

6.	Rolf Lund		Helsingør SOK	44:46	+5:45		
	1:32 (1:32)	1:33 (3:05)	2:45 (5:50)	2:18 (8:08)	1:48 (9:56)	1:14 (11:10)	
	5:12 (16:22)	5:07 (21:29)	2:39 (24:08)	5:55 (30:03)	3:15 (33:18)	3:07 (36:25)	
	2:43 (39:08)	2:31 (41:39)	1:26 (43:05)	1:05 (44:10)	0:36 (44:46)		
7.	Irina Kupriyanova		Farum OK	44:59	+5:58		
	2:29 (2:29)	1:35 (4:04)	2:32 (6:36)	1:59 (8:35)	2:36 (11:11)	1:20 (12:31)	
	5:51 (18:22)	5:17 (23:39)	2:35 (26:14)	3:36 (29:50)	5:18 (35:08)	1:09 (36:17)	
	3:32 (39:49)	2:16 (42:05)	1:18 (43:23)	1:02 (44:25)	0:34 (44:59)		
8.	Alex Ottesen		Ballerup OK	45:09	+6:08		
	1:38 (1:38)	1:47 (3:25)	2:46 (6:11)	2:02 (8:13)	3:43 (11:56)	1:16 (13:12)	
	5:09 (18:21)	5:51 (24:12)	2:37 (26:49)	3:15 (30:04)	3:24 (33:28)	1:10 (34:38)	
	2:41 (37:19)	2:34 (39:53)	2:37 (42:30)	2:03 (44:33)	0:36 (45:09)		
9.	Carsten Gemmer Hanghøj		Ballerup OK	45:38	+6:37		
	1:44 (1:44)	2:00 (3:44)	2:54 (6:38)	2:06 (8:44)	1:57 (10:41)	1:24 (12:05)	
	5:08 (17:13)	6:21 (23:34)	2:51 (26:25)	3:35 (30:00)	5:01 (35:01)	1:45 (36:46)	
	3:00 (39:46)	2:21 (42:07)	1:32 (43:39)	1:16 (44:55)	0:43 (45:38)		
10.	Athene Wessel		Søllerød OK	45:42	+6:41		
	2:18 (2:18)	1:51 (4:09)	2:42 (6:51)	2:05 (8:56)	1:53 (10:49)	1:44 (12:33)	
	4:33 (17:06)	6:03 (23:09)	3:24 (26:33)	3:46 (30:19)	4:35 (34:54)	1:36 (36:30)	
	2:55 (39:25)	2:56 (42:21)	1:37 (43:58)	1:10 (45:08)	0:34 (45:42)		
11.	Dan Eriksen		THOK	46:30	+7:29		
	2:04 (2:04)	2:01 (4:05)	2:44 (6:49)	2:31 (9:20)	1:40 (11:00)	1:27 (12:27)	
	4:56 (17:23)	5:39 (23:02)	2:34 (25:36)	5:55 (31:31)	3:41 (35:12)	1:52 (37:04)	
	2:55 (39:59)	2:30 (42:29)	2:18 (44:47)	1:12 (45:59)	0:31 (46:30)		
12.	Mikkel Buchgreitz		Søllerød OK	46:33	+7:32		
	2:25 (2:25)	2:07 (4:32)	2:36 (7:08)	3:08 (10:16)	2:04 (12:20)	1:42 (14:02)	
	5:15 (19:17)	5:53 (25:10)	3:34 (28:44)	4:13 (32:57)	3:42 (36:39)	1:13 (37:52)	
	2:24 (40:16)	2:51 (43:07)	1:38 (44:45)	1:14 (45:59)	0:34 (46:33)		
13.	Morten Ebbensgaard		OK Øst Birkerød	49:30	+10:29		
	1:55 (1:55)	1:53 (3:48)	3:10 (6:58)	2:34 (9:32)	1:59 (11:31)	1:45 (13:16)	
	6:02 (19:18)	6:17 (25:35)	2:55 (28:30)	3:47 (32:17)	5:53 (38:10)	1:15 (39:25)	
	2:55 (42:20)	2:43 (45:03)	2:26 (47:29)	1:17 (48:46)	0:44 (49:30)		
14.	Morten Ploug		Ballerup OK	49:35	+10:34		
	1:56 (1:56)	2:13 (4:09)	2:53 (7:02)	2:36 (9:38)	2:34 (12:12)	1:24 (13:36)	
	5:57 (19:33)	5:40 (25:13)	2:59 (28:12)	3:41 (31:53)	4:30 (36:23)	1:17 (37:40)	
	3:32 (41:12)	3:44 (44:56)	2:34 (47:30)	1:22 (48:52)	0:43 (49:35)		
15.	Jesper Vestergaard		Søllerød OK	50:22	+11:21		
	1:51 (1:51)	1:46 (3:37)	3:09 (6:46)	2:34 (9:20)	2:02 (11:22)	1:39 (13:01)	
	6:21 (19:22)	7:16 (26:38)	3:12 (29:50)	4:56 (34:46)	4:00 (38:46)	1:27 (40:13)	
	3:21 (43:34)	2:59 (46:33)	1:53 (48:26)	1:19 (49:45)	0:37 (50:22)		
16.	Thomas Thilo		Farum OK	52:35	+13:34		
	1:52 (1:52)	1:48 (3:40)	2:57 (6:37)	2:12 (8:49)	1:44 (10:33)	6:15 (16:48)	
	6:10 (22:58)	6:40 (29:38)	2:31 (32:09)	4:01 (36:10)	3:18 (39:28)	1:17 (40:45)	
	4:48 (45:33)	2:24 (47:57)	1:42 (49:39)	2:17 (51:56)	0:39 (52:35)		
17.	Jan Thomsen		OK Pan	52:50	+13:49		
	1:47 (1:47)	1:48 (3:35)	2:54 (6:29)	2:29 (8:58)	2:23 (11:21)	2:20 (13:41)	
	6:03 (19:44)	7:26 (27:10)	2:53 (30:03)	3:49 (33:52)	3:41 (37:33)	1:39 (39:12)	
	5:56 (45:08)	3:51 (48:59)	1:50 (50:49)	1:23 (52:12)	0:38 (52:50)		
18.	Per Windfeld		OK ØST Birkerød	54:58	+15:57		
	2:32 (2:32)	2:21 (4:53)	3:41 (8:34)	2:48 (11:22)	2:12 (13:34)	2:03 (15:37)	
	6:37 (22:14)	7:51 (30:05)	3:25 (33:30)	5:13 (38:43)	4:28 (43:11)	1:36 (44:47)	
	3:32 (48:19)	2:49 (51:08)	1:50 (52:58)	1:23 (54:21)	0:37 (54:58)		
19.	Lucia Holck		THOK	56:57	+17:56		
	1:46 (1:46)	2:16 (4:02)	3:33 (7:35)	2:55 (10:30)	1:55 (12:25)	2:08 (14:33)	
	6:10 (20:43)	7:19 (28:02)	5:31 (33:33)	4:51 (38:24)	3:37 (42:01)	3:32 (45:33)	
	4:18 (49:51)	3:29 (53:20)	1:52 (55:12)	1:11 (56:23)	0:34 (56:57)		
20.	Anne Maarup		Allerød OK	57:37	+18:36		
	2:14 (2:14)	2:02 (4:16)	3:46 (8:02)	3:08 (11:10)	2:44 (13:54)	2:00 (15:54)	
	7:36 (23:30)	7:42 (31:12)	3:35 (34:47)	4:31 (39:18)	4:27 (43:45)	1:45 (45:30)	
	3:52 (49:22)	4:01 (53:23)	1:54 (55:17)	1:31 (56:48)	0:49 (57:37)		
21.	Erik Ellegaard Simonsen		OK ØST Birkerød	1:00:17	+21:16		
	3:51 (3:51)	2:19 (6:10)	3:35 (9:45)	3:05 (12:50)	2:29 (15:19)	2:06 (17:25)	
	8:17 (25:42)	7:45 (33:27)	3:52 (37:19)	4:24 (41:43)	4:30 (46:13)	1:34 (47:47)	
	4:19 (52:06)	4:17 (56:23)	1:51 (58:14)	1:23 (59:37)	0:40 (1:00:17)		
22.	Steen Stausholm		THOK	1:01:11	+22:10		
	6:02 (6:02)	2:03 (8:05)	3:19 (11:24)	3:21 (14:45)	2:16 (17:01)	1:31 (18:32)	
	6:24 (24:56)	7:08 (32:04)	3:24 (35:28)	5:43 (41:11)	5:51 (47:02)	1:36 (48:38)	
	3:34 (52:12)	4:27 (56:39)	1:56 (58:35)	1:59 (1:00:34)	0:37 (1:01:11)		
23.	Troels Bent Hansen		Allerød OK	1:01:58	+22:57		
	5:46 (5:46)	2:39 (8:25)	3:37 (12:02)	3:01 (15:03)	2:45 (17:48)	1:48 (19:36)	
	6:36 (26:12)	6:47 (32:59)	3:18 (36:17)	4:06 (40:23)	4:26 (44:49)	1:35 (46:24)	
	4:40 (51:04)	6:25 (57:29)	1:56 (59:25)	1:39 (1:01:04)	0:54 (1:01:58)		
24.	Anne Marie Thommesen		Ballerup OK	1:02:23	+23:22		
	2:03 (2:03)	2:05 (4:08)	3:13 (7:21)	3:35 (10:56)	3:08 (14:04)	1:39 (15:43)	
	6:27 (22:10)	6:24 (28:34)	3:21 (31:55)	4:13 (36:08)	11:00 (47:08)	1:28 (48:36)	
	4:31 (53:07)	5:04 (58:11)	2:02 (1:00:13)	1:27 (1:01:40)	0:43 (1:02:23)		
25.	Søren Sloth		FIF Hillerød	1:02:32	+23:31		
	2:34 (2:34)	3:59 (6:33)	3:28 (10:01)	8:10 (18:11)	2:16 (20:27)	2:10 (22:37)	
	7:35 (30:12)	7:04 (37:16)	3:35 (40:51)	4:35 (45:26)	4:16 (49:42)	1:46 (51:28)	
	3:19 (54:47)	2:57 (57:44)	2:01 (59:45)	2:01 (1:01:46)	0:46 (1:02:32)		

26.	Bjarne Iversen		FSK Orientering	1:02:51	+23:50		
	4:51 (4:51)	2:52 (7:43)	3:35 (11:18)	3:23 (14:41)		2:43 (17:24)	1:58 (19:22)
	10:04 (29:26)	6:49 (36:15)	3:22 (39:37)	4:23 (44:00)		4:25 (48:25)	1:29 (49:54)
	4:22 (54:16)	4:21 (58:37)	1:47 (1:00:24)	1:37 (1:02:01)		0:50 (1:02:51)	
27.	Maria Douglas		FIF Hillerød	1:03:44	+24:43		
	2:31 (2:31)	3:18 (5:49)	3:40 (9:29)	3:31 (13:00)		2:58 (15:58)	2:11 (18:09)
	11:00 (29:09)	7:11 (36:20)	3:45 (40:05)	4:20 (44:25)		4:46 (49:11)	1:50 (51:01)
	4:23 (55:24)	3:21 (58:45)	2:17 (1:01:02)	2:01 (1:03:03)		0:41 (1:03:44)	
28.	Charlotte Bergmann		Allerød OK	1:04:20	+25:19		
	2:41 (2:41)	2:50 (5:31)	3:41 (9:12)	3:33 (12:45)		2:32 (15:17)	1:59 (17:16)
	8:06 (25:22)	8:17 (33:39)	3:54 (37:33)	4:55 (42:28)		4:54 (47:22)	1:49 (49:11)
	4:32 (53:43)	3:29 (57:12)	4:28 (1:01:40)	1:42 (1:03:22)		0:58 (1:04:20)	
29.	Lone Elisabeth Pereira Hansen		AMOK	1:05:19	+26:18		
	3:25 (3:25)	2:28 (5:53)	3:29 (9:22)	3:37 (12:59)		2:40 (15:39)	1:56 (17:35)
	6:51 (24:26)	8:22 (32:48)	4:15 (37:03)	4:42 (41:45)		6:26 (48:11)	2:28 (50:39)
	5:26 (56:05)	3:46 (59:51)	2:49 (1:02:40)	1:51 (1:04:31)		0:48 (1:05:19)	
30.	Jens Bentsen		OK ØST Birkerød	1:08:55	+29:54		
	5:19 (5:19)	4:38 (9:57)	3:33 (13:30)	3:04 (16:34)		2:53 (19:27)	2:44 (22:11)
	7:38 (29:49)	8:00 (37:49)	4:30 (42:19)	6:37 (48:56)		4:47 (53:43)	1:48 (55:31)
	3:56 (59:27)	3:49 (1:03:16)	3:11 (1:06:27)	1:37 (1:08:04)		0:51 (1:08:55)	
31.	Niels la Cour Bentzon		Søllerød OK	1:09:18	+30:17		
	2:54 (2:54)	3:04 (5:58)	3:43 (9:41)	3:28 (13:09)		3:05 (16:14)	1:58 (18:12)
	7:44 (25:56)	8:29 (34:25)	4:48 (39:13)	7:35 (46:48)		5:11 (51:59)	2:04 (54:03)
	4:45 (58:48)	3:24 (1:02:12)	4:44 (1:06:56)	1:31 (1:08:27)		0:51 (1:09:18)	
32.	Leif Sudergaard		Kildeholm OK	1:11:12	+32:11		
	5:39 (5:39)	2:21 (8:00)	3:46 (11:46)	3:43 (15:29)		2:59 (18:28)	2:13 (20:41)
	8:00 (28:41)	8:37 (37:18)	4:32 (41:50)	5:35 (47:25)		5:51 (53:16)	1:50 (55:06)
	5:01 (1:00:07)	6:18 (1:06:25)	2:10 (1:08:35)	1:45 (1:10:20)		0:52 (1:11:12)	
33.	Jens Korsholm		Farum OK	1:12:38	+33:37		
	3:29 (3:29)	3:54 (7:23)	4:30 (11:53)	4:09 (16:02)		3:07 (19:09)	2:20 (21:29)
	8:28 (29:57)	9:08 (39:05)	4:26 (43:31)	5:22 (48:53)		5:45 (54:38)	2:21 (56:59)
	4:44 (1:01:43)	5:08 (1:06:51)	2:32 (1:09:23)	2:14 (1:11:37)		1:01 (1:12:38)	
34.	Flemming Wendelboe		Helsingør SOK	1:14:32	+35:31		
	3:46 (3:46)	3:27 (7:13)	4:19 (11:32)	3:52 (15:24)		3:02 (18:26)	2:14 (20:40)
	7:25 (28:05)	8:13 (36:18)	3:57 (40:15)	5:24 (45:39)		7:51 (53:30)	2:34 (56:04)
	10:13 (1:06:17)	3:19 (1:09:36)	2:25 (1:12:01)	1:35 (1:13:36)		0:56 (1:14:32)	
35.	Ole Gold		Farum OK	1:15:17	+36:16		
	3:06 (3:06)	3:07 (6:13)	5:01 (11:14)	4:00 (15:14)		3:58 (19:12)	2:55 (22:07)
	9:58 (32:05)	10:02 (42:07)	4:41 (46:48)	5:27 (52:15)		5:45 (58:00)	2:11 (1:00:11)
	4:44 (1:04:55)	5:17 (1:10:12)	2:12 (1:12:24)	2:02 (1:14:26)		0:51 (1:15:17)	
36.	Jesper Allan Jensen		OKR	1:21:21	+42:20		
	2:57 (2:57)	3:05 (6:02)	4:11 (10:13)	8:06 (18:19)		2:43 (21:02)	2:27 (23:29)
	10:03 (33:32)	9:28 (43:00)	4:29 (47:29)	6:45 (54:14)		5:47 (1:00:01)	2:28 (1:02:29)
	6:58 (1:09:27)	6:27 (1:15:54)	2:31 (1:18:25)	2:07 (1:20:32)		0:49 (1:21:21)	
37.	Erik Sørensen		Allerød OK	1:27:24	+48:23		
	11:08 (11:08)	3:15 (14:23)	4:51 (19:14)	4:03 (23:17)		3:28 (26:45)	2:07 (28:52)
	9:12 (38:04)	9:28 (47:32)	4:14 (51:46)	4:59 (56:45)		15:57 (1:12:42)	1:57 (1:14:39)
	4:22 (1:19:01)	3:39 (1:22:40)	2:11 (1:24:51)	1:42 (1:26:33)		0:51 (1:27:24)	
38.	Camilla Bøgevig Larkai		OK73	1:36:12	+57:11		
	3:21 (3:21)	19:31 (22:52)	4:32 (27:24)	4:01 (31:25)		3:07 (34:32)	2:19 (36:51)
	8:44 (45:35)	11:09 (56:44)	4:49 (1:01:33)	8:09 (1:09:42)		10:10 (1:19:52)	1:50 (1:21:42)
	4:02 (1:25:44)	5:39 (1:31:23)	2:19 (1:33:42)	1:44 (1:35:26)		0:46 (1:36:12)	
39.	Ina Klemmensen		Kildeholm OK	1:42:49	+1:03:48		
	3:13 (3:13)	2:37 (5:50)	3:53 (9:43)	15:05 (24:48)		4:28 (29:16)	2:25 (31:41)
	8:24 (40:05)	10:13 (50:18)	4:17 (54:35)	7:11 (1:01:46)		6:56 (1:08:42)	2:26 (1:11:08)
	18:20 (1:29:28)	5:23 (1:34:51)	5:17 (1:40:08)	1:55 (1:42:03)		0:46 (1:42:49)	
	Kurt Thuesen		FSK Orientering	Fejlklip			
	3:23 (3:23)	1:51 (5:14)	3:19 (8:33)	3:25 (11:58)		2:22 (14:20)	1:43 (16:03)
	6:05 (22:08)	7:05 (29:13)	3:14 (32:27)	6:43 (39:10)		4:13 (43:23)	1:29 (44:52)
	4:20 (49:12)	4:33 (53:45)	– (–)	– (58:03)		0:57 (59:00)	
	Lasse Hansen		Kildeholm OK	Fejlklip			
	2:12 (2:12)	2:27 (4:39)	2:41 (7:20)	2:29 (9:49)		1:47 (11:36)	1:22 (12:58)
	6:42 (19:40)	6:34 (26:14)	2:55 (29:09)	3:25 (32:34)		3:29 (36:03)	1:28 (37:31)
	– (–)	– (50:35)	1:29 (52:04)	1:58 (54:02)		0:42 (54:44)	
	Leif Pedersen		FSK Orientering	Fejlklip			
	2:05 (2:05)	2:49 (4:54)	3:33 (8:27)	2:55 (11:22)		2:46 (14:08)	1:42 (15:50)
	6:35 (22:25)	8:35 (31:00)	3:15 (34:15)	– (–)		– (48:38)	1:25 (50:03)
	3:16 (53:19)	3:52 (57:11)	1:45 (58:56)	1:18 (1:00:14)		0:42 (1:00:56)	
	Mikkel Otttesen		Ballerup OK	Fejlklip			
	2:13 (2:13)	1:37 (3:50)	3:10 (7:00)	7:54 (14:54)		1:54 (16:48)	– (–)
	– (30:06)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (41:09)	2:41 (43:50)	1:43 (45:33)	1:16 (46:49)		0:36 (47:25)	
	Siri Klausen		Ballerup OK	Fejlklip			
	3:38 (3:38)	3:21 (6:59)	4:28 (11:27)	4:08 (15:35)		3:06 (18:41)	2:19 (21:00)
	13:02 (34:02)	10:28 (44:30)	– (–)	– (–)		– (–)	– (–)
	– (49:13)	4:13 (53:26)	2:25 (55:51)	1:49 (57:40)		1:02 (58:42)	
	Gregers Jørgensen		Ballerup OK	Ej startet			
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)	– (–)

Laus Seir Hansen		Helsingør SOK	Ej startet		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
Pablo Jensen		Farum OK	Ej startet		
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)

Bane 3		(49 / 49)	Tid	Efter		
1.	Sune Dandanell	Søllerød OK	22:03			
	1:34 (1:34)	3:53 (5:27)		2:06 (10:38)	1:57 (12:35)	2:07 (14:42)
	2:18 (17:00)	1:42 (18:42)		1:13 (21:25)	0:38 (22:03)	
2.	Jacob Alban	THOK	23:36	+1:33		
	1:57 (1:57)	2:42 (4:39)		2:55 (10:38)	2:30 (13:08)	2:28 (15:36)
	2:32 (18:08)	2:02 (20:10)		1:15 (23:01)	0:35 (23:36)	
3.	Leif E. Larsen	THOK	25:49	+3:46		
	1:59 (1:59)	3:25 (5:24)		2:42 (11:41)	2:44 (14:25)	2:45 (17:10)
	2:41 (19:51)	2:05 (21:56)		1:21 (25:09)	0:40 (25:49)	
4.	Henrik Nielsen	THOK	31:10	+9:07		
	2:28 (2:28)	3:37 (6:05)		2:54 (13:23)	3:06 (16:29)	3:17 (19:46)
	3:36 (23:22)	2:43 (26:05)		1:53 (30:25)	0:45 (31:10)	
5.	Iben Maag	Søllerød OK	31:50	+9:47		
	2:41 (2:41)	3:35 (6:16)		3:11 (14:52)	4:31 (19:23)	2:54 (22:17)
	3:40 (25:57)	2:22 (28:19)		1:11 (31:14)	0:36 (31:50)	
6.	Peter Wraa	THOK	32:51	+10:48		
	2:17 (2:17)	4:01 (6:18)		3:17 (13:59)	3:08 (17:07)	3:44 (20:51)
	3:47 (24:38)	2:58 (27:36)		1:56 (31:56)	0:55 (32:51)	
7.	Birgitte Birck	Allerød OK	33:03	+11:00		
	2:51 (2:51)	4:12 (7:03)		3:27 (14:43)	3:27 (18:10)	3:30 (21:40)
	3:47 (25:27)	2:54 (28:21)		1:40 (32:08)	0:55 (33:03)	
8.	Emil Olesen	FIF Hillerød	33:29	+11:26		
	2:19 (2:19)	3:46 (6:05)		3:21 (13:47)	3:34 (17:21)	3:36 (20:57)
	5:05 (26:02)	2:51 (28:53)		1:35 (32:40)	0:49 (33:29)	
9.	Louise Wraa-Hansen	THOK	34:23	+12:20		
	2:15 (2:15)	4:09 (6:24)		3:40 (14:44)	3:31 (18:15)	3:53 (22:08)
	4:01 (26:09)	2:52 (29:01)		2:05 (33:28)	0:55 (34:23)	
10.	Jens Peter Gundorf	OK ØST Birkerød	34:32	+12:29		
	2:57 (2:57)	4:49 (7:46)		3:28 (15:48)	3:33 (19:21)	3:28 (22:49)
	3:45 (26:34)	2:59 (29:33)		1:47 (33:34)	0:58 (34:32)	
11.	Ole Galle	THOK	35:26	+13:23		
	2:33 (2:33)	4:29 (7:02)		3:23 (14:54)	3:31 (18:25)	3:33 (21:58)
	4:02 (26:00)	3:29 (29:29)		2:01 (34:29)	0:57 (35:26)	
12.	Ida Jacobsen	OK Skærmens Hareskov	38:14	+16:11		
	2:16 (2:16)	3:08 (5:24)		2:27 (11:09)	3:09 (14:18)	2:26 (16:44)
	3:06 (19:50)	2:56 (22:46)		1:49 (37:39)	0:35 (38:14)	
13.	Carl-Johan Rosenberg	FIF Hillerød	38:17	+16:14		
	2:45 (2:45)	4:02 (6:47)		3:58 (16:32)	3:24 (19:56)	3:35 (23:31)
	5:55 (29:26)	3:30 (32:56)		1:56 (37:31)	0:46 (38:17)	
14.	Sven-Åke Emanuelsson	Helsingborgs SOK	38:42	+16:39		
	3:05 (3:05)	4:42 (7:47)		3:52 (16:37)	4:25 (21:02)	3:58 (25:00)
	3:52 (28:52)	3:51 (32:43)		1:54 (37:35)	1:07 (38:42)	
15.	Eva Konring Olesen	FIF Hillerød	38:49	+16:46		
	3:03 (3:03)	4:29 (7:32)		4:53 (17:59)	4:15 (22:14)	4:08 (26:22)
	4:30 (30:52)	2:57 (33:49)		1:44 (37:52)	0:57 (38:49)	
16.	Niels Hamborg Jensen	OK Skærmens Hareskov	39:49	+17:46		
	2:57 (2:57)	3:32 (6:29)		4:13 (14:56)	4:18 (19:14)	4:08 (23:22)
	3:32 (26:54)	2:42 (29:36)		2:06 (39:09)	0:40 (39:49)	
17.	Niels Raagaard	Søllerød OK	40:34	+18:31		
	3:46 (3:46)	3:55 (7:41)		3:29 (17:22)	4:31 (21:53)	4:57 (26:50)
	4:42 (31:32)	3:33 (35:05)		1:57 (39:35)	0:59 (40:34)	
18.	Kaj Rostvad	Søllerød OK	40:44	+18:41		
	4:12 (4:12)	4:49 (9:01)		6:05 (20:26)	3:48 (24:14)	3:34 (27:48)
	4:39 (32:27)	3:02 (35:29)		1:41 (39:50)	0:54 (40:44)	
19.	Eva Emanuelsson	Helsingborgs SOK	41:00	+18:57		
	5:58 (5:58)	4:30 (10:28)		4:03 (19:01)	4:37 (23:38)	3:42 (27:20)
	5:09 (32:29)	3:37 (36:06)		1:35 (40:11)	0:49 (41:00)	
20.	Birgitte Erskov Halland	OK ØST Birkerød	42:24	+20:21		
	15:07 (15:07)	3:53 (19:00)		2:51 (25:39)	3:20 (28:59)	2:44 (31:43)
	3:51 (35:34)	2:37 (38:11)		1:23 (41:42)	0:42 (42:24)	
21.	Gert Bøgevig	Søllerød OK	42:45	+20:42		
	5:25 (5:25)	5:03 (10:28)		5:27 (21:18)	4:05 (25:23)	4:02 (29:25)
	4:17 (33:42)	3:25 (37:07)		1:59 (41:42)	1:03 (42:45)	
22.	Jimmy Hoen	Ballerup OK	43:33	+21:30		
	3:50 (3:50)	8:16 (12:06)		7:07 (24:02)	3:28 (27:30)	3:22 (30:52)
	4:53 (35:45)	2:57 (38:42)		1:29 (42:44)	0:49 (43:33)	
23.	Sebastian Hansen Lindboe	THOK	43:43	+21:40		
	4:17 (4:17)	4:10 (8:27)		3:29 (18:49)	3:18 (22:07)	4:41 (26:48)
	6:09 (32:57)	6:21 (39:18)		1:22 (42:46)	0:57 (43:43)	

24.	Kirsten Olsen	Søllerød OK	44:10	+22:07		
	3:41 (3:41)	5:34 (9:15)	6:00 (15:15)	6:29 (21:44)	4:30 (26:14)	4:01 (30:15)
	4:41 (34:56)	3:25 (38:21)	2:46 (41:07)	1:54 (43:01)	1:09 (44:10)	
25.	Mathias Hansen Lindboe	THOK	44:27	+22:24		
	5:13 (5:13)	4:11 (9:24)	6:53 (16:17)	3:30 (19:47)	3:16 (23:03)	4:44 (27:47)
	6:04 (33:51)	6:25 (40:16)	2:06 (42:22)	1:22 (43:44)	0:43 (44:27)	
26.	Birgitte Wraa	THOK	46:23	+24:20		
	4:24 (4:24)	5:03 (9:27)	5:36 (15:03)	4:25 (19:28)	3:51 (23:19)	4:15 (27:34)
	7:38 (35:12)	3:34 (38:46)	3:51 (42:37)	2:32 (45:09)	1:14 (46:23)	
27.	Charlotte Grauert	Ballerup OK	46:25	+24:22		
	4:45 (4:45)	5:04 (9:49)	6:12 (16:01)	6:49 (22:50)	4:38 (27:28)	3:56 (31:24)
	4:03 (35:27)	4:47 (40:14)	3:11 (43:25)	2:07 (45:32)	0:53 (46:25)	
28.	Ellen Jensen	Ballerup OK	46:35	+24:32		
	5:47 (5:47)	4:53 (10:40)	6:19 (16:59)	4:20 (21:19)	8:14 (29:33)	3:40 (33:13)
	4:44 (37:57)	3:16 (41:13)	2:46 (43:59)	1:44 (45:43)	0:52 (46:35)	
29.	Søren Christensen	OK Skærmén Hareskov	47:12	+25:09		
	11:36 (11:36)	4:49 (16:25)	4:49 (21:14)	3:21 (24:35)	3:24 (27:59)	3:27 (31:26)
	4:41 (36:07)	3:05 (39:12)	5:28 (44:40)	1:38 (46:18)	0:54 (47:12)	
30.	Jørgen Jensen	Helsingør SOK	47:54	+25:51		
	4:33 (4:33)	5:59 (10:32)	6:00 (16:32)	4:39 (21:11)	4:05 (25:16)	5:07 (30:23)
	5:00 (35:23)	4:43 (40:06)	4:43 (44:49)	2:10 (46:59)	0:55 (47:54)	
31.	Mette Seir Hansen	Helsingør SOK	48:14	+26:11		
	4:25 (4:25)	10:01 (14:26)	5:09 (19:35)	3:56 (23:31)	4:14 (27:45)	4:14 (31:59)
	7:36 (39:35)	3:04 (42:39)	2:59 (45:38)	1:44 (47:22)	0:52 (48:14)	
32.	Karl Aage Hald	FSK Orientering	48:24	+26:21		
	2:55 (2:55)	5:14 (8:09)	7:41 (15:50)	4:49 (20:39)	4:35 (25:14)	4:55 (30:09)
	4:20 (34:29)	4:04 (38:33)	6:09 (44:42)	2:41 (47:23)	1:01 (48:24)	
33.	Gunner Jørgensen	OK73	48:48	+26:45		
	3:59 (3:59)	6:16 (10:15)	6:49 (17:04)	4:14 (21:18)	7:51 (29:09)	4:02 (33:11)
	4:51 (38:02)	3:58 (42:00)	3:00 (45:00)	2:28 (47:28)	1:20 (48:48)	
34.	Jan Kristoffersen	Ballerup OK	50:03	+28:00		
	9:04 (9:04)	5:06 (14:10)	5:09 (19:19)	4:05 (23:24)	4:03 (27:27)	5:28 (32:55)
	5:13 (38:08)	5:18 (43:26)	3:14 (46:40)	2:27 (49:07)	0:56 (50:03)	
35.	Tenna L. Nørgaard	THOK	50:11	+28:08		
	3:53 (3:53)	6:03 (9:56)	7:16 (17:12)	5:51 (23:03)	4:59 (28:02)	5:18 (33:20)
	5:45 (39:05)	3:49 (42:54)	3:14 (46:08)	2:35 (48:43)	1:28 (50:11)	
36.	Inger Jensen	FSK Orientering	51:39	+29:36		
	7:43 (7:43)	5:03 (12:46)	5:38 (18:24)	4:23 (22:47)	4:08 (26:55)	5:03 (31:58)
	6:44 (38:42)	5:31 (44:13)	3:37 (47:50)	2:47 (50:37)	1:02 (51:39)	
37.	Else Gudme	OK73	52:17	+30:14		
	12:50 (12:50)	4:57 (17:47)	5:32 (23:19)	4:01 (27:20)	4:00 (31:20)	5:18 (36:38)
	4:04 (40:42)	3:59 (44:41)	4:53 (49:34)	1:47 (51:21)	0:56 (52:17)	
38.	Mette Vejen Eriksen	THOK	52:59	+30:56		
	7:54 (7:54)	8:17 (16:11)	6:35 (22:46)	4:31 (27:17)	4:46 (32:03)	4:46 (36:49)
	5:46 (42:35)	3:45 (46:20)	2:59 (49:19)	2:15 (51:34)	1:25 (52:59)	
39.	Ulla Jacobsen	OK Skærmén Hareskov	53:04	+31:01		
	12:19 (12:19)	5:36 (17:55)	4:28 (22:23)	4:44 (27:07)	9:48 (36:55)	3:42 (40:37)
	4:33 (45:10)	3:17 (48:27)	2:15 (50:42)	1:38 (52:20)	0:44 (53:04)	
40.	Henrik Jørgensen	OK Skærmén Hareskov	54:27	+32:24		
	3:46 (3:46)	11:14 (15:00)	4:14 (19:14)	9:13 (28:27)	9:54 (38:21)	3:21 (41:42)
	4:36 (46:18)	3:24 (49:42)	2:10 (51:52)	1:45 (53:37)	0:50 (54:27)	
41.	Knud Torm	OK Skærmén Hareskov	54:35	+32:32		
	6:52 (6:52)	5:53 (12:45)	6:17 (19:02)	8:59 (28:01)	5:18 (33:19)	4:51 (38:10)
	5:33 (43:43)	4:05 (47:48)	3:32 (51:20)	2:14 (53:34)	1:01 (54:35)	
42.	Annelise Hansen	FIF Hillerød	55:11	+33:08		
	4:10 (4:10)	4:59 (9:09)	5:45 (14:54)	4:51 (19:45)	16:04 (35:49)	4:57 (40:46)
	5:18 (46:04)	3:32 (49:36)	2:45 (52:21)	1:55 (54:16)	0:55 (55:11)	
43.	Vibeke Bøgevig	Søllerød OK	55:37	+33:34		
	10:45 (10:45)	5:21 (16:06)	4:49 (20:55)	4:31 (25:26)	8:33 (33:59)	4:19 (38:18)
	6:07 (44:25)	5:22 (49:47)	2:52 (52:39)	1:56 (54:35)	1:02 (55:37)	
44.	Lise Kolte	FSK Orientering	59:26	+37:23		
	5:40 (5:40)	7:01 (12:41)	8:17 (20:58)	5:18 (26:16)	4:37 (30:53)	7:09 (38:02)
	6:41 (44:43)	5:33 (50:16)	3:43 (53:59)	4:21 (58:20)	1:06 (59:26)	
45.	Sofie von Hessberg	OK Skærmén Hareskov	1:04:34	+42:31		
	5:17 (5:17)	19:46 (25:03)	3:53 (28:56)	8:07 (37:03)	5:22 (42:25)	7:10 (49:35)
	5:33 (55:08)	2:44 (57:52)	4:39 (1:02:31)	1:20 (1:03:51)	0:43 (1:04:34)	
46.	Ulla Valnert	OK73	1:15:26	+53:23		
	8:32 (8:32)	7:44 (16:16)	7:49 (24:05)	15:55 (40:00)	6:43 (46:43)	6:37 (53:20)
	6:43 (1:00:03)	5:17 (1:05:20)	5:16 (1:10:36)	3:16 (1:13:52)	1:34 (1:15:26)	
	Jens Høgsfeldt	FIF Hillerød	Fejlkli			
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (13:26)	1:46 (15:12)	
	Lene Jensen	Helsingør SOK	Fejlkli			
	3:28 (3:28)	3:08 (6:36)	5:17 (11:53)	3:47 (15:40)	2:38 (18:18)	2:40 (20:58)
	4:08 (25:06)	– (–)	– (26:35)	1:20 (27:55)	0:40 (28:35)	
	Steen Sørensen	OK Skærmén Hareskov	Fejlkli			
	8:12 (8:12)	5:59 (14:11)	6:27 (20:38)	4:28 (25:06)	7:27 (32:33)	5:48 (38:21)
	18:31 (56:52)	– (–)	– (1:05:26)	2:05 (1:07:31)	1:04 (1:08:35)	

Ana Magdalena Chirita		FSK Orientering	Ej startet			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
Birgitte Krüger		Helsingør SOK	Ej startet			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
Hanne Frost		Ballerup OK	Ej startet			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
Jørgen Chr. Nielsen		FIF Hillerød	Ej startet			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
Keld Johnsen		THOK	Ej startet			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
Susanne Grøn		THOK	Ej startet			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
Bane 4		(7 / 7)	Tid	Efter		
1. Malthé Dalgaard Kristensen		Ballerup OK	34:34			
3:20 (3:20)	2:52 (6:12)	3:36 (9:48)	4:22 (14:10)	2:23 (16:33)	4:05 (20:38)	
1:41 (22:19)	3:32 (25:51)	2:16 (28:07)	2:25 (30:32)	1:24 (31:56)	1:37 (33:33)	
0:32 (34:05)	0:29 (34:34)					
2. John Cordua		THOK	45:08	+10:34		
2:19 (2:19)	2:44 (5:03)	3:04 (8:07)	9:46 (17:53)	2:18 (20:11)	4:49 (25:00)	
1:36 (26:36)	7:30 (34:06)	2:25 (36:31)	2:45 (39:16)	2:34 (41:50)	2:01 (43:51)	
0:41 (44:32)	0:36 (45:08)					
3. Søren Kvist		OK Skærmén Hareskov	45:21	+10:47		
11:10 (11:10)	2:20 (13:30)	4:03 (17:33)	4:23 (21:56)	2:56 (24:52)	3:56 (28:48)	
2:07 (30:55)	4:24 (35:19)	2:25 (37:44)	2:03 (39:47)	2:45 (42:32)	1:45 (44:17)	
0:34 (44:51)	0:30 (45:21)					
4. Bente Madsen		THOK	52:25	+17:51		
4:17 (4:17)	3:47 (8:04)	4:50 (12:54)	6:23 (19:17)	3:48 (23:05)	6:09 (29:14)	
2:35 (31:49)	4:13 (36:02)	3:54 (39:56)	3:55 (43:51)	3:17 (47:08)	2:45 (49:53)	
1:04 (50:57)	1:28 (52:25)					
5. Jakob Klemmensen		Kildeholm OK	1:34:52	+1:00:18		
3:34 (3:34)	3:46 (7:20)	25:43 (33:03)	5:22 (38:25)	3:07 (41:32)	6:17 (47:49)	
23:44 (1:11:33)	6:53 (1:18:26)	4:10 (1:22:36)	3:07 (1:25:43)	3:04 (1:28:47)	3:47 (1:32:34)	
1:06 (1:33:40)	1:12 (1:34:52)					
Adrian Kuprianov Hviid		Farum OK	Fejlklip			
17:19 (17:19)	2:50 (20:09)	- (-)	- (33:36)	3:06 (36:42)	- (-)	
- (42:57)	2:53 (45:50)	4:29 (50:19)	3:04 (53:23)	3:04 (56:27)	3:11 (59:38)	
0:50 (1:00:28)	0:44 (1:01:12)					
Tina Ottesen		Ballerup OK	Fejlklip			
5:33 (5:33)	5:34 (11:07)	5:57 (17:04)	8:11 (25:15)	4:57 (30:12)	9:43 (39:55)	
3:08 (43:03)	7:20 (50:23)	- (-)	- (-)	- (57:49)	3:22 (1:01:11)	
1:22 (1:02:33)	1:26 (1:03:59)					
Bendt Frandsen		Farum OK	Ej startet			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
- (-)	- (-)					
Tina Thilo		Farum OK	Ej startet			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
- (-)	- (-)					
Bane 5		(4 / 4)	Tid	Efter		
1. Isak Graasbøl Ødum		OK Øst Birkerød	25:45			
3:17 (3:17)	0:46 (4:03)	2:29 (6:32)	1:24 (7:56)	2:20 (10:16)	0:50 (11:06)	
1:19 (12:25)	1:32 (13:57)	2:54 (16:51)	1:03 (17:54)	1:20 (19:14)	4:37 (23:51)	
0:47 (24:38)	1:07 (25:45)					
2. August Kvist		OK Skærmén Hareskov	28:01	+2:16		
3:01 (3:01)	1:00 (4:01)	2:08 (6:09)	1:10 (7:19)	2:07 (9:26)	0:58 (10:24)	
1:07 (11:31)	1:12 (12:43)	6:13 (18:56)	4:37 (23:33)	0:59 (24:32)	2:09 (26:41)	
0:54 (27:35)	0:26 (28:01)					
3. David Lind		OK Skærmén Hareskov	29:01	+3:16		
4:05 (4:05)	0:52 (4:57)	2:06 (7:03)	1:13 (8:16)	2:14 (10:30)	0:50 (11:20)	
1:07 (12:27)	1:13 (13:40)	6:12 (19:52)	4:35 (24:27)	1:03 (25:30)	2:24 (27:54)	
0:41 (28:35)	0:26 (29:01)					
4. Laura Witt		OK Skærmén Hareskov	46:58	+21:13		
2:36 (2:36)	8:53 (11:29)	2:47 (14:16)	1:19 (15:35)	2:43 (18:18)	0:56 (19:14)	
14:03 (33:17)	1:30 (34:47)	6:18 (41:05)	1:34 (42:39)	1:29 (44:08)	1:38 (45:46)	
0:34 (46:20)	0:38 (46:58)					
Knud Dam		Kildeholm OK	Ej startet			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
- (-)	- (-)					
Bane 6		(4 / 4)	Tid	Efter		
1. Erik Norman Dandanell		Søllerød OK	18:33			

	1:52 (1:52)	0:50 (2:42)	0:32 (3:14)	1:24 (4:38)	1:20 (5:58)	1:35 (7:33)
	2:17 (9:50)	2:35 (12:25)	2:34 (14:59)	3:02 (18:01)	0:32 (18:33)	
2.	Lauge Dalgaard Kristensen	Ballerup OK	20:52	+2:19		
	2:08 (2:08)	0:48 (2:56)	0:36 (3:32)	1:09 (4:41)	1:39 (6:20)	1:33 (7:53)
	2:15 (10:08)	2:17 (12:25)	1:57 (14:22)	5:40 (20:02)	0:50 (20:52)	
3.	Inge K. Kristoffersen	Ballerup OK	35:47	+17:14		
	4:12 (4:12)	1:57 (6:09)	1:18 (7:27)	2:02 (9:29)	2:27 (11:56)	2:28 (14:24)
	4:12 (18:36)	5:04 (23:40)	4:02 (27:42)	6:10 (33:52)	1:55 (35:47)	
4.	Julie Witt	OK Skærmen Hareskov	36:54	+18:21		
	3:45 (3:45)	2:24 (6:09)	2:16 (8:25)	1:37 (10:02)	2:20 (12:22)	2:13 (14:35)
	4:29 (19:04)	5:28 (24:32)	5:14 (29:46)	5:44 (35:30)	1:24 (36:54)	