvilde Hegn OK | 56:49 | 20 | | |
| Niels Hamborg Jensen | OK Skærmen Værløse | 1:21:36 | 36 | | |
| 8921 Gregers Jørgensen | 56 Ballerup OK | | | 42:53 | 16 |
| 9812 Per Aaes Christoffers | 69 Ballerup OK | | | 47:42 | 21 |
| 17964 Jens Behrend | 54 Farum OK | | | 41:50 | 11 |