

**Resultater – Sensommercup E3**

2021-09-14

<b>D2</b>	<b>(13 / 13)</b>			<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>	
<b>1. Dicte Højbjerg Andersen</b>	<b>Helsingør SOK</b>			<b>38:33</b>		<b>00:00</b>	
1:48 (1:48)	2:07 (3:55)	2:18 (6:13)		1:37 (7:50)	1:39 (9:29)	1:54 (11:23)	
3:37 (15:00)	1:36 (16:36)	1:46 (18:22)		2:32 (20:54)	3:39 (24:33)	2:30 (27:03)	
1:12 (28:15)	1:02 (29:17)	1:17 (30:34)		2:00 (32:34)	1:40 (34:14)	2:00 (36:14)	
1:02 (37:16)	1:17 (38:33)						
<b>2. Elin Nørgård Kracht</b>	<b>PI-København</b>			<b>42:28</b>	<b>+3:55</b>	<b>00:34</b>	
1:47 (1:47)	2:11 (3:58)	2:31 (6:29)		4:26 (10:55)	1:43 (12:38)	1:54 (14:32)	
2:49 (17:21)	1:47 (19:08)	1:54 (21:02)		2:08 (23:10)	4:03 (27:13)	2:27 (29:40)	
1:41 (31:21)	2:24 (33:45)	2:33 (36:18)		1:11 (37:29)	1:03 (38:32)	1:19 (39:51)	
1:06 (40:57)	1:31 (42:28)						
<b>3. Lucia Holck</b>	<b>Tisvilde Hegn OK</b>			<b>49:24</b>	<b>+10:51</b>	<b>06:35</b>	
1:41 (1:41)	2:21 (4:02)	2:31 (6:33)		1:41 (8:14)	1:45 (9:59)	2:06 (12:05)	
7:12 (19:17)	2:16 (21:33)	3:14 (24:47)		2:56 (27:43)	4:08 (31:51)	2:40 (34:31)	
1:12 (35:43)	1:15 (36:58)	1:40 (38:38)		4:03 (42:41)	1:55 (44:36)	2:25 (47:01)	
1:07 (48:08)	1:16 (49:24)						
<b>4. Anne Maarup</b>	<b>Allerød OK</b>			<b>49:48</b>	<b>+11:15</b>	<b>02:32</b>	
2:07 (2:07)	2:09 (4:16)	3:13 (7:29)		2:00 (9:29)	2:08 (11:37)	4:20 (15:57)	
4:55 (20:52)	1:53 (22:45)	2:10 (24:55)		3:06 (28:01)	4:26 (32:27)	2:27 (34:54)	
2:10 (37:04)	2:47 (39:51)	2:48 (42:39)		1:22 (44:01)	1:17 (45:18)	1:31 (46:49)	
1:16 (48:05)	1:43 (49:48)						
<b>5. Maria Douglas</b>	<b>FIF Hillerød</b>			<b>51:32</b>	<b>+12:59</b>	<b>02:51</b>	
2:17 (2:17)	2:06 (4:23)	3:10 (7:33)		1:57 (9:30)	2:05 (11:35)	2:38 (14:13)	
6:41 (20:54)	2:00 (22:54)	2:06 (25:00)		3:20 (28:20)	4:42 (33:02)	3:12 (36:14)	
1:53 (38:07)	2:51 (40:58)	3:01 (43:59)		1:37 (45:36)	1:16 (46:52)	1:38 (48:30)	
1:38 (50:08)	1:24 (51:32)						
<b>6. Annette Bonde</b>	<b>Ballerup OK</b>			<b>59:09</b>	<b>+20:36</b>	<b>04:49</b>	
2:09 (2:09)	2:15 (4:24)	3:17 (7:41)		5:18 (12:59)	2:17 (15:16)	2:19 (17:35)	
3:46 (21:21)	2:38 (23:59)	2:25 (26:24)		2:46 (29:10)	5:16 (34:26)	2:55 (37:21)	
2:03 (39:24)	3:28 (42:52)	3:22 (46:14)		1:46 (48:00)	1:36 (49:36)	1:51 (51:27)	
1:43 (53:10)	5:59 (59:09)						
<b>7. Angélique Grønborg Rasmussen</b>	<b>Allerød OK</b>			<b>1:00:44</b>	<b>+22:11</b>	<b>05:03</b>	
2:22 (2:22)	2:36 (4:58)	3:25 (8:23)		5:36 (13:59)	2:22 (16:21)	2:17 (18:38)	
3:32 (22:10)	2:09 (24:19)	2:30 (26:49)		2:52 (29:41)	6:54 (36:35)	5:06 (41:41)	
1:36 (43:17)	1:24 (44:41)	1:47 (46:28)		3:59 (50:27)	2:44 (53:11)	3:52 (57:03)	
1:57 (59:00)	1:44 (1:00:44)						
<b>8. Lena Wraa</b>	<b>Tisvilde Hegn OK</b>			<b>1:26:32</b>	<b>+47:59</b>	<b>32:50</b>	
31:20 (31:20)	2:23 (33:43)	3:24 (37:07)		2:16 (39:23)	2:49 (42:12)	2:43 (44:55)	
4:52 (49:47)	2:02 (51:49)	2:18 (54:07)		3:56 (58:03)	7:33 (1:05:36)	2:53 (1:08:29)	
2:01 (1:10:30)	3:47 (1:14:17)	3:08 (1:17:25)		1:28 (1:18:53)	1:26 (1:20:19)	2:28 (1:22:47)	
1:47 (1:24:34)	1:58 (1:26:32)						
<b>Charlotte Grauert</b>	<b>Ballerup OK</b>			<b>Ej startet</b>			
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<b>Iben Maag</b>	<b>Søllerød OK</b>			<b>Ej startet</b>			
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<b>Jytte Olander Rasmussen</b>	<b>Allerød OK</b>			<b>Ej startet</b>			
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<b>Susanne Gjedsig Thomsen</b>	<b>Tisvilde Hegn OK</b>			<b>Ej startet</b>			
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<b>Xenia Bregensøe</b>	<b>Tisvilde Hegn OK</b>			<b>Ej startet</b>			
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<b>D3</b>	<b>(10 / 10)</b>			<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>	
<b>1. Ida Jacobsen</b>	<b>OK Skærmø Værløse</b>			<b>31:26</b>		<b>00:43</b>	
3:11 (3:11)	2:23 (5:34)	3:39 (9:13)		3:37 (12:50)	2:33 (15:23)	3:12 (18:35)	
3:49 (22:24)	1:36 (24:00)	1:36 (25:36)		1:36 (27:12)	2:19 (29:31)	1:55 (31:26)	
<b>2. Ulla Jacobsen</b>	<b>OK Skærmø Værløse</b>			<b>32:07</b>	<b>+0:41</b>	<b>01:12</b>	
3:18 (3:18)	2:18 (5:36)	3:33 (9:09)		4:02 (13:11)	1:46 (14:57)	1:46 (16:43)	
1:54 (18:37)	3:24 (22:01)	2:27 (24:28)		3:21 (27:49)	2:26 (30:15)	1:52 (32:07)	

3.	Birgitte Krüger	Helsingør SOK	32:16	+0:50	01:40		
	3:04 (3:04)	2:17 (5:21)	3:51 (9:12)	3:19 (12:31)	2:35 (15:06)	3:10 (18:16)	
	3:30 (21:46)	2:59 (24:45)	1:55 (26:40)	1:57 (28:37)	1:33 (30:10)	2:06 (32:16)	
4.	Mette Vejen Eriksen	Tisvilde Hegn OK	33:54	+2:28	02:25		
	3:00 (3:00)	2:24 (5:24)	4:38 (10:02)	3:43 (13:45)	1:54 (15:39)	1:35 (17:14)	
	2:05 (19:19)	3:30 (22:49)	3:08 (25:57)	3:40 (29:37)	2:23 (32:00)	1:54 (33:54)	
5.	Eva Emanuelsson	Helsingborgs SOK	34:44	+3:18	02:20		
	3:30 (3:30)	2:23 (5:53)	4:35 (10:28)	3:35 (14:03)	1:59 (16:02)	1:41 (17:43)	
	2:06 (19:49)	3:34 (23:23)	3:24 (26:47)	4:07 (30:54)	1:34 (32:28)	2:16 (34:44)	
6.	Annelise Hansen	FIF Hillerød	41:37	+10:11	03:57		
	3:43 (3:43)	2:45 (6:28)	5:09 (11:37)	4:29 (16:06)	3:40 (19:46)	4:43 (24:29)	
	4:18 (28:47)	2:49 (31:36)	2:45 (34:21)	3:09 (37:30)	2:00 (39:30)	2:07 (41:37)	
7.	Bodil M. Mortensen	Ballerup OK	53:35	+22:09	05:30		
	4:37 (4:37)	4:06 (8:43)	6:55 (15:38)	7:31 (23:09)	4:55 (28:04)	5:48 (33:52)	
	5:51 (39:43)	4:01 (43:44)	2:17 (46:01)	2:44 (48:45)	2:25 (51:10)	2:25 (53:35)	
7.	Hanne Frost	Ballerup OK	53:35	+22:09	06:55		
	4:45 (4:45)	3:52 (8:37)	7:08 (15:45)	4:43 (20:28)	2:52 (23:20)	3:13 (26:33)	
	3:42 (30:15)	5:37 (35:52)	4:01 (39:53)	4:59 (44:52)	6:19 (51:11)	2:24 (53:35)	
	Ellen Thisted	Søllerød OK	Fejlklip				
	35:24 (35:24)	5:41 (41:05)	11:47 (52:52)	18:20 (1:11:12)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (1:22:20)	
	Gerda Marie Christiansen	Køge OK	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
<b>D4</b>		<b>(1 / 1)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
	Lone Anette Larsen	Tisvilde Hegn OK	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
<b>D5</b>		<b>(3 / 3)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
1.	Katrine Jacobsen	OK Skærmøn Værløse	35:24		02:06		
	1:26 (1:26)	0:39 (2:05)	1:50 (3:55)	3:46 (7:41)	3:14 (10:55)	3:41 (14:36)	
	2:43 (17:19)	1:40 (18:59)	1:49 (20:48)	3:13 (24:01)	3:01 (27:02)	2:27 (29:29)	
	2:17 (31:46)	2:12 (33:58)	1:26 (35:24)				
2.	Inge K. Kristoffersen	Ballerup OK	54:53	+19:29	02:25		
	3:01 (3:01)	1:29 (4:30)	3:15 (7:45)	5:39 (13:24)	5:21 (18:45)	2:35 (21:20)	
	3:56 (25:16)	2:36 (27:52)	2:58 (30:50)	4:28 (35:18)	6:17 (41:35)	4:10 (45:45)	
	3:38 (49:23)	3:08 (52:31)	2:22 (54:53)				
3.	Hanne Bech	OK73	1:02:27	+27:03	24:33		
	1:45 (1:45)	0:55 (2:40)	2:03 (4:43)	4:15 (8:58)	27:42 (36:40)	1:35 (38:15)	
	2:42 (40:57)	1:47 (42:44)	2:26 (45:10)	3:23 (48:33)	4:19 (52:52)	3:06 (55:58)	
	2:59 (58:57)	2:09 (1:01:06)	1:21 (1:02:27)				
<b>D6</b>		<b>(6 / 6)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
1.	Edith Gerstrøm	Tisvilde Hegn OK	26:27		00:23		
	0:14 (0:14)	3:35 (3:49)	1:50 (5:39)	0:52 (6:31)	4:06 (10:37)	2:54 (13:31)	
	2:12 (15:43)	0:51 (16:34)	1:18 (17:52)	4:33 (22:25)	2:51 (25:16)	1:11 (26:27)	
2.	Vilma Keldsmark	Tisvilde Hegn OK	26:33	+0:06	00:24		
	0:14 (0:14)	3:30 (3:44)	1:57 (5:41)	0:50 (6:31)	4:05 (10:36)	2:54 (13:30)	
	2:15 (15:45)	0:48 (16:33)	1:21 (17:54)	4:34 (22:28)	2:44 (25:12)	1:21 (26:33)	
3.	Ester Helena Clausen	Tisvilde Hegn OK	26:35	+0:08	00:33		
	0:14 (0:14)	3:38 (3:52)	1:53 (5:45)	1:05 (6:50)	3:54 (10:44)	3:09 (13:53)	
	1:51 (15:44)	0:54 (16:38)	1:53 (18:31)	4:05 (22:36)	2:49 (25:25)	1:10 (26:35)	
4.	Dagney Clausen	Tisvilde Hegn OK	53:19	+26:52	02:05		
	0:39 (0:39)	5:23 (6:02)	4:06 (10:08)	1:37 (11:45)	9:11 (20:56)	6:31 (27:27)	
	4:33 (32:00)	1:59 (33:59)	2:45 (36:44)	- (-)	- (51:06)	2:13 (53:19)	
	Karla Gerstrøm	Tisvilde Hegn OK	Fejlklip				
	0:41 (0:41)	5:25 (6:06)	4:07 (10:13)	1:41 (11:54)	- (-)	- (27:31)	
	4:28 (31:59)	1:58 (33:57)	3:23 (37:20)	7:09 (44:29)	6:02 (50:31)	2:27 (52:58)	
	Olivia Zoffmann	Tisvilde Hegn OK	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
<b>H1</b>		<b>(4 / 4)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
1.	Hans Grønberg Nielsen	Allerød OK	48:47		01:13		
	1:57 (1:57)	2:35 (4:32)	1:35 (6:07)	2:01 (8:08)	1:00 (9:08)	1:06 (10:14)	
	1:39 (11:53)	1:50 (13:43)	1:19 (15:02)	3:37 (18:39)	1:44 (20:23)	1:25 (21:48)	
	1:49 (23:37)	3:31 (27:08)	1:44 (28:52)	2:50 (31:42)	2:15 (33:57)	3:02 (36:59)	
	1:44 (38:43)	1:20 (40:03)	1:58 (42:01)	1:58 (43:59)	1:01 (45:00)	0:45 (45:45)	
	1:00 (46:45)	0:55 (47:40)	1:07 (48:47)				
2.	Tobias Olloz	Tisvilde Hegn OK	51:57	+3:10	00:00		
	2:01 (2:01)	2:38 (4:39)	1:59 (6:38)	1:58 (8:36)	1:27 (10:03)	1:48 (11:51)	
	2:32 (14:23)	1:08 (15:31)	1:25 (16:56)	4:14 (21:10)	3:22 (24:32)	1:44 (26:16)	
	1:37 (27:53)	2:31 (30:24)	2:14 (32:38)	1:49 (34:27)	1:55 (36:22)	3:33 (39:55)	
	1:57 (41:52)	0:56 (42:48)	0:51 (43:39)	0:59 (44:38)	1:50 (46:28)	1:28 (47:56)	
	1:56 (49:52)	1:06 (50:58)	0:59 (51:57)				

Jesper Kristiansen	OK Melfar	Ej startet			
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Mikkel	Ballerup OK	Ej startet			
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<b>H2</b>	<b>(27 / 27)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>	
1. Erik Grønborg Nielsen	Allerød OK	33:39		00:34	
1:28 (1:28)	1:48 (3:16)	2:01 (5:17)	1:29 (6:46)	2:00 (8:46)	1:39 (10:25)
3:12 (13:37)	1:33 (15:10)	1:39 (16:49)	2:13 (19:02)	3:16 (22:18)	1:43 (24:01)
1:17 (25:18)	1:51 (27:09)	1:55 (29:04)	0:54 (29:58)	0:52 (30:50)	1:02 (31:52)
0:44 (32:36)	1:03 (33:39)				
2. Jan Eg Pedersen	OK ØST Birkerød	34:47	+1:08	00:36	
1:35 (1:35)	1:53 (3:28)	2:05 (5:33)	3:06 (8:39)	1:29 (10:08)	1:24 (11:32)
2:07 (13:39)	1:21 (15:00)	1:28 (16:28)	1:41 (18:09)	3:27 (21:36)	2:10 (23:46)
0:59 (24:45)	0:55 (25:40)	1:16 (26:56)	2:27 (29:23)	1:22 (30:45)	1:49 (32:34)
0:59 (33:33)	1:14 (34:47)				
3. Alex Ottesen	Ballerup OK	36:13	+2:34	00:33	
1:31 (1:31)	1:53 (3:24)	2:11 (5:35)	3:24 (8:59)	1:27 (10:26)	1:21 (11:47)
2:20 (14:07)	1:13 (15:20)	1:31 (16:51)	1:45 (18:36)	3:20 (21:56)	1:58 (23:54)
1:40 (25:34)	2:10 (27:44)	2:09 (29:53)	1:36 (31:29)	0:58 (32:27)	1:21 (33:48)
1:11 (34:59)	1:14 (36:13)				
4. Jakob Albahn	Tisvilde Hegn OK	38:37	+4:58	00:39	
1:42 (1:42)	1:56 (3:38)	2:18 (5:56)	1:30 (7:26)	1:39 (9:05)	1:53 (10:58)
3:49 (14:47)	1:33 (16:20)	2:14 (18:34)	2:36 (21:10)	3:34 (24:44)	2:18 (27:02)
1:07 (28:09)	1:05 (29:14)	1:24 (30:38)	1:58 (32:36)	1:36 (34:12)	2:12 (36:24)
0:54 (37:18)	1:19 (38:37)				
5. Lars Lyngsø	Allerød OK	38:53	+5:14	00:00	
1:53 (1:53)	1:59 (3:52)	2:20 (6:12)	1:34 (7:46)	1:37 (9:23)	1:58 (11:21)
3:36 (14:57)	1:34 (16:31)	1:47 (18:18)	2:36 (20:54)	3:41 (24:35)	2:37 (27:12)
1:05 (28:17)	1:10 (29:27)	1:18 (30:45)	1:59 (32:44)	1:38 (34:22)	2:14 (36:36)
0:58 (37:34)	1:19 (38:53)				
6. Keld Johnsen	Tisvilde Hegn OK	42:29	+8:50	00:27	
2:01 (2:01)	2:16 (4:17)	2:45 (7:02)	4:07 (11:09)	1:41 (12:50)	1:50 (14:40)
3:14 (17:54)	1:39 (19:33)	1:47 (21:20)	2:08 (23:28)	3:48 (27:16)	2:22 (29:38)
1:43 (31:21)	2:16 (33:37)	3:01 (36:38)	1:04 (37:42)	1:05 (38:47)	1:16 (40:03)
1:05 (41:08)	1:21 (42:29)				
7. Morten Ploug	Ballerup OK	45:59	+12:20	01:33	
2:03 (2:03)	2:16 (4:19)	2:39 (6:58)	1:44 (8:42)	1:46 (10:28)	2:32 (13:00)
5:35 (18:35)	1:52 (20:27)	2:01 (22:28)	3:16 (25:44)	4:36 (30:20)	2:20 (32:40)
1:39 (34:19)	2:11 (36:30)	2:40 (39:10)	1:21 (40:31)	1:08 (41:39)	1:47 (43:26)
1:13 (44:39)	1:20 (45:59)				
8. Gregers Jørgensen	Ballerup OK	46:03	+12:24	01:51	
1:51 (1:51)	2:17 (4:08)	2:42 (6:50)	4:16 (11:06)	1:40 (12:46)	2:12 (14:58)
2:59 (17:57)	1:42 (19:39)	1:49 (21:28)	2:23 (23:51)	4:04 (27:55)	2:41 (30:36)
1:36 (32:12)	1:13 (33:25)	2:27 (35:52)	3:18 (39:10)	1:51 (41:01)	2:37 (43:38)
1:02 (44:40)	1:23 (46:03)				
9. Lars Hanghøj Petersen	Ballerup OK	46:09	+12:30	03:03	
1:56 (1:56)	2:16 (4:12)	2:41 (6:53)	4:11 (11:04)	1:45 (12:49)	2:03 (14:52)
3:08 (18:00)	1:45 (19:45)	1:43 (21:28)	2:02 (23:30)	3:53 (27:23)	2:32 (29:55)
1:37 (31:32)	1:00 (32:32)	1:22 (33:54)	3:17 (37:11)	3:10 (40:21)	2:37 (42:58)
1:45 (44:43)	1:26 (46:09)				
10. Søren Sloth	FIF Hillerød	46:34	+12:55	04:01:11	
2:14 (2:14)	1:55 (4:09)	2:38 (6:47)	4:27 (11:14)	1:45 (12:59)	1:46 (14:45)
3:03 (17:48)	1:32 (19:20)	1:55 (21:15)	2:23 (23:38)	4:32 (28:10)	6:01:50 (6:30:00)
– (6:30:00)	– (6:30:00)	– (6:30:00)	– (6:30:00)	– (6:30:00)	– (–)
– (–)	– (46:34)				
11. Per Windfeld-Hansen	OK ØST Birkerød	48:22	+14:43	01:18	
2:09 (2:09)	1:56 (4:05)	3:00 (7:05)	1:50 (8:55)	2:09 (11:04)	2:20 (13:24)
5:01 (18:25)	2:11 (20:36)	1:59 (22:35)	3:20 (25:55)	5:10 (31:05)	2:31 (33:36)
1:53 (35:29)	3:01 (38:30)	2:53 (41:23)	1:26 (42:49)	1:19 (44:08)	1:33 (45:41)
1:20 (47:01)	1:21 (48:22)				
12. Jørgen Skaarup	Ballerup OK	51:39	+18:00	06:03	
2:02 (2:02)	2:13 (4:15)	2:48 (7:03)	1:33 (8:36)	2:00 (10:36)	2:14 (12:50)
4:35 (17:25)	2:00 (19:25)	5:07 (24:32)	3:08 (27:40)	4:19 (31:59)	2:34 (34:33)
1:34 (36:07)	1:11 (37:18)	1:33 (38:51)	5:21 (44:12)	1:51 (46:03)	2:53 (48:56)
1:15 (50:11)	1:28 (51:39)				
13. Stephen Hall Reusch	OK ØST Birkerød	51:49	+18:10	08:15	
1:51 (1:51)	2:09 (4:00)	2:35 (6:35)	1:36 (8:11)	1:45 (9:56)	2:05 (12:01)
7:23 (19:24)	2:06 (21:30)	3:11 (24:41)	2:56 (27:37)	4:18 (31:55)	2:35 (34:30)
1:12 (35:42)	1:25 (37:07)	1:39 (38:46)	6:07 (44:53)	1:47 (46:40)	2:32 (49:12)
1:10 (50:22)	1:27 (51:49)				

14.	Erik Ellegaard Simonsen	OK ØST Birkerød	54:50	+21:11	00:00		
	2:31 (2:31)	2:27 (4:58)	3:19 (8:17)	5:23 (13:40)	2:12 (15:52)	2:29 (18:21)	
	3:43 (22:04)	2:03 (24:07)	2:22 (26:29)	2:33 (29:02)	5:38 (34:40)	2:45 (37:25)	
	2:31 (39:56)	3:13 (43:09)	3:24 (46:33)	1:41 (48:14)	1:35 (49:49)	2:04 (51:53)	
	1:25 (53:18)	1:32 (54:50)					
15.	Niels la Cour Bentzon	Søllerød OK	55:43	+22:04	03:23		
	2:29 (2:29)	2:09 (4:38)	3:11 (7:49)	4:57 (12:46)	2:06 (14:52)	2:29 (17:21)	
	3:23 (20:44)	2:46 (23:30)	2:22 (25:52)	2:53 (28:45)	5:17 (34:02)	3:14 (37:16)	
	1:33 (38:49)	1:23 (40:12)	1:53 (42:05)	5:24 (47:29)	2:00 (49:29)	2:53 (52:22)	
	1:42 (54:04)	1:39 (55:43)					
16.	Henrik Nielsen	Holbæk OK	58:29	+24:50	00:40		
	2:47 (2:47)	2:19 (5:06)	3:49 (8:55)	2:18 (11:13)	2:36 (13:49)	2:46 (16:35)	
	5:18 (21:53)	2:25 (24:18)	3:04 (27:22)	3:55 (31:17)	5:37 (36:54)	3:21 (40:15)	
	2:22 (42:37)	3:39 (46:16)	3:43 (49:59)	1:38 (51:37)	1:37 (53:14)	1:54 (55:08)	
	1:45 (56:53)	1:36 (58:29)					
17.	Max Prang	Fredensborg OK	58:34	+24:55	05:37		
	2:28 (2:28)	2:14 (4:42)	3:22 (8:04)	5:15 (13:19)	2:01 (15:20)	2:31 (17:51)	
	3:11 (21:02)	2:34 (23:36)	2:28 (26:04)	2:30 (28:34)	5:10 (33:44)	6:09 (39:53)	
	2:04 (41:57)	4:39 (46:36)	3:07 (49:43)	2:03 (51:46)	1:26 (53:12)	2:07 (55:19)	
	1:49 (57:08)	1:26 (58:34)					
18.	Jens Anders Hansen	Søllerød OK	1:01:08	+27:29	05:13		
	2:19 (2:19)	2:13 (4:32)	3:20 (7:52)	5:24 (13:16)	1:56 (15:12)	2:26 (17:38)	
	3:45 (21:23)	2:30 (23:53)	2:27 (26:20)	2:46 (29:06)	5:43 (34:49)	5:06 (39:55)	
	2:31 (42:26)	6:12 (48:38)	3:40 (52:18)	1:45 (54:03)	1:46 (55:49)	2:11 (58:00)	
	1:21 (59:21)	1:47 (1:01:08)					
19.	Carsten Thye Agger	Helsingør SOK	1:03:09	+29:30	10:55		
	2:12 (2:12)	2:24 (4:36)	3:17 (7:53)	4:56 (12:49)	2:26 (15:15)	2:10 (17:25)	
	3:23 (20:48)	8:06 (28:54)	3:43 (32:37)	2:46 (35:23)	5:05 (40:28)	3:08 (43:36)	
	2:13 (45:49)	1:20 (47:09)	2:01 (49:10)	3:58 (53:08)	2:41 (55:49)	4:07 (59:56)	
	1:31 (1:01:27)	1:42 (1:03:09)					
20.	Jan Kristoffersen	Ballerup OK	1:06:55	+33:16	05:40		
	2:27 (2:27)	2:28 (4:55)	3:41 (8:36)	2:30 (11:06)	2:53 (13:59)	3:04 (17:03)	
	5:35 (22:38)	2:29 (25:07)	2:48 (27:55)	5:36 (33:31)	6:50 (40:21)	3:14 (43:35)	
	2:23 (45:58)	5:28 (51:26)	3:35 (55:01)	3:24 (58:25)	1:44 (1:00:09)	2:38 (1:02:47)	
	1:59 (1:04:46)	2:09 (1:06:55)					
21.	Niels Aabye	Ballerup OK	1:18:45	+45:06	15:54		
	2:26 (2:26)	2:40 (5:06)	3:46 (8:52)	2:18 (11:10)	2:43 (13:53)	3:05 (16:58)	
	9:21 (26:19)	5:26 (31:45)	3:37 (35:22)	4:20 (39:42)	6:29 (46:11)	3:45 (49:56)	
	1:59 (51:55)	1:27 (53:22)	2:05 (55:27)	12:34 (1:08:01)	2:33 (1:10:34)	3:53 (1:14:27)	
	2:06 (1:16:33)	2:12 (1:18:45)					
	Claus Rytter Larsen	Farum OK	Fejlklip				
	2:00 (2:00)	2:43 (4:43)	3:06 (7:49)	5:13 (13:02)	1:56 (14:58)	4:28 (19:26)	
	3:37 (23:03)	2:02 (25:05)	3:57 (29:02)	8:45 (37:47)	— (—)	— (—)	
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	— (—)	— (43:23)					
	Dan Eriksen	Tisvilde Hegn OK	Fejlklip				
	2:02 (2:02)	1:44 (3:46)	2:28 (6:14)	1:29 (7:43)	1:32 (9:15)	2:01 (11:16)	
	3:32 (14:48)	1:37 (16:25)	1:45 (18:10)	15:31 (33:41)	— (—)	— (—)	
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	— (—)	— (39:13)					
	Jens Jørgen Hansen	Farum OK	Ej startet				
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	Kenn Basse	Ballerup OK	Ej startet				
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	Otto Kristensen	Køge OK	Ej startet				
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	Pablo Jensen	Farum OK	Ej startet				
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
	— (—)	— (—)	— (—)	— (—)	— (—)	— (—)	
<b>H3</b>		<b>(18 / 18)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
1.	Preben Sloth	FIF Hillerød	28:08		00:57		
	3:22 (3:22)	1:52 (5:14)	3:38 (8:52)	2:50 (11:42)	2:11 (13:53)	3:06 (16:59)	
	3:08 (20:07)	1:58 (22:05)	1:26 (23:31)	1:39 (25:10)	1:22 (26:32)	1:36 (28:08)	
2.	Flemming Wendelboe	Helsingør SOK	31:14	+3:06	03:36		
	3:21 (3:21)	2:02 (5:23)	3:35 (8:58)	3:04 (12:02)	1:31 (13:33)	1:14 (14:47)	
	3:18 (18:05)	2:45 (20:50)	3:19 (24:09)	3:41 (27:50)	1:28 (29:18)	1:56 (31:14)	

3.	Jørgen Jensen	Helsingør SOK	32:03	+3:55	00:00		
	3:23 (3:23)	2:23 (5:46)	4:09 (9:55)	3:14 (13:09)	2:42 (15:51)	3:32 (19:23)	
	3:33 (22:56)	1:40 (24:36)	1:40 (26:16)	2:11 (28:27)	1:29 (29:56)	2:07 (32:03)	
4.	Søren Christensen	OK Skærmøen Værløse	32:19	+4:11	02:31		
	2:54 (2:54)	2:37 (5:31)	4:02 (9:33)	3:13 (12:46)	2:30 (15:16)	4:06 (19:22)	
	3:24 (22:46)	1:44 (24:30)	1:23 (25:53)	2:27 (28:20)	2:10 (30:30)	1:49 (32:19)	
5.	Leif Sig	FIF Hillerød	32:22	+4:14	00:47		
	3:13 (3:13)	2:27 (5:40)	4:14 (9:54)	3:29 (13:23)	1:45 (15:08)	1:42 (16:50)	
	2:12 (19:02)	3:07 (22:09)	2:31 (24:40)	3:50 (28:30)	1:37 (30:07)	2:15 (32:22)	
6.	Svend-Åke Emanuelsson	Helsingborgs SOK	33:35	+5:27	01:20		
	3:26 (3:26)	2:17 (5:43)	4:04 (9:47)	3:39 (13:26)	2:34 (16:00)	4:08 (20:08)	
	3:57 (24:05)	1:55 (26:00)	1:45 (27:45)	1:50 (29:35)	2:15 (31:50)	1:45 (33:35)	
7.	Michael Wraa	Tisvilde Hegn OK	35:23	+7:15	06:17		
	2:40 (2:40)	2:21 (5:01)	3:23 (8:24)	3:08 (11:32)	2:44 (14:16)	2:57 (17:13)	
	9:42 (26:55)	1:40 (28:35)	1:36 (30:11)	1:56 (32:07)	1:17 (33:24)	1:59 (35:23)	
8.	Ole Christiansen	Farum OK	40:23	+12:15	05:43		
	3:38 (3:38)	2:37 (6:15)	4:39 (10:54)	7:07 (18:01)	1:37 (19:38)	2:07 (21:45)	
	3:41 (25:26)	4:09 (29:35)	2:53 (32:28)	4:13 (36:41)	1:56 (38:37)	1:46 (40:23)	
9.	Knud Torm	OK Skærmøen Værløse	46:12	+18:04	03:36		
	5:25 (5:25)	3:29 (8:54)	7:16 (16:10)	5:06 (21:16)	2:19 (23:35)	1:59 (25:34)	
	3:34 (29:08)	4:07 (33:15)	3:14 (36:29)	4:42 (41:11)	2:09 (43:20)	2:52 (46:12)	
10.	Jørn Andreassen	OK73	57:24	+29:16	08:40		
	5:00 (5:00)	3:47 (8:47)	10:10 (18:57)	5:27 (24:24)	2:45 (27:09)	3:18 (30:27)	
	4:15 (34:42)	8:15 (42:57)	3:50 (46:47)	5:36 (52:23)	2:13 (54:36)	2:48 (57:24)	
11.	Jens Peter Gundorf	OK ØST Birkerød	1:03:35	+35:27	34:20		
	36:34 (36:34)	2:29 (39:03)	3:36 (42:39)	3:13 (45:52)	1:44 (47:36)	1:23 (48:59)	
	2:45 (51:44)	3:40 (55:24)	2:14 (57:38)	2:36 (1:00:14)	1:48 (1:02:02)	1:33 (1:03:35)	
12.	Henrik Jørgensen	OK Skærmøen Værløse	1:14:14	+46:06	32:42		
	30:12 (30:12)	4:25 (34:37)	4:34 (39:11)	4:45 (43:56)	2:27 (46:23)	5:17 (51:40)	
	4:50 (56:30)	5:02 (1:01:32)	3:40 (1:05:12)	4:43 (1:09:55)	2:17 (1:12:12)	2:02 (1:14:14)	
	Peter Wraa	Tisvilde Hegn OK	(28:27)	+0:19	00:23		
	3:15 (3:15)	2:05 (5:20)	3:41 (9:01)	2:48 (11:49)	2:23 (14:12)	2:54 (17:06)	
	3:10 (20:16)	1:50 (22:06)	1:36 (23:42)	1:38 (25:20)	1:23 (26:43)	1:44 (28:27)	
	Christian Strandgaard	Søllerød OK	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	Gunnar Grue-Sørensen	Køge OK	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	Gunner Jørgensen	OK73	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	Jesper Kracht	PI-København	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	Ole Galle	Tisvilde Hegn OK	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
<b>H4</b>		<b>(2 / 2)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
1.	Rasmus Storm Lyngsø	Allerød OK	36:56		00:00		
	1:46 (1:46)	2:43 (4:29)	2:05 (6:34)	3:39 (10:13)	2:22 (12:35)	2:47 (15:22)	
	2:26 (17:48)	2:13 (20:01)	1:01 (21:02)	2:02 (23:04)	3:11 (26:15)	2:15 (28:30)	
	4:18 (32:48)	2:20 (35:08)	1:48 (36:56)				
	Carl-Johan Rosenberg	FIF Hillerød	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
<b>H6</b>		<b>(4 / 4)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
1.	Eigil Poul Gerstrøm	Tisvilde Hegn OK	22:39		00:00		
	0:07 (0:07)	2:47 (2:54)	1:36 (4:30)	1:02 (5:32)	4:09 (9:41)	3:17 (12:58)	
	0:51 (13:49)	0:53 (14:42)	1:43 (16:25)	2:56 (19:21)	2:17 (21:38)	1:01 (22:39)	
2.	Sigurd Nielsen	Tisvilde Hegn OK	22:50	+0:11	00:16		
	0:07 (0:07)	2:47 (2:54)	1:36 (4:30)	0:59 (5:29)	4:12 (9:41)	3:04 (12:45)	
	1:07 (13:52)	0:51 (14:43)	1:42 (16:25)	2:56 (19:21)	2:17 (21:38)	1:12 (22:50)	
3.	Manfred Fonselius	Tisvilde Hegn OK	39:09	+16:30	06:35		
	0:48 (0:48)	3:33 (4:21)	2:56 (7:17)	1:44 (9:01)	5:54 (14:55)	5:27 (20:22)	
	2:08 (22:30)	2:05 (24:35)	1:40 (26:15)	4:46 (31:01)	5:55 (36:56)	2:13 (39:09)	
4.	Torvald Hjalmer Clausen	Tisvilde Hegn OK	39:11	+16:32	07:20		
	0:33 (0:33)	3:45 (4:18)	2:47 (7:05)	2:13 (9:18)	5:30 (14:48)	5:34 (20:22)	
	2:08 (22:30)	2:01 (24:31)	1:44 (26:15)	4:36 (30:51)	6:13 (37:04)	2:07 (39:11)	
<b>Open1</b>		<b>(3 / 3)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
1.	Theis Munktvad	Allerød OK	43:35		00:00		
	1:57 (1:57)	2:33 (4:30)	1:33 (6:03)	2:04 (8:07)	1:00 (9:07)	1:06 (10:13)	
	1:41 (11:54)	1:49 (13:43)	1:13 (14:56)	3:30 (18:26)	2:46 (21:12)	1:16 (22:28)	
	1:13 (23:41)	2:10 (25:51)	1:16 (27:07)	1:18 (28:25)	1:31 (29:56)	2:41 (32:37)	
	1:30 (34:07)	1:24 (35:31)	1:45 (37:16)	1:52 (39:08)	0:52 (40:00)	0:42 (40:42)	
	1:02 (41:44)	0:44 (42:28)	1:07 (43:35)				

<b>2. Bela Sebok</b>	<b>Ballerup OK</b>	<b>1:04:41</b>	<b>+21:06</b>	<b>06:11</b>		
4:52 (4:52)	2:52 (7:44)	1:49 (9:33)	2:41 (12:14)	1:37 (13:51)	1:28 (15:19)	
1:57 (17:16)	4:10 (21:26)	1:20 (22:46)	5:37 (28:23)	2:08 (30:31)	2:45 (33:16)	
2:18 (35:34)	3:43 (39:17)	1:36 (40:53)	2:05 (42:58)	2:44 (45:42)	3:54 (49:36)	
2:01 (51:37)	1:51 (53:28)	2:36 (56:04)	2:26 (58:30)	1:29 (59:59)	1:03 (1:01:02)	
1:23 (1:02:25)	0:59 (1:03:24)	1:17 (1:04:41)				
<b>Joakim Iising Sørensen</b>	<b>Ballerup OK</b>	<b>Ej startet</b>				
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	

<b>Open2</b>	<b>(16 / 16)</b>	<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>		
<b>1. Mads Christian Maarup</b>	<b>Allerød OK</b>	<b>33:45</b>		<b>00:27</b>		
1:34 (1:34)	1:46 (3:20)	1:55 (5:15)	3:10 (8:25)	1:51 (10:16)	1:11 (11:27)	
2:02 (13:29)	1:18 (14:47)	1:44 (16:31)	1:42 (18:13)	3:20 (21:33)	1:54 (23:27)	
0:55 (24:22)	0:50 (25:12)	1:13 (26:25)	2:01 (28:26)	1:23 (29:49)	2:11 (32:00)	
0:39 (32:39)	1:06 (33:45)					
<b>2. Rolf Lund</b>	<b>Helsingør SOK</b>	<b>36:25</b>	<b>+2:40</b>	<b>01:54</b>		
1:31 (1:31)	1:55 (3:26)	2:06 (5:32)	3:21 (8:53)	1:29 (10:22)	1:20 (11:42)	
2:09 (13:51)	1:19 (15:10)	1:30 (16:40)	1:43 (18:23)	3:19 (21:42)	2:08 (23:50)	
1:33 (25:23)	2:00 (27:23)	2:27 (29:50)	1:49 (31:39)	0:56 (32:35)	1:10 (33:45)	
1:18 (35:03)	1:22 (36:25)					
<b>3. Peter Steen Landsperg</b>	<b>Tisvilde Hegn OK</b>	<b>38:25</b>	<b>+4:40</b>	<b>01:54</b>		
1:29 (1:29)	1:49 (3:18)	2:13 (5:31)	1:30 (7:01)	2:05 (9:06)	1:40 (10:46)	
3:36 (14:22)	1:44 (16:06)	2:13 (18:19)	2:18 (20:37)	3:48 (24:25)	2:41 (27:06)	
1:05 (28:11)	0:58 (29:09)	1:18 (30:27)	2:00 (32:27)	1:39 (34:06)	2:05 (36:11)	
1:03 (37:14)	1:11 (38:25)					
<b>4. Niels-Peter Vest Nielsen</b>	<b>Allerød OK</b>	<b>40:15</b>	<b>+6:30</b>	<b>03:55</b>		
1:53 (1:53)	1:49 (3:42)	2:07 (5:49)	3:27 (9:16)	1:23 (10:39)	1:20 (11:59)	
4:48 (16:47)	1:55 (18:42)	1:56 (20:38)	1:51 (22:29)	3:29 (25:58)	2:10 (28:08)	
1:09 (29:17)	0:55 (30:12)	1:07 (31:19)	2:16 (33:35)	1:44 (35:19)	2:00 (37:19)	
1:36 (38:55)	1:20 (40:15)					
<b>5. Tenna Nørgaard Landsperg</b>	<b>Tisvilde Hegn OK</b>	<b>41:33</b>	<b>+7:48</b>	<b>02:34</b>		
1:54 (1:54)	1:42 (3:36)	2:25 (6:01)	3:49 (9:50)	2:08 (11:58)	2:32 (14:30)	
2:36 (17:06)	2:02 (19:08)	1:47 (20:55)	1:50 (22:45)	3:52 (26:37)	2:15 (28:52)	
1:14 (30:06)	0:58 (31:04)	1:17 (32:21)	2:22 (34:43)	1:36 (36:19)	2:24 (38:43)	
1:15 (39:58)	1:35 (41:33)					
<b>6. Helge Tillingsøe</b>		<b>42:04</b>	<b>+8:19</b>	<b>03:30</b>		
1:34 (1:34)	2:01 (3:35)	2:18 (5:53)	1:26 (7:19)	1:50 (9:09)	1:56 (11:05)	
3:37 (14:42)	1:34 (16:16)	2:08 (18:24)	2:24 (20:48)	3:48 (24:36)	5:06 (29:42)	
1:33 (31:15)	2:24 (33:39)	2:25 (36:04)	1:14 (37:18)	0:59 (38:17)	1:22 (39:39)	
1:00 (40:39)	1:25 (42:04)					
<b>7. Henrik Albahn</b>	<b>Lyngby OK</b>	<b>43:05</b>	<b>+9:20</b>	<b>02:31</b>		
1:52 (1:52)	1:52 (3:44)	2:23 (6:07)	1:35 (7:42)	1:39 (9:21)	2:09 (11:30)	
3:40 (15:10)	1:36 (16:46)	1:43 (18:29)	2:45 (21:14)	3:40 (24:54)	2:42 (27:36)	
1:55 (29:31)	4:58 (34:29)	2:22 (36:51)	1:10 (38:01)	1:10 (39:11)	1:26 (40:37)	
1:00 (41:37)	1:28 (43:05)					
<b>8. Sten Skytte Kirkegaard</b>	<b>Tisvilde Hegn OK</b>	<b>48:16</b>	<b>+14:31</b>	<b>03:10</b>		
2:04 (2:04)	2:42 (4:46)	2:46 (7:32)	4:17 (11:49)	2:12 (14:01)	2:06 (16:07)	
3:08 (19:15)	2:39 (21:54)	3:51 (25:45)	2:28 (28:13)	4:03 (32:16)	2:28 (34:44)	
1:58 (36:42)	2:27 (39:09)	2:39 (41:48)	1:14 (43:02)	1:10 (44:12)	1:30 (45:42)	
1:09 (46:51)	1:25 (48:16)					
<b>9. Carsten Elhøj</b>		<b>48:51</b>	<b>+15:06</b>	<b>01:30</b>		
1:50 (1:50)	2:17 (4:07)	2:48 (6:55)	1:44 (8:39)	2:03 (10:42)	2:29 (13:11)	
5:19 (18:30)	2:12 (20:42)	1:56 (22:38)	3:02 (25:40)	5:09 (30:49)	2:35 (33:24)	
1:59 (35:23)	2:54 (38:17)	3:25 (41:42)	1:17 (42:59)	1:19 (44:18)	1:40 (45:58)	
1:13 (47:11)	1:40 (48:51)					
<b>10. Lars Bech Jensen</b>	<b>Ballerup OK</b>	<b>1:02:06</b>	<b>+28:21</b>	<b>04:10</b>		
3:24 (3:24)	2:57 (6:21)	3:41 (10:02)	3:09 (13:11)	2:51 (16:02)	2:59 (19:01)	
6:21 (25:22)	2:11 (27:33)	2:12 (29:45)	4:25 (34:10)	6:57 (41:07)	3:22 (44:29)	
1:54 (46:23)	1:29 (47:52)	2:06 (49:58)	3:15 (53:13)	2:07 (55:20)	3:09 (58:29)	
1:39 (1:00:08)	1:58 (1:02:06)					
<b>11. Ole Berner</b>	<b>Søllerød OK</b>	<b>1:06:16</b>	<b>+32:31</b>	<b>04:35</b>		
2:23 (2:23)	2:42 (5:05)	3:42 (8:47)	5:34 (14:21)	2:30 (16:51)	3:35 (20:26)	
4:48 (25:14)	2:56 (28:10)	3:30 (31:40)	3:29 (35:09)	6:31 (41:40)	4:30 (46:10)	
2:27 (48:37)	3:30 (52:07)	4:07 (56:14)	2:08 (58:22)	1:55 (1:00:17)	2:11 (1:02:28)	
1:54 (1:04:22)	1:54 (1:06:16)					
<b>12. Philip Vestmark Vith Jensen</b>	<b>PI-København</b>	<b>1:22:04</b>	<b>+48:19</b>	<b>18:16</b>		
2:46 (2:46)	3:21 (6:07)	3:20 (9:27)	4:41 (14:08)	4:27 (18:35)	6:22 (24:57)	
4:16 (29:13)	5:04 (34:17)	4:51 (39:08)	3:11 (42:19)	10:25 (52:44)	3:37 (56:21)	
2:03 (58:24)	1:59 (1:00:23)	2:17 (1:02:40)	8:06 (1:10:46)	3:34 (1:14:20)	4:14 (1:18:34)	
1:58 (1:20:32)	1:32 (1:22:04)					
<b>13. Niels Landsperg</b>	<b>Tisvilde Hegn OK</b>	<b>1:23:42</b>	<b>+49:57</b>	<b>26:50</b>		
24:50 (24:50)	2:14 (27:04)	3:16 (30:20)	6:51 (37:11)	2:46 (39:57)	2:51 (42:48)	
5:19 (48:07)	2:50 (50:57)	2:22 (53:19)	3:45 (57:04)	5:40 (1:02:44)	3:09 (1:05:53)	
2:14 (1:08:07)	3:25 (1:11:32)	3:38 (1:15:10)	1:51 (1:17:01)	1:25 (1:18:26)	1:57 (1:20:23)	
1:24 (1:21:47)	1:55 (1:23:42)					

Birgitte Birck		Allerød OK		Ej startet		
–(–)	–(–)	–(–)	–(–)	–(–)	–(–)	–(–)
–(–)	–(–)	–(–)	–(–)	–(–)	–(–)	–(–)
–(–)	–(–)	–(–)	–(–)	–(–)	–(–)	–(–)
–(–)	–(–)	–(–)	–(–)	–(–)	–(–)	–(–)
Laus Seir Hansen		Helsingør SOK		Ej startet		
–(–)	–(–)	–(–)	–(–)	–(–)	–(–)	–(–)
–(–)	–(–)	–(–)	–(–)	–(–)	–(–)	–(–)
–(–)	–(–)	–(–)	–(–)	–(–)	–(–)	–(–)
–(–)	–(–)	–(–)	–(–)	–(–)	–(–)	–(–)
Ulla Hooge		OK Skærmøen Værløse		Ej startet		
–(–)	–(–)	–(–)	–(–)	–(–)	–(–)	–(–)
–(–)	–(–)	–(–)	–(–)	–(–)	–(–)	–(–)
–(–)	–(–)	–(–)	–(–)	–(–)	–(–)	–(–)
–(–)	–(–)	–(–)	–(–)	–(–)	–(–)	–(–)

Open3	(17 / 17)	Tid	Efter	Tidstab		
1. Lene Jensen	Helsingør SOK	27:15		01:40		
2:30 (2:30)	2:24 (4:54)		2:44 (10:56)		1:55 (12:51)	2:36 (15:27)
2:55 (18:22)	1:22 (19:44)		2:04 (23:10)		2:39 (25:49)	1:26 (27:15)
2. Perillie Hansen	HSOK.dk	30:54	+3:39	00:59		
2:59 (2:59)	2:13 (5:12)		3:10 (12:25)		1:41 (14:06)	1:33 (15:39)
3:03 (18:42)	3:06 (21:48)		3:21 (27:31)		1:30 (29:01)	1:53 (30:54)
3. Tage Ebbensgaard	Køge OK	32:07	+4:52	05:37:51		
3:08 (3:08)	2:24 (5:32)		3:25 (13:15)		2:22 (15:37)	3:17 (18:54)
3:20 (22:14)	2:35 (24:49)		2:09 (28:35)		6:01:25 (6:30:00)	– (32:07)
4. Karl Aage Hald	FSK Orientering	40:33	+13:18	05:01		
3:48 (3:48)	2:33 (6:21)		7:28 (18:10)		2:44 (20:54)	4:55 (25:49)
4:17 (30:06)	1:53 (31:59)		2:32 (36:28)		2:06 (38:34)	1:59 (40:33)
5. Kirsten Witt	OK Skærmøen Værløse	47:08	+19:53	03:18		
5:06 (5:06)	3:45 (8:51)		4:39 (21:12)		2:35 (23:47)	2:12 (25:59)
2:55 (28:54)	4:46 (33:40)		5:13 (42:02)		2:40 (44:42)	2:26 (47:08)
6. Susanne Grøn	Tisvilde Hegn OK	50:06	+22:51	15:52		
2:41 (2:41)	13:08 (15:49)		3:40 (25:14)		3:04 (28:18)	3:23 (31:41)
4:28 (36:09)	3:12 (39:21)		1:52 (45:40)		2:50 (48:30)	1:36 (50:06)
7. Flemming Larsen	Helsingør SOK	54:47	+27:32	10:11		
4:14 (4:14)	2:31 (6:45)		5:18 (16:59)		6:15 (23:14)	2:59 (26:13)
3:52 (30:05)	5:02 (35:07)		5:09 (44:10)		7:58 (52:08)	2:39 (54:47)
8. Lise Kolte	FSK Orientering	57:26	+30:11	06:04		
5:13 (5:13)	6:45 (11:58)		5:36 (25:28)		3:35 (29:03)	3:54 (32:57)
3:32 (36:29)	6:36 (43:05)		5:19 (51:57)		2:32 (54:29)	2:57 (57:26)
9. Kirsten Truelsen		1:11:53	+44:38	03:46		
7:12 (7:12)	4:59 (12:11)		8:56 (31:43)		5:20 (37:03)	7:23 (44:26)
7:57 (52:23)	4:14 (56:37)		3:49 (1:04:27)		3:09 (1:07:36)	4:17 (1:11:53)
10. Holger Hansen	Tisvilde Hegn OK	1:31:33	+64:18	36:25		
6:24 (6:24)	3:48 (10:12)		7:52 (53:52)		3:35 (57:27)	4:47 (1:02:14)
6:27 (1:08:41)	2:27 (1:11:08)		5:31 (1:19:39)		9:26 (1:29:05)	2:28 (1:31:33)
Karsten Richardt	Køge OK	–		01:19		
–(–)	2:02 (–)		3:37 (–)		1:31 (–)	1:39 (–)
2:27 (–)	3:06 (–)		3:35 (–)		1:36 (–)	2:15 (–)
Jens Aaris Thisted	Søllerød OK	Fejlklip				
9:06 (9:06)	2:35 (11:41)		–(–)		–(–)	–(–)
–(–)	–(–)		–(–)		–(–)	–(26:07)
Ole D. Jensen	Tisvilde Hegn OK	Fejlklip				
–(–)	–(–)		–(–)		–(–)	–(56:21)
–(–)	–(–)		–(–)		–(1:01:13)	2:00 (1:03:13)
Gunnar Lorenzen	Allerød OK	Ej startet				
–(–)	–(–)		–(–)		–(–)	–(–)
–(–)	–(–)		–(–)		–(–)	–(–)
Helle M. Frederiksen	Ballerup OK	Ej startet				
–(–)	–(–)		–(–)		–(–)	–(–)
–(–)	–(–)		–(–)		–(–)	–(–)
Kuno Rasmussen	Ballerup OK	Ej startet				
–(–)	–(–)		–(–)		–(–)	–(–)
–(–)	–(–)		–(–)		–(–)	–(–)
Mette Seir Hansen	Helsingør SOK	Ej startet				
–(–)	–(–)		–(–)		–(–)	–(–)
–(–)	–(–)		–(–)		–(–)	–(–)

Open4	(1 / 1)	Tid	Efter	Tidstab		
Gitte Grauert	Ballerup OK	–		00:00		
–(–)	5:31 (–)		6:59 (–)		2:50 (–)	2:25 (–)
3:15 (–)	4:28 (–)		4:33 (–)		5:54 (–)	4:29 (–)
6:26 (–)	4:23 (–)		2:43 (–)			

Open5	(1 / 1)	Tid	Efter	Tidstab		
1. Anneli Aabye	Ballerup OK	54:54		00:00		
3:00 (3:00)	1:26 (4:26)		5:22 (13:17)		5:28 (18:45)	2:42 (21:27)
3:47 (25:14)	2:23 (27:37)		4:20 (35:16)		6:18 (41:34)	4:10 (45:44)
3:44 (49:28)	3:06 (52:34)		2:20 (54:54)			

<b>Open6</b>		<b>(1 / 1)</b>		<b>Tid</b>	<b>Efter</b>	<b>Tidstab</b>	
1.	Einar Klausen	Tisvilde Hegn OK		54:47		00:00	
	0:47 (0:47)	5:42 (6:29)	3:53 (10:22)		1:31 (11:53)	9:06 (20:59)	7:01 (28:00)
	4:27 (32:27)	2:33 (35:00)	2:31 (37:31)		7:55 (45:26)	6:08 (51:34)	3:13 (54:47)