

Åben 1		(13 / 13)	Tid	Efter	Tidstab		
1.	Martin Laage Kragh	OK Roskilde	54:32		03:12		
	1:38 (1:38)	1:43 (3:21)	1:22 (4:43)	1:44 (6:27)	2:38 (9:05)	4:33 (13:38)	
	1:04 (14:42)	1:20 (16:02)	3:48 (19:50)	1:46 (21:36)	6:47 (28:23)	3:18 (31:41)	
	6:58 (38:39)	3:55 (42:34)	2:35 (45:09)	2:30 (47:39)	2:58 (50:37)	2:37 (53:14)	
	0:42 (53:56)	0:36 (54:32)					
2.	Ronnie Hjorth	Ballerup OK	1:14:56	+20:24	08:10		
	1:52 (1:52)	2:32 (4:24)	1:23 (5:47)	2:00 (7:47)	3:00 (10:47)	6:23 (17:10)	
	1:42 (18:52)	1:46 (20:38)	4:11 (24:49)	2:16 (27:05)	14:29 (41:34)	4:47 (46:21)	
	5:08 (51:29)	7:28 (58:57)	3:16 (1:02:13)	4:05 (1:06:18)	3:38 (1:09:56)	3:30 (1:13:26)	
	0:48 (1:14:14)	0:42 (1:14:56)					
3.	Lucas Trelidal	Lunds OK	1:23:36	+29:04	10:26		
	2:13 (2:13)	4:14 (6:27)	1:35 (8:02)	2:22 (10:24)	6:30 (16:54)	8:53 (25:47)	
	3:47 (29:34)	2:19 (31:53)	4:48 (36:41)	3:38 (40:19)	10:07 (50:26)	4:31 (54:57)	
	5:44 (1:00:41)	5:54 (1:06:35)	3:13 (1:09:48)	3:21 (1:13:09)	5:18 (1:18:27)	3:53 (1:22:20)	
	0:43 (1:23:03)	0:33 (1:23:36)					
4.	Pontus Gustavsson	Lunds OK	1:23:40	+29:08	10:01		
	2:17 (2:17)	4:14 (6:31)	1:34 (8:05)	2:25 (10:30)	6:24 (16:54)	8:38 (25:32)	
	4:06 (29:38)	2:21 (31:59)	4:45 (36:44)	3:34 (40:18)	10:14 (50:32)	4:30 (55:02)	
	5:50 (1:00:52)	5:47 (1:06:39)	3:13 (1:09:52)	3:22 (1:13:14)	5:04 (1:18:18)	3:53 (1:22:11)	
	0:55 (1:23:06)	0:34 (1:23:40)					
5.	Peter Andresen	FSK Orientering	1:27:18	+32:46	11:02		
	3:08 (3:08)	2:52 (6:00)	2:29 (8:29)	8:33 (17:02)	2:52 (19:54)	8:22 (28:16)	
	1:48 (30:04)	2:17 (32:21)	5:38 (37:59)	2:48 (40:47)	11:50 (52:37)	5:18 (57:55)	
	6:32 (1:04:27)	5:26 (1:09:53)	3:06 (1:12:59)	3:43 (1:16:42)	5:13 (1:21:55)	3:43 (1:25:38)	
	1:02 (1:26:40)	0:38 (1:27:18)					
6.	Sebastian Rathe	OK Sorø	1:30:39	+36:07	14:08		
	2:13 (2:13)	3:07 (5:20)	1:46 (7:06)	8:35 (15:41)	5:54 (21:35)	6:37 (28:12)	
	4:18 (32:30)	3:44 (36:14)	5:19 (41:33)	3:25 (44:58)	11:00 (55:58)	4:25 (1:00:23)	
	7:55 (1:08:18)	6:41 (1:14:59)	3:49 (1:18:48)	3:00 (1:21:48)	4:08 (1:25:56)	3:31 (1:29:27)	
	0:42 (1:30:09)	0:30 (1:30:39)					
7.	Per Windfeldt-Hansen	OK Øst Birkerød	1:32:15	+37:43	13:15		
	2:10 (2:10)	2:44 (4:54)	2:17 (7:11)	2:49 (10:00)	3:16 (13:16)	9:30 (22:46)	
	2:03 (24:49)	3:40 (28:29)	11:27 (39:56)	3:18 (43:14)	9:23 (52:37)	4:03 (56:40)	
	6:43 (1:03:23)	9:30 (1:12:53)	4:32 (1:17:25)	4:02 (1:21:27)	4:40 (1:26:07)	4:37 (1:30:44)	
	0:53 (1:31:37)	0:38 (1:32:15)					
8.	Henrik Tølløse	Hvalsø OK	1:36:17	+41:45	15:13		
	2:48 (2:48)	2:33 (5:21)	8:24 (13:45)	2:27 (16:12)	3:22 (19:34)	8:50 (28:24)	
	2:07 (30:31)	2:01 (32:32)	5:12 (37:44)	2:36 (40:20)	10:32 (50:52)	8:03 (58:55)	
	7:37 (1:06:32)	6:33 (1:13:05)	7:40 (1:20:45)	4:40 (1:25:25)	4:50 (1:30:15)	4:24 (1:34:39)	
	0:55 (1:35:34)	0:43 (1:36:17)					
9.	Asger Jensen	OK Roskilde	1:37:42	+43:10	08:57		
	3:57 (3:57)	2:44 (6:41)	1:55 (8:36)	3:28 (12:04)	3:52 (15:56)	8:32 (24:28)	
	2:05 (26:33)	2:22 (28:55)	5:34 (34:29)	3:03 (37:32)	10:36 (48:08)	5:49 (53:57)	
	8:13 (1:02:10)	11:11 (1:13:21)	4:50 (1:18:11)	5:58 (1:24:09)	6:02 (1:30:11)	5:28 (1:35:39)	
	1:05 (1:36:44)	0:58 (1:37:42)					
10.	Christian Clausen	DSR	1:46:39	+52:07	28:21		
	12:13 (12:13)	2:38 (14:51)	2:42 (17:33)	7:21 (24:54)	3:36 (28:30)	7:39 (36:09)	
	2:50 (38:59)	2:29 (41:28)	7:00 (48:28)	2:52 (51:20)	9:13 (1:00:33)	4:52 (1:05:25)	
	15:00 (1:20:25)	5:42 (1:26:07)	3:36 (1:29:43)	5:48 (1:35:31)	5:41 (1:41:12)	3:46 (1:44:58)	
	0:57 (1:45:55)	0:44 (1:46:39)					
11.	Peter Nørgaard	Ballerup OK	2:10:53	+76:21	31:57		
	3:59 (3:59)	3:10 (7:09)	3:03 (10:12)	3:14 (13:26)	4:27 (17:53)	9:03 (26:56)	
	8:30 (35:26)	2:28 (37:54)	5:57 (43:51)	4:10 (48:01)	36:08 (1:24:09)	5:37 (1:29:46)	
	8:40 (1:38:26)	8:26 (1:46:52)	8:44 (1:55:36)	4:25 (2:00:01)	4:53 (2:04:54)	4:11 (2:09:05)	
	1:01 (2:10:06)	0:47 (2:10:53)					
12.	Peter Hilbert	Allerød OK	2:11:09	+76:37	34:07		
	3:23 (3:23)	4:12 (7:35)	11:24 (18:59)	3:58 (22:57)	4:55 (27:52)	9:52 (37:44)	
	10:43 (48:27)	2:23 (50:50)	6:59 (57:49)	3:23 (1:01:12)	12:04 (1:13:16)	9:52 (1:23:08)	
	7:43 (1:30:51)	7:18 (1:38:09)	17:41 (1:55:50)	4:24 (2:00:14)	5:17 (2:05:31)	4:00 (2:09:31)	
	0:59 (2:10:30)	0:39 (2:11:09)					
	Martin Hjorth	Ballerup OK	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	

Åben 7		(3 / 3)	Tid	Efter	Tidstab		
1.	William Nielsen	Tisvilde Hegn OK	36:58		00:58		
	1:56 (1:56)	2:11 (4:07)	5:31 (9:38)	4:49 (14:27)	3:26 (17:53)	2:12 (20:05)	
	7:29 (27:34)	2:08 (29:42)	3:21 (33:03)	2:18 (35:21)	0:59 (36:20)	0:38 (36:58)	
2.	Karen Olsen	Ballerup OK	40:08	+3:10	02:20		
	1:48 (1:48)	2:19 (4:07)	4:31 (8:38)	6:34 (15:12)	3:44 (18:56)	2:46 (21:42)	
	7:58 (29:40)	2:42 (32:22)	3:17 (35:39)	2:31 (38:10)	1:19 (39:29)	0:39 (40:08)	
3.	Inge K. Kristoffersen	Ballerup OK	43:11	+6:13	01:45		
	2:33 (2:33)	2:53 (5:26)	5:04 (10:30)	5:46 (16:16)	3:53 (20:09)	2:50 (22:59)	
	8:00 (30:59)	2:48 (33:47)	3:33 (37:20)	2:46 (40:06)	1:51 (41:57)	1:14 (43:11)	
H12		(10 / 10)	Tid	Efter	Tidstab		
1.	Torbjørn Høyer Staugaard	FIF Hillerød	18:14		00:00		
	1:04 (1:04)	1:20 (2:24)	0:53 (3:17)	2:18 (5:35)	1:15 (6:50)	1:40 (8:30)	
	1:05 (9:35)	3:17 (12:52)	1:24 (14:16)	1:38 (15:54)	1:09 (17:03)	0:41 (17:44)	
	0:30 (18:14)						
2.	Niels Elton Jokumsen	FIF Hillerød	18:34	+0:20	01:14		
	0:57 (0:57)	1:15 (2:12)	0:50 (3:02)	3:30 (6:32)	1:11 (7:43)	1:49 (9:32)	
	1:02 (10:34)	2:51 (13:25)	1:23 (14:48)	1:32 (16:20)	1:05 (17:25)	0:42 (18:07)	
	0:27 (18:34)						
3.	Malte Cook Simonsen	FIF Hillerød	19:01	+0:47	00:37		
	0:59 (0:59)	1:17 (2:16)	0:53 (3:09)	2:18 (5:27)	1:15 (6:42)	1:52 (8:34)	
	1:04 (9:38)	3:34 (13:12)	1:27 (14:39)	1:54 (16:33)	1:11 (17:44)	0:44 (18:28)	
	0:33 (19:01)						

4.	Frederik L. Holmberg 1:15 (1:15) 1:05 (10:34) 0:32 (19:46)	1:22 (2:37) 3:21 (13:55)	FIF Hillerød 1:02 (3:39) 1:25 (15:20)	19:46 +1:32 2:31 (6:10) 1:44 (17:04)	00:00 1:19 (7:29) 1:25 (18:29)	2:00 (9:29) 0:45 (19:14)
5.	Jannik Cornelius Lendal Nielsen 1:39 (1:39) 1:10 (10:52) 0:26 (20:13)	1:18 (2:57) 3:25 (14:17)	FIF Hillerød 0:56 (3:53) 1:38 (15:55)	20:13 +1:59 2:32 (6:25) 1:52 (17:47)	00:36 1:17 (7:42) 1:17 (19:04)	2:00 (9:42) 0:43 (19:47)
6.	Tobias Holm Miller 1:06 (1:06) 1:07 (13:28) 0:36 (23:23)	1:25 (2:31) 3:39 (17:07)	OK Øst 0:56 (3:27) 1:41 (18:48)	23:23 +5:09 5:15 (8:42) 1:46 (20:34)	02:48 1:41 (10:23) 1:15 (21:49)	1:58 (12:21) 0:58 (22:47)
7.	Magne Funder Skovlyst 1:37 (1:37) 1:30 (17:07) 0:41 (29:39)	2:15 (3:52) 4:43 (21:50)	FIF Hillerød 1:26 (5:18) 2:08 (23:58)	29:39 +11:25 5:44 (11:02) 2:18 (26:16)	02:26 1:46 (12:48) 1:46 (28:02)	2:49 (15:37) 0:56 (28:58)
8.	Gustav Holst Friborg 1:12 (1:12) 1:22 (13:08) 0:42 (29:41)	1:48 (3:00) 4:56 (18:04)	OK Sorø 1:19 (4:19) 5:48 (23:52)	29:41 +11:27 3:05 (7:24) 2:39 (26:31)	04:34 1:55 (9:19) 1:27 (27:58)	2:27 (11:46) 1:01 (28:59)
9.	Emil Holm Miller 1:23 (1:23) 1:30 (15:49) 0:39 (30:23)	1:59 (3:22) 5:51 (21:40)	OK Øst 1:17 (4:39) 2:21 (24:01)	30:23 +12:09 5:09 (9:48) 2:47 (26:48)	03:10 2:02 (11:50) 2:03 (28:51)	2:29 (14:19) 0:53 (29:44)
10.	Rasmus Storm Lyngsø 1:09 (1:09) 1:13 (23:01) 0:33 (33:55)	1:39 (2:48) 4:22 (27:23)	Allerød OK 1:01 (3:49) 1:53 (29:16)	33:55 +15:41 14:28 (18:17) 1:56 (31:12)	11:39 1:24 (19:41) 1:21 (32:33)	2:07 (21:48) 0:49 (33:22)

H14

			(10 / 10)	Tid	Efter	Tidstab	
1.	Johannes Marager 1:57 (1:57) 3:26 (16:23) 2:18 (31:25)	2:11 (4:08) 3:29 (19:52) 0:25 (31:50)	Allerød OK 3:30 (7:38) 2:35 (22:27) 0:30 (32:20)	32:20 0:52 (8:30) 2:21 (24:48)		01:14 3:27 (11:57) 1:35 (26:23)	1:00 (12:57) 2:44 (29:07)
2.	Jens Storm Lyngsø 1:44 (1:44) 3:26 (15:56) 3:53 (33:14)	2:49 (4:33) 3:26 (19:22) 0:27 (33:41)	Allerød OK 3:30 (8:03) 2:34 (21:56) 0:26 (34:07)	34:07 +1:47 0:57 (9:00) 2:24 (24:20)		02:07 2:20 (11:20) 1:36 (25:56)	1:10 (12:30) 3:25 (29:21)
3.	Mads Christian Maarup 2:57 (2:57) 3:28 (18:32) 2:17 (34:48)	4:50 (7:47) 3:43 (22:15) 0:34 (35:22)	Allerød OK 3:03 (10:50) 3:14 (25:29) 0:33 (35:55)	35:55 +3:35 0:53 (11:43) 2:59 (28:28)		04:29 2:06 (13:49) 1:25 (29:53)	1:15 (15:04) 2:38 (32:31)
4.	Sebastian Røysland Maltby 2:08 (2:08) 4:22 (19:18) 3:09 (38:02)	3:32 (5:40) 4:06 (23:24) 0:31 (38:33)	Søllerød OK 3:43 (9:23) 2:39 (26:03) 0:36 (39:09)	39:09 +6:49 1:09 (10:32) 2:57 (29:00)		01:26 2:58 (13:30) 2:10 (31:10)	1:26 (14:56) 3:43 (34:53)
5.	Erik Grønberg Nielsen 2:05 (2:05) 4:34 (20:28) 2:57 (41:56)	3:06 (5:11) 5:36 (26:04) 0:27 (42:23)	Allerød OK 4:12 (9:23) 3:51 (29:55) 0:32 (42:55)	42:55 +10:35 1:11 (10:34) 3:15 (33:10)		03:15 3:48 (14:22) 1:41 (34:51)	1:32 (15:54) 4:08 (38:59)
6.	Ditlev Melbye 2:28 (2:28) 3:56 (19:04) 3:28 (45:45)	3:42 (6:10) 4:44 (23:48) 0:45 (46:30)	Søllerød OK 3:32 (9:42) 3:33 (27:21) 0:36 (47:06)	47:06 +14:46 1:01 (10:43) 4:18 (31:39)		06:38 3:20 (14:03) 1:59 (33:38)	1:05 (15:08) 8:39 (42:17)
	Asbjørn Vejen Eriksen - (-) - (-) - (-)	- (-) - (-) - (-)	Tisvilde Hegn OK - (-) - (-) - (-)	Ej startet - (-) - (-)		- (-) - (-) - (-)	- (-) - (-) - (-)
	Asp Simonsen - (-) - (-) - (-)	- (-) - (-) - (-)	Helsingør SOK - (-) - (-) - (-)	Ej startet - (-) - (-)		- (-) - (-) - (-)	- (-) - (-) - (-)
	Gustav Kjær Hemmingsen - (-) - (-) - (-)	- (-) - (-) - (-)	FIF Hillerød - (-) - (-) - (-)	Ej startet - (-) - (-)		- (-) - (-) - (-)	- (-) - (-) - (-)
	Vincent Becker - (-) - (-) - (-)	- (-) - (-) - (-)	Søllerød OK - (-) - (-) - (-)	Ej startet - (-) - (-)		- (-) - (-) - (-)	- (-) - (-) - (-)

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			(12 / 12)	Tid	Efter	Tidstab	
1.	Oscar David Broman Jensen 1:18 (1:18) 2:37 (13:59) 3:53 (27:26)	1:17 (2:35) 1:11 (15:10) 1:21 (28:47)	Allerød OK 1:03 (3:38) 1:31 (16:41) 1:00 (29:47)	31:46 2:15 (5:53) 1:51 (18:32) 1:00 (30:47)		00:00 1:54 (7:47) 2:48 (21:20) 0:35 (31:22)	3:35 (11:22) 2:13 (23:33) 0:24 (31:46)
2.	Mathias Buchgreitz 1:24 (1:24) 2:48 (15:03) 4:52 (33:05)	1:13 (2:37) 1:13 (16:16) 1:45 (34:50)	Søllerød OK 1:03 (3:40) 1:32 (17:48) 1:36 (36:26)	38:42 +6:56 2:36 (6:16) 4:59 (22:47) 1:11 (37:37)		03:26 1:49 (8:05) 2:55 (25:42) 0:38 (38:15)	4:10 (12:15) 2:31 (28:13) 0:27 (38:42)
3.	Valdemar Marager 2:09 (2:09) 3:34 (18:30) 5:11 (36:27)	1:23 (3:32) 2:00 (20:30) 1:42 (38:09)	Allerød OK 1:25 (4:57) 1:56 (22:26) 1:17 (39:26)	42:07 +10:21 2:47 (7:44) 2:44 (25:10) 1:31 (40:57)		02:39 3:14 (10:58) 3:13 (28:23) 0:38 (41:35)	3:58 (14:56) 2:53 (31:16) 0:32 (42:07)
4.	Hans Grønberg Nielsen 1:41 (1:41) 3:23 (19:26) 4:42 (36:04)	2:03 (3:44) 1:24 (20:50) 1:27 (37:31)	Allerød OK 2:53 (6:37) 2:02 (22:52) 2:16 (39:47)	42:14 +10:28 3:16 (9:53) 2:41 (25:33) 1:22 (41:09)		03:31 2:25 (12:18) 3:17 (28:50) 0:40 (41:49)	3:45 (16:03) 2:32 (31:22) 0:25 (42:14)
5.	Adam Carlsen 1:34 (1:34) 3:26 (17:48) 5:33 (36:40)	1:42 (3:16) 1:33 (19:21) 1:44 (38:24)	OK Roskilde 1:22 (4:38) 2:42 (22:03) 5:26 (43:50)	46:48 +15:02 3:26 (8:04) 2:30 (24:33) 1:47 (45:37)		04:38 2:33 (10:37) 3:19 (27:52) 0:44 (46:21)	3:45 (14:22) 3:15 (31:07) 0:27 (46:48)

6.	Magnus Andersen 7:16 (7:16) 3:14 (22:19) 6:10 (41:15)	1:34 (8:50) 2:08 (24:27) 1:33 (42:48)	Ballerup OK 1:14 (10:04) 2:00 (26:27) 2:11 (44:59)	47:17 +15:31 2:45 (12:49) 2:28 (28:55) 1:12 (46:11)	07:53 2:07 (14:56) 3:28 (32:23) 0:39 (46:50)	4:09 (19:05) 2:42 (35:05) 0:27 (47:17)
7.	Gustav L. Holmberg 1:27 (1:27) 3:06 (20:25) 8:07 (40:54)	1:26 (2:53) 2:43 (23:08) 3:04 (43:58)	FIF Hillerød 1:08 (4:01) 1:41 (24:49) 1:26 (45:24)	47:44 +15:58 7:31 (11:32) 1:51 (26:40) 1:20 (46:44)	10:48 2:28 (14:00) 3:52 (30:32) 0:34 (47:18)	3:19 (17:19) 2:15 (32:47) 0:26 (47:44)
8.	Tobias Olloz 2:06 (2:06) 4:26 (21:22) 4:45 (42:00)	1:57 (4:03) 1:48 (23:10) 1:36 (43:36)	Tisvilde Hegn OK 1:29 (5:32) 2:16 (25:26) 2:17 (45:53)	48:17 +16:31 3:32 (9:04) 4:29 (29:55) 1:19 (47:12)	04:25 2:39 (11:43) 4:28 (34:23) 0:38 (47:50)	5:13 (16:56) 2:52 (37:15) 0:27 (48:17)
9.	Marius Snedker Storgaard 4:50 (4:50) 5:26 (24:00) 7:54 (49:08)	1:58 (6:48) 1:20 (25:20) 1:54 (51:02)	Farum OK 1:41 (8:29) 2:05 (27:25) 2:34 (53:36)	56:35 +24:49 3:31 (12:00) 3:40 (31:05) 1:37 (55:13)	09:40 2:25 (14:25) 6:41 (37:46) 0:47 (56:00)	4:09 (18:34) 3:28 (41:14) 0:35 (56:35)
10.	Marinus Næstoft Juhl 1:41 (1:41) 4:31 (20:34) 15:30 (50:53)	1:45 (3:26) 3:08 (23:42) 1:56 (52:49)	Søllerød OK 1:41 (5:07) 2:24 (26:06) 2:38 (55:27)	58:16 +26:30 3:24 (8:31) 2:20 (28:26) 1:34 (57:01)	11:09 2:38 (11:09) 3:51 (32:17) 0:45 (57:46)	4:54 (16:03) 3:06 (35:23) 0:30 (58:16)
11.	Malte Kliem 2:38 (2:38) 5:24 (23:16) 8:29 (53:29)	1:56 (4:34) 5:43 (28:59) 3:22 (56:51)	Farum OK 1:22 (5:56) 2:25 (31:24) 3:07 (59:58)	1:03:03 +31:17 3:04 (9:00) 3:16 (34:40) 1:52 (1:01:50)	09:17 2:47 (11:47) 4:56 (39:36) 0:41 (1:02:31)	6:05 (17:52) 5:24 (45:00) 0:32 (1:03:03)
12.	Filip Nielsen 2:20 (2:20) 5:14 (35:21) 8:42 (1:05:15)	2:00 (4:20) 4:02 (39:23) 2:14 (1:07:29)	Farum OK 2:12 (6:32) 3:09 (42:32) 3:25 (1:10:54)	1:15:26 +43:40 9:04 (15:36) 4:01 (46:33) 3:12 (1:14:06)	12:34 3:15 (18:51) 5:06 (51:39) 0:50 (1:14:56)	11:16 (30:07) 4:54 (56:33) 0:30 (1:15:26)

H18

			(4 / 4)	Tid	Efter	Tidstab	
1.	Søren Thrane Ødum 1:24 (1:24) 0:58 (12:50) 1:59 (31:08) 3:41 (53:11) 1:57 (1:05:18)	1:59 (3:23) 2:51 (15:41) 3:09 (34:17) 0:47 (53:58) 0:35 (1:05:53)	OK Øst Birkerød 0:39 (4:02) 1:32 (17:13) 2:19 (36:36) 2:55 (56:53) 0:30 (1:06:23)	1:06:23 1:59 (6:01) 1:33 (18:46) 1:38 (38:14) 2:14 (59:07)		05:00 1:49 (7:50) 7:23 (26:09) 9:17 (47:31) 2:00 (1:01:07)	4:02 (11:52) 3:00 (29:09) 1:59 (49:30) 2:14 (1:03:21)
2.	Theis Munktvad 1:53 (1:53) 4:28 (18:49) 2:13 (39:51) 5:14 (1:03:49) 2:36 (1:20:43)	2:44 (4:37) 2:53 (21:42) 5:06 (44:57) 1:01 (1:04:50) 0:38 (1:21:21)	Allerød OK 0:52 (5:29) 1:40 (23:22) 5:16 (50:13) 5:43 (1:10:33) 0:29 (1:21:50)	1:21:50 +15:27 2:21 (7:50) 1:41 (25:03) 1:12 (51:25) 2:21 (1:12:54)	10:20 1:52 (9:42) 9:00 (34:03) 4:12 (55:37) 2:32 (1:15:26)		4:39 (14:21) 3:35 (37:38) 2:58 (58:35) 2:41 (1:18:07)
	Morten Ingmar Ørnhagen Jørgensen 1:36 (1:36) 2:24 (13:53) - (-) - (35:13) - (-)	1:52 (3:28) 2:51 (16:44) - (-) 1:09 (36:22) - (-)	OK Snab 0:37 (4:05) 1:34 (18:18) - (-) - (-) - (51:55)	Fejlklip 1:40 (5:45) 1:27 (19:45) - (-) - (-)		1:40 (7:25) 8:40 (28:25) - (-) - (-)	4:04 (11:29) - (-) - (-) - (-)
	Lukas Becker - (-) - (-) - (-) - (-) - (-)	- (-) - (-) - (-) - (-) - (-)	Søllerød OK - (-) - (-) - (-) - (-) - (-)	Ej startet - (-) - (-) - (-) - (-)		- (-) - (-) - (-) - (-)	- (-) - (-) - (-) - (-)

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			(13 / 13)	Tid	Efter	Tidstab	
1.	Mikkel Lyskjær 1:33 (1:33) 0:55 (13:51) 2:07 (33:57) 4:31 (50:02) 2:18 (1:03:34)	1:55 (3:28) 2:55 (16:46) 1:39 (35:36) 0:50 (50:52) 0:34 (1:04:08)	Farum OK 0:43 (4:11) 1:34 (18:20) 2:28 (38:04) 3:15 (54:07) 0:24 (1:04:32)	1:04:32 2:47 (6:58) 1:47 (20:07) 1:15 (39:19) 2:22 (56:29)		01:03 1:38 (8:36) 8:21 (28:28) 3:45 (43:04) 2:11 (58:40)	4:20 (12:56) 3:22 (31:50) 2:27 (45:31) 2:36 (1:01:16)
2.	Mads Møller Skaug 1:25 (1:25) 0:54 (12:40) 1:57 (32:07) 3:55 (51:01) 2:01 (1:04:34)	2:00 (3:25) 2:54 (15:34) 4:52 (36:59) 0:49 (51:50) 0:32 (1:05:06)	OK Pan 0:41 (4:06) 1:43 (17:17) 2:40 (39:39) 3:38 (55:28) 0:24 (1:05:30)	1:05:30 +0:58 1:40 (5:46) 1:31 (18:48) 0:48 (40:27) 2:14 (57:42)	03:23 1:45 (7:31) 8:06 (26:54) 3:49 (44:16) 2:13 (59:55)		4:15 (11:46) 3:16 (30:10) 2:50 (47:06) 2:38 (1:02:33)
3.	Johan Halkjær Dupont 1:39 (1:39) 0:54 (14:12) 2:02 (36:14) 4:00 (53:55) 2:03 (1:07:01)	2:36 (4:15) 2:43 (16:55) 2:33 (38:47) 0:54 (54:49) 0:35 (1:07:36)	OK Pan 0:41 (4:56) 1:45 (18:40) 3:19 (42:06) 3:06 (57:55) 0:27 (1:08:03)	1:08:03 +3:31 2:03 (6:59) 2:01 (20:41) 2:00 (44:06) 2:20 (1:00:15)	04:56 2:08 (9:07) 8:20 (29:01) 3:24 (47:30) 2:23 (1:02:38)		4:11 (13:18) 5:11 (34:12) 2:25 (49:55) 2:20 (1:04:58)
4.	Malthe Poulsen 1:32 (1:32) 0:57 (16:58) 2:49 (39:01) 3:54 (53:32) 2:03 (1:07:28)	2:31 (4:03) 3:16 (20:14) 1:25 (40:26) 0:53 (54:25) 0:34 (1:08:02)	FIF Hillerød 3:23 (7:26) 1:45 (21:59) 2:18 (42:44) 4:08 (58:33) 0:25 (1:08:27)	1:08:27 +3:55 2:01 (9:27) 1:58 (23:57) 0:47 (43:31) 2:07 (1:00:40)	04:13 1:57 (11:24) 8:58 (32:55) 3:43 (47:14) 2:07 (1:02:47)		4:37 (16:01) 3:17 (36:12) 2:24 (49:38) 2:38 (1:05:25)
5.	Malte Kjær Hemmingsen 1:29 (1:29) 0:54 (13:19) 2:06 (34:07) 4:42 (55:56) 2:16 (1:10:46)	2:30 (3:59) 2:51 (16:10) 3:44 (37:51) 0:51 (56:47) 0:44 (1:11:30)	FIF Hillerød 0:43 (4:42) 1:59 (18:09) 2:41 (40:32) 3:41 (1:00:28) 0:27 (1:11:57)	1:11:57 +7:25 1:43 (6:25) 1:37 (19:46) 1:09 (41:41) 2:25 (1:02:53)	05:15 1:44 (8:09) 8:39 (28:25) 6:58 (48:39) 2:29 (1:05:22)		4:16 (12:25) 3:36 (32:01) 2:35 (51:14) 3:08 (1:08:30)
6.	Lasse Fugmann Thamdrup 1:46 (1:46) 3:03 (16:18) 7:05 (41:56) 4:01 (57:11) 2:38 (1:12:32)	2:33 (4:19) 2:54 (19:12) 1:31 (43:27) 1:02 (58:13) 0:37 (1:13:09)	Allerød OK 0:51 (5:10) 1:49 (21:01) 2:20 (45:47) 3:23 (1:01:36) 0:28 (1:13:37)	1:13:37 +9:05 1:54 (7:04) 1:49 (22:50) 0:48 (46:35) 2:21 (1:03:57)	07:59 1:44 (8:48) 8:27 (31:17) 3:45 (50:20) 2:20 (1:06:17)		4:27 (13:15) 3:34 (34:51) 2:50 (53:10) 3:37 (1:09:54)
7.	Mikkel Lau Petersen		Allerød OK	1:19:04 +14:32	09:27		

3:08 (3:08)	2:40 (5:48)	0:56 (6:44)	2:57 (9:41)	4:53 (14:34)	5:03 (19:37)
5:03 (24:40)	3:21 (28:01)	1:49 (29:50)	1:38 (31:28)	9:04 (40:32)	3:28 (44:00)
2:06 (46:06)	1:48 (47:54)	3:01 (50:55)	1:04 (51:59)	4:03 (56:02)	2:29 (58:31)
4:29 (1:03:00)	1:10 (1:04:10)	3:43 (1:07:53)	2:13 (1:10:06)	2:19 (1:12:25)	3:14 (1:15:39)
2:17 (1:17:56)	0:38 (1:18:34)	0:30 (1:19:04)			
8. Oscar Sig Tranberg		Silkeborg OK	1:20:40 +16:08	12:06	
1:55 (1:55)	2:41 (4:36)	1:26 (6:02)	1:59 (8:01)	1:52 (9:53)	4:35 (14:28)
1:27 (15:55)	3:10 (19:05)	1:43 (20:48)	1:36 (22:24)	8:56 (31:20)	3:33 (34:53)
2:15 (37:08)	1:43 (38:51)	3:01 (41:52)	0:53 (42:45)	3:55 (46:40)	2:47 (49:27)
9:07 (58:34)	0:58 (59:32)	11:05 (1:10:37)	2:11 (1:12:48)	2:18 (1:15:06)	2:35 (1:17:41)
1:54 (1:19:35)	0:34 (1:20:09)	0:31 (1:20:40)			
Lasse August Helweg		Allerød OK	Fejlklip		
2:11 (2:11)	2:40 (4:51)	1:15 (6:06)	2:30 (8:36)	2:08 (10:44)	5:15 (15:59)
2:36 (18:35)	3:31 (22:06)	2:02 (24:08)	2:08 (26:16)	13:42 (39:58)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (1:11:20)			
Lasse Falck Weber		Tisvilde Hegn OK	Fejlklip		
1:52 (1:52)	2:25 (4:17)	1:09 (5:26)	2:01 (7:27)	2:04 (9:31)	4:36 (14:07)
1:40 (15:47)	3:35 (19:22)	3:21 (22:43)	1:52 (24:35)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (55:55)			
Emil Olander Lorenz		Allerød OK	Ej startet		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
Jacob Meldgaard		OK Øst Birkerød	Ej startet		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
Mikkel Meldgaard		Allerød OK	Ej startet		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
H55		(27 / 27)	Tid	Efter	Tidstab
1. Morten Ebbensgaard		OK Øst Birkerød	1:00:02		00:00
3:21 (3:21)	1:32 (4:53)	3:05 (7:58)	2:20 (10:18)	6:07 (16:25)	1:47 (18:12)
4:08 (22:20)	2:19 (24:39)	2:10 (26:49)	9:36 (36:25)	5:28 (41:53)	1:19 (43:12)
5:08 (48:20)	4:21 (52:41)	3:21 (56:02)	2:32 (58:34)	0:47 (59:21)	0:41 (1:00:02)
2. Henrik Steen Andersen		OK Øst Birkerød	1:00:06 +0:04		05:56
3:01 (3:01)	1:16 (4:17)	3:51 (8:08)	3:57 (12:05)	5:55 (18:00)	3:05 (21:05)
4:36 (25:41)	1:58 (27:39)	2:58 (30:37)	8:22 (38:59)	4:52 (43:51)	1:05 (44:56)
4:31 (49:27)	3:41 (53:08)	3:07 (56:15)	2:39 (58:54)	0:40 (59:34)	0:32 (1:00:06)
3. Bjarne Topp		OK Øst Birkerød	1:00:28 +0:26		00:40
2:56 (2:56)	1:23 (4:19)	3:17 (7:36)	2:15 (9:51)	6:13 (16:04)	1:27 (17:31)
3:38 (21:09)	2:11 (23:20)	2:03 (25:23)	10:17 (35:40)	5:29 (41:09)	1:17 (42:26)
4:53 (47:19)	4:29 (51:48)	4:10 (55:58)	3:00 (58:58)	0:48 (59:46)	0:42 (1:00:28)
4. Troels Christensen		Ballerup OK	1:02:04 +2:02		02:39
3:53 (3:53)	1:30 (5:23)	3:37 (9:00)	2:26 (11:45)	6:20 (18:05)	1:21 (19:26)
3:47 (23:13)	1:59 (25:12)	2:06 (27:18)	10:31 (37:49)	5:13 (43:02)	1:21 (44:23)
4:40 (49:03)	3:46 (52:49)	5:27 (58:16)	2:35 (1:00:51)	0:41 (1:01:32)	0:32 (1:02:04)
5. Henrik Albahn		Lyngby OK	1:04:31 +4:29		03:36
3:22 (3:22)	1:18 (4:40)	4:20 (9:00)	2:40 (11:40)	5:36 (17:16)	2:58 (20:14)
4:17 (24:31)	2:22 (26:53)	2:16 (29:09)	10:45 (39:54)	4:56 (44:50)	1:32 (46:22)
5:42 (52:04)	4:20 (56:24)	3:25 (59:49)	3:26 (1:03:15)	0:42 (1:03:57)	0:34 (1:04:31)
6. Kent Pihl		OK Roskilde	1:06:29 +6:27		02:32
3:17 (3:17)	1:21 (4:38)	3:33 (8:11)	2:35 (10:46)	7:44 (18:30)	1:36 (20:06)
4:37 (24:43)	2:30 (27:13)	2:21 (29:34)	10:17 (40:02)	6:52 (46:54)	1:17 (42:03)
5:28 (53:31)	4:21 (57:52)	3:48 (1:01:40)	3:18 (1:04:58)	0:48 (1:05:46)	0:43 (1:06:29)
7. Anders Laage Kragh		OK Roskilde	1:06:49 +6:47		03:58
3:50 (3:50)	2:21 (6:11)	3:38 (9:49)	2:26 (12:15)	5:54 (18:09)	1:22 (19:31)
4:11 (23:42)	3:31 (27:13)	2:04 (29:17)	11:16 (40:33)	5:49 (46:22)	1:16 (47:38)
6:59 (54:37)	3:45 (58:22)	3:59 (1:02:21)	3:03 (1:05:24)	0:47 (1:06:11)	0:38 (1:06:49)
8. Jesper Børsting		Herlufsholm OK	1:09:00 +8:58		01:36
4:29 (4:29)	1:45 (6:14)	3:41 (9:55)	3:01 (12:56)	7:11 (20:07)	1:30 (21:37)
4:27 (26:04)	2:24 (28:28)	2:48 (31:16)	11:21 (42:37)	5:41 (48:18)	1:28 (49:46)
5:27 (55:13)	5:06 (1:00:19)	4:20 (1:04:39)	2:48 (1:07:27)	0:50 (1:08:17)	0:43 (1:09:00)
9. Johnny Nimvik		FK Åsen	1:09:28 +9:26		06:23
3:27 (3:27)	2:35 (6:02)	3:15 (9:17)	2:35 (11:52)	6:17 (18:09)	4:38 (22:47)
4:51 (27:38)	2:18 (29:56)	2:06 (32:02)	10:30 (42:32)	6:18 (48:50)	1:11 (50:01)
5:18 (55:19)	4:57 (1:00:16)	4:24 (1:04:40)	3:19 (1:07:59)	0:47 (1:08:46)	0:42 (1:09:28)
10. Søren Maarup		Kolding OK	1:10:27 +10:25		04:23
3:11 (3:11)	1:18 (4:29)	3:27 (7:56)	2:31 (10:27)	6:46 (17:13)	1:43 (18:56)
5:54 (24:50)	3:02 (27:52)	2:16 (30:08)	10:36 (40:44)	6:15 (46:59)	1:21 (48:20)
6:15 (54:35)	6:37 (1:01:12)	4:15 (1:05:27)	3:27 (1:08:54)	0:51 (1:09:45)	0:42 (1:10:27)
11. Jens Viktor Nørgaard		FIF Hillerød	1:12:54 +12:52		08:33
4:12 (4:12)	4:16 (8:28)	4:40 (13:08)	3:38 (16:46)	7:51 (24:37)	2:21 (26:58)
5:43 (32:41)	2:36 (35:17)	2:19 (37:36)	10:47 (48:23)	5:24 (53:47)	1:22 (55:09)
5:18 (1:00:27)	4:11 (1:04:38)	3:38 (1:08:16)	3:14 (1:11:30)	0:48 (1:12:18)	0:36 (1:12:54)
12. Jan Thiesen		Holbæk OK	1:16:57 +16:55		08:35
4:12 (4:12)	1:20 (5:32)	3:43 (9:15)	3:26 (12:41)	11:51 (24:32)	1:56 (26:28)
5:30 (31:58)	2:38 (34:36)	2:34 (37:10)	10:53 (48:03)	5:42 (53:45)	1:15 (55:00)
8:43 (1:03:43)	4:27 (1:08:10)	3:57 (1:12:07)	3:32 (1:15:39)	0:46 (1:16:25)	0:32 (1:16:57)
13. Leif Pedersen		FSK Orientering	1:17:48 +17:46		00:51
4:07 (4:07)	1:29 (5:36)	3:47 (9:23)	3:10 (12:33)	8:06 (20:39)	1:35 (22:14)
4:54 (27:08)	3:19 (30:27)	3:00 (33:27)	12:23 (45:50)	7:17 (53:07)	1:57 (55:04)
6:19 (1:01:23)	5:35 (1:06:58)	4:47 (1:11:45)	4:17 (1:16:02)	0:54 (1:16:56)	0:52 (1:17:48)

14. Peter Bæcker Hansen	OK Øst Birkerød	1:19:10 +19:08	07:55		
4:47 (4:47)	1:29 (6:16)	5:45 (12:01)	3:14 (15:15)	9:24 (24:39)	1:41 (26:20)
4:42 (31:02)	2:48 (33:50)	2:49 (36:39)	11:02 (47:41)	5:54 (53:35)	1:34 (55:09)
6:33 (1:01:42)	6:22 (1:08:04)	5:10 (1:13:14)	4:21 (1:17:35)	0:51 (1:18:26)	0:44 (1:19:10)
15. Frede Lillelund	Søllerød OK	1:20:06 +20:04	10:38		
8:49 (8:49)	2:04 (10:53)	4:54 (15:47)	2:52 (18:39)	6:35 (25:14)	1:51 (27:05)
5:52 (32:57)	2:59 (35:56)	2:20 (38:16)	10:48 (49:04)	6:27 (55:31)	1:24 (56:55)
5:53 (1:02:48)	6:42 (1:09:30)	4:06 (1:13:36)	4:54 (1:18:30)	0:53 (1:19:23)	0:43 (1:20:06)
16. Henrik Nielsen	Holbæk OK	1:20:27 +20:25	03:38		
3:46 (3:46)	1:35 (5:21)	4:10 (9:31)	3:42 (13:13)	6:28 (19:41)	2:00 (21:41)
6:13 (27:54)	4:01 (31:55)	2:45 (34:40)	12:29 (47:09)	6:59 (54:08)	2:14 (56:22)
6:48 (1:03:10)	6:19 (1:09:29)	5:06 (1:14:35)	4:09 (1:18:44)	0:54 (1:19:38)	0:49 (1:20:27)
17. Erik Ellegaard Simonsen	OK Øst Birkerød	1:23:53 +23:51	02:59		
3:59 (3:59)	1:49 (5:48)	4:54 (10:42)	4:16 (14:58)	8:40 (23:38)	1:42 (25:20)
5:45 (31:05)	3:59 (35:04)	3:24 (38:28)	13:14 (51:42)	7:27 (59:09)	1:43 (1:00:52)
6:33 (1:07:25)	6:21 (1:13:46)	4:45 (1:18:31)	3:42 (1:22:13)	0:56 (1:23:09)	0:44 (1:23:53)
18. Lars Søndergaard	FIF Hillerød	1:25:53 +25:51	04:15		
4:19 (4:19)	1:42 (6:01)	4:00 (10:01)	3:33 (13:34)	8:32 (22:06)	2:56 (25:02)
6:53 (31:55)	3:26 (35:21)	3:00 (38:21)	14:57 (53:18)	7:31 (1:00:49)	1:43 (1:02:32)
6:30 (1:09:02)	6:35 (1:15:37)	4:38 (1:20:15)	3:38 (1:23:53)	1:03 (1:24:56)	0:57 (1:25:53)
19. Per Rasmussen	Amager OK	1:33:32 +33:30	09:41		
4:49 (4:49)	2:12 (7:01)	5:53 (12:54)	4:13 (17:07)	7:25 (24:32)	4:16 (28:48)
8:35 (37:23)	4:16 (41:39)	3:34 (45:13)	14:15 (59:28)	7:18 (1:06:46)	1:41 (1:08:27)
6:41 (1:15:08)	5:07 (1:20:15)	6:14 (1:26:29)	5:09 (1:31:38)	1:01 (1:32:39)	0:53 (1:33:32)
20. Klaus Nielsen	Farum OK	1:33:34 +33:32	13:19		
5:36 (5:36)	2:44 (8:20)	4:46 (13:06)	3:20 (16:26)	8:22 (24:48)	3:25 (28:13)
4:42 (32:55)	4:46 (37:41)	3:38 (41:19)	20:16 (1:01:35)	6:11 (1:07:46)	2:49 (1:10:35)
6:56 (1:17:31)	5:05 (1:22:36)	5:47 (1:28:23)	3:35 (1:31:58)	0:52 (1:32:50)	0:44 (1:33:34)
21. Michael E. Laustsen	OK Skærmens Værløse	1:36:53 +36:51	15:38		
9:01 (9:01)	1:57 (10:58)	5:05 (16:03)	3:00 (19:03)	7:44 (26:47)	1:49 (28:36)
5:29 (34:05)	3:03 (37:08)	2:51 (39:59)	23:15 (1:03:14)	8:21 (1:11:35)	1:49 (1:13:24)
5:56 (1:19:20)	5:19 (1:24:39)	6:07 (1:30:46)	4:28 (1:35:14)	0:54 (1:36:08)	0:45 (1:36:53)
22. Torben Schorlemmer	Ballerup OK	1:39:14 +39:12	14:12		
4:33 (4:33)	1:44 (6:17)	5:06 (11:23)	4:35 (15:58)	8:27 (24:25)	2:32 (26:57)
5:55 (32:52)	2:52 (35:44)	3:01 (38:45)	13:01 (51:46)	7:47 (59:33)	1:40 (1:01:13)
10:34 (1:11:47)	9:07 (1:20:54)	8:51 (1:29:45)	5:44 (1:35:29)	1:35 (1:37:04)	2:10 (1:39:14)
23. Kaj Munck	Herlufsholm OK	1:50:33 +50:31	08:53		
5:13 (5:13)	2:33 (7:46)	4:34 (12:20)	4:24 (16:44)	11:19 (28:03)	2:41 (30:44)
8:42 (39:26)	4:07 (43:33)	2:52 (46:25)	15:50 (1:02:15)	9:46 (1:12:01)	2:55 (1:14:56)
10:11 (1:25:07)	6:44 (1:31:51)	11:34 (1:43:25)	5:05 (1:48:30)	1:03 (1:49:33)	1:00 (1:50:33)
24. Peter Karberg	Herlufsholm OK	2:01:20 +61:18	43:07		
4:35 (4:35)	2:01 (6:36)	5:04 (11:40)	19:37 (31:17)	6:28 (37:45)	1:51 (39:36)
10:48 (50:24)	3:10 (53:34)	2:39 (56:13)	11:57 (1:08:10)	6:18 (1:14:28)	1:45 (1:16:13)
12:08 (1:28:21)	22:26 (1:50:47)	4:31 (1:55:18)	4:21 (1:59:39)	0:56 (2:00:35)	0:45 (2:01:20)
25. Stefan Winberg	Frosta OK	2:17:17 +77:15	35:09		
10:43 (10:43)	2:21 (13:04)	5:16 (18:20)	3:29 (21:49)	14:04 (35:53)	15:32 (51:25)
9:24 (1:00:49)	3:17 (1:04:06)	4:27 (1:08:33)	13:40 (1:22:13)	9:50 (1:32:03)	2:49 (1:34:52)
10:27 (1:45:19)	10:44 (1:56:03)	12:51 (2:08:54)	6:34 (2:15:28)	1:04 (2:16:32)	0:45 (2:17:17)
Lasse Lybek Jensen	Ballerup OK	Fejlklip			
9:43 (9:43)	2:29 (12:12)	- (-)	- (30:01)	10:29 (40:30)	13:27 (53:57)
10:29 (1:04:26)	3:17 (1:07:43)	7:47 (1:15:30)	15:41 (1:31:11)	11:44 (1:42:55)	2:07 (1:45:02)
9:45 (1:54:47)	5:52 (2:00:39)	6:03 (2:06:42)	4:46 (2:11:28)	1:00 (2:12:28)	0:42 (2:13:10)
Jesper Kirkeskov	Søllerød OK	Ej startet			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
H75	(19 / 19)	Tid	Efter	Tidstab	
1. Aage Damsgaard	Fredensborg OK	38:05		01:14	
2:05 (2:05)	2:54 (4:59)	1:45 (6:44)	4:29 (11:13)	3:12 (14:25)	3:24 (17:49)
3:41 (21:30)	0:41 (22:11)	9:42 (31:53)	4:49 (36:42)	0:39 (37:21)	0:44 (38:05)
2. Ole Svendsen	OK Roskilde	39:16 +1:11		00:00	
2:56 (2:56)	2:42 (5:38)	2:18 (7:56)	4:43 (12:39)	3:26 (16:05)	3:39 (19:44)
3:32 (23:16)	0:40 (23:56)	9:41 (33:37)	4:12 (37:49)	0:41 (38:30)	0:46 (39:16)
3. Knud Lykking	OK73	44:43 +6:38		03:15	
4:28 (4:28)	2:56 (7:24)	2:40 (10:04)	4:59 (15:03)	3:29 (18:32)	4:10 (22:42)
3:38 (26:20)	0:42 (27:02)	11:42 (38:44)	4:26 (43:10)	0:39 (43:49)	0:54 (44:43)
4. Gert Bøgevig	Søllerød OK	51:10 +13:05		02:36	
3:00 (3:00)	3:18 (6:18)	3:50 (10:08)	5:49 (15:57)	4:26 (20:23)	4:35 (24:58)
4:51 (29:49)	0:56 (30:45)	12:48 (43:33)	6:00 (49:33)	0:45 (50:18)	0:52 (51:10)
5. Peo Bengtsson	OK Pan-Kristianstad	53:52 +15:47		00:00	
3:30 (3:30)	3:57 (7:27)	3:10 (10:37)	7:00 (17:37)	4:22 (21:59)	4:58 (26:57)
4:55 (31:52)	1:00 (32:52)	12:52 (45:44)	6:09 (51:53)	0:57 (52:50)	1:02 (53:52)
6. Knud Dam	Kildeholm OK	54:48 +16:43		05:21	
5:07 (5:07)	3:03 (8:10)	2:45 (10:55)	6:10 (17:05)	4:33 (21:38)	6:10 (27:48)
6:45 (34:33)	0:57 (35:30)	11:52 (47:22)	5:44 (53:06)	0:50 (53:56)	0:52 (54:48)
7. Jørgen Chr. Nielsen	FIF Hillerød	55:05 +17:00		09:48	
2:58 (2:58)	3:30 (6:28)	2:01 (8:29)	14:05 (22:34)	4:52 (27:26)	4:28 (31:54)
4:45 (36:39)	0:45 (37:24)	11:46 (49:10)	4:16 (53:26)	0:40 (54:06)	0:59 (55:05)
8. Mogens Hansen	OK Skærmens Værløse	55:49 +17:44		08:00	
3:14 (3:14)	4:15 (7:29)	7:30 (14:59)	6:13 (21:12)	5:00 (26:12)	3:47 (29:59)
4:56 (34:55)	0:45 (35:40)	11:45 (47:25)	6:19 (53:44)	0:58 (54:42)	1:07 (55:49)
8. Niels-Henrik Holscher	O-63	55:49 +17:44		09:58	
2:58 (2:58)	3:08 (6:06)	2:22 (8:28)	6:24 (14:52)	11:18 (26:10)	5:51 (32:01)
5:05 (37:06)	0:49 (37:55)	11:32 (49:27)	5:00 (54:27)	0:41 (55:08)	0:41 (55:49)
10. Gunner Jørgensen	OK73	56:43 +18:38		10:03	
2:33 (2:33)	5:02 (7:35)	2:13 (9:48)	6:42 (16:30)	3:54 (20:24)	4:42 (25:06)
3:51 (28:57)	0:47 (29:44)	12:28 (42:12)	12:48 (55:00)	0:43 (55:43)	1:00 (56:43)
11. Sten-Ake Kvist	IS Kullen	58:53 +20:48		05:59	
3:28 (3:28)	7:44 (11:12)	4:13 (15:25)	6:09 (21:34)	5:03 (26:37)	5:27 (32:04)
5:11 (37:15)	0:55 (38:10)	13:23 (51:33)	5:43 (57:16)	0:42 (57:58)	0:55 (58:53)
12. Allan Christiansen	Fredensborg OK	58:58 +20:53		14:28	
4:15 (4:15)	2:59 (7:14)	3:04 (10:18)	5:40 (15:58)	4:39 (20:37)	7:33 (28:10)
6:49 (34:59)	0:52 (35:51)	9:05 (44:56)	12:32 (57:28)	0:47 (58:15)	0:43 (58:58)

13. Jørn Andreasen		OK73	1:02:55 +24:50	06:09	
3:45 (3:45)	4:11 (7:56)	5:56 (13:52)	7:19 (21:11)	5:08 (26:19)	5:27 (31:46)
7:14 (39:00)	1:23 (40:23)	15:29 (55:52)	4:57 (1:00:49)	0:53 (1:01:42)	1:13 (1:02:55)
14. Leo Mathiesen		FIF Hillerød	1:04:43 +26:38	04:33	
3:57 (3:57)	5:00 (8:57)	5:03 (14:00)	7:45 (21:45)	5:57 (27:42)	6:54 (34:36)
5:37 (40:13)	1:16 (41:29)	14:35 (56:04)	6:31 (1:02:35)	1:07 (1:03:42)	1:01 (1:04:43)
15. Erik Torm		Herlufsholm OK	1:06:32 +28:27	09:27	
6:22 (6:22)	3:19 (9:41)	5:36 (15:17)	8:19 (23:36)	4:41 (28:17)	7:02 (35:19)
5:47 (41:06)	1:09 (42:15)	13:27 (55:42)	8:28 (1:04:10)	1:03 (1:05:13)	1:19 (1:06:32)
16. Jens Aaris Thisted		Søllerød OK	1:07:46 +29:41	10:47	
8:02 (8:02)	7:14 (15:16)	3:34 (18:50)	7:48 (26:38)	4:50 (31:28)	6:30 (37:58)
6:21 (44:19)	0:55 (45:14)	12:16 (57:30)	7:59 (1:05:29)	0:54 (1:06:23)	1:23 (1:07:46)
17. Arne Bech		OK73	1:08:16 +30:11	21:32	
10:20 (10:20)	13:10 (23:30)	7:32 (31:02)	5:51 (36:53)	3:28 (40:21)	4:22 (44:43)
4:39 (49:22)	0:37 (49:59)	11:26 (1:01:25)	5:19 (1:06:44)	0:42 (1:07:26)	0:50 (1:08:16)
18. Poul Gregersen		Ballerup OK	1:25:51 +47:46	15:02	
3:48 (3:48)	6:30 (10:18)	4:12 (14:30)	8:41 (23:11)	6:19 (29:30)	5:56 (35:26)
12:47 (48:13)	1:04 (49:17)	26:23 (1:15:40)	7:31 (1:23:11)	1:07 (1:24:18)	1:33 (1:25:51)
Bjarne Pedersen		OK Roskilde	Udgået		
8:26 (8:26)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)

H85

		(6 / 6)	Tid	Efter	Tidstab	
1. Svend Fladberg		Køge OK	46:20		02:26	
5:15 (5:15)	3:07 (8:22)	4:07 (12:29)	4:21 (16:50)		5:17 (22:07)	5:09 (27:16)
5:03 (32:19)	6:32 (38:51)	4:06 (42:57)	2:33 (45:30)		0:50 (46:20)	
2. Palle Bay		Køge OK	50:39	+4:19	04:26	
4:55 (4:55)	2:48 (7:43)	3:42 (11:25)	7:35 (19:00)		7:03 (26:03)	5:04 (31:07)
3:23 (34:30)	8:01 (42:31)	4:23 (46:54)	2:33 (49:27)		1:12 (50:39)	
3. Kurt Dose		Køge OK	55:32	+9:12	04:56	
6:18 (6:18)	3:22 (9:40)	4:08 (13:48)	4:25 (18:13)		9:25 (27:38)	6:22 (34:00)
3:04 (37:04)	9:39 (46:43)	5:02 (51:45)	2:45 (54:30)		1:02 (55:32)	
4. Jørgen Poulsen		OK73	1:17:48	+31:28	12:02	
7:06 (7:06)	3:30 (10:36)	4:48 (15:24)	12:39 (28:03)		8:21 (36:24)	8:46 (45:10)
5:15 (50:25)	13:41 (1:04:06)	7:14 (1:11:20)	4:37 (1:15:57)		1:51 (1:17:48)	
5. Peter Larsen		Helsingør SOK	1:19:15	+32:55	08:47	
8:54 (8:54)	3:54 (12:48)	5:41 (18:29)	6:26 (24:55)		12:33 (37:28)	10:27 (47:55)
5:05 (53:00)	10:33 (1:03:33)	8:44 (1:12:17)	4:57 (1:17:14)		2:01 (1:19:15)	
6. Bent Børsting		Herlufsholm OK	1:27:59	+41:39	19:41	
13:48 (13:48)	2:40 (16:28)	4:31 (20:59)	5:44 (26:43)		12:25 (39:08)	8:48 (47:56)
8:46 (56:42)	14:36 (1:11:18)	11:59 (1:23:17)	3:28 (1:26:45)		1:14 (1:27:59)	

D12

		(4 / 4)	Tid	Efter	Tidstab	
1. Kamma Aglund Andersen		OK Øst Birkerød	21:46		00:50	
1:12 (1:12)	1:22 (2:34)	0:54 (3:28)	2:59 (6:27)		1:25 (7:52)	1:50 (9:42)
1:07 (10:49)	5:18 (16:07)	1:28 (17:35)	1:45 (19:20)		1:12 (20:32)	0:44 (21:16)
0:30 (21:46)						
2. Alma Okkels Jensen		OK Sorø	22:48	+1:02	00:38	
1:32 (1:32)	1:45 (3:17)	1:00 (4:17)	2:49 (7:06)		1:25 (8:31)	1:54 (10:25)
1:23 (11:48)	4:32 (16:20)	1:46 (18:06)	2:03 (20:09)		1:16 (21:25)	0:52 (22:17)
0:31 (22:48)						
3. Frida Kärner Grooss		Allerød OK	23:14	+1:28	00:38	
1:10 (1:10)	1:32 (2:42)	1:02 (3:44)	3:00 (6:44)		2:09 (8:53)	2:08 (11:01)
1:21 (12:22)	4:23 (16:45)	1:38 (18:23)	2:00 (20:23)		1:28 (21:51)	0:49 (22:40)
0:34 (23:14)						
4. Nora Sophie Graasbøl Ødum		OK Øst Birkerød	42:56	+21:10	09:07	
2:01 (2:01)	1:54 (3:55)	1:35 (5:30)	4:09 (9:39)		2:02 (11:41)	5:23 (17:04)
2:33 (19:37)	13:52 (33:29)	2:25 (35:54)	2:58 (38:52)		2:12 (41:04)	1:20 (42:24)
0:32 (42:56)						

D14

		(7 / 7)	Tid	Efter	Tidstab	
1. Lucia Holck		Tisvilde Hegn OK	42:19		06:48	
2:54 (2:54)	3:29 (6:23)	4:01 (10:24)	2:08 (12:32)		3:40 (16:12)	2:29 (18:41)
9:56 (28:37)	3:11 (31:48)	1:40 (33:28)	3:27 (36:55)		3:06 (40:01)	1:46 (41:47)
0:32 (42:19)						
2. Cecilie Broman		Allerød OK	47:34	+5:15	08:33	
3:28 (3:28)	3:17 (6:45)	3:27 (10:12)	2:50 (13:02)		6:34 (19:36)	5:30 (25:06)
6:25 (31:31)	2:51 (34:22)	2:47 (37:09)	3:50 (40:59)		4:34 (45:33)	1:30 (47:03)
0:31 (47:34)						
3. Teresa Søndergaard Pohl		OK Roskilde	49:38	+7:19	12:21	
2:18 (2:18)	2:31 (4:49)	4:07 (8:56)	2:48 (11:44)		9:55 (21:39)	6:30 (28:09)
3:32 (31:41)	4:38 (36:19)	3:01 (39:20)	3:36 (42:56)		4:33 (47:29)	1:36 (49:05)
0:33 (49:38)						
4. Emily Johnsen		Helsingør SOK	50:20	+8:01	10:37	
2:24 (2:24)	3:27 (5:51)	5:14 (11:05)	4:05 (15:10)		4:26 (19:36)	3:00 (22:36)
6:39 (29:15)	9:54 (39:09)	1:57 (41:06)	3:44 (44:50)		3:09 (47:59)	1:49 (49:48)
0:32 (50:20)						
Alde Funder Skovlyst		FIF Hillerød	Udgået			
7:30 (7:30)	- (-)	- (-)	- (-)		- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
- (-)						
Sofie Okkels Jensen		OK Sorø	Udgået			
2:25 (2:25)	- (-)	- (-)	- (-)		- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
- (-)						
Dagmar Kopp Stannum		Tisvilde Hegn OK	Ej startet			
- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
- (-)						

D16

1. Sigrød Høyer Staugaard		(6 / 6)	Tid	Efter	Tidstab
		FIF Hillerød	33:23		01:28

2:10 (2:10)	3:43 (5:53)	0:55 (6:48)	1:30 (8:18)	2:08 (10:26)	5:10 (15:36)
1:31 (17:07)	3:44 (20:51)	2:51 (23:42)	0:35 (24:17)	4:40 (28:57)	2:09 (31:06)
1:16 (32:22)	0:35 (32:57)	0:26 (33:23)			
2. Xenia Bregensøe		Tisvilde Hegn OK	35:30 +2:07	02:47	
5:05 (5:05)	2:59 (8:04)	0:55 (8:59)	1:32 (10:31)	1:39 (12:10)	5:37 (17:47)
0:45 (18:32)	3:34 (22:06)	3:02 (25:08)	0:28 (25:36)	4:57 (30:33)	2:12 (32:45)
1:31 (34:16)	0:42 (34:58)	0:32 (35:30)			
3. Dicte Højbjerg Andersen		Helsingør SOK	39:22 +5:59	02:28	
2:58 (2:58)	3:06 (6:04)	1:18 (7:22)	1:43 (9:05)	2:25 (11:30)	5:33 (17:03)
1:46 (18:49)	4:19 (23:08)	3:30 (26:38)	0:38 (27:16)	6:00 (33:16)	2:55 (36:11)
1:59 (38:10)	0:41 (38:51)	0:31 (39:22)			
4. Hedda Kärner Grooss		Allerød OK	42:04 +8:41	04:04	
3:41 (3:41)	4:22 (8:03)	0:54 (8:57)	1:35 (10:32)	2:06 (12:38)	6:32 (19:10)
0:56 (20:06)	4:04 (24:10)	3:26 (27:36)	0:32 (28:08)	8:31 (36:39)	2:25 (39:04)
1:43 (40:47)	0:48 (41:35)	0:29 (42:04)			
Sofie Fakir Olsen		Ballerup OK	Fejlklip		
4:11 (4:11)	3:59 (8:10)	1:29 (9:39)	2:30 (12:09)	2:20 (14:29)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (52:23)	0:31 (52:54)			
Siri Simonsen		FIF Hillerød	Ej startet		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)			

D18

		(5 / 5)	Tid	Efter	Tidstab	
1. Malin Agervig Kristiansson		OK Snab	54:18		04:31	
2:43 (2:43)	1:58 (4:41)	2:42 (7:23)	2:03 (9:26)	4:39 (14:05)	1:12 (15:17)	
3:40 (18:57)	5:14 (24:11)	1:48 (25:59)	8:20 (34:19)	4:24 (38:43)	1:49 (40:32)	
4:02 (44:34)	3:38 (48:12)	2:49 (51:01)	2:09 (53:10)	0:40 (53:50)	0:28 (54:18)	
2. Mathilde Smedegaard Madsen		Søllerød OK	1:00:36 +6:18	05:38		
3:43 (3:43)	1:14 (4:57)	4:35 (9:32)	2:01 (11:33)	7:23 (18:56)	1:19 (20:15)	
3:26 (23:41)	2:11 (25:52)	2:25 (28:17)	9:04 (37:21)	6:16 (43:37)	1:15 (44:52)	
5:07 (49:59)	3:36 (53:35)	2:57 (56:32)	2:48 (59:20)	0:45 (1:00:05)	0:31 (1:00:36)	
3. Camille Marie Næstoft Juhl		Søllerød OK	1:02:18 +8:00	02:35		
4:00 (4:00)	1:25 (5:25)	3:37 (9:02)	2:26 (11:28)	5:39 (17:07)	1:34 (18:41)	
6:36 (25:17)	2:04 (27:21)	2:23 (29:44)	9:41 (39:25)	5:05 (44:30)	1:10 (45:40)	
4:54 (50:34)	4:08 (54:42)	3:29 (58:11)	2:48 (1:00:59)	0:45 (1:01:44)	0:34 (1:02:18)	
4. Alberte Kaae-Nielsen		Søllerød OK	1:06:58 +12:40	03:10		
5:13 (5:13)	2:45 (7:58)	3:31 (11:29)	2:56 (14:25)	6:20 (20:45)	1:44 (22:29)	
4:35 (27:04)	2:10 (29:14)	2:06 (31:20)	10:34 (41:54)	6:13 (48:07)	1:20 (49:27)	
5:06 (54:33)	3:53 (58:26)	3:43 (1:02:09)	3:14 (1:05:23)	0:51 (1:06:14)	0:44 (1:06:58)	
Celina Bregensøe		Tisvilde Hegn OK	Fejlklip			
3:41 (3:41)	4:33 (8:14)	3:57 (12:11)	3:24 (15:35)	- (-)	- (-)	
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
- (-)	- (-)	- (-)	- (-)	- (-)	- (29:45)	

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		(4 / 4)	Tid	Efter	Tidstab	
1. Dorthe Skovlyst		FIF Hillerød	1:00:38		06:10	
2:10 (2:10)	1:52 (4:02)	1:46 (5:48)	4:36 (10:24)	2:55 (13:19)	4:48 (18:07)	
4:06 (22:13)	1:59 (24:12)	2:22 (26:34)	3:07 (29:41)	7:02 (36:43)	5:18 (42:01)	
11:11 (53:12)	2:18 (55:30)	1:44 (57:14)	1:48 (59:02)	0:54 (59:56)	0:42 (1:00:38)	
2. Diana Cederberg		Ballerup OK	1:05:21 +4:43	08:05		
4:23 (4:23)	2:31 (6:54)	1:40 (8:34)	8:05 (16:39)	3:17 (19:56)	6:33 (26:29)	
5:10 (31:39)	2:09 (33:48)	2:46 (36:34)	3:35 (40:09)	4:41 (44:50)	4:22 (49:12)	
8:01 (57:13)	2:38 (59:51)	1:58 (1:01:49)	2:07 (1:03:56)	0:45 (1:04:41)	0:40 (1:05:21)	
3. Henriette Broman		Allerød OK	1:11:26 +10:48	10:13		
2:43 (2:43)	2:23 (5:06)	1:59 (7:05)	3:51 (10:56)	3:50 (14:46)	6:37 (21:23)	
5:04 (26:27)	2:10 (28:37)	4:19 (32:56)	7:58 (40:54)	5:50 (46:44)	4:33 (51:17)	
8:23 (59:40)	2:41 (1:02:21)	5:32 (1:07:53)	1:59 (1:09:52)	0:47 (1:10:39)	0:47 (1:11:26)	
4. Julie Christiansen		Kildeholm OK	1:17:04 +16:26	12:10		
3:27 (3:27)	6:13 (9:40)	2:45 (12:25)	7:11 (19:36)	4:32 (24:08)	6:57 (31:05)	
7:18 (38:23)	2:30 (40:53)	3:02 (43:55)	3:26 (47:21)	5:06 (52:27)	4:42 (57:09)	
11:16 (1:08:25)	2:38 (1:11:03)	2:11 (1:13:14)	2:25 (1:15:39)	0:48 (1:16:27)	0:37 (1:17:04)	

D45

		(10 / 10)	Tid	Efter	Tidstab	
1. Maria M. Høyer Staugaard		FIF Hillerød	47:23		01:03	
2:32 (2:32)	1:35 (4:07)	1:48 (5:55)	3:40 (9:35)	2:24 (11:59)	4:46 (16:45)	
4:06 (20:51)	1:36 (22:27)	2:07 (24:34)	2:33 (27:07)	3:48 (30:55)	3:10 (34:05)	
6:17 (40:22)	1:55 (42:17)	2:22 (44:39)	1:34 (46:13)	0:39 (46:52)	0:31 (47:23)	
2. Camilla Rath Nielsen		PI-København	54:03 +6:40	04:02		
2:33 (2:33)	1:58 (4:31)	1:25 (5:56)	4:50 (10:46)	2:47 (13:33)	4:15 (17:48)	
4:53 (22:41)	2:03 (24:44)	2:58 (27:42)	3:02 (30:44)	3:47 (34:31)	4:14 (38:45)	
5:44 (44:29)	3:09 (47:38)	3:12 (50:50)	2:01 (52:51)	0:39 (53:30)	0:33 (54:03)	
3. Bodil Karlsmose Kliem		Farum OK	1:03:20 +15:57	06:21		
2:29 (2:29)	2:10 (4:39)	2:12 (6:51)	5:44 (12:35)	3:26 (16:01)	5:49 (21:50)	
4:50 (26:40)	1:57 (28:37)	2:35 (31:12)	7:14 (38:26)	5:16 (43:42)	4:38 (48:20)	
6:59 (55:19)	2:33 (57:52)	1:52 (59:44)	1:58 (1:01:42)	0:56 (1:02:38)	0:42 (1:03:20)	
4. Maria Krog Schulz		Ballerup OK	1:09:26 +22:03	06:00		
2:28 (2:28)	2:09 (4:37)	2:06 (6:43)	9:40 (16:23)	3:52 (20:15)	5:58 (26:13)	
5:32 (31:45)	2:36 (34:21)	3:13 (37:34)	4:00 (41:34)	5:15 (46:49)	4:57 (51:46)	
7:24 (59:10)	2:38 (1:01:48)	3:35 (1:05:23)	2:17 (1:07:40)	0:58 (1:08:38)	0:48 (1:09:26)	
5. Angélique Grønborg Rasmussen		Allerød OK	1:11:15 +23:52	09:36		
2:30 (2:30)	3:51 (6:21)	2:25 (8:46)	3:51 (12:37)	3:27 (16:04)	5:56 (22:00)	
5:30 (27:30)	5:03 (32:33)	3:33 (36:06)	3:53 (39:59)	5:08 (45:07)	3:50 (48:57)	
8:14 (57:11)	2:45 (59:56)	8:00 (1:07:56)	2:00 (1:09:56)	0:46 (1:10:42)	0:33 (1:11:15)	
6. Heidi L. Holmberg		FIF Hillerød	1:11:41 +24:18	04:23		
2:22 (2:22)	2:59 (5:21)	2:29 (7:50)	5:04 (12:54)	4:55 (17:49)	6:18 (24:07)	
6:30 (30:37)	2:22 (32:59)	4:01 (37:00)	4:01 (41:01)	5:44 (46:45)	4:29 (51:14)	
8:38 (59:52)	2:50 (1:02:42)	5:14 (1:07:56)	2:01 (1:09:57)	0:58 (1:10:55)	0:46 (1:11:41)	
7. Christine Svendsen		OK Roskilde	1:17:28 +30:05	12:29		
2:47 (2:47)	4:28 (7:15)	1:43 (8:58)	9:21 (18:19)	4:45 (23:04)	8:12 (31:16)	
5:48 (37:04)	2:21 (39:25)	3:23 (42:48)	4:59 (47:47)	5:18 (53:05)	4:03 (57:08)	
8:21 (1:05:29)	3:29 (1:08:58)	2:53 (1:11:51)	4:08 (1:15:59)	0:48 (1:16:47)	0:41 (1:17:28)	

8.	Anette L Christensen 2:44 (2:44) 8:02 (31:32) 8:55 (1:06:23)	2:36 (5:20) 3:22 (34:54) 2:59 (1:09:22)	Holbæk OK 1:58 (7:18) 2:56 (37:50) 5:03 (1:14:25)	1:19:20 +31:57 4:13 (11:31) 5:46 (43:36) 3:10 (1:17:35)	10:05 5:01 (16:32) 8:36 (52:12) 1:01 (1:18:36)	6:58 (23:30) 5:16 (57:28) 0:44 (1:19:20)
9.	Janni Helweg 3:16 (3:16) 8:16 (34:38) 24:17 (1:25:05)	2:35 (5:51) 2:20 (36:58) 3:43 (1:28:48)	Ballerup OK 2:21 (8:12) 6:02 (43:00) 3:14 (1:32:02)	1:36:43 +49:20 5:24 (13:36) 6:49 (49:49) 2:36 (1:34:38)	21:10 6:03 (19:39) 5:47 (55:36) 1:16 (1:35:54)	6:43 (26:22) 5:12 (1:00:48) 0:49 (1:36:43)
10.	Dorthe Munktvad 2:16 (2:16) 13:23 (36:40) 9:16 (1:22:05)	3:03 (5:19) 7:21 (44:01) 4:38 (1:26:43)	Allerød OK 5:34 (10:53) 2:51 (46:52) 9:55 (1:36:38)	1:43:38 +56:15 3:21 (14:14) 14:12 (1:01:04) 3:13 (1:39:51)	34:12 3:30 (17:44) 6:37 (1:07:41) 1:53 (1:41:44)	5:33 (23:17) 5:08 (1:12:49) 1:54 (1:43:38)

D55

			(18 / 18)	Tid	Efter	Tidstab	
1.	Annette Bonde 2:57 (2:57) 1:35 (21:39) 1:52 (43:10)	3:47 (6:44) 4:52 (26:31) 0:49 (43:59)	Ballerup OK 1:19 (8:03) 4:17 (30:48) 0:40 (44:39)	44:39 1:53 (9:56) 0:34 (31:22)		00:00 2:43 (12:39) 7:01 (38:23)	7:25 (20:04) 2:55 (41:18)
2.	Hanne Staugaard 2:48 (2:48) 1:15 (20:09) 1:55 (44:36)	3:18 (6:06) 7:26 (27:35) 0:51 (45:27)	Kolding OK 1:12 (7:18) 4:05 (31:40) 0:46 (46:13)	46:13 +1:34 1:59 (9:17) 0:44 (32:24)		02:45 2:38 (11:55) 7:02 (39:26)	6:59 (18:54) 3:15 (42:41)
3.	Anne Maarup 3:26 (3:26) 3:31 (25:09) 2:04 (45:54)	4:22 (7:48) 4:17 (29:26) 0:51 (46:45)	Allerød OK 1:30 (9:18) 3:52 (33:18) 0:42 (47:27)	47:27 +2:48 2:16 (11:34) 0:33 (33:51)		02:49 2:31 (14:05) 6:59 (40:50)	7:33 (21:38) 3:00 (43:50)
4.	Britt-Mari Bengtsson 3:10 (3:10) 1:36 (22:26) 1:59 (46:33)	3:53 (7:03) 6:30 (28:56) 0:52 (47:25)	FK Åsen 1:21 (8:24) 4:30 (33:26) 0:43 (48:08)	48:08 +3:29 2:04 (10:28) 0:35 (34:01)		02:19 2:42 (13:10) 6:43 (40:44)	7:40 (20:50) 3:50 (44:34)
5.	Birgitte Erskov Halland 5:25 (5:25) 1:02 (24:56) 2:08 (47:59)	4:48 (10:13) 5:39 (30:35) 0:51 (48:50)	OK Øst Birkerød 1:22 (11:35) 4:00 (34:35) 0:39 (49:29)	49:29 +4:50 2:11 (13:46) 0:37 (35:12)		03:46 2:22 (16:08) 7:44 (42:56)	7:46 (23:54) 2:55 (45:51)
6.	Naja Dan Møller 7:32 (7:32) 1:38 (27:48) 1:58 (49:13)	5:05 (12:37) 4:39 (32:27) 0:47 (50:00)	Allerød OK 1:28 (14:05) 4:18 (36:45) 0:38 (50:38)	50:38 +5:59 2:05 (16:10) 0:39 (37:24)		06:11 2:55 (19:05) 7:08 (44:32)	7:05 (26:10) 2:43 (47:15)
7.	Christina Olsson 2:57 (2:57) 1:21 (24:27) 4:20 (50:06)	4:15 (7:12) 5:35 (30:02) 0:53 (50:59)	Skåneslätterns OL 1:37 (8:49) 4:17 (34:19) 0:40 (51:39)	51:39 +7:00 2:22 (11:11) 0:36 (34:55)		02:50 3:06 (14:17) 7:56 (42:51)	8:49 (23:06) 2:55 (45:46)
8.	Anette Holm 3:40 (3:40) 1:03 (26:47) 2:25 (52:09)	5:02 (8:42) 7:29 (34:16) 0:58 (53:07)	Farum OK 1:18 (10:00) 4:44 (39:00) 1:02 (54:09)	54:09 +9:30 2:42 (12:42) 0:39 (39:39)		05:03 2:29 (15:11) 6:55 (46:34)	10:33 (25:44) 3:10 (49:44)
9.	Siri Klausen 3:40 (3:40) 1:48 (27:37) 2:38 (54:36)	6:17 (9:57) 6:25 (34:02) 1:02 (55:38)	Ballerup OK 1:33 (11:30) 4:55 (38:57) 0:51 (56:29)	56:29 +11:50 2:19 (13:49) 0:46 (39:43)		01:32 3:08 (16:57) 8:41 (48:24)	8:52 (25:49) 3:34 (51:58)
10.	Lene Skielboe 4:37 (4:37) 1:19 (32:23) 2:27 (58:53)	11:14 (15:51) 5:04 (37:27) 1:08 (1:00:01)	Farum OK 1:31 (17:22) 5:14 (42:41) 0:52 (1:00:53)	1:00:53 +16:14 2:18 (19:40) 0:51 (43:32)		08:32 2:51 (22:31) 8:26 (51:58)	8:33 (31:04) 4:28 (56:26)
11.	Ragnhild Hald 6:53 (6:53) 2:00 (29:32) 2:04 (1:07:58)	5:21 (12:14) 5:30 (35:02) 0:59 (1:08:57)	Kristiansand OK 1:17 (13:31) 4:26 (39:28) 0:49 (1:09:46)	1:09:46 +25:07 2:14 (15:45) 0:39 (40:07)		16:10 3:36 (19:21) 20:18 (1:00:25)	8:11 (27:32) 5:29 (1:05:54)
12.	Anne Skovbæk 5:45 (5:45) 2:47 (38:53) 2:03 (1:13:26)	8:00 (13:45) 6:14 (45:07) 0:58 (1:14:24)	Søllerød OK 1:39 (15:24) 4:56 (50:03) 0:49 (1:15:13)	1:15:13 +30:34 2:05 (17:29) 0:47 (50:50)		16:12 3:00 (20:29) 13:12 (1:04:02)	15:37 (36:06) 7:21 (1:11:23)
13.	Helle M. Frederiksen 16:51 (16:51) 1:16 (49:34) 3:01 (1:18:46)	9:49 (26:40) 6:47 (56:21) 0:57 (1:19:43)	Ballerup OK 2:48 (29:28) 5:41 (1:02:02) 0:46 (1:20:29)	1:20:29 +35:50 3:09 (32:37) 0:44 (1:02:46)		19:04 4:45 (37:22) 9:30 (1:12:16)	10:56 (48:18) 3:29 (1:15:45)
14.	Lone Jørgensen 5:26 (5:26) 1:50 (48:13) 4:25 (1:32:45)	6:42 (12:08) 10:57 (59:10) 1:15 (1:34:00)	Herlufsholm OK 2:51 (14:59) 6:54 (1:06:04) 0:48 (1:34:48)	1:34:48 +50:09 5:29 (20:28) 1:27 (1:07:31)		11:49 6:14 (26:42) 15:10 (1:22:41)	19:41 (46:23) 5:39 (1:28:20)
15.	Lisa Tantholdt 24:19 (24:19) 9:24 (1:06:00) 5:24 (1:44:57)	7:21 (31:40) 7:15 (1:13:15) 1:02 (1:45:59)	OK Øst Birkerød 3:39 (35:19) 5:54 (1:19:09) 0:51 (1:46:50)	1:46:50 +62:11 3:58 (39:17) 0:48 (1:19:57)		35:28 6:22 (45:39) 11:15 (1:31:12)	10:57 (56:36) 8:21 (1:39:33)
	Leni Møllsøe 5:05 (5:05) 5:04 (47:05) 2:46 (1:21:00)	4:51 (9:56) 6:32 (53:37) 1:02 (1:22:02)	OK Roskilde 2:02 (11:58) 6:24 (1:00:01) 0:50 (1:22:52)	Fejlklip - (-) 0:58 (1:00:59)		- (31:24) 11:01 (1:12:00)	10:37 (42:01) 6:14 (1:18:14)
	Lotte Friberg - (-) - (-) - (-)	- (-) - (-) - (-)	FIF Hillerød - (-) - (-) - (-)	Ej startet - (-) - (-)		- (-) - (-)	- (-) - (-)
	Susanne Thrane - (-) - (-) - (-)	- (-) - (-) - (-)	Søllerød OK - (-) - (-) - (-)	Ej startet - (-) - (-)		- (-) - (-)	- (-) - (-)

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			(12 / 12)	Tid	Efter	Tidstab	
1.	Inge Jørgensen 3:45 (3:45) 2:12 (20:34)	2:00 (5:45) 8:49 (29:23)	OK Roskilde 2:38 (8:23) 3:28 (32:51)	35:20 2:46 (11:09) 1:39 (34:30)		03:33 3:23 (14:32) 0:50 (35:20)	3:50 (18:22)
2.	Ulla Hooge 5:50 (5:50) 2:00 (22:31)	1:58 (7:48) 8:28 (30:59)	OK Skærmøen Værløse 2:43 (10:31) 3:13 (34:12)	37:02 +1:42 2:43 (13:14) 2:11 (36:23)		04:44 3:13 (16:27) 0:39 (37:02)	4:04 (20:31)

3.	Vibeke Bøgevig 3:51 (3:51) 3:33 (23:55)	1:56 (5:47) 8:20 (32:15)	Søllerød OK 2:33 (8:20) 3:46 (36:01)	39:13 +3:53 3:03 (11:23) 2:19 (38:20)	04:06 4:07 (15:30) 0:53 (39:13)	4:52 (20:22)
4.	Else Juul Hansen 4:35 (4:35) 2:54 (28:24)	2:30 (7:05) 5:37 (34:01)	Søllerød OK 3:35 (10:40) 6:07 (40:08)	44:05 +8:45 4:16 (14:56) 2:48 (42:56)	04:48 5:20 (20:16) 1:09 (44:05)	5:14 (25:30)
5.	Ellen Thisted 7:30 (7:30) 2:48 (30:30)	2:54 (10:24) 5:49 (36:19)	Søllerød OK 3:11 (13:35) 5:52 (42:11)	45:46 +10:26 4:02 (17:37) 2:35 (44:46)	05:48 4:46 (22:23) 1:00 (45:46)	5:19 (27:42)
6.	Alice Bech 4:53 (4:53) 2:52 (32:44)	3:44 (8:37) 8:43 (41:27)	OK73 2:53 (11:30) 3:33 (45:00)	48:09 +12:49 5:00 (16:30) 2:08 (47:08)	09:23 8:11 (24:41) 1:01 (48:09)	5:11 (29:52)
7.	Inge Olsen 8:24 (8:24) 2:56 (31:37)	2:34 (10:58) 8:55 (40:32)	Helsingør SOK 3:24 (14:22) 10:14 (50:46)	54:22 +19:02 3:55 (18:17) 2:48 (53:34)	08:51 4:40 (22:57) 0:48 (54:22)	5:44 (28:41)
8.	Jette Bachhausen 7:20 (7:20) 3:31 (37:58)	3:18 (10:38) 7:11 (45:09)	FIF Hillerød 3:37 (14:15) 8:04 (53:13)	57:45 +22:25 5:46 (20:01) 3:03 (56:16)	07:04 7:14 (27:15) 1:29 (57:45)	7:12 (34:27)
9.	Jette Stepputat 13:25 (13:25) 8:55 (45:21)	3:18 (16:43) 5:23 (50:44)	Søllerød OK 2:42 (19:25) 4:35 (55:19)	58:39 +23:19 3:32 (22:57) 2:26 (57:45)	18:54 8:33 (31:30) 0:54 (58:39)	4:56 (36:26)
10.	Kirsten Ellekilde 7:13 (7:13) 9:18 (50:41)	3:28 (10:41) 5:15 (55:56)	Helsingør SOK 13:31 (24:12) 4:53 (1:00:49)	1:04:34 +29:14 7:03 (31:15) 2:54 (1:03:43)	21:03 5:05 (36:20) 0:51 (1:04:34)	5:03 (41:23)
11.	Ruth Hansen 5:35 (5:35) 2:32 (43:33) Anne Bülow-Olsen 6:38 (6:38) 4:57 (37:04)	3:41 (9:16) 9:05 (52:38) 2:33 (9:11) 8:15 (45:19)	OK Skærmn Værløse 4:46 (14:02) 10:11 (1:02:49) Lyngby OK 3:47 (12:58) 5:11 (50:30)	1:06:27 +31:07 5:00 (19:02) 2:44 (1:05:33) Føjklip – (–) 2:55 (53:25)	17:14 15:24 (34:26) 0:54 (1:06:27) – (27:02) 1:07 (54:32)	6:35 (41:01) 5:05 (32:07)
Åben 2			(16 / 16)	Tid	Efter	Tidstab
1.	Jon Bjørgum 2:14 (2:14) 1:52 (19:53) 2:06 (43:03)	3:10 (5:24) 4:15 (24:08) 1:02 (44:05)	Kristiansand OK 1:05 (6:29) 3:57 (28:05)	44:05 1:50 (8:19) 0:40 (28:45)	01:35 2:05 (10:24) 6:35 (35:20)	7:37 (18:01) 5:37 (40:57)
2.	Lars Konradsen 2:33 (2:33) 2:23 (22:55) 1:56 (45:54)	3:30 (6:03) 4:41 (27:36) 0:51 (46:45)	FIF Hillerød 1:20 (7:23) 4:08 (31:44)	46:45 +2:40 2:13 (9:36) 0:36 (32:20)	00:00 2:33 (12:09) 6:26 (38:46)	8:23 (20:32) 5:12 (43:58)
3.	Mette Stub 2:18 (2:18) 9:48 (28:16) 1:25 (47:38)	2:41 (4:59) 3:51 (32:07) 0:36 (48:14)	PI-København 1:32 (6:31) 3:13 (35:20)	48:14 +4:09 1:38 (8:09) 0:27 (35:47)	10:00 1:50 (9:59) 6:09 (41:56)	8:29 (18:28) 4:17 (46:13)
4.	Emma Bloch Frandsen 3:08 (3:08) 1:54 (26:20) 1:46 (52:12)	3:45 (6:53) 5:14 (31:34) 0:38 (52:50)	OK Sorø 1:23 (8:16) 4:21 (35:55)	52:50 +8:45 3:56 (12:12) 2:19 (38:14)	04:04 2:41 (14:53) 6:16 (44:30)	9:33 (24:26) 5:56 (50:26)
5.	Michael Hjorth 4:42 (4:42) 3:27 (32:21) 1:49 (59:41)	7:36 (12:18) 5:55 (38:16) 0:47 (1:00:28)	Ballerup OK 1:17 (13:35) 4:55 (43:11)	1:00:28 +16:23 2:40 (16:15) 0:44 (43:55)	06:53 3:16 (19:31) 7:50 (51:45)	9:23 (28:54) 6:07 (57:52)
6.	Jens Bentsen 3:43 (3:43) 3:00 (28:16) 2:06 (1:00:16)	3:39 (7:22) 6:13 (34:29) 0:50 (1:01:06)	OK Øst Birkerød 1:43 (9:05) 8:22 (42:51)	1:01:06 +17:01 2:35 (11:40) 0:42 (43:33)	05:19 3:38 (15:18) 7:47 (51:20)	9:58 (25:16) 6:50 (58:10)
7.	Svend W. Frydendhal 4:40 (4:40) 2:07 (31:02) 2:19 (1:01:10)	5:09 (9:49) 5:25 (36:27) 0:43 (1:01:53)	DSR 1:31 (11:20) 4:57 (41:24)	1:01:53 +17:48 2:43 (14:03) 1:10 (42:34)	06:12 5:17 (19:20) 9:27 (52:01)	9:35 (28:55) 6:50 (58:51)
8.	Ola Westerdahl 7:26 (7:26) 1:53 (35:26) 1:41 (1:02:32)	12:59 (20:25) 6:52 (42:18) 0:36 (1:03:08)	GMOK 1:07 (21:32) 3:47 (46:05)	1:03:08 +19:03 1:56 (23:28) 0:31 (46:36)	18:52 2:19 (25:47) 9:21 (55:57)	7:46 (33:33) 4:54 (1:00:51)
9.	Jesper Allan Jensen 3:27 (3:27) 3:19 (33:58) 2:30 (1:07:31)	7:37 (11:04) 6:25 (40:23) 0:49 (1:08:20)	OK Roskilde 2:08 (13:12) 6:23 (46:46)	1:08:20 +24:15 3:11 (16:23) 0:32 (47:18)	04:46 3:26 (19:49) 9:14 (56:32)	10:50 (30:39) 8:29 (1:05:01)
10.	Anne Bloch Frandsen 4:35 (4:35) 2:20 (40:08) 2:33 (1:07:45)	3:58 (8:33) 6:24 (46:32) 0:50 (1:08:35)	OK Sorø 1:24 (9:57) 4:52 (51:24)	1:08:35 +24:30 6:26 (16:23) 0:35 (51:59)	13:45 3:04 (19:27) 7:06 (59:05)	18:21 (37:48) 6:07 (1:05:12)
11.	Maja Thomsen 16:47 (16:47) 5:22 (45:32) 2:29 (1:11:10)	3:56 (20:43) 4:36 (50:08) 0:41 (1:11:51)	Ballerup OK 1:41 (22:24) 4:03 (54:11)	1:11:51 +27:46 3:46 (26:10) 1:15 (55:26)	20:27 4:05 (30:15) 7:14 (1:02:40)	9:55 (40:10) 6:01 (1:08:41)
12.	Trine Demandt 7:16 (7:16) 3:54 (37:58) 2:20 (1:11:15)	5:23 (12:39) 6:19 (44:17) 0:42 (1:11:57)	OK Sorø 3:54 (16:33) 6:34 (50:51)	1:11:57 +27:52 3:01 (19:34) 0:54 (51:45)	11:36 4:16 (23:50) 8:24 (1:00:09)	10:14 (34:04) 8:46 (1:08:55)
13.	Freya Kliem 4:23 (4:23) 4:01 (37:44) 2:34 (1:12:02)	6:22 (10:45) 6:45 (44:29) 0:37 (1:12:39)	Farum OK 2:25 (13:10) 5:30 (49:59)	1:12:39 +28:34 2:53 (16:03) 1:04 (51:03)	04:44 4:57 (21:00) 10:48 (1:01:51)	12:43 (33:43) 7:37 (1:09:28)
14.	Johan Frydendahl 6:25 (6:25) 3:56 (43:23) 2:25 (1:18:29)	5:04 (11:29) 7:35 (50:58) 1:03 (1:19:32)	DSR 2:28 (13:57) 5:52 (56:50)	1:19:32 +35:27 2:53 (16:50) 0:44 (57:34)	08:35 4:10 (21:00) 11:01 (1:08:35)	18:27 (39:27) 7:29 (1:16:04)
15.	Ronald Clausen 5:45 (5:45) 3:24 (44:51) 3:18 (1:20:47)	7:34 (13:19) 7:47 (52:38) 0:58 (1:21:45)	DSR 2:07 (15:26) 6:01 (58:39)	1:21:45 +37:40 6:23 (21:49) 0:53 (59:32)	12:04 8:18 (30:07) 10:02 (1:09:34)	11:20 (41:27) 7:55 (1:17:29)

16.	Lotte Sommer 6:50 (6:50) 5:12 (52:55) 3:06 (1:57:58)	5:40 (12:30) 10:41 (1:03:36) 1:04 (1:59:02)	FSK Orientering 2:06 (14:36) 18:39 (1:22:15)	1:59:02 +74:57 10:04 (24:40) 0:49 (1:23:04)	28:20 7:33 (32:13) 13:21 (1:36:25)	15:30 (47:43) 18:27 (1:54:52)
Åben 3						
1.	Dan Eriksen 3:40 (3:40) 0:33 (22:02)	3:22 (7:02) 6:22 (28:24)	(17 / 17) Tisvilde Hegn OK 3:43 (10:45) 2:33 (30:57)	Tid Efter 36:17 4:17 (15:02) 4:25 (35:22)	Tidstab 03:31 3:02 (18:04) 0:27 (35:49)	3:25 (21:29) 0:28 (36:17)
2.	Eyvaa Olsson 2:06 (2:06) 1:00 (22:28)	4:47 (6:53) 8:55 (31:23)	Skåneslättens OL 4:14 (11:07) 3:05 (34:28)	39:50 +3:33 3:24 (14:31) 3:53 (38:21)	03:03 3:13 (17:44) 0:41 (39:02)	3:44 (21:28) 0:48 (39:50)
3.	Willie Ohlsson 3:06 (3:06) 0:40 (24:16)	4:14 (7:20) 7:32 (31:48)	Sverige 5:52 (13:12) 2:44 (34:32)	40:38 +4:21 3:22 (16:34) 4:28 (39:00)	01:19 3:29 (20:03) 0:42 (39:42)	3:33 (23:36) 0:56 (40:38)
4.	Mette Vejen Eriksen 3:01 (3:01) 0:59 (27:50)	3:49 (6:50) 10:09 (37:59)	Tisvilde Hegn OK 6:25 (13:15) 3:17 (41:16)	48:24 +12:07 5:04 (18:19) 5:47 (47:03)	04:14 4:21 (22:40) 0:39 (47:42)	4:11 (26:51) 0:42 (48:24)
5.	Jannie Nielsen 3:56 (3:56) 0:52 (29:26)	5:46 (9:42) 9:02 (38:28)	Holbæk OK 5:51 (15:33) 3:38 (42:06)	49:19 +13:02 3:55 (19:28) 5:25 (47:31)	01:55 4:06 (23:34) 0:51 (48:22)	5:00 (28:34) 0:57 (49:19)
6.	Kim Folander 3:31 (3:31) 0:53 (31:35)	6:00 (9:31) 10:18 (41:53)	FSK Orientering 5:52 (15:23) 3:28 (45:21)	53:21 +17:04 5:00 (20:23) 5:45 (51:06)	04:02 5:38 (26:01) 0:50 (51:56)	4:41 (30:42) 1:25 (53:21)
7.	Susan Stub 5:18 (5:18) 1:05 (35:27)	5:43 (11:01) 9:10 (44:37)	PI-København 6:10 (17:11) 8:57 (53:34)	1:01:21 +25:04 4:30 (21:41) 6:12 (59:46)	10:19 8:03 (29:44) 0:50 (1:00:36)	4:38 (34:22) 0:45 (1:01:21)
8.	Bettina Andersen 4:59 (4:59) 0:57 (43:54)	9:48 (14:47) 10:09 (54:03)	Søllerød OK 6:42 (21:29) 5:14 (59:17)	1:09:12 +32:55 7:21 (28:50) 7:49 (1:07:06)	12:19 7:00 (35:50) 0:57 (1:08:03)	7:07 (42:57) 1:09 (1:09:12)
9.	Annelise Hansen 4:32 (4:32) 0:50 (47:08)	4:44 (9:16) 12:41 (59:49)	FIF Hillerød 13:42 (22:58) 3:53 (1:03:42)	1:11:23 +35:06 12:28 (35:26) 5:46 (1:09:28)	14:37 5:34 (41:00) 0:57 (1:10:25)	5:18 (46:18) 0:58 (1:11:23)
10.	Stig Andersen 6:30 (6:30) 1:01 (49:18)	6:17 (12:47) 13:42 (1:03:00)	Herlufsholm OK 12:38 (25:25) 11:51 (1:14:51)	1:26:16 +49:59 6:45 (32:10) 9:17 (1:24:08)	13:16 6:17 (38:27) 0:56 (1:25:04)	9:50 (48:17) 1:12 (1:26:16)
11.	Alice Brødsgaard 7:19 (7:19) 1:03 (52:27)	6:52 (14:11) 16:48 (1:09:15)	Ballerup OK 10:48 (24:59) 7:23 (1:16:38)	1:30:00 +53:43 7:20 (32:19) 10:28 (1:27:06)	08:46 11:44 (44:03) 1:11 (1:28:17)	7:21 (51:24) 1:43 (1:30:00)
12.	Ilsabe Børsting 6:43 (6:43) 0:55 (1:01:33)	8:48 (15:31) 14:28 (1:16:01)	Herlufsholm OK 11:15 (26:46) 5:59 (1:22:00)	1:34:24 +58:07 17:31 (44:17) 9:45 (1:31:45)	14:05 8:16 (52:33) 1:52 (1:33:37)	8:05 (1:00:38) 0:47 (1:34:24)
13.	Veronic Dahlom 9:09 (9:09) 1:43 (1:19:53)	21:11 (30:20) 18:06 (1:37:59)	Helsingborgs SOK 24:18 (54:38) 5:41 (1:43:40)	2:03:32 +87:15 9:36 (1:04:14) 17:30 (2:01:10)	32:00 6:29 (1:10:43) 1:13 (2:02:23)	7:27 (1:18:10) 1:09 (2:03:32)
	Lars Adolffson 8:44 (8:44) - (-)	12:22 (21:06) - (-)	Eslövs FK 14:31 (35:37) - (-)	Fejlklip - (-) - (-)	- (-) - (1:17:40)	- (-) 1:55 (1:19:35)
	Morten Hallager 6:03 (6:03) 0:33 (31:19)	5:45 (11:48) - (-)	Sverige 10:05 (21:53) - (-)	Fejlklip 3:17 (25:10) - (-)	2:51 (28:01) - (51:06)	2:45 (30:46) 0:35 (51:41)
	Naja Sørensen 7:29 (7:29) - (-)	23:34 (31:03) - (-)	OK Skærmø Værløse 9:39 (40:42) - (-)	Fejlklip 6:12 (46:54) - (-)	7:28 (54:22) - (1:37:31)	- (-) 1:53 (1:39:24)
	Minna Seir - (-) - (-)	- (-) - (-)	Helsingør SOK - (-) - (-)	Ej startet - (-) - (-)	- (-) - (-)	- (-) - (-)
Åben 5						
1.	Mads Vindegaard 3:01 (3:01) 2:46 (24:25)	3:00 (6:01) 1:44 (26:09)	(2 / 2) FIF Hillerød 2:53 (8:54) 3:26 (29:35)	Tid Efter 35:10 2:57 (11:51) 3:09 (32:44)	Tidstab 00:00 2:45 (14:36) 1:59 (34:43)	7:03 (21:39) 0:27 (35:10)
2.	Eskild Rønne 6:34 (6:34) 20:13 (1:12:42)	6:23 (12:57) 6:30 (1:19:12)	Kildeholm OK 7:13 (20:10) 13:25 (1:32:37)	1:46:33 +71:23 6:17 (26:27) 7:57 (1:40:34)	22:19 6:29 (32:56) 4:03 (1:44:37)	19:33 (52:29) 1:56 (1:46:33)
D10						
1.	Franka Søndergaard Pohl 2:10 (2:10) 1:15 (17:08) 1:12 (28:58)	2:10 (4:20) 2:32 (19:40) 0:36 (29:34)	(3 / 3) OK Roskilde 1:16 (5:36) 1:36 (21:16)	Tid Efter 29:34 2:08 (7:44) 1:45 (23:01)	Tidstab 05:49 1:24 (9:08) 3:04 (26:05)	6:45 (15:53) 1:41 (27:46)
2.	Kaya Funder Skovlyst 1:30 (1:30) 1:28 (14:20) 0:59 (35:05)	2:25 (3:55) 1:52 (16:12) 0:38 (35:43)	FIF Hillerød 2:34 (6:29) 6:46 (22:58)	35:43 +6:09 2:16 (8:45) 2:46 (25:44)	09:24 2:06 (10:51) 3:54 (29:38)	2:01 (12:52) 4:28 (34:06)
3.	Amalie Broman 1:55 (1:55) 2:10 (16:18) 1:05 (37:10)	2:22 (4:17) 1:59 (18:17) 0:36 (37:46)	Allerød OK 1:27 (5:44) 6:44 (25:01)	37:46 +8:12 3:03 (8:47) 2:45 (27:46)	08:16 2:25 (11:12) 3:53 (31:39)	2:56 (14:08) 4:26 (36:05)
D20						
1.	Ida Øbro 2:45 (2:45) 3:10 (18:16) 4:08 (40:07)	1:10 (3:55) 1:59 (20:15) 3:32 (43:39)	(4 / 4) Tisvilde Hegn OK 3:02 (6:57) 1:49 (22:04) 2:54 (46:33)	Tid Efter 50:01 2:00 (8:57) 8:37 (30:41) 2:17 (48:50)	Tidstab 00:00 4:51 (13:48) 4:17 (34:58) 0:40 (49:30)	1:18 (15:06) 1:01 (35:59) 0:31 (50:01)
2.	Annika Simonsen 3:28 (3:28) 3:11 (21:59) 4:19 (44:54)	1:28 (4:56) 2:26 (24:25) 3:44 (48:38)	FIF Hillerød 2:44 (7:40) 1:53 (26:18) 2:45 (51:23)	55:05 +5:04 2:35 (10:15) 8:46 (35:04) 2:23 (53:46)	03:05 7:01 (17:16) 4:24 (39:28) 0:42 (54:28)	1:32 (18:48) 1:07 (40:35) 0:37 (55:05)
3.	Agnes Nørgård Kracht 2:52 (2:52) 3:20 (19:38) 4:17 (44:54)	1:10 (4:02) 1:47 (21:25) 3:26 (48:20)	Tisvilde Hegn OK 3:15 (7:17) 1:54 (23:19) 3:58 (52:18)	55:51 +5:50 2:36 (9:53) 8:58 (32:17) 2:19 (54:37)	03:42 5:14 (15:07) 7:10 (39:27) 0:41 (55:18)	1:11 (16:18) 1:10 (40:37) 0:33 (55:51)

4.	Karoline Saxtorph Schulz 4:44 (4:44) 6:08 (31:41) 7:14 (1:10:20)	1:46 (6:30) 3:14 (34:55) 5:43 (1:16:03)	Ballerup OK 5:02 (11:32) 4:08 (39:03) 4:31 (1:20:34)	1:26:22 +36:21 3:31 (15:03) 13:20 (52:23) 4:20 (1:24:54)	03:42 8:20 (23:23) 8:53 (1:01:16) 0:48 (1:25:42)	2:10 (25:33) 1:50 (1:03:06) 0:40 (1:26:22)
D21			(4 / 4)	Tid Efter	Tidstab	
1.	Miri Thrane Ødum UFK 2:28 (2:28) 3:11 (16:54) 5:30 (40:50) 2:36 (1:00:07)	0:57 (3:25) 1:38 (18:32) 2:49 (43:39) 2:03 (1:02:10)	OK Øst Birkerød 2:48 (6:13) 1:35 (20:07) 4:56 (48:35) 0:36 (1:02:46)	1:03:15 2:00 (8:13) 9:03 (29:10) 3:23 (51:58) 0:29 (1:03:15)	00:51 4:34 (12:47) 3:27 (32:37) 2:52 (54:50)	0:56 (13:43) 2:43 (35:20) 2:41 (57:31)
2.	Masha Semak 3:07 (3:07) 3:35 (20:48) 4:38 (47:19) 3:06 (1:10:56)	1:43 (4:50) 2:09 (22:57) 2:48 (50:07) 2:40 (1:13:36)	Farum OK 3:02 (7:52) 1:55 (24:52) 5:56 (56:03) 0:44 (1:14:20)	1:14:51 +11:36 2:10 (10:02) 10:42 (35:34) 6:03 (1:02:06) 0:31 (1:14:51)	03:05 5:18 (15:20) 4:31 (40:05) 2:45 (1:04:51)	1:53 (17:13) 2:36 (42:41) 2:59 (1:07:50)
3.	Iben Valery 3:21 (3:21) 3:57 (22:02) 5:37 (57:04) 3:32 (1:23:00)	1:33 (4:54) 2:25 (24:27) 3:19 (1:00:23) 3:11 (1:26:11)	Tisvilde Hegn OK 3:05 (7:59) 4:09 (28:36) 6:59 (1:07:22) 0:46 (1:26:57)	1:27:36 +24:21 2:17 (10:16) 11:33 (40:09) 5:27 (1:12:49) 0:39 (1:27:36)	06:26 5:51 (16:07) 4:49 (44:58) 3:27 (1:16:16)	1:58 (18:05) 6:29 (51:27) 3:12 (1:19:28)
	Mathilde Nørgård Kracht - (-) - (-) - (-) - (-)	- (-) - (-) - (-) - (-)	Tisvilde Hegn OK - (-) - (-) - (-) - (-)	Ej startet - (-) - (-) - (-) - (-)	- (-) - (-) - (-) - (-)	- (-) - (-) - (-) - (-)
D21AK			(3 / 3)	Tid Efter	Tidstab	
1.	Line Søderlund 1:40 (1:40) 5:24 (17:49) 5:26 (37:09)	1:17 (2:57) 1:23 (19:12) 2:11 (39:20)	Farum OK 3:02 (5:59) 1:55 (21:07) 2:35 (41:55)	45:59 1:05 (7:04) 1:38 (22:45) 2:53 (44:48)	01:13 2:43 (9:47) 7:42 (30:27) 0:29 (45:17)	2:38 (12:25) 1:16 (31:43) 0:42 (45:59)
2.	Tonje Pihl 2:00 (2:00) 6:44 (22:14) 5:42 (44:55)	1:34 (3:34) 2:36 (24:50) 3:05 (48:00)	OK Roskilde 4:04 (7:38) 2:45 (27:35) 2:44 (50:44)	54:14 +8:15 1:11 (8:49) 1:53 (29:28) 2:12 (52:56)	03:55 3:09 (11:58) 9:01 (38:29) 0:39 (53:35)	3:32 (15:30) 0:44 (39:13) 0:39 (54:14)
	Benedicthe Hald Bjørgum - (-) - (-) - (-)	- (-) - (-) - (-)	Kristiansand OK - (-) - (-) - (-)	Ej startet - (-) - (-) - (-)	- (-) - (-) - (-)	- (-) - (-) - (-)
D35			(8 / 8)	Tid Efter	Tidstab	
1.	Erin Nielsen 1:50 (1:50) 7:59 (21:10) 3:04 (38:37)	2:29 (4:19) 3:58 (25:08) 0:25 (39:02)	Tisvilde Hegn OK 3:06 (7:25) 1:59 (27:07) 5:03 (44:05)	50:18 2:27 (9:52) 1:37 (28:44) 4:03 (48:08)	00:39 2:16 (12:08) 3:08 (31:52) 1:35 (49:43)	1:03 (13:11) 3:41 (35:33) 0:35 (50:18)
2.	Merete Nørgaard 1:52 (1:52) 7:53 (22:31) 3:25 (40:46)	2:28 (4:20) 3:15 (25:46) 0:34 (41:20)	Allerød OK 2:54 (7:14) 2:09 (27:55) 5:27 (46:47)	53:34 +3:16 3:30 (10:24) 1:48 (29:43) 4:28 (51:15)	00:34 2:52 (13:16) 3:33 (33:16) 1:42 (52:57)	1:22 (14:38) 4:05 (37:21) 0:37 (53:34)
3.	Pernille Sommer 2:20 (2:20) 8:42 (23:40) 3:51 (43:42)	2:25 (4:45) 3:37 (27:17) 2:08 (45:50)	OK Øst Birkerød 3:25 (8:10) 2:35 (29:52) 5:47 (51:37)	1:00:02 +9:44 2:43 (10:53) 1:55 (31:47) 5:25 (57:02)	02:19 2:43 (13:36) 3:27 (35:14) 2:15 (59:17)	1:22 (14:58) 4:37 (39:51) 0:45 (1:00:02)
4.	Astrid Riis 2:12 (2:12) 10:44 (27:46) 4:09 (48:33)	2:29 (4:41) 3:40 (31:26) 0:33 (49:06)	Holbæk OK 4:51 (9:32) 2:31 (33:57) 6:18 (55:24)	1:02:12 +11:54 3:11 (12:43) 2:10 (36:07) 4:26 (59:50)	03:08 2:54 (15:37) 4:01 (40:08) 1:44 (1:01:34)	1:25 (17:02) 4:16 (44:24) 0:38 (1:02:12)
5.	Signe Hartvig Petersen 2:26 (2:26) 9:32 (27:28) 4:25 (50:25)	3:06 (5:32) 4:11 (31:39) 1:12 (51:37)	OK Øst Birkerød 3:50 (9:22) 2:54 (34:33) 8:58 (1:00:35)	1:09:37 +19:19 3:36 (12:58) 2:26 (36:59) 5:49 (1:06:24)	02:57 2:46 (15:44) 4:23 (41:22) 2:33 (1:08:57)	2:12 (17:56) 4:38 (46:00) 0:40 (1:09:37)
6.	Jytte Olander Rasmussen 3:52 (3:52) 11:46 (32:42) 4:06 (58:14)	3:10 (7:02) 4:29 (37:11) 0:47 (59:01)	Allerød OK 3:33 (10:35) 2:35 (39:46) 7:51 (1:06:52)	1:15:06 +24:48 4:06 (14:41) 2:18 (42:04) 5:38 (1:12:30)	06:59 4:41 (19:22) 5:34 (47:38) 1:56 (1:14:26)	1:34 (20:56) 6:30 (54:08) 0:40 (1:15:06)
7.	Ida Mosbech Smith 2:29 (2:29) 10:42 (31:19) 5:15 (1:01:26)	6:22 (8:51) 3:54 (35:13) 0:40 (1:02:06)	OK Skærmøen Værløse 3:40 (12:31) 5:28 (40:41) 8:39 (1:10:45)	1:20:58 +30:40 3:42 (16:13) 2:51 (43:32) 7:09 (1:17:54)	11:57 2:59 (19:12) 5:36 (49:08) 2:30 (1:20:24)	1:25 (20:37) 7:03 (56:11) 0:34 (1:20:58)
8.	Lise Ravnhøj Andersen 2:57 (2:57) 9:50 (31:31) 4:43 (1:02:58)	2:44 (5:41) 7:42 (39:13) 0:41 (1:03:39)	Herlufsholm OK 5:06 (10:47) 5:06 (44:19) 9:17 (1:12:56)	1:25:18 +35:00 5:53 (16:40) 2:25 (46:44) 9:50 (1:22:46)	14:19 3:15 (19:55) 5:58 (52:42) 1:59 (1:24:45)	1:46 (21:41) 5:33 (58:15) 0:33 (1:25:18)
D50			(12 / 12)	Tid Efter	Tidstab	
1.	Hanne Fogh 2:22 (2:22) 1:02 (17:03) 1:39 (35:41)	3:03 (5:25) 4:11 (21:14) 0:49 (36:30)	FSK Orientering 1:01 (6:26) 3:37 (24:51) 0:36 (37:06)	37:06 1:34 (8:00) 0:31 (25:22)	01:00 1:53 (9:53) 6:06 (31:28)	6:08 (16:01) 2:34 (34:02)
2.	Elin Nørgård Kracht 2:28 (2:28) 4:07 (20:21) 1:34 (37:25)	3:14 (5:42) 3:38 (23:59) 0:51 (38:16)	PI-København 1:13 (6:55) 3:38 (27:37) 0:41 (38:57)	38:57 +1:51 1:34 (8:29) 0:31 (28:08)	03:12 1:58 (10:27) 5:16 (33:24)	5:47 (16:14) 2:27 (35:51)
3.	Mette Rønning Steffensen 2:21 (2:21) 2:21 (20:24) 1:35 (40:19)	3:24 (5:45) 4:51 (25:15) 0:53 (41:12)	OK Øst Birkerød 1:10 (6:55) 3:53 (29:08) 0:44 (41:56)	41:56 +4:50 1:42 (8:37) 0:35 (29:43)	02:56 2:09 (10:46) 5:58 (35:41)	7:17 (18:03) 3:03 (38:44)
4.	Iben Maag 2:54 (2:54) 1:00 (20:22) 1:47 (43:27)	3:49 (6:43) 4:18 (24:40) 0:44 (44:11)	Søllerød OK 1:14 (7:57) 3:43 (28:23) 0:34 (44:45)	44:45 +7:39 2:36 (10:33) 0:36 (28:59)	04:47 2:21 (12:54) 10:11 (39:10)	6:28 (19:22) 2:30 (41:40)
5.	Eva Smedegaard		Søllerød OK	48:11 +11:05	05:53	

2:56 (2:56)	8:44 (11:40)	1:31 (13:11)	2:03 (15:14)	2:18 (17:32)	6:48 (24:20)
1:26 (25:46)	4:45 (30:31)	3:34 (34:05)	0:35 (34:40)	7:23 (42:03)	2:44 (44:47)
1:43 (46:30)	0:59 (47:29)	0:42 (48:11)			
6. Bente Kjær Hemmingsen		FIF Hillerød	51:41 +14:35	09:23	
4:58 (4:58)	7:15 (12:13)	1:33 (13:46)	3:08 (16:54)	3:38 (20:32)	6:58 (27:30)
0:55 (28:25)	4:29 (32:54)	3:57 (36:51)	0:34 (37:25)	6:12 (43:37)	4:26 (48:03)
2:14 (50:17)	0:50 (51:07)	0:34 (51:41)			
7. Nina Okkels		OK Sorø	54:05 +16:59	06:09	
4:01 (4:01)	4:17 (8:18)	2:31 (10:49)	3:15 (14:04)	2:54 (16:58)	7:30 (24:28)
3:57 (28:25)	5:19 (33:44)	4:48 (38:32)	0:47 (39:19)	7:37 (46:56)	3:00 (49:56)
2:37 (52:33)	0:51 (53:24)	0:41 (54:05)			
8. Birgitte Skytthe		Farum OK	58:07 +21:01	04:47	
4:38 (4:38)	6:01 (10:39)	1:24 (12:03)	2:50 (14:53)	3:14 (18:07)	8:50 (26:57)
1:26 (28:23)	6:24 (34:47)	4:32 (39:19)	0:37 (39:56)	9:57 (49:53)	3:45 (53:38)
2:37 (56:15)	1:00 (57:15)	0:52 (58:07)			
9. Fiona Becker		Søllerød OK	1:05:34 +28:28	07:48	
5:38 (5:38)	6:59 (12:37)	2:11 (14:48)	2:51 (17:39)	3:54 (21:33)	10:20 (31:53)
2:09 (34:02)	9:22 (43:24)	5:21 (48:45)	0:43 (49:28)	8:22 (57:50)	3:50 (1:01:40)
2:35 (1:04:15)	0:48 (1:05:03)	0:31 (1:05:34)			
10. Marianne Illum		Søllerød OK	1:15:07 +38:01	09:41	
6:57 (6:57)	7:50 (14:47)	2:11 (16:58)	5:03 (22:01)	3:38 (25:39)	11:09 (36:48)
3:11 (39:59)	8:45 (48:44)	6:02 (54:46)	0:44 (55:30)	10:03 (1:05:33)	4:09 (1:09:42)
3:29 (1:13:11)	1:06 (1:14:17)	0:50 (1:15:07)			
11. Lykke Berg		Herlufsholm OK	1:15:53 +38:47	09:53	
5:59 (5:59)	6:05 (12:04)	2:17 (14:21)	2:47 (17:08)	4:35 (21:43)	13:51 (35:34)
2:46 (38:20)	8:44 (47:04)	5:52 (52:56)	0:55 (53:51)	9:25 (1:03:16)	7:36 (1:10:52)
3:07 (1:13:59)	1:07 (1:15:06)	0:47 (1:15:53)			
Sandra Simonsen		FIF Hillerød	Fejlklip		
3:08 (3:08)	4:08 (7:16)	1:13 (8:29)	1:55 (10:24)	2:26 (12:50)	7:27 (20:17)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (50:43)			

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		(10 / 10)	Tid	Efter	Tidstab	
1. Mette Filskov		OK Sorø	32:12		00:00	
2:16 (2:16)	2:07 (4:23)	1:52 (6:15)	3:49 (10:04)	2:53 (12:57)	2:45 (15:42)	
2:47 (18:29)	0:35 (19:04)	8:33 (27:37)	3:25 (31:02)	0:31 (31:33)	0:39 (32:12)	
2. Birgitte Birck		Allerød OK	35:28 +3:16		00:49	
3:01 (3:01)	2:42 (5:43)	1:43 (7:26)	4:12 (11:38)	3:00 (14:38)	2:55 (17:33)	
3:05 (20:38)	0:45 (21:23)	8:29 (29:52)	4:16 (34:08)	0:36 (34:44)	0:44 (35:28)	
3. Lene Jensen		Helsingør SOK	41:52 +9:40		05:19	
2:00 (2:00)	2:32 (4:32)	1:32 (6:04)	5:56 (12:00)	3:11 (15:11)	6:11 (21:22)	
4:15 (25:37)	0:41 (26:18)	10:01 (36:19)	4:25 (40:44)	0:30 (41:14)	0:38 (41:52)	
4. Mette Seir Hansen		Helsingør SOK	44:40 +12:28		02:57	
2:42 (2:42)	2:54 (5:36)	2:36 (8:12)	5:08 (13:20)	5:26 (18:46)	4:00 (22:46)	
4:24 (27:10)	0:40 (27:50)	10:43 (38:33)	4:31 (43:04)	0:50 (43:54)	0:46 (44:40)	
5. Eva Konring Olesen		FIF Hillerød	47:10 +14:58		03:17	
2:36 (2:36)	2:40 (5:16)	2:57 (8:13)	5:28 (13:41)	3:52 (17:33)	3:55 (21:28)	
3:59 (25:27)	0:52 (26:19)	12:52 (39:11)	6:24 (45:35)	0:37 (46:12)	0:58 (47:10)	
6. Kit Lang Jørgensen		Farum OK	49:13 +17:01		03:47	
4:34 (4:34)	3:07 (7:41)	2:23 (10:04)	6:51 (16:55)	3:59 (20:54)	4:05 (24:59)	
3:53 (28:52)	0:53 (29:45)	12:49 (42:34)	4:56 (47:30)	0:53 (48:23)	0:50 (49:13)	
7. Ellen Kühn Jensen		Ballerup OK	50:19 +18:07		03:02	
2:56 (2:56)	3:39 (6:35)	2:05 (8:40)	7:56 (16:36)	4:00 (20:36)	4:22 (24:58)	
4:31 (29:29)	0:51 (30:20)	13:02 (43:22)	5:08 (48:30)	1:03 (49:33)	0:46 (50:19)	
8. Charlotte Grauert		Ballerup OK	54:42 +22:30		07:23	
5:11 (5:11)	2:45 (7:56)	4:03 (11:59)	8:17 (20:16)	4:32 (24:48)	4:28 (29:16)	
4:33 (33:49)	0:47 (34:36)	11:34 (46:10)	6:48 (52:58)	0:51 (53:49)	0:53 (54:42)	
9. Annette Færing		Svendborg OK	1:03:17 +31:05		09:49	
3:21 (3:21)	3:27 (6:48)	7:23 (14:11)	6:34 (20:45)	6:02 (26:47)	5:52 (32:39)	
5:17 (37:56)	2:25 (40:21)	13:11 (53:32)	7:45 (1:01:17)	0:58 (1:02:15)	1:02 (1:03:17)	
10. Jette Kreiberg		OK Roskilde	1:08:10 +35:58		10:29	
3:57 (3:57)	5:47 (9:44)	3:49 (13:33)	9:20 (22:53)	5:29 (28:22)	6:15 (34:37)	
8:56 (43:33)	1:06 (44:39)	12:59 (57:38)	8:33 (1:06:11)	0:55 (1:07:06)	1:04 (1:08:10)	

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		(11 / 11)	Tid	Efter	Tidstab	
1. Janet Bentzen		OK Øst Birkerød	43:57		03:39	
2:15 (2:15)	4:40 (6:55)	2:01 (8:56)	5:08 (14:04)	3:28 (17:32)	4:40 (22:12)	
4:40 (26:52)	0:36 (27:28)	10:32 (38:00)	4:37 (42:37)	0:35 (43:12)	0:45 (43:57)	
2. Annlou Husen		Farum OK	45:04 +1:07		01:33	
2:36 (2:36)	3:01 (5:37)	2:07 (7:44)	6:40 (14:24)	3:41 (18:05)	4:31 (22:36)	
4:01 (26:37)	0:50 (27:27)	11:08 (38:35)	4:56 (43:31)	0:45 (44:16)	0:48 (45:04)	
3. Christine Edenbrandt		Lunds OK	45:36 +1:39		04:49	
2:28 (2:28)	2:29 (4:57)	6:17 (11:14)	4:57 (16:11)	3:51 (20:02)	3:44 (23:46)	
3:11 (26:57)	0:37 (27:34)	11:02 (38:36)	5:23 (43:59)	0:52 (44:51)	0:45 (45:36)	
4. Ulla Engelby		OK Pan-Kristianstad	47:17 +3:20		03:26	
2:19 (2:19)	3:19 (5:38)	3:05 (8:43)	5:24 (14:07)	3:41 (17:48)	5:03 (22:51)	
4:29 (27:20)	0:46 (28:06)	11:27 (39:33)	6:20 (45:53)	0:39 (46:32)	0:45 (47:17)	
5. Lisbeth Damsgaard		Søllerød OK	49:37 +5:40		05:40	
2:34 (2:34)	2:49 (5:23)	2:04 (7:27)	5:26 (12:53)	5:49 (18:42)	4:50 (23:32)	
6:53 (30:25)	0:42 (31:07)	10:59 (42:06)	6:06 (48:12)	0:37 (48:49)	0:48 (49:37)	
6. Gerda Marie Christiansen		Køge OK	49:48 +5:51		05:43	
2:44 (2:44)	3:19 (6:03)	6:47 (12:50)	5:42 (18:32)	3:31 (22:03)	4:29 (26:32)	
4:40 (31:12)	0:41 (31:53)	11:36 (43:29)	4:56 (48:25)	0:38 (49:03)	0:45 (49:48)	
7. Randi Hansen		OK S.G.	51:44 +7:47		04:30	
3:05 (3:05)	2:42 (5:47)	3:42 (9:29)	4:39 (14:08)	5:27 (19:35)	6:05 (25:40)	
4:19 (29:59)	1:03 (31:02)	13:09 (44:11)	6:05 (50:16)	0:39 (50:55)	0:49 (51:44)	
8. Merete Ravnshøj Andersen		Herlufsholm OK	1:04:25 +20:28		12:35	
6:50 (6:50)	2:54 (9:44)	2:47 (12:31)	5:46 (18:17)	3:51 (22:08)	5:33 (27:41)	
10:28 (38:09)	0:57 (39:06)	15:32 (54:38)	8:17 (1:02:55)	0:44 (1:03:39)	0:46 (1:04:25)	
9. Betty Folino		FIF Hillerød	1:25:52 +41:55		18:15	
5:22 (5:22)	13:45 (19:07)	2:28 (21:35)	11:43 (33:18)	5:59 (39:17)	6:30 (45:47)	
6:40 (52:27)	0:58 (53:25)	23:21 (1:16:46)	7:25 (1:24:11)	0:50 (1:25:01)	0:51 (1:25:52)	

Anne Sørensen 4:12 (4:12) – (–)	4:34 (8:46) – (–)	Helsingør SOK 4:58 (13:44) – (1:03:12)	Fejlklip 15:32 (29:16) 14:34 (1:17:46)	5:38 (34:54) 0:45 (1:18:31)	14:06 (49:00) 0:57 (1:19:28)
Benthe Jensen – (–) – (–)	– (–) – (–)	OK Skærmten Værløse – (–) – (–)	Ej startet – (–) – (–)	– (–) – (–)	– (–) – (–)
D75		(6 / 6)	Tid Efter	Tidstab	
1. Inge Madsen 8:02 (8:02) 3:12 (31:03)	2:13 (10:15) 7:03 (38:06)	OK73 3:36 (13:51) 4:08 (42:14)	45:10 4:02 (17:53) 2:10 (44:24)	03:43 4:31 (22:24) 0:46 (45:10)	5:27 (27:51)
2. Marianne Lykking 4:27 (4:27) 2:37 (32:15)	2:59 (7:26) 6:33 (38:48)	OK73 4:25 (11:51) 6:03 (44:51)	48:30 +3:20 4:15 (16:06) 2:45 (47:36)	05:52 7:20 (23:26) 0:54 (48:30)	6:12 (29:38)
3. Marie Krosgaard 10:29 (10:29) 4:09 (41:14)	3:07 (13:36) 9:12 (50:26)	Helsingør SOK 6:03 (19:39) 5:43 (56:09)	1:00:40 +15:30 4:52 (24:31) 3:17 (59:26)	06:18 6:04 (30:35) 1:14 (1:00:40)	6:30 (37:05)
4. Lisbeth G. Larsen 6:36 (6:36) 5:01 (43:23)	5:03 (11:39) 11:56 (55:19)	FIF Hillerød 4:33 (16:12) 9:01 (1:04:20)	1:08:09 +22:59 6:53 (23:05) 2:59 (1:07:19)	09:57 8:13 (31:18) 0:50 (1:08:09)	7:04 (38:22)
Lisbeth Jensen 9:14 (9:14) 24:15 (56:50)	2:57 (12:11) 6:40 (1:03:30)	Ballerup OK 2:48 (14:59) – (–)	Fejlklip 5:41 (20:40) – (1:22:00)	5:20 (26:00) 1:03 (1:23:03)	6:35 (32:35)
Ulla Valnert 18:47 (18:47) 3:58 (56:14)	3:19 (22:06) – (–)	OK73 3:35 (25:41) – (–)	Fejlklip 7:11 (32:52) – (1:11:31)	12:17 (45:09) 1:21 (1:12:52)	7:07 (52:16)
D80		(1 / 1)	Tid Efter	Tidstab	
1. Susan Tamberg 27:24 (27:24) 5:56 (1:07:58)	4:39 (32:03) 11:04 (1:19:02)	Ballerup OK 6:20 (38:23) 11:42 (1:30:44)	1:37:58 6:45 (45:08) 5:27 (1:36:11)	00:00 7:19 (52:27) 1:47 (1:37:58)	9:35 (1:02:02)
H10		(6 / 6)	Tid Efter	Tidstab	
1. Niclas Cook Simonsen 1:19 (1:19) 1:18 (9:16) 0:50 (18:02)	1:38 (2:57) 1:30 (10:46) 0:38 (18:40)	FIF Hillerød 0:56 (3:53) 1:20 (12:06)	18:40 1:38 (5:31) 1:16 (13:22)	00:00 0:57 (6:28) 2:16 (15:38)	1:30 (7:58) 1:34 (17:12)
2. Anton Kupriyanov Hviid 1:14 (1:14) 1:03 (10:48) 0:47 (19:59)	2:04 (3:18) 1:31 (12:19) 0:38 (20:37)	Farum OK 1:00 (4:18) 1:12 (13:31)	20:37 +1:57 1:37 (5:55) 1:11 (14:42)	02:12 2:31 (8:26) 2:22 (17:04)	1:19 (9:45) 2:08 (19:12)
3. Emil Præst Pedersen 1:58 (1:58) 1:57 (12:47) 1:00 (23:17)	1:54 (3:52) 1:32 (14:19) 0:44 (24:01)	Allerød OK 1:36 (5:28) 1:23 (15:42)	24:01 +5:21 2:16 (7:44) 1:17 (16:59)	02:17 1:18 (9:02) 2:40 (19:39)	1:48 (10:50) 2:38 (22:17)
4. Alexander Johannes Mosbech Smith 1:25 (1:25) 5:46 (14:46) 0:50 (25:05)	1:32 (2:57) 1:32 (16:18) 0:41 (25:46)	OK Øst Birkerød 1:12 (4:09) 1:16 (17:34)	25:46 +7:06 1:41 (5:50) 1:22 (18:56)	05:45 1:14 (7:04) 2:20 (21:16)	1:56 (9:00) 2:59 (24:15)
5. Henrik Kärner Grooss 2:39 (2:39) 3:21 (28:51) 3:16 (55:27)	4:33 (7:12) 4:11 (33:02) 1:38 (57:05)	Allerød OK 1:34 (8:46) 3:59 (37:01)	57:05 +38:25 8:14 (17:00) 4:05 (41:06)	08:25 3:37 (20:37) 6:38 (47:44)	4:53 (25:30) 4:27 (52:11)
Viktor Aglund Andersen – (–) – (–) – (–)	– (–) – (–) – (–)	OK Øst Birkerød – (–) – (–)	Ej startet – (–) – (–)	– (–) – (–)	– (–) – (–)
H21		(10 / 10)	Tid Efter	Tidstab	
1. Lucas Basset UFK 2:02 (2:02) 2:22 (12:52) 0:54 (29:43) 1:36 (49:30) 3:59 (1:05:50) 0:28 (1:14:46)	1:03 (3:05) 1:20 (14:12) 4:59 (34:42) 2:15 (51:45) 1:30 (1:07:20)	Frankrig 1:32 (4:37) 1:20 (15:32) 1:12 (35:54) 0:49 (52:34) 2:40 (1:10:00)	1:14:46 1:32 (6:09) 7:07 (22:39) 4:35 (40:29) 3:06 (55:40) 2:03 (1:12:03)	01:05 3:32 (9:41) 4:09 (26:48) 1:34 (42:03) 2:01 (57:41) 1:42 (1:13:45)	0:49 (10:30) 2:01 (28:49) 5:51 (47:54) 4:10 (1:01:51) 0:33 (1:14:18)
2. Kasper Ingerslev 3:48 (3:48) 3:25 (20:51) 1:20 (45:54) 2:22 (1:15:15) 6:21 (1:41:30) 0:29 (1:55:08)	1:22 (5:10) 2:07 (22:58) 8:47 (54:41) 3:11 (1:18:26) 3:05 (1:44:35)	Ballerup OK 2:16 (7:26) 5:05 (28:03) 1:42 (56:23) 1:53 (1:20:19) 3:24 (1:47:59)	1:55:08 +40:22 3:14 (10:40) 9:41 (37:44) 6:30 (1:02:53) 5:52 (1:26:11) 3:23 (1:51:22)	05:43 5:34 (16:14) 4:23 (42:07) 2:23 (1:05:16) 3:31 (1:29:42) 2:35 (1:53:57)	1:12 (17:26) 2:27 (44:34) 7:37 (1:12:53) 5:27 (1:35:09) 0:42 (1:54:39)
3. Jesper Kristiansen 4:09 (4:09) 3:29 (27:24) 1:16 (52:22) 2:48 (1:24:24) 4:45 (1:52:41) 0:38 (2:08:34)	1:36 (5:45) 2:04 (29:28) 7:13 (59:35) 3:45 (1:28:09) 2:32 (1:55:13)	OK Melfar 3:28 (9:13) 2:02 (31:30) 1:42 (1:01:17) 2:54 (1:31:03) 4:33 (1:59:46)	2:08:34 +53:48 2:24 (11:37) 11:25 (42:55) 7:04 (1:08:21) 5:59 (1:37:02) 4:13 (2:03:59)	11:48 10:59 (22:36) 4:17 (47:12) 2:27 (1:10:48) 3:30 (1:40:32) 3:07 (2:07:06)	1:19 (23:55) 3:54 (51:06) 10:48 (1:21:36) 7:24 (1:47:56) 0:50 (2:07:56)
4. Andreas Duc Jørgensen 3:27 (3:27) 3:58 (22:45) 1:29 (47:29) 2:59 (1:24:16) 4:53 (1:53:20) 0:42 (2:10:42)	2:01 (5:28) 2:58 (25:43) 8:06 (55:35) 3:49 (1:28:05) 3:24 (1:56:44)	Tisvilde Hegn OK 2:54 (8:22) 2:09 (27:52) 4:03 (59:38) 1:24 (1:29:29) 4:30 (2:01:14)	2:10:42 +55:56 2:15 (10:37) 10:45 (38:37) 6:58 (1:06:36) 6:10 (1:35:39) 4:20 (2:05:34)	08:15 6:42 (17:19) 4:34 (43:11) 2:19 (1:08:55) 4:51 (1:40:30) 3:36 (2:09:10)	1:28 (18:47) 2:49 (46:00) 12:22 (1:21:17) 7:57 (1:48:27) 0:50 (2:10:00)
5. Jeppe Damsgaard 3:38 (3:38) 4:25 (23:59) 1:33 (51:00) 3:03 (1:41:40) 10:38 (2:25:44) 0:50 (2:47:40)	1:35 (5:13) 2:16 (26:15) 8:51 (59:51) 4:06 (1:45:46) 3:41 (2:29:25)	Amager OK 2:45 (7:58) 2:08 (28:23) 1:56 (1:01:47) 2:04 (1:47:50) 5:21 (2:34:46)	2:47:40 +92:54 3:25 (11:23) 12:38 (41:01) 22:43 (1:24:30) 6:37 (1:54:27) 6:32 (2:41:18)	27:39 6:20 (17:43) 4:58 (45:59) 3:00 (1:27:30) 9:48 (2:04:15) 4:28 (2:45:46)	1:51 (19:34) 3:28 (49:27) 11:07 (1:38:37) 10:51 (2:15:06) 1:04 (2:46:50)

6.	Frederik E. Krogh		OK Øst Birkerød	3:03:03 +108:17	15:40		
	4:50 (4:50)	3:49 (8:39)	4:55 (13:34)	3:38 (17:12)		8:23 (25:35)	5:40 (31:15)
	5:08 (36:23)	3:58 (40:21)	4:03 (44:24)	15:51 (1:00:15)		7:27 (1:07:42)	5:22 (1:13:04)
	1:44 (1:14:48)	12:11 (1:26:59)	4:59 (1:31:58)	10:18 (1:42:16)		3:27 (1:45:43)	10:43 (1:56:26)
	6:38 (2:03:04)	5:24 (2:08:28)	2:00 (2:10:28)	7:16 (2:17:44)		4:51 (2:22:35)	9:57 (2:32:32)
	11:10 (2:43:42)	3:03 (2:46:45)	6:34 (2:53:19)	5:10 (2:58:29)		3:16 (3:01:45)	0:45 (3:02:30)
	0:33 (3:03:03)						
7.	Mikkel Ebbensgaard		OK Øst Birkerød	3:18:57 +124:11	44:59		
	4:25 (4:25)	1:52 (6:17)	3:15 (9:32)	3:19 (12:51)		8:43 (21:34)	10:42 (32:16)
	5:08 (37:24)	2:42 (40:06)	3:09 (43:15)	14:03 (57:18)		6:07 (1:03:25)	3:28 (1:06:53)
	4:08 (1:11:01)	14:17 (1:25:18)	2:16 (1:27:34)	9:49 (1:37:23)		3:23 (1:40:46)	11:25 (1:52:11)
	3:07 (1:55:18)	5:58 (2:01:16)	1:52 (2:03:08)	9:24 (2:12:32)		4:38 (2:17:10)	37:44 (2:54:54)
	5:54 (3:00:48)	3:11 (3:03:59)	5:13 (3:09:12)	5:10 (3:14:22)		3:17 (3:17:39)	0:45 (3:18:24)
	0:33 (3:18:57)						
	Rasmus Møller Jess		OK Roskilde	Fejlklip			
	2:30 (2:30)	1:08 (3:38)	1:50 (5:28)	2:07 (7:35)		3:53 (11:28)	0:59 (12:27)
	2:39 (15:06)	1:27 (16:33)	1:38 (18:11)	8:49 (27:00)		3:02 (30:02)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	0:34 (51:24)						- (50:50)
	Anders Konring		FIF Hillerød	Ej startet			
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	Ulrik Staugaard		FIF Hillerød	Ej startet			
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)

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			(4 / 4)	Tid	Efter	Tidstab	
1.	Asker Øhlenschläger		OK Øst Birkerød	50:17		01:12	
	1:46 (1:46)	2:08 (3:54)	3:58 (7:52)	3:15 (11:07)		2:13 (13:20)	1:09 (14:29)
	7:17 (21:46)	3:01 (24:47)	2:12 (26:59)	1:49 (28:48)		3:26 (32:14)	3:44 (35:58)
	3:17 (39:15)	0:27 (39:42)	4:42 (44:24)	3:56 (48:20)		1:31 (49:51)	0:26 (50:17)
2.	Sune Øhlenschläger		OK Øst Birkerød	54:15	+3:58	02:03	
	2:18 (2:18)	2:21 (4:39)	2:45 (7:24)	2:45 (10:09)		3:01 (13:10)	1:11 (14:21)
	8:39 (23:00)	3:11 (26:11)	2:19 (28:30)	2:01 (30:31)		4:00 (34:31)	4:33 (39:04)
	3:30 (42:34)	0:36 (43:10)	5:19 (48:29)	3:46 (52:15)		1:34 (53:49)	0:26 (54:15)
3.	Aske Tandrup Nyegaard		Søllerød OK	1:09:13	+18:56	10:19	
	1:50 (1:50)	1:57 (3:47)	3:55 (7:42)	3:00 (10:42)		3:23 (14:05)	6:10 (20:15)
	10:34 (30:49)	4:41 (35:30)	2:57 (38:27)	2:01 (40:28)		5:18 (45:46)	4:38 (50:24)
	3:41 (54:05)	0:42 (54:47)	7:34 (1:02:21)	5:05 (1:07:26)		1:20 (1:08:46)	0:27 (1:09:13)
4.	Jakub Jirasek		Amager OK	1:22:27	+32:10	19:17	
	4:20 (4:20)	2:42 (7:02)	3:08 (10:10)	10:20 (20:30)		6:56 (27:26)	4:34 (32:00)
	10:10 (42:10)	6:53 (49:03)	2:39 (51:42)	2:06 (53:48)		5:46 (59:34)	4:51 (1:04:25)
	3:48 (1:08:13)	0:35 (1:08:48)	6:01 (1:14:49)	5:15 (1:20:04)		1:44 (1:21:48)	0:39 (1:22:27)

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			(2 / 2)	Tid	Efter	Tidstab	
1.	Kenneth Thomsen		OK Sorø	1:31:29		06:12	
	2:24 (2:24)	2:48 (5:12)	1:00 (6:12)	2:33 (8:45)		2:14 (10:59)	5:37 (16:36)
	3:27 (20:03)	3:36 (23:39)	2:44 (26:23)	1:56 (28:19)		11:06 (39:25)	4:31 (43:56)
	2:51 (46:47)	2:00 (48:47)	7:40 (56:27)	1:23 (57:50)		5:33 (1:03:23)	2:44 (1:06:07)
	5:14 (1:11:21)	1:18 (1:12:39)	4:10 (1:16:49)	3:15 (1:20:04)		3:35 (1:23:39)	3:52 (1:27:31)
	2:43 (1:30:14)	0:43 (1:30:57)	0:32 (1:31:29)				
2.	Lars Lyngsø		Allerød OK	1:38:26	+6:57	05:39	
	2:55 (2:55)	2:44 (5:39)	1:12 (6:51)	2:33 (9:24)		2:36 (12:00)	5:49 (17:49)
	1:18 (19:07)	4:54 (24:01)	2:20 (26:21)	2:10 (28:31)		15:45 (44:16)	5:33 (49:49)
	4:01 (53:50)	2:23 (56:13)	3:35 (59:48)	1:32 (1:01:20)		6:02 (1:07:22)	3:28 (1:10:50)
	5:45 (1:16:35)	1:22 (1:17:57)	5:07 (1:23:04)	3:50 (1:26:54)		3:27 (1:30:21)	3:50 (1:34:11)
	2:55 (1:37:06)	0:46 (1:37:52)	0:34 (1:38:26)				

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			(9 / 9)	Tid	Efter	Tidstab	
1.	Jesper Damgaard		Farum OK	1:06:37		02:35	
	2:43 (2:43)	1:29 (4:12)	3:02 (7:14)	2:04 (9:18)		4:55 (14:13)	1:03 (15:16)
	3:09 (18:25)	1:39 (20:04)	1:39 (21:43)	9:02 (30:45)		3:26 (34:11)	2:08 (36:19)
	6:09 (42:28)	2:26 (44:54)	5:06 (50:00)	4:55 (54:55)		2:13 (57:08)	2:59 (1:00:07)
	2:43 (1:02:50)	2:35 (1:05:25)	0:40 (1:06:05)	0:32 (1:06:37)			
2.	Michael Sørensen		OK Øst Birkerød	1:07:24	+0:47	04:55	
	2:28 (2:28)	1:01 (3:29)	2:32 (6:01)	4:16 (10:17)		4:55 (15:12)	1:34 (16:46)
	3:09 (19:55)	1:38 (21:33)	1:39 (23:12)	11:58 (35:10)		3:20 (38:30)	2:17 (40:47)
	3:44 (44:31)	2:55 (47:26)	4:40 (52:06)	4:15 (56:21)		2:37 (58:58)	2:31 (1:01:29)
	2:33 (1:04:02)	2:14 (1:06:16)	0:38 (1:06:54)	0:30 (1:07:24)			
3.	Asger Habekost Nielsen		OK Øst Birkerød	1:14:00	+7:23	00:53	
	2:59 (2:59)	1:15 (4:14)	3:21 (7:35)	2:09 (9:44)		5:35 (15:19)	2:07 (17:26)
	3:49 (21:15)	2:03 (23:18)	2:12 (25:30)	9:55 (35:25)		3:58 (39:23)	2:29 (41:52)
	4:56 (46:48)	2:56 (49:44)	5:51 (55:35)	4:59 (1:00:34)		3:01 (1:03:35)	2:58 (1:06:33)
	3:19 (1:09:52)	2:51 (1:12:43)	0:43 (1:13:26)	0:34 (1:14:00)			
4.	Julian Hollingberg		Farum OK	1:17:50	+11:13	02:25	
	3:10 (3:10)	1:17 (4:27)	3:19 (7:46)	2:21 (10:07)		6:08 (16:15)	1:10 (17:25)
	4:51 (22:16)	1:57 (24:13)	2:04 (26:17)	10:59 (37:16)		4:20 (41:36)	2:36 (44:12)
	5:25 (49:37)	2:55 (52:32)	6:57 (59:29)	4:12 (1:03:41)		3:25 (1:07:06)	3:04 (1:10:10)
	3:18 (1:13:28)	2:56 (1:16:24)	0:48 (1:17:12)	0:38 (1:17:50)			
5.	Kim Hansen		Køge OK	1:31:52	+25:15	14:58	
	5:40 (5:40)	2:32 (8:12)	4:01 (12:13)	5:00 (17:13)		5:20 (22:33)	3:37 (26:10)
	3:51 (30:01)	2:45 (32:46)	1:58 (34:44)	11:59 (46:43)		5:14 (51:57)	6:25 (58:22)
	4:53 (1:03:15)	5:05 (1:08:20)	5:40 (1:14:00)	4:29 (1:18:29)		3:20 (1:21:49)	3:06 (1:24:55)
	3:22 (1:28:17)	2:21 (1:30:38)	0:42 (1:31:20)	0:32 (1:31:52)			

6.	Finn Skouenborg 3:51 (3:51) 3:57 (28:20) 5:22 (59:14) 4:09 (1:32:01)	1:54 (5:45) 2:14 (30:34) 9:16 (1:08:30) 3:11 (1:35:12)	OK Øst Birkerød 3:54 (9:39) 2:05 (32:39) 6:37 (1:15:07) 0:47 (1:35:59)	1:36:37 +30:00 4:02 (13:41) 13:06 (45:45) 4:58 (1:20:05) 0:38 (1:36:37)	09:32 6:29 (20:10) 4:43 (50:28) 3:25 (1:23:30)	4:13 (24:23) 3:24 (53:52) 4:22 (1:27:52)	
7.	Jesper Vestergaard 3:51 (3:51) 5:40 (27:10) 8:00 (1:02:07) 4:16 (1:37:50)	1:40 (5:31) 2:55 (30:05) 8:47 (1:10:54) 3:36 (1:41:26)	Søllerød OK 4:18 (9:49) 2:38 (32:43) 8:34 (1:19:28) 0:54 (1:42:20)	1:43:06 +36:29 3:05 (12:54) 13:08 (45:51) 6:14 (1:25:42) 0:46 (1:43:06)	08:34 7:16 (20:10) 5:13 (51:04) 3:50 (1:29:32)	1:20 (21:30) 3:03 (54:07) 4:02 (1:33:34)	
8.	Kenn Basse 4:08 (4:08) 7:23 (43:26) 7:54 (1:34:27) 6:43 (2:09:31) Rune Funder 3:23 (3:23) - (-) - (-) 4:03 (1:10:03)	1:41 (5:49) 3:21 (46:47) 3:28 (1:37:55) 2:46 (2:12:17) 1:52 (5:15) - (-) - (41:09) 3:14 (1:13:17)	Ballerup OK 8:36 (14:25) 12:30 (59:17) 10:30 (1:48:25) 0:42 (2:12:59) FIF Hillerød 3:29 (8:44) - (-) 7:53 (49:02) 0:51 (1:14:08)	2:13:31 +66:54 9:53 (24:18) 17:18 (1:16:35) 6:02 (1:54:27) 0:32 (2:13:31) Fejlklip 2:30 (11:14) - (-) 8:47 (57:49) 0:47 (1:14:55)	27:35 8:23 (32:41) 6:05 (1:22:40) 4:17 (1:58:44) 7:49 (19:03) - (-) 3:57 (1:01:46)	3:22 (36:03) 3:53 (1:26:33) 4:04 (2:02:48) 2:59 (22:02) - (-) 4:14 (1:06:00)	
H45							
1.	Jens Knud Maarup 2:38 (2:38) 3:01 (17:11) 4:06 (39:55) 2:37 (58:53)	1:24 (4:02) 1:47 (18:58) 2:25 (42:20) 1:56 (1:00:49)	Allerød OK 2:39 (6:41) 1:44 (20:42) 5:21 (47:41) 0:37 (1:01:26)	Tid Efter Tidstab 1:01:56 1:50 (8:31) 9:22 (30:04) 3:27 (51:08) 0:30 (1:01:56)	00:00 4:39 (13:10) 3:38 (33:42) 2:36 (53:44)	1:00 (14:10) 2:07 (35:49) 2:32 (56:16)	
2.	Torben Nørgaard 2:31 (2:31) 3:39 (21:24) 4:06 (45:57) 2:45 (1:05:07)	2:11 (4:42) 1:49 (23:13) 4:26 (48:23) 2:31 (1:07:38)	Allerød OK 3:29 (8:11) 2:03 (25:16) 5:23 (53:46) 0:42 (1:08:20)	1:08:56 +7:00 2:01 (10:12) 10:02 (35:18) 3:30 (57:16) 0:36 (1:08:56)	02:15 4:50 (15:02) 3:30 (38:48) 2:38 (59:54)	2:43 (17:45) 3:03 (41:51) 2:28 (1:02:22)	
3.	Niels-Peter Vest Nielsen 3:21 (3:21) 3:41 (22:28) 7:37 (53:47) 3:45 (1:16:50)	1:31 (4:52) 2:42 (25:10) 2:51 (56:38) 2:14 (1:19:04)	Allerød OK 4:21 (9:13) 2:39 (27:49) 5:45 (1:02:23) 0:40 (1:19:44)	1:20:15 +18:19 2:19 (11:32) 11:13 (39:02) 4:45 (1:07:08) 0:31 (1:20:15)	03:21 5:53 (17:25) 4:26 (43:28) 2:56 (1:10:04)	1:22 (18:47) 2:42 (46:10) 3:01 (1:13:05)	
4.	Allan Søgaard 3:09 (3:09) 3:21 (20:27) 9:10 (57:04) 3:39 (1:19:11)	1:54 (5:03) 2:11 (22:38) 2:38 (59:42) 2:42 (1:21:53)	OK Roskilde 3:11 (8:14) 2:11 (24:49) 5:53 (1:05:35) 0:47 (1:22:40)	1:23:16 +21:20 2:14 (10:28) 12:32 (37:21) 4:26 (1:10:01) 0:36 (1:23:16)	07:57 5:05 (15:33) 6:33 (43:54) 2:40 (1:12:41)	1:33 (17:06) 4:00 (47:54) 2:51 (1:15:32)	
5.	Morten Lykking 3:21 (3:21) 3:20 (22:56) 8:04 (59:29) 3:09 (1:23:23)	1:46 (5:07) 2:15 (25:11) 3:15 (1:02:44) 2:33 (1:25:56)	OK73 3:26 (8:33) 1:48 (26:59) 5:52 (1:08:36) 0:43 (1:26:39)	1:27:10 +25:14 2:12 (10:45) 11:43 (38:42) 4:45 (1:13:21) 0:31 (1:27:10)	10:02 5:15 (16:00) 4:38 (43:20) 3:38 (1:16:59)	3:36 (19:36) 8:05 (51:25) 3:15 (1:20:14)	
6.	Troels Juhl 3:25 (3:25) 3:45 (29:20) 5:08 (1:03:21) 3:48 (1:32:44)	2:16 (5:41) 2:29 (31:49) 3:01 (1:06:22) 2:51 (1:35:35)	Søllerød OK 4:27 (10:08) 2:12 (34:01) 9:15 (1:15:37) 0:41 (1:36:16)	1:36:48 +34:52 3:31 (13:39) 15:14 (49:15) 6:28 (1:22:05) 0:32 (1:36:48)	09:37 8:19 (21:58) 4:57 (54:12) 3:42 (1:25:47)	3:37 (25:35) 4:01 (58:13) 3:09 (1:28:56)	
7.	Jesper Lægsgaard 6:56 (6:56) 4:42 (30:07) 5:56 (1:09:25) 3:46 (1:35:50)	1:26 (8:22) 2:33 (32:40) 3:18 (1:12:43) 3:09 (1:38:59)	Lyngby OK 6:06 (14:28) 2:12 (34:52) 7:05 (1:19:48) 0:46 (1:39:45)	1:40:25 +38:29 2:45 (17:13) 14:55 (49:47) 5:43 (1:25:31) 0:40 (1:40:25)	10:56 6:13 (23:26) 5:14 (55:01) 3:25 (1:28:56)	1:59 (25:25) 8:28 (1:03:29) 3:08 (1:32:04)	
8.	Jakob Søndergaard Jensen 3:26 (3:26) 3:59 (29:50) 7:23 (1:07:49) 7:56 (1:37:23)	1:54 (5:20) 3:34 (33:24) 3:36 (1:11:25) 3:13 (1:40:36)	OK Roskilde 4:16 (9:36) 3:33 (36:57) 6:54 (1:18:19) 0:45 (1:41:21)	1:42:00 +40:04 2:31 (12:07) 11:51 (48:48) 4:27 (1:22:46) 0:39 (1:42:00)	15:55 12:14 (24:21) 5:52 (54:40) 3:24 (1:26:10)	1:30 (25:51) 5:46 (1:00:26) 3:17 (1:29:27)	
9.	Morten Ploug 3:48 (3:48) 4:23 (28:29) 6:57 (1:05:51) 3:32 (1:37:58)	4:22 (8:10) 3:04 (31:33) 4:55 (1:10:46) 3:06 (1:41:04)	Ballerup OK 4:08 (12:18) 2:36 (34:09) 7:52 (1:18:38) 0:51 (1:41:55)	1:42:37 +40:41 2:47 (15:05) 13:22 (47:31) 7:40 (1:26:18) 0:42 (1:42:37)	07:38 7:17 (22:22) 5:55 (53:26) 4:00 (1:30:18)	1:44 (24:06) 5:28 (58:54) 4:08 (1:34:26)	
10.	Anders Marager 3:36 (3:36) 4:09 (23:03) 7:24 (1:13:38) 3:16 (1:39:27)	2:24 (6:00) 3:09 (26:12) 3:27 (1:17:05) 2:46 (1:42:13)	Allerød OK 3:24 (9:24) 2:10 (28:22) 6:28 (1:23:33) 0:50 (1:43:03)	1:43:48 +41:52 2:14 (11:38) 10:48 (39:10) 5:30 (1:29:03) 0:45 (1:43:48)	20:35 6:00 (17:38) 7:02 (46:12) 3:26 (1:32:29)	1:16 (18:54) 20:02 (1:06:14) 3:42 (1:36:11)	
11.	Peter Becker 4:18 (4:18) 5:09 (30:50) 5:38 (1:09:55) 5:21 (1:40:37)	1:48 (6:06) 5:28 (36:18) 4:57 (1:14:52) 3:50 (1:44:27)	Søllerød OK 4:46 (10:52) 2:43 (39:01) 7:30 (1:22:22) 0:52 (1:45:19)	1:45:55 +43:59 3:47 (14:39) 16:05 (55:06) 5:52 (1:28:14) 0:36 (1:45:55)	08:54 7:04 (21:43) 5:09 (1:00:15) 3:30 (1:31:44)	3:58 (25:41) 4:02 (1:04:17) 3:32 (1:35:16)	
12.	Henrik Seidelin Dam 3:33 (3:33) 9:03 (33:40) 10:05 (1:20:13) 4:14 (1:49:20)	1:35 (5:08) 2:21 (36:01) 3:44 (1:23:57) 3:04 (1:52:24)	Ballerup OK 3:43 (8:51) 8:47 (44:48) 9:07 (1:33:04) 0:48 (1:53:12)	1:53:48 +51:52 8:23 (17:14) 12:17 (57:05) 5:34 (1:38:38) 0:36 (1:53:48)	26:01 5:54 (23:08) 8:32 (1:05:37) 3:13 (1:41:51)	1:29 (24:37) 4:31 (1:10:08) 3:15 (1:45:06)	
13.	Ulrik Hogrefe 7:13 (7:13) 9:47 (43:25) 10:55 (1:24:24) 5:32 (2:09:14)	4:21 (11:34) 2:21 (45:46) 3:37 (1:28:01) 4:42 (2:13:56)	Kildeholm OK 7:26 (19:00) 2:20 (48:06) 10:08 (1:38:09) 1:08 (2:15:04)	2:15:32 +73:36 5:37 (24:37) 15:44 (1:03:50) 15:43 (1:53:52) 0:28 (2:15:32)	25:47 7:07 (31:44) 5:50 (1:09:40) 5:10 (1:59:02)	1:54 (33:38) 3:49 (1:13:29) 4:40 (2:03:42)	
14.	Roland Dumong 12:56 (12:56) 6:37 (46:15) 14:42 (1:48:31) 7:07 (2:37:49)	2:16 (15:12) 3:26 (49:41) 5:25 (1:53:56) 6:28 (2:44:17)	OK Øst Birkerød 8:14 (23:26) 3:31 (53:12) 13:47 (2:07:43) 1:20 (2:45:37)	2:46:18 +104:22 3:45 (27:11) 27:10 (1:20:22) 10:43 (2:18:26) 0:41 (2:46:18)	22:51 9:36 (36:47) 8:17 (1:28:39) 6:37 (2:25:03)	2:51 (39:38) 5:10 (1:33:49) 5:39 (2:30:42)	

H45AK		(8 / 8)		Tid	Efter	Tidstab	
1.	Lars Munktvad		Allerød OK	37:54		00:28	
	2:16 (2:16)	3:23 (5:39)	1:09 (6:48)	2:09 (8:57)		1:58 (10:55)	6:39 (17:34)
	0:53 (18:27)	4:00 (22:27)	3:24 (25:51)	0:33 (26:24)		6:04 (32:28)	2:23 (34:51)
	1:35 (36:26)	0:49 (37:15)	0:39 (37:54)				
2.	Erik Melbye		Søllerød OK	45:39	+7:45	06:16	
	2:47 (2:47)	3:46 (6:33)	0:59 (7:32)	1:55 (9:27)		1:57 (11:24)	6:15 (17:39)
	1:47 (19:26)	4:01 (23:27)	3:13 (26:40)	1:23 (28:03)		10:14 (38:17)	2:18 (40:35)
	3:45 (44:20)	0:44 (45:04)	0:35 (45:39)				
3.	Lars Sørensen		OK Øst Birkerød	1:00:46	+22:52	11:46	
	2:43 (2:43)	5:19 (8:02)	1:34 (9:36)	3:19 (12:55)		3:46 (16:41)	7:15 (23:56)
	3:03 (26:59)	4:49 (31:48)	5:31 (37:19)	0:40 (37:59)		14:40 (52:39)	4:26 (57:05)
	2:05 (59:10)	0:55 (1:00:05)	0:41 (1:00:46)				
4.	Peter Krogh		OK Øst Birkerød	1:04:45	+26:51	07:59	
	4:35 (4:35)	6:17 (10:52)	2:32 (13:24)	4:18 (17:42)		3:37 (21:19)	10:50 (32:09)
	1:26 (33:35)	6:24 (39:59)	6:52 (46:51)	0:49 (47:40)		8:24 (56:04)	3:47 (59:51)
	2:40 (1:02:31)	1:12 (1:03:43)	1:02 (1:04:45)				
5.	Jesper Kracht		PI-København	1:11:08	+33:14	21:00	
	14:29 (14:29)	5:08 (19:37)	3:10 (22:47)	2:25 (25:12)		3:51 (29:03)	8:01 (37:04)
	2:47 (39:51)	5:48 (45:39)	4:53 (50:32)	5:15 (55:47)		7:39 (1:03:26)	3:55 (1:07:21)
	2:09 (1:09:30)	0:56 (1:10:26)	0:42 (1:11:08)				
6.	Karsten Längerich		Allerød OK	1:36:08	+58:14	17:37	
	8:07 (8:07)	4:54 (13:01)	2:51 (15:52)	3:26 (19:18)		8:35 (27:53)	15:26 (43:19)
	2:26 (45:45)	9:46 (55:31)	6:14 (1:01:45)	2:11 (1:03:56)		16:04 (1:20:00)	10:02 (1:30:02)
	4:22 (1:34:24)	1:03 (1:35:27)	0:41 (1:36:08)				
	Frank Holmberg		FIF Hillerød	Fejlklip			
	10:49 (10:49)	3:17 (14:06)	7:51 (21:57)	5:54 (27:51)		2:25 (30:16)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (1:01:22)				
	Svend Tanholdt		OK Øst Birkerød	Fejlklip			
	21:50 (21:50)	7:35 (29:25)	3:31 (32:56)	5:07 (38:03)		7:44 (45:47)	17:31 (1:03:18)
	6:10 (1:09:28)	12:41 (1:22:09)	- (-)	- (-)		- (1:59:43)	11:29 (2:11:12)
	5:20 (2:16:32)	1:53 (2:18:25)	1:24 (2:19:49)				
H50		(18 / 18)		Tid	Efter	Tidstab	
1.	Lars Simonsen		FIF Hillerød	56:38		02:56	
	3:09 (3:09)	1:19 (4:28)	2:59 (7:27)	3:03 (10:30)		5:00 (15:30)	1:21 (16:51)
	3:23 (20:14)	1:43 (21:57)	1:50 (23:47)	9:29 (33:16)		4:56 (38:12)	1:07 (39:19)
	6:52 (46:11)	3:33 (49:44)	3:20 (53:04)	2:23 (55:27)		0:39 (56:06)	0:32 (56:38)
2.	Kent Kragh		Horsens OK	58:05	+1:27	03:43	
	3:00 (3:00)	1:37 (4:37)	2:41 (7:18)	2:01 (9:19)		6:39 (15:58)	3:42 (19:40)
	4:19 (23:59)	2:13 (26:12)	1:38 (27:50)	9:15 (37:05)		4:54 (41:59)	1:03 (43:02)
	4:25 (47:27)	3:18 (50:45)	3:31 (54:16)	2:33 (56:49)		0:43 (57:32)	0:33 (58:05)
3.	Alex Ottesen		Ballerup OK	1:11:47	+15:09	06:01	
	4:38 (4:38)	1:50 (6:28)	3:52 (10:20)	3:58 (14:18)		8:45 (23:03)	3:25 (26:28)
	4:53 (31:21)	2:10 (33:31)	2:06 (35:37)	10:24 (46:01)		5:53 (51:54)	1:29 (53:23)
	5:01 (58:24)	4:54 (1:03:18)	3:43 (1:07:01)	3:10 (1:10:11)		0:51 (1:11:02)	0:45 (1:11:47)
4.	Claus Børsting		Herlufsholm OK	1:11:58	+15:20	02:47	
	4:18 (4:18)	1:38 (5:56)	3:43 (9:39)	3:11 (12:50)		7:02 (19:52)	1:43 (21:35)
	5:09 (26:44)	2:30 (29:14)	2:32 (31:46)	12:01 (43:47)		6:00 (49:47)	1:41 (51:28)
	5:45 (57:13)	5:22 (1:02:35)	4:01 (1:06:36)	3:50 (1:10:26)		0:51 (1:11:17)	0:41 (1:11:58)
5.	Kåre Sørensen		OK Sorø	1:13:05	+16:27	12:53	
	3:20 (3:20)	2:56 (6:16)	3:10 (9:26)	3:02 (12:28)		13:11 (25:39)	1:57 (27:36)
	3:41 (31:17)	1:58 (33:15)	4:17 (37:32)	9:00 (46:32)		5:34 (52:06)	1:40 (53:46)
	5:03 (58:49)	3:46 (1:02:35)	6:24 (1:08:59)	2:43 (1:11:42)		0:45 (1:12:27)	0:38 (1:13:05)
6.	Søren Klinsky		Holbæk OK	1:13:45	+17:07	01:48	
	4:12 (4:12)	2:44 (6:56)	3:49 (10:45)	2:57 (13:42)		7:59 (21:41)	1:48 (23:29)
	4:52 (28:21)	2:32 (30:53)	2:38 (33:31)	12:08 (45:39)		5:45 (51:24)	1:26 (52:50)
	5:35 (58:25)	5:03 (1:03:28)	5:02 (1:08:30)	3:46 (1:12:16)		0:48 (1:13:04)	0:41 (1:13:45)
7.	Aene Thell		Esløvs FK	1:14:45	+18:07	07:23	
	3:43 (3:43)	1:28 (5:11)	3:40 (8:51)	6:49 (15:40)		6:06 (21:46)	1:28 (23:14)
	4:22 (27:36)	3:01 (30:37)	2:22 (32:59)	13:40 (46:39)		6:34 (53:13)	1:58 (55:11)
	5:20 (1:00:31)	4:45 (1:05:16)	4:31 (1:09:47)	3:34 (1:13:21)		0:45 (1:14:06)	0:39 (1:14:45)
8.	Stefan Adlfsson		Esløvs FK	1:15:18	+18:40	03:31	
	3:43 (3:43)	2:11 (5:54)	3:36 (9:30)	5:21 (14:51)		6:43 (21:34)	2:00 (23:34)
	4:31 (28:05)	3:10 (31:15)	2:24 (33:39)	11:33 (45:12)		6:17 (51:29)	1:36 (53:05)
	6:07 (59:12)	5:52 (1:05:04)	4:43 (1:09:47)	3:35 (1:13:22)		1:01 (1:14:23)	0:55 (1:15:18)
9.	Claus Cederberg		Ballerup OK	1:18:28	+21:50	08:26	
	3:47 (3:47)	2:00 (5:47)	4:12 (9:59)	2:32 (12:31)		10:07 (22:38)	1:55 (24:33)
	4:40 (29:13)	2:46 (31:59)	2:41 (34:40)	10:50 (45:30)		10:22 (55:52)	1:40 (57:32)
	5:49 (1:03:21)	5:21 (1:08:42)	5:19 (1:14:01)	2:56 (1:16:57)		0:47 (1:17:44)	0:44 (1:18:28)
10.	Christian Gudme		OK73	1:19:43	+23:05	13:21	
	3:48 (3:48)	3:09 (6:57)	5:09 (12:06)	3:04 (15:10)		6:10 (21:20)	1:59 (23:19)
	4:11 (27:30)	10:40 (38:10)	2:00 (40:10)	10:50 (51:00)		7:03 (58:03)	1:26 (59:29)
	6:24 (1:05:53)	4:09 (1:10:02)	4:07 (1:14:09)	4:09 (1:18:18)		0:45 (1:19:03)	0:40 (1:19:43)
11.	Max Prang		Fredensborg OK	1:22:18	+25:40	07:22	
	4:41 (4:41)	1:41 (6:22)	3:40 (10:02)	5:09 (15:11)		7:03 (22:14)	3:17 (25:31)
	4:40 (30:11)	3:21 (33:32)	2:42 (36:14)	13:39 (49:53)		7:49 (57:42)	1:50 (59:32)
	7:18 (1:06:50)	5:53 (1:12:43)	4:31 (1:17:14)	3:35 (1:20:49)		0:50 (1:21:39)	0:39 (1:22:18)
12.	Ulrik Illum		Søllerød OK	1:23:56	+27:18	08:26	
	4:13 (4:13)	3:43 (7:56)	5:09 (13:05)	3:12 (16:17)		6:59 (23:16)	2:19 (25:35)
	4:27 (30:02)	2:47 (32:49)	3:20 (36:09)	15:24 (51:33)		7:31 (59:04)	1:46 (1:00:50)
	7:57 (1:08:47)	5:23 (1:14:10)	4:21 (1:18:31)	3:55 (1:22:26)		0:52 (1:23:18)	0:38 (1:23:56)
13.	Peter Dyrsting		FIF Hillerød	1:24:29	+27:51	04:03	
	4:36 (4:36)	1:47 (6:23)	4:27 (10:50)	3:07 (13:57)		8:45 (22:42)	2:39 (25:21)
	5:13 (30:34)	3:01 (33:35)	2:36 (36:11)	15:26 (51:37)		7:10 (58:47)	1:49 (1:00:36)
	6:59 (1:07:35)	5:29 (1:13:04)	6:30 (1:19:34)	3:23 (1:22:57)		0:53 (1:23:50)	0:39 (1:24:29)
14.	Viorel Miclea		Metropolitan Orienteering Club	1:37:28	+40:50	14:40	
	8:06 (8:06)	2:22 (10:28)	4:14 (14:42)	3:20 (18:02)		9:26 (27:28)	6:49 (34:17)
	4:54 (39:11)	3:25 (42:36)	2:39 (45:15)	12:04 (57:19)		7:57 (1:05:16)	2:21 (1:07:37)
	9:26 (1:17:03)	6:22 (1:23:25)	7:10 (1:30:35)	5:17 (1:35:52)		0:53 (1:36:45)	0:43 (1:37:28)

15.	Jesper Sørensen		OK Skærmøen Værløse	1:44:00 +47:22	15:38		
	8:39 (8:39)	2:19 (10:58)	4:18 (15:16)	6:16 (21:32)		9:18 (30:50)	3:01 (33:51)
	5:23 (39:14)	5:09 (44:23)	3:11 (47:34)	13:23 (1:00:57)		10:33 (1:11:30)	6:31 (1:18:01)
	8:22 (1:26:23)	5:53 (1:32:16)	5:11 (1:37:27)	4:58 (1:42:25)		0:50 (1:43:15)	0:45 (1:44:00)
16.	Henrik Mathiesen		Herlufsholm OK	1:46:20 +49:42	19:11		
	5:19 (5:19)	1:44 (7:03)	5:46 (12:49)	5:20 (18:09)		9:15 (27:24)	3:48 (31:12)
	4:36 (35:48)	4:42 (40:30)	2:48 (43:18)	22:39 (1:05:57)		14:37 (1:20:34)	1:25 (1:21:59)
	8:40 (1:30:39)	5:14 (1:35:53)	4:51 (1:40:44)	4:09 (1:44:53)		0:50 (1:45:43)	0:37 (1:46:20)
	Jakob Ødum		OK Øst Birkerød	Udgået			
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	Jesper Andreasen		Farum OK	Ej startet			
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
H60			(26 / 26)	Tid Efter	Tidstab		
1.	Jess Rasmussen		Viborg Orienteringsklub	44:38	01:13		
	1:39 (1:39)	1:32 (3:11)	1:17 (4:28)	4:06 (8:34)		2:17 (10:51)	4:31 (15:22)
	3:42 (19:04)	1:43 (20:47)	1:53 (22:40)	2:58 (25:38)		3:54 (29:32)	3:10 (32:42)
	5:15 (37:57)	1:51 (39:48)	1:26 (41:14)	2:03 (43:17)		0:46 (44:03)	0:35 (44:38)
2.	Per Storm Hansen		Svendborg OK	50:56 +6:18	04:51		
	2:23 (2:23)	2:04 (4:27)	1:40 (6:07)	6:43 (12:50)		2:25 (15:15)	4:16 (19:31)
	4:26 (23:57)	1:48 (25:45)	2:07 (27:52)	2:46 (30:38)		3:40 (34:18)	3:22 (37:40)
	5:49 (43:29)	1:57 (45:26)	2:39 (48:05)	1:28 (49:33)		0:49 (50:22)	0:34 (50:56)
3.	Søren Sloth		FIF Hillerød	51:08 +6:30	03:51		
	1:44 (1:44)	2:01 (3:45)	2:04 (5:49)	3:07 (8:56)		2:33 (11:29)	6:34 (18:03)
	3:53 (21:56)	1:47 (23:43)	2:13 (25:56)	3:00 (28:56)		3:57 (32:53)	3:47 (36:40)
	5:56 (42:36)	3:14 (45:50)	2:05 (47:55)	1:50 (49:45)		0:47 (50:32)	0:36 (51:08)
4.	Jørgen Skaarup		Ballerup OK	52:09 +7:31	01:21		
	2:01 (2:01)	2:25 (4:26)	1:33 (5:59)	3:45 (9:44)		2:56 (12:40)	5:50 (18:30)
	4:08 (22:38)	1:47 (24:25)	2:22 (26:47)	3:08 (29:55)		4:05 (34:00)	3:42 (37:42)
	6:07 (43:49)	2:09 (45:58)	2:20 (48:18)	2:11 (50:29)		0:57 (51:26)	0:43 (52:09)
5.	Arne Kristensen		Herlufsholm OK	53:40 +9:02	07:54		
	1:47 (1:47)	1:49 (3:36)	2:22 (5:58)	3:26 (9:24)		2:25 (11:49)	4:38 (16:27)
	4:18 (20:45)	3:54 (24:39)	2:10 (26:49)	2:37 (29:26)		3:57 (33:23)	3:05 (36:28)
	6:51 (43:19)	1:49 (45:08)	5:41 (50:49)	1:26 (52:15)		0:47 (53:02)	0:38 (53:40)
6.	Lars Edenbrandt		Lunds OK	55:13 +10:35	00:38		
	2:42 (2:42)	1:59 (4:41)	1:52 (6:33)	3:52 (10:25)		2:52 (13:17)	5:32 (18:49)
	5:02 (23:51)	2:06 (25:57)	2:34 (28:31)	3:18 (31:49)		4:54 (36:43)	4:15 (40:58)
	6:41 (47:39)	2:15 (49:54)	1:50 (51:44)	2:01 (53:45)		0:50 (54:35)	0:38 (55:13)
7.	Lars Vedel Jørgensen		Farum OK	57:54 +13:16	04:19		
	2:02 (2:02)	1:51 (3:53)	3:09 (7:02)	3:51 (10:53)		2:43 (13:36)	5:36 (19:12)
	7:31 (26:43)	2:01 (28:44)	2:24 (31:08)	2:56 (34:04)		4:29 (38:33)	3:56 (42:29)
	6:59 (49:28)	2:29 (51:57)	2:15 (54:12)	1:59 (56:11)		0:55 (57:06)	0:48 (57:54)
8.	Gregers Jørgensen		Ballerup OK	58:03 +13:25	02:05		
	2:18 (2:18)	2:10 (4:28)	2:07 (6:35)	4:04 (10:39)		3:19 (13:58)	6:47 (20:45)
	5:17 (26:02)	2:05 (28:07)	2:26 (30:33)	3:29 (34:02)		4:21 (38:23)	4:09 (42:32)
	6:39 (49:11)	2:16 (51:27)	2:51 (54:18)	2:06 (56:24)		0:54 (57:18)	0:45 (58:03)
9.	Hans Henrik Juda		Køge OK	59:29 +14:51	02:57		
	1:55 (1:55)	2:04 (3:59)	4:01 (8:00)	4:22 (12:22)		3:12 (15:34)	6:33 (22:07)
	5:14 (27:21)	2:12 (29:33)	2:21 (31:54)	3:35 (35:29)		4:42 (40:11)	3:58 (44:09)
	7:31 (51:40)	2:35 (54:15)	1:37 (55:52)	1:57 (57:49)		0:56 (58:45)	0:44 (59:29)
10.	Jens Peter Gundorf		OK Øst Birkerød	59:32 +14:54	03:57		
	2:25 (2:25)	1:49 (4:14)	1:39 (5:53)	3:44 (9:37)		2:56 (12:33)	5:31 (18:04)
	4:54 (22:58)	4:31 (27:29)	2:46 (30:15)	3:29 (33:44)		4:44 (38:28)	4:13 (42:41)
	7:30 (50:11)	2:22 (52:33)	2:47 (55:20)	2:32 (57:52)		0:53 (58:45)	0:47 (59:32)
11.	Lars Hanghøj Petersen		Ballerup OK	1:00:39 +16:01	05:10		
	2:35 (2:35)	2:03 (4:38)	4:24 (9:02)	3:52 (12:54)		3:42 (16:36)	5:41 (22:17)
	4:38 (26:55)	3:11 (30:06)	2:55 (33:01)	3:03 (36:04)		4:59 (41:03)	4:00 (45:03)
	6:39 (51:42)	2:29 (54:11)	2:29 (56:40)	2:23 (59:03)		0:50 (59:53)	0:46 (1:00:39)
12.	Søren Peter Larsen		FIF Hillerød	1:00:40 +16:02	04:06		
	2:27 (2:27)	2:04 (4:31)	1:33 (6:04)	4:03 (10:07)		3:01 (13:08)	6:03 (19:11)
	4:40 (23:51)	2:10 (26:01)	2:28 (28:29)	3:31 (32:00)		4:30 (36:30)	3:54 (40:24)
	7:45 (48:09)	2:40 (50:49)	5:58 (56:47)	2:09 (58:56)		0:55 (59:51)	0:49 (1:00:40)
13.	Erik Øhlenschläger		OK Øst Birkerød	1:01:52 +17:14	04:21		
	2:33 (2:33)	1:55 (4:28)	1:37 (6:05)	6:18 (12:23)		2:56 (15:19)	6:38 (21:57)
	4:56 (26:53)	2:21 (29:14)	2:35 (31:49)	3:34 (35:23)		6:41 (42:04)	4:13 (46:17)
	7:20 (53:37)	2:31 (56:08)	1:48 (57:56)	2:06 (1:00:02)		0:58 (1:01:00)	0:52 (1:01:52)
14.	Carsten Thyge Agger		Helsingør SOK	1:03:00 +18:22	08:13		
	2:26 (2:26)	2:04 (4:30)	1:53 (6:23)	5:08 (11:31)		2:43 (14:14)	5:09 (19:23)
	4:37 (24:00)	2:06 (26:06)	2:48 (28:54)	9:57 (38:51)		4:22 (43:13)	4:29 (47:42)
	7:55 (55:37)	2:25 (58:02)	1:30 (59:32)	1:53 (1:01:25)		0:51 (1:02:16)	0:44 (1:03:00)
15.	Thomas Østergaard		OK Øst Birkerød	1:03:55 +19:17	06:26		
	2:40 (2:40)	1:56 (4:36)	1:55 (6:31)	3:55 (10:26)		3:04 (13:30)	6:00 (19:30)
	6:14 (25:44)	2:47 (28:31)	2:24 (30:55)	3:10 (34:05)		4:35 (38:40)	4:20 (43:00)
	8:59 (51:59)	2:43 (54:42)	5:35 (1:00:17)	1:57 (1:02:14)		0:55 (1:03:09)	0:46 (1:03:55)
16.	Bruno Stub		PI-København	1:04:54 +20:16	10:30		
	3:38 (3:38)	2:17 (5:55)	2:13 (8:08)	5:29 (13:37)		4:30 (18:07)	6:18 (24:25)
	4:10 (28:35)	1:56 (30:31)	2:22 (32:53)	9:44 (42:37)		4:41 (47:18)	3:34 (50:52)
	7:02 (57:54)	2:16 (1:00:10)	1:26 (1:01:36)	1:33 (1:03:09)		0:53 (1:04:02)	0:52 (1:04:54)
17.	Jan Johansen		PI-København	1:04:57 +20:19	05:01		
	2:49 (2:49)	2:12 (5:01)	1:57 (6:58)	4:34 (11:32)		3:10 (14:42)	5:41 (20:23)
	5:25 (25:48)	4:09 (29:57)	2:39 (32:36)	3:48 (36:24)		5:31 (41:55)	5:11 (47:06)
	7:18 (54:24)	4:48 (59:12)	1:50 (1:01:02)	2:14 (1:03:16)		0:54 (1:04:10)	0:47 (1:04:57)
18.	Jens Behrend		Farum OK	1:09:53 +25:15	07:46		
	3:01 (3:01)	3:27 (6:28)	2:04 (8:32)	4:27 (12:59)		3:21 (16:20)	7:04 (23:24)
	4:43 (28:07)	2:11 (30:18)	5:01 (35:19)	3:37 (38:56)		5:20 (44:16)	4:27 (48:43)
	9:12 (57:55)	2:56 (1:00:51)	5:35 (1:06:26)	1:53 (1:08:19)		0:53 (1:09:12)	0:41 (1:09:53)
19.	Jens Anders Hansen		Søllerød OK	1:11:05 +26:27	11:35		
	2:19 (2:19)	2:29 (4:48)	2:58 (7:46)	3:58 (11:44)		4:16 (16:00)	6:46 (22:46)
	5:34 (28:20)	2:03 (30:23)	2:28 (32:51)	3:17 (36:08)		5:48 (41:56)	3:53 (45:49)
	11:15 (57:04)	2:10 (59:14)	7:42 (1:06:56)	2:42 (1:09:38)		0:52 (1:10:30)	0:35 (1:11:05)

20.	Jan Sørensen 2:58 (2:58) 5:48 (32:34) 10:19 (1:03:17)	3:24 (6:22) 3:43 (36:17) 3:08 (1:06:25)	OK Sorø 2:17 (8:39) 2:37 (38:54) 5:22 (1:11:47)	1:15:56 +31:18 4:18 (12:57) 3:29 (42:23) 2:42 (1:14:29)	09:48 6:03 (19:00) 5:49 (48:12) 0:51 (1:15:20)	7:46 (26:46) 4:46 (52:58) 0:36 (1:15:56)
21.	Jan Jakobsen 3:25 (3:25) 6:10 (35:13) 10:17 (1:09:20)	2:29 (5:54) 3:04 (38:17) 3:07 (1:12:27)	OK Øst Birkerød 2:08 (8:02) 3:44 (42:01) 2:21 (1:14:48)	1:19:30 +34:52 5:40 (13:42) 4:50 (46:51) 2:44 (1:17:32)	04:30 5:52 (19:34) 6:41 (53:32) 1:12 (1:18:44)	9:29 (29:03) 5:31 (59:03) 0:46 (1:19:30)
22.	Niels Aabye 2:48 (2:48) 6:24 (45:10) 9:00 (1:15:22)	2:32 (5:20) 2:54 (48:04) 2:55 (1:18:17)	Ballerup OK 3:35 (8:55) 2:57 (51:01) 2:36 (1:20:53)	1:25:13 +40:35 9:39 (18:34) 4:09 (55:10) 2:18 (1:23:11)	13:45 12:22 (30:56) 5:51 (1:01:01) 1:06 (1:24:17)	7:50 (38:46) 5:21 (1:06:22) 0:56 (1:25:13)
23.	Niels la Cour Bentzon 2:21 (2:21) 6:05 (36:12) 8:52 (1:14:27)	4:31 (6:52) 2:44 (38:56) 4:51 (1:19:18)	Søllerød OK 1:52 (8:44) 3:26 (42:22) 2:37 (1:21:55)	1:25:14 +40:36 10:05 (18:49) 12:47 (55:09) 1:56 (1:23:51)	16:45 4:00 (22:49) 5:34 (1:00:43) 0:46 (1:24:37)	7:18 (30:07) 4:52 (1:05:35) 0:37 (1:25:14)
24.	Torben Kristensen 5:04 (5:04) 6:28 (34:37) 10:04 (1:13:55)	2:47 (7:51) 3:07 (37:44) 3:38 (1:17:33)	Herlufsholm OK 3:01 (10:52) 3:49 (41:33) 4:29 (1:22:02)	1:27:14 +42:36 5:00 (15:52) 8:56 (50:29) 2:51 (1:24:53)	07:59 4:20 (20:12) 7:04 (57:33) 1:22 (1:26:15)	7:57 (28:09) 6:18 (1:03:51) 0:59 (1:27:14)
	Torben Seir - (-) - (-) - (-)	- (-) - (-) - (-)	Helsingør SOK - (-) - (-) - (-)	Ej startet - (-) - (-) - (-)	- (-) - (-) - (-)	- (-) - (-) - (-)
	Torkil Hansen - (-) - (-) - (-)	- (-) - (-) - (-)	PI-København - (-) - (-) - (-)	Ej startet - (-) - (-) - (-)	- (-) - (-) - (-)	- (-) - (-) - (-)
H65			(19 / 19)	Tid Efter	Tidstab	
1.	Peter Sørensen 1:55 (1:55) 5:34 (20:46) 5:28 (39:41)	1:30 (3:25) 2:17 (23:03) 2:32 (42:13)	PI-København 3:24 (6:49) 1:39 (24:42) 2:32 (44:45)	47:24 1:16 (8:05) 1:21 (26:03) 1:35 (46:20)	01:43 3:05 (11:10) 7:39 (33:42) 0:27 (46:47)	4:02 (15:12) 0:31 (34:13) 0:37 (47:24)
2.	Gunnar Grue-Sørensen 1:56 (1:56) 5:17 (20:04) 5:49 (40:15)	2:38 (4:34) 1:43 (21:47) 2:40 (42:55)	Køge OK 3:08 (7:42) 2:00 (23:47) 2:28 (45:23)	47:47 +0:23 1:13 (8:55) 1:16 (25:03) 1:17 (46:40)	01:53 2:46 (11:41) 8:51 (33:54) 0:28 (47:08)	3:06 (14:47) 0:32 (34:26) 0:39 (47:47)
3.	John Knudsen 2:01 (2:01) 5:25 (20:07) 5:38 (40:55)	1:19 (3:20) 3:04 (23:11) 2:50 (43:45)	O-63 3:29 (6:49) 2:02 (25:13) 3:13 (46:58)	49:22 +1:58 1:13 (8:02) 1:21 (26:34) 1:17 (48:15)	02:59 3:49 (11:51) 8:09 (34:43) 0:34 (48:49)	2:51 (14:42) 0:34 (35:17) 0:33 (49:22)
4.	Aksel Andersen 1:39 (1:39) 5:40 (20:43) 5:33 (41:00)	1:47 (3:26) 1:27 (22:10) 3:00 (44:00)	OK Roskilde 3:03 (6:29) 2:07 (24:17) 2:47 (46:47)	50:00 +2:36 1:55 (8:24) 1:50 (26:07) 1:49 (48:36)	02:26 2:45 (11:09) 8:48 (34:55) 0:43 (49:19)	3:54 (15:03) 0:32 (35:27) 0:41 (50:00)
5.	Anders Jonsson 1:20:25 (1:20:25) 5:44 (21:53) 5:36 (44:13)	- (4:32) 3:35 (25:28) 2:41 (46:54)	Søllerød OK 3:37 (8:09) 1:57 (27:25) 2:38 (49:32)	52:08 +4:44 1:32 (9:41) 1:36 (29:01) 1:15 (50:47)	01:17:24 3:29 (13:10) 8:34 (37:35) 0:34 (51:21)	2:59 (16:09) 1:02 (38:37) 0:47 (52:08)
6.	Henrik Kleffel 2:23 (2:23) 6:26 (26:03) 6:17 (47:45)	2:28 (4:51) 1:42 (27:45) 3:15 (51:00)	Søllerød OK 5:26 (10:17) 2:15 (30:00) 3:33 (54:33)	57:42 +10:18 1:30 (11:47) 1:42 (31:42) 1:56 (56:29)	02:21 3:40 (15:27) 9:12 (40:54) 0:34 (57:03)	4:10 (19:37) 0:34 (41:28) 0:39 (57:42)
7.	Emil Olesen 1:56 (1:56) 6:08 (25:07) 6:27 (50:24)	2:50 (4:46) 4:19 (29:26) 3:10 (53:34)	FIF Hillerød 4:24 (9:10) 2:14 (31:40) 2:56 (56:30)	59:14 +11:50 1:49 (10:59) 1:33 (33:13) 1:25 (57:55)	04:14 3:41 (14:40) 10:04 (43:17) 0:34 (58:29)	4:19 (18:59) 0:40 (43:57) 0:45 (59:14)
8.	Finn Petersen 2:06 (2:06) 6:50 (26:25) 6:46 (49:46)	2:10 (4:16) 1:37 (28:02) 3:40 (53:26)	OK Roskilde 5:36 (9:52) 2:26 (30:28) 3:38 (57:04)	59:42 +12:18 1:26 (11:18) 1:59 (32:27) 1:24 (58:28)	02:10 3:55 (15:13) 10:02 (42:29) 0:32 (59:00)	4:22 (19:35) 0:31 (43:00) 0:42 (59:42)
9.	Jimmy Hoen 2:08 (2:08) 7:55 (25:04) 6:10 (49:47)	1:49 (3:57) 4:36 (29:40) 2:55 (52:42)	Ballerup OK 4:27 (8:24) 2:16 (31:56) 3:57 (56:39)	59:56 +12:32 1:21 (9:45) 1:14 (33:10) 1:38 (58:17)	08:05 3:54 (13:39) 8:22 (41:32) 1:05 (59:22)	3:30 (17:09) 2:05 (43:37) 0:34 (59:56)
10.	Hakon Mosbech 2:09 (2:09) 6:40 (24:27) 7:14 (49:47)	1:40 (3:49) 1:41 (26:08) 3:15 (53:02)	OK Skærmern Værløse 4:22 (8:11) 2:22 (28:30) 3:12 (56:14)	1:00:34 +13:10 1:24 (9:35) 2:45 (31:15) 3:01 (59:15)	03:12 3:39 (13:14) 10:39 (41:54) 0:33 (59:48)	4:33 (17:47) 0:39 (42:33) 0:46 (1:00:34)
11.	Jens Korsholm 2:13 (2:13) 8:31 (26:23) 6:35 (51:00)	3:34 (5:47) 2:04 (28:27) 3:28 (54:28)	Farum OK 3:42 (9:29) 2:43 (31:10) 3:31 (57:59)	1:01:41 +14:17 1:18 (10:47) 2:22 (33:32) 2:11 (1:00:10)	05:04 3:32 (14:19) 10:08 (43:40) 0:40 (1:00:50)	3:33 (17:52) 0:45 (44:25) 0:51 (1:01:41)
12.	Niels Raagaard 2:43 (2:43) 6:50 (24:04) 10:59 (52:42)	1:47 (4:30) 1:43 (25:47) 3:05 (55:47)	Søllerød OK 4:01 (8:31) 2:34 (28:21) 3:43 (59:30)	1:02:28 +15:04 1:29 (10:00) 1:41 (30:02) 1:33 (1:01:03)	04:01 3:40 (13:40) 10:51 (40:53) 0:40 (1:01:43)	3:34 (17:14) 0:50 (41:43) 0:45 (1:02:28)
13.	Mogens Hald Kristensen 2:14 (2:14) 6:20 (25:09) 7:33 (52:57)	2:59 (5:13) 2:20 (27:29) 4:37 (57:34)	OK Roskilde 4:06 (9:19) 2:38 (30:07) 3:25 (1:00:59)	1:04:03 +16:39 2:21 (11:40) 2:31 (32:38) 1:36 (1:02:35)	05:33 3:27 (15:07) 12:01 (44:39) 0:49 (1:03:24)	3:42 (18:49) 0:45 (45:24) 0:39 (1:04:03)
14.	Niils Sættem 3:32 (3:32) 8:39 (28:40) 7:07 (54:48)	2:22 (5:54) 2:30 (31:10) 3:24 (58:12)	Kildeholm OK 4:17 (10:11) 2:36 (33:46) 3:38 (1:01:50)	1:04:55 +17:31 1:43 (11:54) 2:46 (36:32) 1:52 (1:03:42)	03:41 3:38 (15:32) 10:06 (46:38) 0:39 (1:04:21)	4:29 (20:01) 1:03 (47:41) 0:34 (1:04:55)
15.	Jørgen Wisbech 5:16 (5:16) 5:31 (26:00) 14:23 (59:10)	3:19 (8:35) 3:44 (29:44) 4:31 (1:03:41)	Søllerød OK 3:35 (12:10) 2:34 (32:18) 3:16 (1:06:57)	1:10:25 +23:01 1:18 (13:28) 1:42 (34:00) 2:05 (1:09:02)	14:57 3:32 (17:00) 10:08 (44:08) 0:42 (1:09:44)	3:29 (20:29) 0:39 (44:47) 0:41 (1:10:25)
16.	Ole Berner 2:51 (2:51) 7:19 (31:35) 9:00 (1:00:18)	2:42 (5:33) 2:08 (33:43) 3:47 (1:04:05)	Søllerød OK 3:54 (9:27) 2:57 (36:40) 3:53 (1:07:58)	1:11:37 +24:13 2:28 (11:55) 2:27 (39:07) 2:14 (1:10:12)	06:05 7:30 (19:25) 11:27 (50:34) 0:38 (1:10:50)	4:51 (24:16) 0:44 (51:18) 0:47 (1:11:37)

17.	Lars Olsen	2:58 (5:33)	OK Roskilde	1:19:27 +32:03	10:23	4:13 (16:03)	4:15 (20:18)
	2:35 (2:35)		4:42 (10:15)	1:35 (11:50)		4:13 (16:03)	4:15 (20:18)
	9:30 (29:48)	2:38 (32:26)	3:10 (35:36)	4:46 (40:22)		12:22 (52:44)	0:50 (53:34)
	13:12 (1:06:46)	5:12 (1:11:58)	3:48 (1:15:46)	2:06 (1:17:52)		0:42 (1:18:34)	0:53 (1:19:27)
	Flemming Wendelboe		Helsingør SOK	Fejlklip			
	2:29 (2:29)	1:24 (3:53)	3:30 (7:23)	- (-)		- (14:56)	3:24 (18:20)
	7:10 (25:30)	1:29 (26:59)	2:21 (29:20)	1:32 (30:52)		10:32 (41:24)	0:31 (41:55)
	8:43 (50:38)	3:25 (54:03)	3:23 (57:26)	1:43 (59:09)		0:47 (59:56)	0:59 (1:00:55)
	Jens Høgsfeldt		FIF Hillerød	Ej startet			
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
H70			(27 / 27)	Tid	Efter	Tidstab	
1.	Janne Brunstedt		OK Roskilde	41:29		01:10	
	3:01 (3:01)	3:12 (6:13)	1:13 (7:26)	1:48 (9:14)		2:45 (11:59)	6:01 (18:00)
	0:59 (18:59)	4:14 (23:13)	3:48 (27:01)	0:41 (27:42)		6:06 (33:48)	3:58 (37:46)
	2:12 (39:58)	0:50 (40:48)	0:41 (41:29)				
2.	Ronnie McGrail		Søllerød OK	45:50 +4:21		00:27	
	3:13 (3:13)	3:39 (6:52)	1:17 (8:09)	2:03 (10:12)		2:38 (12:50)	7:33 (20:23)
	1:09 (21:32)	4:57 (26:29)	4:42 (31:11)	0:41 (31:52)		6:50 (38:42)	2:57 (41:39)
	2:18 (43:57)	1:06 (45:03)	0:47 (45:50)				
3.	John Tripax		OK Roskilde	47:28 +5:59		02:25	
	4:43 (4:43)	3:52 (8:35)	1:06 (9:41)	2:48 (12:29)		2:46 (15:15)	7:30 (22:45)
	1:03 (23:48)	5:00 (28:48)	4:14 (33:02)	0:47 (33:49)		7:04 (40:53)	2:52 (43:45)
	1:58 (45:43)	0:57 (46:40)	0:48 (47:28)				
4.	Jørgen Münster-Swendsen		Søllerød OK	47:47 +6:18		02:59	
	3:28 (3:28)	3:09 (6:37)	3:06 (9:43)	2:12 (11:55)		3:03 (14:58)	6:55 (21:53)
	1:04 (22:57)	4:51 (27:48)	3:54 (31:42)	0:34 (32:16)		7:11 (39:27)	3:39 (43:06)
	2:42 (45:48)	1:05 (46:53)	0:54 (47:47)				
5.	Leif Sandgran		Frosta OK	49:00 +7:31		03:53	
	2:40 (2:40)	4:01 (6:41)	1:21 (8:02)	3:07 (11:09)		3:58 (15:07)	9:13 (24:20)
	1:02 (25:22)	4:19 (29:41)	4:39 (34:20)	0:32 (34:52)		7:24 (42:16)	2:54 (45:10)
	2:09 (47:19)	0:56 (48:15)	0:45 (49:00)				
6.	Karsten Richardt		Køge OK	53:41 +12:12		05:06	
	2:55 (2:55)	4:16 (7:11)	2:11 (9:22)	2:09 (11:31)		5:04 (16:35)	9:13 (25:48)
	0:57 (26:45)	5:04 (31:49)	5:12 (37:01)	0:33 (37:34)		8:36 (46:10)	3:35 (49:45)
	2:09 (51:54)	1:04 (52:58)	0:43 (53:41)				
7.	Stig Johansson		Helsingborgs SOK	55:08 +13:39		03:06	
	3:43 (3:43)	4:50 (8:33)	1:22 (9:55)	2:47 (12:42)		4:22 (17:04)	8:02 (25:06)
	1:25 (26:31)	6:54 (33:25)	4:53 (38:18)	0:46 (39:04)		8:13 (47:17)	3:34 (50:51)
	2:20 (53:11)	1:06 (54:17)	0:51 (55:08)				
8.	Håkon Nilsson		Skåneslättens OL	55:36 +14:07		02:07	
	4:25 (4:25)	4:11 (8:36)	1:56 (10:32)	2:14 (12:46)		3:33 (16:19)	9:20 (25:39)
	1:50 (27:29)	5:59 (33:28)	4:22 (37:50)	0:40 (38:30)		8:30 (47:00)	3:59 (50:59)
	2:55 (53:54)	1:00 (54:54)	0:42 (55:36)				
9.	Erik Ljungdahl		Faaborg OK	55:54 +14:25		06:36	
	3:29 (3:29)	4:07 (7:36)	1:42 (9:18)	4:07 (13:25)		3:09 (16:34)	8:44 (25:18)
	5:23 (30:41)	4:52 (35:33)	4:45 (40:18)	0:40 (40:58)		7:19 (48:17)	3:53 (52:10)
	2:10 (54:20)	0:50 (55:10)	0:44 (55:54)				
10.	Karl Aage Hald		FSK Orientering	56:42 +15:13		03:18	
	3:11 (3:11)	4:10 (7:21)	1:25 (8:46)	2:32 (11:18)		3:09 (14:27)	8:44 (23:11)
	1:34 (24:45)	7:10 (31:55)	5:33 (37:28)	0:40 (38:08)		8:24 (46:32)	5:23 (51:55)
	2:46 (54:41)	1:08 (55:49)	0:53 (56:42)				
11.	Tage Ebbensgaard		Køge OK	59:25 +17:56		08:26	
	6:06 (6:06)	8:41 (14:47)	1:45 (16:32)	2:13 (18:45)		3:23 (22:08)	8:32 (30:40)
	2:33 (33:13)	5:27 (38:40)	4:54 (43:34)	0:46 (44:20)		7:53 (52:13)	3:05 (55:18)
	2:20 (57:38)	0:56 (58:34)	0:51 (59:25)				
12.	Karsten Funder		FIF Hillerød	59:41 +18:12		03:19	
	4:16 (4:16)	4:15 (8:31)	1:57 (10:28)	3:44 (14:12)		4:12 (18:24)	8:58 (27:22)
	1:32 (28:54)	7:22 (36:16)	5:29 (41:45)	0:40 (42:25)		8:42 (51:07)	3:32 (54:39)
	3:00 (57:39)	1:08 (58:47)	0:54 (59:41)				
13.	Ole Christiansen		Farum OK	1:04:56 +23:27		04:22	
	4:12 (4:12)	6:22 (10:34)	1:47 (12:21)	2:40 (15:01)		3:43 (18:44)	10:59 (29:43)
	1:18 (31:01)	5:54 (36:55)	6:02 (42:57)	0:56 (43:53)		11:43 (55:36)	4:04 (59:40)
	3:20 (1:03:00)	1:09 (1:04:09)	0:47 (1:04:56)				
14.	Jim Chalmers		Lyngby OK	1:05:53 +24:24		08:26	
	3:28 (3:28)	6:30 (9:58)	1:18 (11:16)	2:40 (13:56)		5:00 (18:56)	9:17 (28:13)
	1:24 (29:37)	7:17 (36:54)	5:22 (42:16)	0:42 (42:58)		13:02 (56:00)	4:57 (1:00:57)
	2:41 (1:03:38)	1:17 (1:04:55)	0:58 (1:05:53)				
15.	Karsten Schultz		FIF Hillerød	1:07:02 +25:33		17:01	
	3:27 (3:27)	3:56 (7:23)	1:29 (8:52)	1:52 (10:44)		3:16 (14:00)	7:45 (21:45)
	4:54 (26:39)	17:43 (44:22)	5:10 (49:32)	0:39 (50:11)		9:09 (59:20)	3:40 (1:03:00)
	2:19 (1:05:19)	0:58 (1:06:17)	0:45 (1:07:02)				
16.	Steen Sørensen		OK Skærmn Værløse	1:07:34 +26:05		10:39	
	4:37 (4:37)	4:55 (9:32)	1:43 (11:15)	2:32 (13:47)		3:53 (17:40)	8:20 (26:00)
	6:19 (32:19)	6:27 (38:46)	9:19 (48:05)	0:40 (48:45)		9:06 (57:51)	5:19 (1:03:10)
	2:27 (1:05:37)	1:05 (1:06:42)	0:52 (1:07:34)				
17.	Leif Sig		FIF Hillerød	1:08:06 +26:37		13:35	
	6:03 (6:03)	9:31 (15:34)	2:01 (17:35)	2:33 (20:08)		3:06 (23:14)	13:01 (36:15)
	1:09 (37:24)	5:34 (42:58)	4:55 (47:53)	1:21 (49:14)		8:10 (57:24)	6:14 (1:03:38)
	2:34 (1:06:12)	1:01 (1:07:13)	0:53 (1:08:06)				
18.	Søren Christensen		OK Skærmn Værløse	1:08:37 +27:08		10:51	
	6:22 (6:22)	5:55 (12:17)	2:16 (14:33)	2:42 (17:15)		2:56 (20:11)	8:44 (28:55)
	2:11 (31:06)	6:25 (37:31)	5:24 (42:55)	0:46 (43:41)		16:01 (59:42)	3:39 (1:03:21)
	3:13 (1:06:34)	1:08 (1:07:42)	0:55 (1:08:37)				
19.	Kaj Rostvad		Søllerød OK	1:09:30 +28:01		12:38	
	4:19 (4:19)	4:56 (9:15)	2:01 (11:16)	2:34 (13:50)		15:11 (29:01)	8:48 (37:49)
	1:18 (39:07)	7:10 (46:17)	5:02 (51:19)	0:41 (52:00)		8:37 (1:00:37)	4:08 (1:04:45)
	2:41 (1:07:26)	1:12 (1:08:38)	0:52 (1:09:30)				
20.	Jan Kristoffersen		Ballerup OK	1:11:18 +29:49		15:08	
	3:41 (3:41)	13:33 (17:14)	1:29 (18:43)	2:31 (21:14)		3:21 (24:35)	11:08 (35:43)
	1:09 (36:52)	6:17 (43:09)	5:11 (48:20)	0:36 (48:56)		11:04 (1:00:00)	7:13 (1:07:13)
	2:34 (1:09:47)	0:53 (1:10:40)	0:38 (1:11:18)				

21.	Mogens Jensen 5:06 (5:06) 1:33 (33:07) 3:01 (1:10:58)	7:02 (12:08) 9:24 (42:31) 1:07 (1:12:05)	Holbæk OK 2:34 (14:42) 5:42 (48:13) 0:47 (1:12:52)	1:12:52 +31:23 2:49 (17:31) 0:37 (48:50)	09:35 3:53 (21:24) 14:55 (1:03:45)	10:10 (31:34) 4:12 (1:07:57)
22.	Knud Torm 9:54 (9:54) 1:41 (39:06) 2:38 (1:11:13)	6:59 (16:53) 6:23 (45:29) 1:11 (1:12:24)	OK Skærmn Værløse 3:09 (20:02) 5:59 (51:28) 1:13 (1:13:37)	1:13:37 +32:08 3:28 (23:30) 0:46 (52:14)	11:40 3:42 (27:12) 9:12 (1:01:26)	10:13 (37:25) 7:09 (1:08:35)
23.	Leif Jensen 6:21 (6:21) 1:46 (38:09) 2:56 (1:12:33)	10:43 (17:04) 7:41 (45:50) 1:17 (1:13:50)	OK Skærmn Værløse 2:06 (19:10) 6:33 (52:23) 1:00 (1:14:50)	1:14:50 +33:21 3:09 (22:19) 2:40 (55:03)	09:43 3:37 (25:56) 9:48 (1:04:51)	10:27 (36:23) 4:46 (1:09:37)
24.	Gert Olsson 17:32 (17:32) 2:06 (44:04) 2:44 (1:15:39)	6:11 (23:43) 7:07 (51:11) 1:22 (1:17:01)	Skåneslättns OL 2:03 (25:46) 5:27 (56:38) 0:44 (1:17:45)	1:17:45 +36:16 2:46 (28:32) 0:50 (57:28)	16:33 3:55 (32:27) 9:43 (1:07:11)	9:31 (41:58) 5:44 (1:12:55)
25.	Niils-Erik Bondesson 5:28 (5:28) 1:49 (43:08) 3:27 (1:19:35)	12:30 (17:58) 8:24 (51:32) 1:27 (1:21:02)	Frosta OK 2:14 (20:12) 6:39 (58:11) 1:14 (1:22:16)	1:22:16 +40:47 3:51 (24:03) 1:42 (59:53)	06:27 5:01 (29:04) 10:54 (1:10:47)	12:15 (41:19) 5:21 (1:16:08)
26.	Svend Erik Jensen 6:37 (6:37) 1:40 (44:14) 3:52 (1:22:23)	6:55 (13:32) 9:01 (53:15) 1:23 (1:23:46)	OK Skærmn Værløse 2:03 (15:35) 6:46 (1:00:01) 1:03 (1:24:49)	1:24:49 +43:20 11:58 (27:33) 1:02 (1:01:03)	13:17 4:06 (31:39) 12:34 (1:13:37)	10:55 (42:34) 4:54 (1:18:31)
	Leif Karlsson 3:52 (3:52) - (46:48) 3:14 (1:24:35)	7:26 (11:18) 6:17 (53:05) 1:16 (1:25:51)	Frosta OK 1:26 (12:44) 8:29 (1:01:34) 1:08 (1:26:59)	Fejlkli 7:54 (20:38) 0:52 (1:02:26)	3:45 (24:23) 11:24 (1:13:50)	- (-) 7:31 (1:21:21)
H80			(7 / 7)	Tid	Efter	Tidstab
1.	Jørgen Jensen 3:38 (3:38) 2:24 (24:44)	2:02 (5:40) 5:21 (30:05)	Helsingør SOK 2:41 (8:21) 4:25 (34:30)	37:12 4:12 (12:33) 1:58 (36:28)	01:17 3:57 (16:30) 0:44 (37:12)	5:50 (22:20)
2.	Bent Mortensen 4:00 (4:00) 3:38 (28:35)	2:40 (6:40) 5:58 (34:33)	OK73 3:41 (10:21) 4:31 (39:04)	43:01 +5:49 3:48 (14:09) 2:35 (41:39)	03:42 5:31 (19:40) 1:22 (43:01)	5:17 (24:57)
3.	Frank Sandgreen 9:03 (9:03) 2:17 (30:12)	1:59 (11:02) 5:12 (35:24)	FSK Orientering 3:35 (14:37) 5:09 (40:33)	43:56 +6:44 3:53 (18:30) 2:22 (42:55)	06:22 4:27 (22:57) 1:01 (43:56)	4:58 (27:55)
4.	Govert Heede 4:33 (4:33) 4:08 (34:37)	2:37 (7:10) 6:12 (40:49)	Ballerup OK 4:48 (11:58) 4:24 (45:13)	48:59 +11:47 5:54 (17:52) 2:37 (47:50)	05:00 6:13 (24:05) 1:09 (48:59)	6:24 (30:29)
5.	Carl Djurhuus 6:27 (6:27) 3:58 (36:32)	2:47 (9:14) 6:14 (42:46)	Kildeholm OK 4:39 (13:53) 4:24 (47:10)	50:53 +13:41 6:01 (19:54) 2:37 (49:47)	06:01 6:12 (26:06) 1:06 (50:53)	6:28 (32:34)
6.	Gunnar Tamberg 7:22 (7:22) 4:27 (40:35)	3:14 (10:36) 7:57 (48:32)	Ballerup OK 4:25 (15:01) 6:36 (55:08)	1:00:11 +22:59 7:09 (22:10) 3:41 (58:49)	03:34 6:48 (28:58) 1:22 (1:00:11)	7:10 (36:08)
7.	Henning Løwenstein 6:09 (6:09) 13:15 (44:48)	2:21 (8:30) 6:57 (51:45)	FIF Hillerød 2:55 (11:25) 4:57 (56:42)	1:00:46 +23:34 10:04 (21:29) 3:06 (59:48)	17:14 4:37 (26:06) 0:58 (1:00:46)	5:27 (31:33)
D16B			(1 / 1)	Tid	Efter	Tidstab
1.	Martha Kaas Nielsen 5:08 (5:08) 4:15 (27:49) 0:44 (47:34)	3:02 (8:10) 5:00 (32:49)	Tisvilde Hegn OK 3:52 (12:02) 2:44 (35:33)	47:34 2:59 (15:01) 5:13 (40:46)	00:00 5:27 (20:28) 4:05 (44:51)	3:06 (23:34) 1:59 (46:50)
D12B			(2 / 2)	Tid	Efter	Tidstab
1.	Lea Hostrup Mørch 1:25 (1:25) 1:54 (13:14) 2:06 (27:08)	1:56 (3:21) 2:14 (15:28) 0:39 (27:47)	OK Roskilde 1:23 (4:44) 1:59 (17:27)	27:47 2:07 (6:51) 1:42 (19:09)	00:55 2:19 (9:10) 3:45 (22:54)	2:10 (11:20) 2:08 (25:02)
2.	Lisa Børsting 4:26 (4:26) 2:02 (19:04) 1:11 (32:31)	2:37 (7:03) 2:14 (21:18) 0:48 (33:19)	Herlufsholm OK 1:41 (8:44) 2:07 (23:25)	33:19 +5:32 2:45 (11:29) 2:05 (25:30)	04:22 2:46 (14:15) 3:43 (29:13)	2:47 (17:02) 2:07 (31:20)
D14B			(1 / 1)	Tid	Efter	Tidstab
1.	Ulrikke Pedersen 1:17 (1:17) 1:38 (19:21) 0:36 (52:20)	2:00 (3:17) 25:26 (44:47)	Helsingør SOK 1:38 (4:55) 2:34 (47:21)	52:20 5:57 (10:52) 2:15 (49:36)	00:00 2:00 (12:52) 1:20 (50:56)	4:51 (17:43) 0:48 (51:44)
D45B			(1 / 1)	Tid	Efter	Tidstab
1.	Sanne Ifversen Hansen 6:30 (6:30) 8:51 (53:20) 7:24 (1:43:55)	4:24 (10:54) 8:35 (1:01:55) 0:39 (1:44:34)	OK Sorø 10:18 (21:12) 8:20 (1:10:15) 0:49 (1:45:23)	1:45:23 1:55 (23:07) 16:48 (1:27:03)	00:00 16:38 (39:45) 3:30 (1:30:33)	4:44 (44:29) 5:58 (1:36:31)
H45B			(1 / 1)	Tid	Efter	Tidstab
1.	Jan Skouv 3:09 (3:09) 4:43 (57:26) 14:17 (1:51:31)	5:39 (8:48) 7:45 (1:05:11) 6:07 (1:57:38)	Faaborg OK 4:19 (13:07) 8:03 (1:13:14) 19:58 (2:17:36)	2:27:11 8:15 (21:22) 7:40 (1:20:54) 7:48 (2:25:24)	00:00 3:01 (24:23) 9:09 (1:30:03) 0:55 (2:26:19)	28:20 (52:43) 7:11 (1:37:14) 0:52 (2:27:11)
Åben 4			(1 / 1)	Tid	Efter	Tidstab
1.	Jesper Nielsen 2:57 (2:57) 12:41 (49:03) 7:27 (1:27:26) 5:50 (1:57:22)	7:13 (10:10) 3:42 (52:45) 8:03 (1:35:29) 3:17 (2:00:39)	FIF Hillerød 3:34 (13:44) 7:19 (1:00:04) 4:30 (1:39:59) 2:40 (2:03:19)	2:03:51 13:24 (27:08) 6:02 (1:06:06) 4:53 (1:44:52) 0:32 (2:03:51)	00:00 6:16 (33:24) 8:28 (1:14:34) 4:20 (1:49:12)	2:58 (36:22) 5:25 (1:19:59) 2:20 (1:51:32)

Åben 61. **Lea Ellegaard Kokholm**

3:19 (3:19) 7:01 (10:20)
 4:28 (24:33) 9:54 (34:27)
 2:45 (1:03:48) 5:44 (1:09:32)
 1:09 (1:19:15) 0:40 (1:19:55)

2. **Karin Johnsson**

8:04 (8:04) 3:14 (11:18)
 6:08 (29:29) 17:42 (47:11)
 4:23 (1:22:35) 6:28 (1:29:03)
 1:12 (1:41:38) 0:46 (1:42:24)

3. **Anne Marie Topp**

6:26 (6:26) 5:27 (11:53)
 7:47 (37:34) 15:34 (53:08)
 6:10 (1:44:18) 7:38 (1:51:56)
 1:53 (2:10:16) 1:36 (2:11:52)

(3 / 3)**Horsens OK**

2:48 (13:08)
 3:18 (37:45)
 3:15 (1:12:47)

Lunds OK

2:54 (14:12)
 4:08 (51:19)
 4:29 (1:33:32)

OK Øst Birkerød

4:38 (16:31)
 5:22 (58:30)
 6:34 (1:58:30)

Tid**Efter****Tidstab**

1:19:55

2:00 (15:08)
 5:52 (43:37)
 1:43 (1:14:30)

1:42:24 +22:29

2:36 (16:48)
 8:03 (59:22)
 2:08 (1:35:40)

2:11:52 +51:57

3:58 (20:29)
 10:30 (1:09:00)
 3:16 (2:01:46)

03:47

1:22 (16:30)
 13:01 (56:38)
 2:10 (1:16:40)

12:26

1:51 (18:39)
 13:05 (1:12:27)
 2:48 (1:38:28)

05:20

2:35 (23:04)
 19:45 (1:28:45)
 3:51 (2:05:37)

3:35 (20:05)
 4:25 (1:01:03)
 1:26 (1:18:06)

4:42 (23:21)
 5:45 (1:18:12)
 1:58 (1:40:26)

6:43 (29:47)
 9:23 (1:38:08)
 2:46 (2:08:23)

Åben 81. **Vincent Nielsen**

1:46 (1:46) 1:46 (3:32)
 1:46 (11:21) 2:25 (13:46)
 1:05 (25:56) 1:02 (26:58)

2. **Isak Graasbøl Ødum**

2:36 (2:36) 2:48 (5:24)
 2:45 (17:16) 4:09 (21:25)
 1:34 (35:16) 0:51 (36:07)

3. **Elliot Edenbrant**

2:41 (2:41) 2:46 (5:27)
 2:23 (19:13) 3:27 (22:40)
 1:29 (37:44) 0:53 (38:37)

(3 / 3)**Tisvilde Hegn OK**

1:31 (5:03)
 2:19 (16:05)

OK Øst Birkerød

2:01 (7:25)
 2:11 (23:36)

Sverige

2:26 (7:53)
 2:55 (25:35)

Tid**Efter****Tidstab**

26:58

2:14 (7:17)
 2:19 (18:24)

36:07 +9:09

2:36 (10:01)
 2:39 (26:15)

38:37 +11:39

3:11 (11:04)
 2:53 (28:28)

00:00

1:05 (8:22)
 4:07 (22:31)

04:47

1:42 (11:43)
 4:24 (30:39)

03:36

2:03 (13:07)
 4:45 (33:13)

1:13 (9:35)
 2:20 (24:51)

2:48 (14:31)
 3:03 (33:42)

3:43 (16:50)
 3:02 (36:15)