

**Resultater – SM Stafet Åbne baner**

2019-05-11

Åben 1	(17 / 17)	Tid	Efter	Tidstab		
1. Malin Agervig Kristiansson	OK Snab	45:01		01:21		
2:29 (2:29)	3:55 (6:24)	0:38 (7:02)	2:17 (9:19)		1:54 (11:13)	2:44 (13:57)
1:48 (15:45)	0:48 (16:33)	4:42 (21:15)	3:12 (24:27)		3:04 (29:31)	2:24 (29:55)
3:18 (33:13)	1:59 (35:12)	1:28 (36:40)	2:10 (38:50)		1:51 (40:41)	3:04 (43:45)
0:36 (44:21)	0:40 (45:01)					
2. Jullian Hollingbery	Farum OK	49:12	+4:11	00:00		
2:22 (2:22)	4:15 (6:37)	0:48 (7:25)	2:50 (10:15)		2:38 (12:53)	2:51 (15:44)
2:15 (17:59)	0:52 (18:51)	6:03 (24:54)	3:20 (28:14)		3:24 (31:38)	2:04 (33:42)
3:23 (37:05)	2:29 (39:34)	1:38 (41:12)	1:23 (42:35)		1:59 (44:34)	3:15 (47:49)
0:42 (48:31)	0:41 (49:12)					
3. Jess Rasmussen	Viborg Orienteringsklub	49:49	+4:48	00:00		
2:28 (2:28)	4:34 (7:02)	0:50 (7:52)	2:47 (10:39)		2:16 (12:55)	2:53 (15:48)
2:15 (18:03)	0:43 (18:46)	5:38 (24:24)	3:41 (28:05)		3:27 (31:32)	2:17 (33:49)
3:30 (37:19)	2:30 (39:49)	1:44 (41:33)	1:31 (43:04)		2:11 (45:15)	3:19 (48:34)
0:41 (49:15)	0:34 (49:49)					
4. Henrik Albahn	Lyngby OK	54:07	+9:06	02:17		
2:46 (2:46)	5:00 (7:46)	1:10 (8:56)	2:46 (11:42)		2:32 (14:14)	2:52 (17:06)
2:20 (19:26)	0:50 (20:16)	6:06 (26:22)	3:36 (29:58)		5:46 (35:44)	2:01 (37:45)
3:56 (41:41)	2:23 (44:04)	1:43 (45:47)	1:34 (47:21)		2:15 (49:36)	2:58 (52:34)
0:54 (53:28)	0:39 (54:07)					
5. Mikkel Buchgreitz	Søllerød OK	56:39	+11:38	04:06		
3:02 (3:02)	4:46 (7:48)	1:02 (8:50)	3:32 (12:22)		2:20 (14:42)	3:08 (17:50)
2:08 (19:58)	0:47 (20:45)	5:57 (26:42)	3:54 (30:36)		3:17 (33:53)	3:45 (37:38)
3:44 (41:22)	4:38 (46:00)	1:59 (47:59)	1:19 (49:18)		2:30 (51:48)	3:31 (55:19)
0:43 (56:02)	0:37 (56:39)					
6. Steen T. Hasholt	Allerød OK	57:35	+12:34	04:10		
3:02 (3:02)	4:49 (7:51)	0:54 (8:45)	2:53 (11:38)		2:42 (14:20)	5:57 (20:17)
2:32 (22:49)	0:58 (23:47)	6:03 (29:50)	3:47 (33:37)		4:02 (37:39)	2:12 (39:51)
4:27 (44:18)	2:26 (46:44)	2:27 (49:11)	1:34 (50:45)		2:11 (52:56)	3:15 (56:11)
0:42 (56:53)	0:42 (57:35)					
7. Steen Stausholm	Farum OK	58:37	+13:36	03:00		
4:12 (4:12)	5:08 (9:20)	0:57 (10:17)	3:03 (13:20)		2:44 (16:04)	2:59 (19:03)
2:33 (21:36)	1:03 (22:39)	7:32 (30:11)	3:39 (33:50)		4:24 (38:14)	2:20 (40:34)
4:12 (44:46)	2:39 (47:25)	2:00 (49:25)	1:46 (51:11)		2:18 (53:29)	3:26 (56:55)
1:03 (57:58)	0:39 (58:37)					
8. Lars Edenbrandt	Lunds OK	1:00:24	+15:23	01:16		
3:37 (3:37)	5:39 (9:16)	0:57 (10:13)	3:08 (13:21)		2:52 (16:13)	3:39 (19:52)
2:37 (22:29)	0:59 (23:28)	7:14 (30:42)	4:14 (34:56)		4:35 (39:31)	2:37 (42:08)
4:24 (46:32)	2:49 (49:21)	1:55 (51:16)	1:36 (52:52)		2:37 (55:29)	3:23 (58:52)
0:53 (59:45)	0:39 (1:00:24)					
9. Anders Knudsen	Herlufsholm OK	1:09:28	+24:27	06:40		
4:04 (4:04)	4:59 (9:03)	2:21 (11:24)	3:23 (14:47)		3:03 (17:50)	3:27 (21:17)
2:22 (23:39)	0:56 (24:35)	9:47 (34:22)	4:39 (39:01)		4:33 (43:34)	2:39 (46:13)
4:41 (50:54)	3:13 (54:07)	4:21 (58:28)	2:14 (1:00:42)		2:56 (1:03:38)	4:17 (1:07:55)
0:49 (1:08:44)	0:44 (1:09:28)					
10. Lief Sudergaard	Kildeholm OK	1:19:16	+34:15	11:20		
4:20 (4:20)	14:38 (18:58)	1:01 (19:59)	3:21 (23:20)		2:53 (26:13)	4:17 (30:30)
2:46 (33:16)	1:04 (34:20)	10:07 (44:27)	4:51 (49:18)		5:12 (54:30)	3:21 (57:51)
5:04 (1:02:55)	3:21 (1:06:16)	2:41 (1:08:57)	2:10 (1:11:07)		2:53 (1:14:00)	3:43 (1:17:43)
0:48 (1:18:31)	0:45 (1:19:16)					
11. Per Rasmussen	Amager OK	1:20:57	+35:56	11:36		
3:24 (3:24)	6:24 (9:48)	1:10 (10:58)	6:51 (17:49)		3:10 (20:59)	4:10 (25:09)
3:41 (28:50)	1:05 (29:55)	7:40 (37:35)	4:52 (42:27)		5:15 (47:42)	7:57 (55:39)
7:25 (1:03:04)	3:33 (1:06:37)	2:07 (1:08:44)	2:05 (1:10:49)		4:27 (1:15:16)	4:01 (1:19:17)
0:53 (1:20:10)	0:47 (1:20:57)					
12. Sebastian Rathje	OK Sorø	1:22:37	+37:36	14:52		
3:39 (3:39)	7:28 (11:07)	1:35 (12:42)	6:50 (19:32)		2:45 (22:17)	5:25 (27:42)
4:36 (32:18)	0:52 (33:10)	8:17 (41:27)	5:02 (46:29)		6:39 (53:08)	2:50 (55:58)
4:36 (1:00:34)	2:33 (1:03:07)	2:53 (1:06:00)	1:51 (1:07:51)		9:31 (1:17:22)	3:49 (1:21:11)
0:54 (1:22:05)	0:32 (1:22:37)					
13. Lars Johansen	Uden klub	1:28:23	+43:22	23:10		
3:55 (3:55)	6:13 (10:08)	1:20 (11:28)	3:30 (14:58)		5:10 (20:08)	13:20 (33:28)
3:12 (36:40)	0:59 (37:39)	6:16 (43:55)	4:53 (48:48)		9:03 (57:51)	8:32 (1:06:23)
4:14 (1:10:37)	3:10 (1:13:47)	2:19 (1:16:06)	3:10 (1:19:16)		3:48 (1:23:04)	3:51 (1:26:55)
0:58 (1:27:53)	0:30 (1:28:23)					
14. Niels Aabye	Ballerup OK	1:39:59	+54:58	19:30		
3:49 (3:49)	7:01 (10:50)	1:54 (12:44)	3:56 (16:40)		3:54 (20:34)	4:51 (25:25)
3:38 (29:03)	1:09 (30:12)	15:43 (45:55)	7:23 (53:18)		8:56 (1:02:14)	4:46 (1:07:00)
5:08 (1:12:08)	4:05 (1:16:13)	10:54 (1:27:07)	1:38 (1:28:45)		3:01 (1:31:46)	5:49 (1:37:35)
1:26 (1:39:01)	0:58 (1:39:59)					
Bjørn Westen Rasmussen	FSK Orientering	Ej startet				
- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
Casper Lindemann	OK Roskilde	Ej startet				
- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
Max Prang	Fredensborg OK	Ej startet				
- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		- (-)	- (-)

<b>Åben 2</b>		<b>(20 / 20)</b>		<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
1.	Mette Stub 1:40 (1:40) 2:08 (16:22) 3:33 (30:54)	PI-København 1:16 (2:56) 3:36 (19:58) 0:56 (31:50)	1:11 (4:07) 2:39 (22:37) 0:36 (32:26)	32:26	6:09 (10:16) 1:39 (24:16)	01:11	1:39 (11:55) 1:13 (25:29)	2:19 (14:14) 1:52 (27:21)
2.	Aske Tandrup Nyengaard 2:04 (2:04) 2:20 (17:49) 3:02 (35:04)	Søllerød OK 1:30 (3:34) 3:45 (21:34) 0:57 (36:01)	0:58 (4:32) 2:32 (24:06) 0:25 (36:26)	36:26	+4:00 6:45 (11:17) 2:52 (26:58)	02:15	1:20 (12:37) 1:42 (28:40)	2:52 (15:29) 3:22 (32:02)
3.	Jon Hald Bjørgum 2:10 (2:10) 4:04 (20:56) 4:24 (39:07)	OK Pan-Kristianstad 1:36 (3:46) 4:25 (25:21) 1:35 (40:42)	0:57 (4:43) 2:44 (28:05) 1:01 (41:43)	41:43	+9:17 8:03 (12:46) 2:08 (30:13)	02:25	1:36 (14:22) 1:28 (31:41)	2:30 (16:52) 3:02 (34:43)
4.	Ragnild Hald 3:37 (3:37) 3:32 (26:16) 3:36 (44:31)	OK Pan-Kristianstad 1:43 (5:20) 4:17 (30:33) 1:12 (45:43)	1:19 (6:39) 3:04 (33:37) 0:47 (46:30)	46:30	+14:04 8:45 (15:24) 2:11 (35:48)	04:56	4:04 (19:28) 2:08 (37:56)	3:16 (22:44) 2:59 (40:55)
5.	Christina Snedker 3:19 (3:19) 5:26 (25:30) 4:22 (45:10)	Farum OK 1:50 (5:09) 4:36 (30:06) 1:17 (46:27)	1:33 (6:42) 3:09 (33:15) 0:46 (47:13)	47:13	+14:47 8:18 (15:00) 2:19 (35:34)	03:31	1:56 (16:56) 2:01 (37:35)	3:08 (20:04) 3:13 (40:48)
6.	Nikolaj Løkke 2:14 (2:14) 5:36 (28:03) 4:00 (46:17)	Tisvilde Hegn OK 1:39 (3:53) 4:27 (32:30) 1:16 (47:33)	1:09 (5:02) 3:03 (35:33) 0:38 (48:11)	48:11	+15:45 9:26 (14:28) 2:17 (37:50)	07:25	5:38 (20:06) 1:49 (39:39)	2:21 (22:27) 2:38 (42:17)
7.	Jens Krebs 2:31 (2:31) 2:45 (25:03) 4:38 (45:54)	Søllerød OK 1:52 (4:23) 5:14 (30:17) 2:09 (48:03)	1:35 (5:58) 3:17 (33:34) 0:43 (48:46)	48:46	+16:20 11:14 (17:12) 2:34 (36:08)	02:45	1:50 (19:02) 2:11 (38:19)	3:16 (22:18) 2:57 (41:16)
8.	Erik Ljungdahl 2:48 (2:48) 3:07 (26:00) 3:30 (47:54)	Faaborg OK 1:44 (4:32) 4:55 (30:55) 1:36 (49:30)	2:53 (7:25) 3:40 (34:35) 0:37 (50:07)	50:07	+17:41 10:27 (17:52) 3:32 (38:07)	04:01	1:53 (19:45) 2:23 (40:30)	3:08 (22:53) 3:54 (44:24)
9.	Karoline Saxtorph Schulz 2:33 (2:33) 5:05 (27:48) 4:18 (49:56)	Ballerup OK 2:03 (4:36) 5:48 (33:36) 1:30 (51:26)	1:28 (6:04) 3:17 (36:53) 0:39 (52:05)	52:05	+19:39 10:49 (16:53) 3:17 (40:10)	04:10	2:55 (19:48) 2:38 (42:48)	2:55 (22:43) 2:50 (45:38)
10.	Mikael Scheby 2:38 (2:38) 4:12 (30:17) 4:04 (54:41)	OK Sorø 1:49 (4:27) 5:41 (35:58) 1:23 (56:04)	2:21 (6:48) 3:04 (39:02) 0:40 (56:44)	56:44	+24:18 9:54 (16:42) 2:33 (41:35)	08:33	6:04 (22:46) 2:36 (44:11)	3:19 (26:05) 6:26 (50:37)
11.	Christine Edenbrandt 2:48 (2:48) 3:06 (25:57) 4:24 (54:40)	Lunds OK 3:13 (6:01) 5:15 (31:12) 1:22 (56:02)	1:51 (7:52) 3:14 (34:26) 0:54 (56:56)	56:56	+24:30 9:22 (17:14) 10:33 (44:59)	09:35	2:11 (19:25) 2:08 (47:07)	3:26 (22:51) 3:09 (50:16)
12.	Kim Christensen 2:58 (2:58) 5:31 (40:04) 5:37 (1:12:06)	Tisvilde Hegn OK 2:37 (5:35) 7:27 (47:31) 2:10 (1:14:16)	2:16 (7:51) 5:48 (53:19) 1:20 (1:15:36)	1:15:36	+43:10 19:54 (27:45) 4:32 (57:51)	08:49	2:22 (30:07) 3:54 (1:01:45)	4:26 (34:33) 4:44 (1:06:29)
13.	Bent Hasholt 3:46 (3:46) 4:06 (37:56) 17:32 (1:20:17)	OK 73 2:50 (6:36) 7:21 (45:17) 2:33 (1:22:50)	3:47 (10:23) 4:32 (49:49) 1:33 (1:24:23)	1:24:23	+51:57 14:50 (25:13) 4:28 (54:17)	13:51	3:02 (28:15) 3:54 (58:11)	5:35 (33:50) 4:34 (1:02:45)
14.	Hanne Frost 3:42 (3:42) 5:38 (42:18) 6:28 (1:25:01)	Ballerup OK 3:15 (6:57) 10:46 (53:04) 2:18 (1:27:19)	2:05 (9:02) 5:24 (58:28) 0:55 (1:28:14)	1:28:14	+55:48 13:57 (22:59) 4:40 (1:03:08)	13:26	7:45 (30:44) 3:53 (1:07:01)	5:56 (36:40) 11:32 (1:18:33)
15.	Gitte Grauert 3:15 (3:15) 4:01 (42:21) 7:38 (1:27:42)	Ballerup OK 3:19 (6:34) 9:45 (52:06) 2:42 (1:30:24)	1:57 (8:31) 5:17 (57:23) 1:05 (1:31:29)	1:31:29	+59:03 15:10 (23:41) 3:15 (1:00:38)	18:06	9:54 (33:35) 3:54 (1:04:32)	4:45 (38:20) 15:32 (1:20:04)
	Morten Ingmar Ørhagen 1:31 (1:31) - (-) - (-)	OK Snaab 0:58 (2:29) - (-) - (11:05)	0:48 (3:17) - (-) 0:40 (11:45)	Fejlklip	- (-) - (-)		- (-) - (-)	- (-) - (-)
	Steen Knuhtsen 2:17 (2:17) 5:46 (28:57) - (54:54)	Søllerød OK 1:34 (3:51) 4:19 (33:16) 1:05 (55:59)	4:36 (8:27) 2:20 (35:36) 0:34 (56:33)	Fejlklip	10:43 (19:10) 2:18 (37:54)		1:28 (20:38) 11:43 (49:37)	2:33 (23:11) - (-)
	Stig Møller - (-) - (-) - (-)	OK Sorø - (13:48) - (-) - (-)	1:42 (15:30) - (-) - (50:57)	Fejlklip	13:44 (29:14) - (-)		2:01 (31:15) - (-)	- (-) - (-)
	Ernst Poulsen - (-) - (-) - (-)	Amager OK - (-) - (-) - (-)	- (-) - (-) - (-)	Ej startet	- (-) - (-)		- (-) - (-)	- (-) - (-)
	Hanne Staugaard - (-) - (-) - (-)	Kolding OK - (-) - (-) - (-)	- (-) - (-) - (-)	Ej startet	- (-) - (-)		- (-) - (-)	- (-) - (-)
<b>Åben 3</b>		<b>(17 / 17)</b>		<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
1.	Søren Maarup 1:46 (1:46) 2:26 (18:18) 0:39 (29:47)	Kolding OK 1:23 (3:09) 1:47 (20:05)	1:13 (4:22) 2:37 (22:42)	29:47	5:35 (9:57) 2:17 (24:59)	02:14	2:45 (12:42) 3:20 (28:19)	3:10 (15:52) 0:49 (29:08)
2.	Eyvaa Olsson 2:35 (2:35) 3:44 (29:57) 0:52 (46:11)	OK Sol 5:57 (8:32) 2:46 (32:43)	2:34 (11:06) 3:05 (35:48)	46:11	+16:24 8:04 (19:10) 3:25 (39:13)	04:48	2:30 (21:40) 5:19 (44:32)	4:33 (26:13) 0:47 (45:19)

3.	Karina Kück	Lyngby OK	4:04 (4:04) 4:48 (36:34) 0:51 (53:48)	4:35 (8:39) 2:54 (39:28)	1:39 (10:18) 3:51 (43:19)	53:48	+24:01	07:21	4:13 (26:53) 5:19 (51:59)	4:53 (31:46) 0:58 (52:57)	
4.	Tage Frydendal	Holbæk OK	4:12 (4:12) 4:59 (33:14) 1:08 (54:03)	2:42 (6:54) 3:38 (36:52)	2:08 (9:02) 4:30 (41:22)	54:03	+24:16	03:00	3:09 (22:52) 5:53 (50:48)	5:23 (28:15) 2:07 (52:55)	
5.	Erik Nielsen	Amager OK	3:37 (3:37) 5:14 (36:38) 1:07 (57:33)	2:30 (6:07) 3:25 (40:03)	2:25 (8:32) 5:00 (45:03)	57:33	+27:46	05:00	4:32 (24:42) 5:44 (54:48)	6:42 (31:24) 1:38 (56:26)	
6.	Palle Bay	Køge OK	4:09 (4:09) 4:59 (38:41) 1:06 (1:02:03)	2:56 (7:05) 3:34 (42:15)	2:26 (9:31) 4:14 (46:29)	1:02:03	+32:16	05:03	5:58 (27:21) 8:43 (59:07)	6:21 (33:42) 1:50 (1:00:57)	
7.	Ole Rasmussen	Køge OK	3:17 (3:17) 4:03 (36:05) 0:53 (1:02:42)	2:38 (5:55) 10:47 (46:52)	2:30 (8:25) 3:30 (50:22)	1:02:42	+32:55	14:17	9:02 (17:27) 4:16 (54:38)	2:51 (20:18) 6:08 (1:00:46)	11:44 (32:02) 1:03 (1:01:49)
8.	Lis Hasholt	OK 73	4:45 (4:45) 4:22 (38:55) 0:56 (1:03:22)	3:08 (7:53) 4:25 (43:20)	3:07 (11:00) 3:54 (47:14)	1:03:22	+33:35	04:42	4:37 (29:02) 8:50 (1:00:43)	5:31 (34:33) 1:43 (1:02:26)	
9.	Minna Seir	Helsingør SOK	4:14 (4:14) 5:05 (39:58) 0:55 (1:03:31)	2:53 (7:07) 3:34 (43:32)	4:32 (11:39) 4:36 (48:08)	1:03:31	+33:44	06:27	5:21 (29:15) 8:58 (1:00:48)	5:38 (34:53) 1:48 (1:02:36)	
10.	Jonas Lund	Uden klub	5:33 (5:33) 3:32 (33:51) 0:44 (1:04:49)	2:54 (8:27) 3:38 (37:29)	2:32 (10:59) 4:50 (42:19)	1:04:49	+35:02	13:05	10:23 (21:22) 4:20 (46:39)	5:00 (26:22) 15:51 (1:02:30)	3:57 (30:19) 1:35 (1:04:05)
11.	Kristine Skovgaard Madsen	Søllerød OK	3:32 (3:32) 4:27 (36:58) 0:48 (1:05:42)	4:37 (8:09) 4:23 (41:21)	3:36 (11:45) 6:31 (47:52)	1:05:42	+35:55	07:52	12:05 (23:50) 6:25 (54:17)	3:57 (27:47) 8:59 (1:03:16)	4:44 (32:31) 1:38 (1:04:54)
12.	Finn Olsen	OK Roskilde	4:25 (4:25) 6:28 (43:46) 0:55 (1:08:05)	3:34 (7:59) 4:06 (47:52)	2:50 (10:49) 5:20 (53:12)	1:08:05	+38:18	04:50	7:47 (31:30) 7:49 (1:05:17)	5:48 (37:18) 1:53 (1:07:10)	
13.	FL. Larsen	Helsingør SOK	4:15 (4:15) 4:47 (39:46) 1:02 (1:09:22)	5:04 (9:19) 4:26 (44:12)	3:49 (13:08) 4:07 (48:19)	1:09:22	+39:35	11:52	10:37 (23:45) 7:47 (56:06)	6:12 (29:57) 10:54 (1:07:00)	5:02 (34:59) 1:20 (1:08:20)
14.	Niels Lind	Uden klub	4:31 (4:31) 6:01 (44:01) 1:29 (1:13:23)	2:56 (7:27) 5:43 (49:44)	2:50 (10:17) 5:24 (55:08)	1:13:23	+43:36	07:54	12:25 (22:42) 7:16 (1:02:24)	7:02 (29:44) 7:40 (1:10:04)	8:16 (38:00) 1:50 (1:11:54)
15.	Ulla Valnert	OK73	4:17 (4:17) 7:17 (50:28) 1:42 (1:22:32)	3:32 (7:49) 5:02 (55:30)	8:30 (16:19) 5:56 (1:01:26)	1:22:32	+52:45	08:59	14:09 (30:28) 5:37 (1:07:03)	5:17 (35:45) 11:46 (1:18:49)	7:26 (43:11) 2:01 (1:20:50)
16.	Inger Jessen	OK Roskilde	6:37 (6:37) 5:13 (49:53) 1:45 (1:27:02)	4:04 (10:41) 5:47 (55:40)	4:41 (15:22) 7:15 (1:02:55)	1:27:02	+57:15	12:22	15:13 (30:35) 8:47 (1:11:42)	8:10 (38:45) 11:56 (1:23:38)	5:55 (44:40) 1:39 (1:25:17)
	Pia Krebs	Søllerød OK	3:29 (3:29) 5:04 (35:27) 1:02 (57:32)	2:16 (5:45) - (-)	3:09 (8:54) - (-)	Fejlkli	11:18 (20:12) - (-)		4:08 (24:20) - (-)	6:03 (30:23) - (56:30)	

Åben 4	(10 / 10)	Tid	Efter	Tidstab		
1.	Mads Vindegaard	FIF Hillerød	33:48	01:20		
	1:46 (1:46) 2:50 (16:47) 1:00 (33:14)	1:39 (3:25) 2:38 (19:25) 0:34 (33:48)	4:32 (7:57) 2:10 (21:35)	2:24 (10:21) 3:14 (24:49) 4:12 (29:01)	0:45 (11:06) 4:12 (29:01)	2:51 (13:57) 3:13 (32:14)
2.	Eskild Gemmer Hanghøj	Ballerup OK	53:04	04:10		
	2:45 (2:45) 4:41 (28:57) 1:16 (52:26)	2:35 (5:20) 4:01 (32:58) 0:38 (53:04)	7:18 (12:38) 4:06 (37:04)	3:26 (16:04) 3:01 (40:05)	1:29 (17:33) 7:06 (47:11)	6:43 (24:16) 3:59 (51:10)
3.	Jan Overgaard	Ok Pan	55:47	07:47		
	4:00 (4:00) 5:26 (33:34) 1:29 (55:02)	2:01 (6:01) 4:12 (37:46) 0:45 (55:47)	10:25 (16:26) 2:17 (40:03)	3:34 (20:00) 2:41 (42:44)	1:23 (21:23) 6:36 (49:20)	6:45 (28:08) 4:13 (53:33)
4.	Mette Hvene Rasmussen	Ballerup OK	1:03:53	06:28		
	3:53 (3:53) 6:31 (33:44) 1:54 (1:02:58)	2:49 (6:42) 5:21 (39:05) 0:55 (1:03:53)	6:29 (13:11) 4:25 (43:30)	4:37 (17:48) 5:11 (48:41)	1:22 (19:10) 6:36 (55:17)	8:03 (27:13) 5:47 (1:01:04)
5.	Sanne Ifversen Hansen	OK Sorø	1:04:29	07:29		
	5:08 (5:08) 5:25 (32:01) 1:31 (1:03:35)	2:45 (7:53) 4:49 (36:50) 0:54 (1:04:29)	8:00 (15:53) 6:30 (43:20)	4:13 (20:06) 4:39 (47:59)	1:25 (21:31) 9:35 (57:34)	5:05 (26:36) 4:30 (1:02:04)
6.	Andrea Merkel	OK Øst	1:15:48	10:46		
	6:31 (6:31) 6:28 (43:46) 1:30 (1:15:12)	3:18 (9:49) 4:57 (48:43) 0:36 (1:15:48)	10:16 (20:05) 4:39 (53:22)	6:57 (27:02) 5:59 (59:21)	1:26 (28:28) 7:25 (1:06:46)	8:50 (37:18) 6:56 (1:13:42)
7.	Sanja Katanic	Uden klub	1:17:32	24:35		
	5:37 (5:37) 4:51 (32:31) 1:26 (1:16:40)	3:47 (9:24) 4:12 (36:43) 0:52 (1:17:32)	6:45 (16:09) 14:56 (51:39)	5:15 (21:24) 10:06 (1:01:45)	1:23 (22:47) 5:51 (1:07:36)	4:53 (27:40) 7:38 (1:15:14)
8.	Jan Skouv	Faaborg OK	1:19:12	14:06		
	3:50 (3:50) 5:46 (44:43) 1:32 (1:18:07)	4:09 (7:59) 4:15 (48:58) 1:05 (1:19:12)	17:17 (25:16) 3:01 (51:59)	4:53 (30:09) 6:28 (58:27)	2:20 (32:29) 9:49 (1:08:16)	6:28 (38:57) 8:19 (1:16:35)

9.	Marianne Oslev	OK73	1:43:55	+70:07	23:44		
	4:11 (4:11)	4:40 (8:51)	25:23 (34:14)	7:15 (41:29)		2:11 (43:40)	15:55 (59:35)
	8:10 (1:07:45)	5:17 (1:13:02)	4:08 (1:17:10)	5:26 (1:22:36)		9:35 (1:32:11)	8:47 (1:40:58)
	1:55 (1:42:53)	1:02 (1:43:55)					
	Gregers Bendtsen	Ballerup OK	Fejlklip				
	6:37 (6:37)	2:08 (8:45)	8:36 (17:21)	14:13 (31:34)		1:21 (32:55)	7:10 (40:05)
	4:26 (44:31)	4:06 (48:37)	– (–)	– (–)		– (1:29:35)	4:42 (1:34:17)
	1:21 (1:35:38)	0:53 (1:36:31)					

Åben 5		(2 / 2)	Tid	Efter	Tidstab		
1.	Caroline Osmikkel Rønsov	OK Øst	50:08		04:42		
	2:09 (2:09)	5:05 (7:14)	3:09 (10:23)	9:42 (20:05)		2:49 (22:54)	3:47 (26:41)
	2:54 (29:35)	3:00 (32:35)	1:36 (34:11)	7:36 (41:47)		1:26 (43:13)	3:00 (46:13)
	1:27 (47:40)	1:41 (49:21)	0:47 (50:08)				
2.	Oliver Bachhausen Grønbech	FIF Hillerød	53:44	+3:36	05:58		
	0:58 (0:58)	5:49 (6:47)	3:48 (10:35)	7:27 (18:02)		4:06 (22:08)	3:50 (25:58)
	6:47 (32:45)	4:28 (37:13)	1:47 (39:00)	5:53 (44:53)		1:50 (46:43)	2:35 (49:18)
	1:35 (50:53)	2:06 (52:59)	0:45 (53:44)				

Åben 6		(6 / 6)	Tid	Efter	Tidstab		
1.	Viktor Aglund Andersen	OK Øst	20:28		01:31		
	0:39 (0:39)	1:03 (1:42)	2:05 (3:47)	1:13 (5:00)		0:55 (5:55)	0:53 (6:48)
	0:44 (7:32)	1:27 (8:59)	0:56 (9:55)	1:12 (11:07)		0:58 (12:05)	1:57 (14:02)
	1:05 (15:07)	1:02 (16:09)	1:22 (17:31)	1:22 (18:53)		0:58 (19:51)	0:37 (20:28)
2.	Amalie Broman	Allerød OK	24:38	+4:10	00:55		
	0:41 (0:41)	1:05 (1:46)	2:52 (4:38)	1:19 (5:57)		1:11 (7:08)	0:58 (8:06)
	1:08 (9:14)	1:57 (11:11)	1:12 (12:23)	0:58 (13:21)		1:11 (14:32)	1:34 (16:06)
	1:23 (17:29)	1:34 (19:03)	0:46 (19:49)	2:01 (21:50)		2:08 (23:58)	0:40 (24:38)
3.	AlVilde Gemmer Hanghøj	Ballerup OK	27:43	+7:15	02:58		
	1:17 (1:17)	2:42 (3:59)	3:14 (7:13)	1:23 (8:36)		1:45 (10:21)	1:15 (11:36)
	1:14 (12:50)	2:01 (14:51)	1:02 (15:53)	0:45 (16:38)		1:13 (17:51)	2:00 (19:51)
	1:13 (21:04)	1:18 (22:22)	0:43 (23:05)	1:58 (25:03)		1:47 (26:50)	0:53 (27:43)
4.	Ellinor Bachhausen Grønbech	FIF Hillerød	39:50	+19:22	04:22		
	1:35 (1:35)	1:39 (3:14)	3:48 (7:02)	2:09 (9:11)		2:23 (11:34)	1:22 (12:56)
	2:09 (15:05)	3:14 (18:19)	1:40 (19:59)	1:25 (21:24)		3:05 (24:29)	2:53 (27:22)
	2:13 (29:35)	2:00 (31:35)	1:24 (32:59)	2:28 (35:27)		2:49 (38:16)	1:34 (39:50)
5.	Isak Graasbøl Ødeem	OK Øst	41:57	+21:29	08:12		
	1:54 (1:54)	1:25 (3:19)	3:09 (6:28)	3:17 (9:45)		3:01 (12:46)	1:19 (14:05)
	1:38 (15:43)	3:39 (19:22)	2:24 (21:46)	1:09 (22:55)		2:05 (25:00)	3:09 (28:09)
	2:24 (30:33)	1:34 (32:07)	1:52 (33:59)	3:48 (37:47)		3:20 (41:07)	0:50 (41:57)
	Dagmar Marager	Allerød OK	Ej startet				
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)